



A VOTRE SERVICE DEPUIS 1995

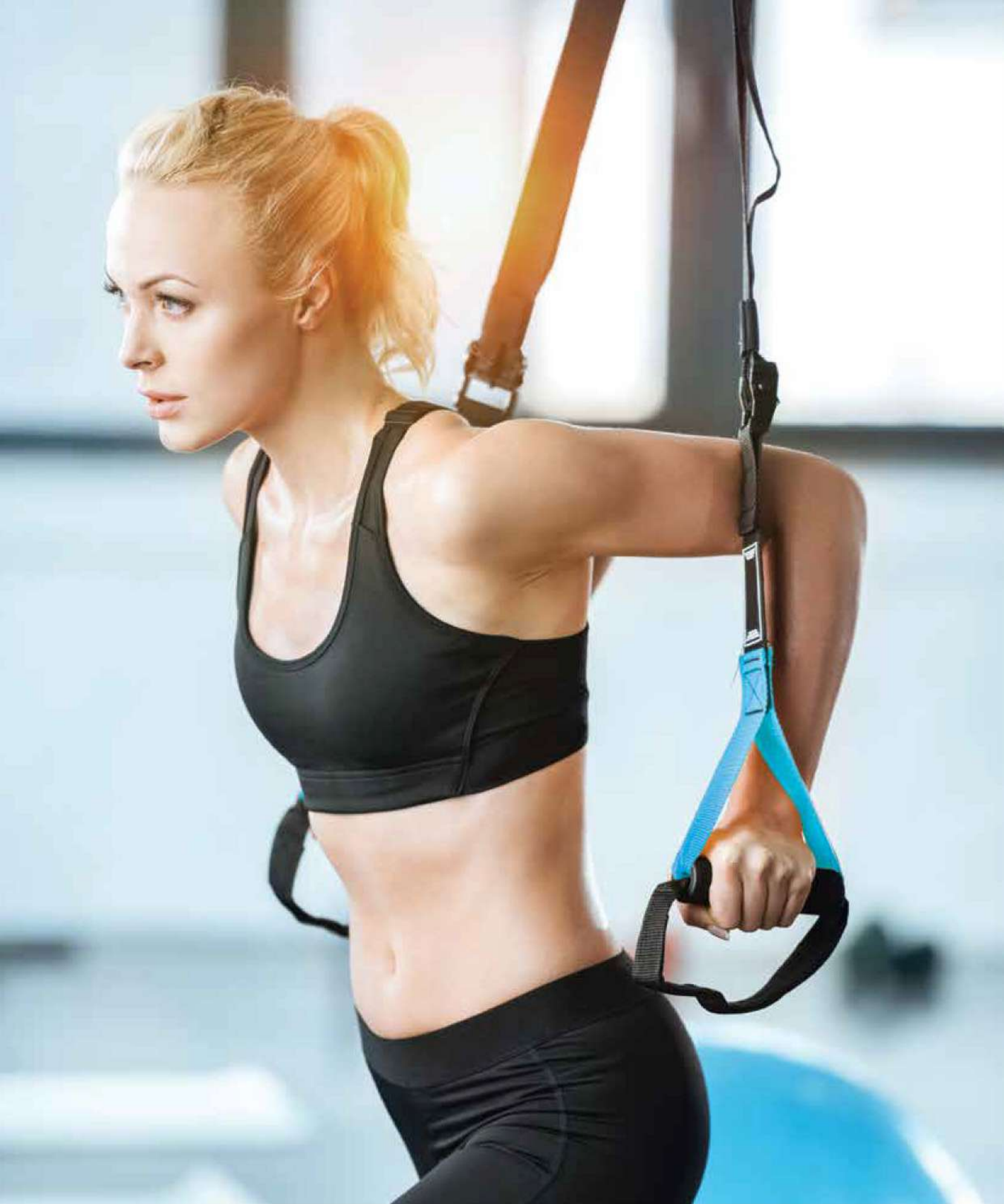
HEALTH FIT & SPORT



**Route de Taillepie 44
1095 Lutry
www.healthsport.ch
direction@healthsport.ch
+41 21 903 57 67**

CATALOGUE 2020

1.	SUSPENSION	2
2.	KETTLEBELLS	8
3.	STRENGTH	13
4.	MEDICINE BALLS	25
5.	ELASTICS	33
6.	AGILITY AND SPEED	46
7.	FRICTION	55
8.	BALANCE	57
9.	COLLECTIVE FITNESS	65
10.	COLLECTIVE YOGA AND PILATES	69
11.	WEIGHT DUMBBELLS	96
12.	WEIGHT	98
13.	BOXING	106
14.	FUNCTIONAL STRUCTURES	123
15.	REHABILITATION AND MASSAGE	129
16.	OFFICE FITNESS	166
17.	GROUNDS	187
18.	EQUIPEMENTS	188



SUSPENSION

SUSPENSION TRAINER

Adjustable, functional, resistant, comfortable and suitable for all kind of suspension exercises. Its high-quality padded handles provide more comfort during the training. The straps can hold up to 500 kg. It can be used both for indoor and outdoor activities. Door anchorage included with the upper strap. The lower straps can be used separately.



ANCHOR POINT

Fixed anchor point, for Suspension Trainer, Elastic Elastube, Yoga Swings, etc. It can be fixed to the ceiling, wall or beam. Measurements: Base 18 cm, Height 5 cm and Thickness 1 cm.



SUSPENSION TRAINER

Functional training by suspension in which the resistance is exercised thanks to the weight of the body, controlling the instability produced by the central pulley. Strength, balance, coordination, resistance, flexibility, rehabilitation; all in one. High resistance aluminum handles and high tenacity straps. Includes door anchorage.



Door anchorage system.



LOOPS SUSPENSION TRAINER

Loops for the XT Suspension Trainer

Made of resistant material. Measurements: 150 cm long , 8 cm wide.



GYM RINGS WOOD

The most used in crosstraining and functional training centers. Two thicknesses, one of 28 mm, used by all types of public, and another of 32 mm more appropriate for athletes of greater size or looking for a stronger grip. Made of laminated wood that provides optimum durability and resistance. With maximum safety straps suitable for loads of more than 300 kilos.

Gym Rings Wood Pro 32 mm.
Gym Rings Wood 28 mm.



ABS GYM RINGS

Gym rings made of synthetic material ABS, Rings with 23,5 cm of diameter and 3 cm thick. Straps of 4,5 m long and 2,5 cm wide.



MUSCLE BELT AB ARM STRAPS

Made of high resistant nylon and foam with steel buttonholes. Suitable for vertical training and for exercising abdominal muscles.



SUSPENSION TRAINER RACK

Available in 2, 3, 4, 5 and 6 meters long. Made of very resistant steel, galvanized and powder coated. Anchoring system included.

Dimensions: 254 cm high, 243 cm wide, from 2 up to 6 meter long. Height to the second bar: 226 cm.

Suspension Trainer Rack 2 Meters.

Suspension Trainer Rack 3 Meters.

Suspension Trainer Rack 4 Meters.

Suspension Trainer Rack 5 Meters.

Suspension Trainer Rack 6 Meters.



MULTIGRIP PULL UP RACK

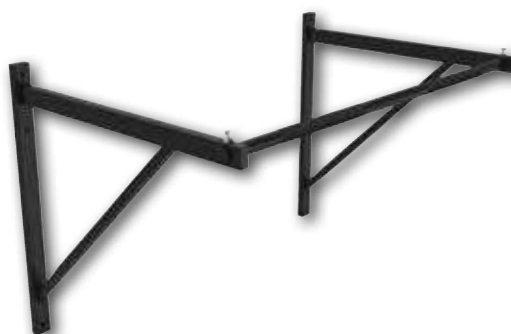
Pull up bar. Made of very resistant steel. To fix on the wall and perform push-ups or to turn into a work station hanging suspension elements.

Total dimensions: 127 x 55 x 50 cm. Dimensions Inner tubes: 50 x 50 x 2 mm; 32 x 2 mm.



PULL UP RACK

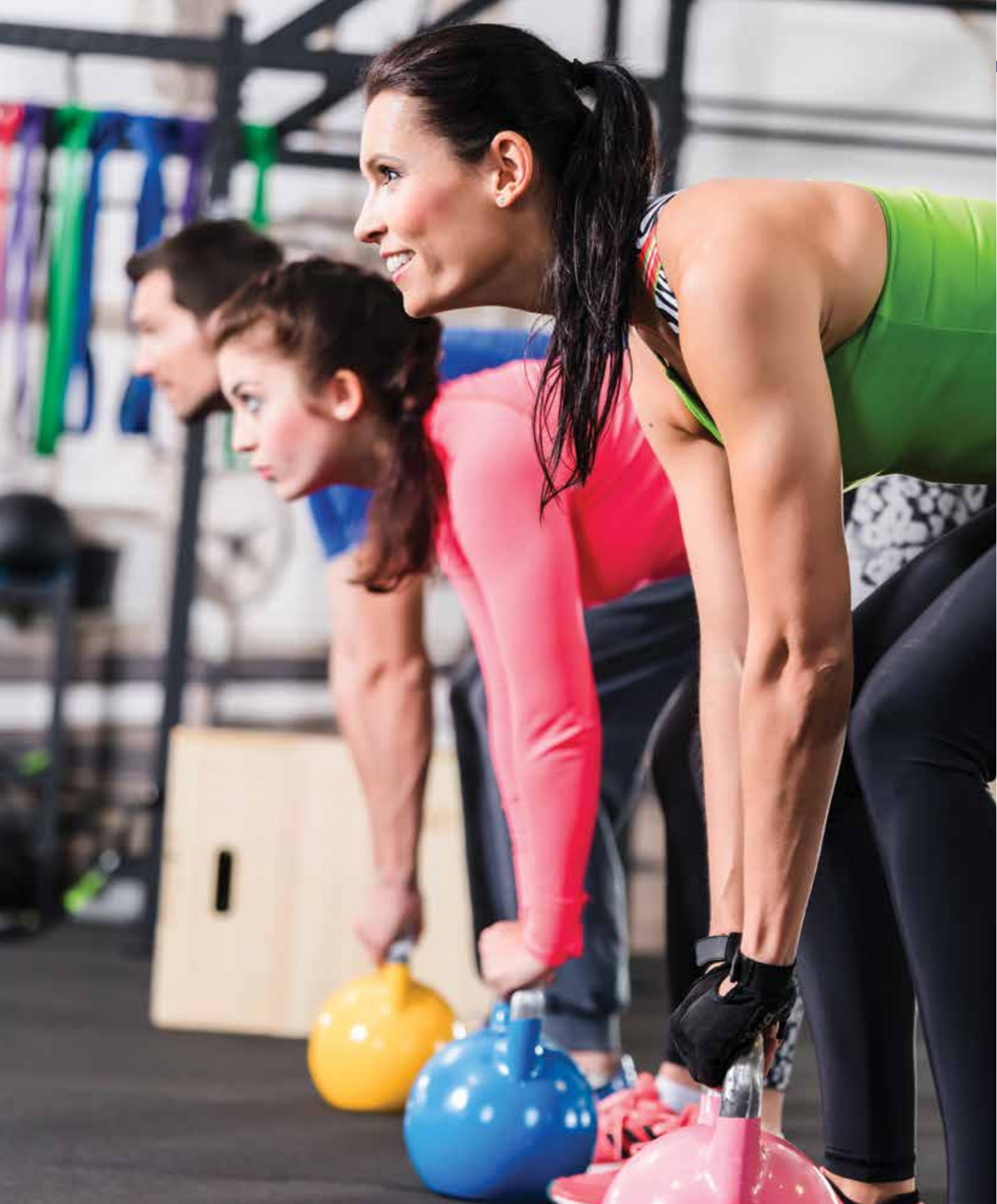
Made of high resistant steel. Dimensions: 78 x 78 x 120 cm. Includes screws for wall fixing.



WINGS TOP PRO

Wings Top Pro brings a new perspective to the classic suspension training, providing new exercises for muscle strengthening. Working out becomes more fun and the injuries are drastically reduced thanks to the cushioning of the elastics. Get the most out of your workouts!





KETTLEBELL

Kettlebells for working the body through a wide range of angles. Increases the flexibility. Weights increase stability of the core, agility and proprioception."

COMPETITION KETTLEBELL

Crossfit competition kettlebells. All in the same size regardless the weight. 29 cm high, 18 cm diameter. Grip: 32 mm thick.

Competition Kettlebells 8 kg.
Competition Kettlebells 10 kg.
Competition Kettlebells 12 kg.
Competition Kettlebells 14 kg.
Competition Kettlebells 16 kg.
Competition Kettlebells 18 kg.
Competition Kettlebells 20 kg.
Competition Kettlebells 22 kg.

Competition Kettlebells 24 kg.
Competition Kettlebells 26 kg.
Competition Kettlebells 28 kg.
Competition Kettlebells 32 kg.
Competition Kettlebells 36 kg.
Competition Kettlebells 40 kg.
Competition Kettlebells 44 kg.
Competition Kettlebells 48 kg.



KETTLEBELL CAST IRON

Made of very resistant cast iron. Available in 9 different weights, from 4 to 32 kg. Kettlebells allow the body to work through a wide range of angles, helping the development of total body strength, endurance and dynamic flexibility. Increases the core stabilization, agility and proprioception.

Kettlebell Cast Iron 4 Kg.
Kettlebell Cast Iron 8 Kg.
Kettlebell Cast Iron 10 Kg.
Kettlebell Cast Iron 12 g.
Kettlebell Cast Iron 16 Kg.

Kettlebell Cast Iron 20 Kg.
Kettlebell Cast Iron 24 Kg.
Kettlebell Cast Iron 28 Kg.
Kettlebell Cast Iron 32 Kg.



RUBBER KETTLEBELL WITH CHROMING HANDLE AND IRON INSIDE

Made of rubber coated steel with chrome steel handle. Very resistant and does not damage the floor.



- 4 Kg. - Rubber kettlebell chroming handle.
- 6 Kg. - Rubber kettlebell chroming handle.
- 8 Kg. - Rubber kettlebell chroming handle.
- 10 Kg. - Rubber kettlebell chroming handle.
- 12 Kg. - Rubber kettlebell chroming handle.
- 16 Kg. - Rubber kettlebell chroming handle.
- 20 Kg. - Rubber kettlebell chroming handle.
- 24 Kg. - Rubber kettlebell chroming handle.

KETTLEBELLS RACK

Height: 72 cm. Width: 50 cm. Length: 150 cm.



KETTLEBELL

Made of vinyl and filled with concrete.

Kettlebell 2 Kg.
Kettlebell 3 Kg.
Kettlebell 4 Kg.
Kettlebell 6 Kg.
Kettlebell 8 Kg.

Kettlebell 10 Kg.
Kettlebell 12 Kg.
Kettlebell 16 Kg.
Kettlebell 20 Kg.



ADJUSTABLE KETTLEBELL

With metal weights to adjust the wanted weight . From 1 to 18kg.



SOFT KETTLEBELL

Made of plastic and suitable to be filled with water or sand. Ø 200 mm. Original Weight: 1 kg. Weight filled with sand: 3,55 kg.

Soft Kettlebell 2 kg.
Soft Kettlebell 4 kg.
Soft Kettlebell 6 kg.

Soft Kettlebell 8 kg.
Soft Kettlebell 10 kg.
Soft Kettlebell 12 kg.



HEAVY BALL

Made in plastic and possible to fill with sand or water. Ø 200 mm. Initial weight: 1 kg. Full with sand weight: 3,55 kg.



CLUBBELL IRON

Steel clubbells from 2 to 20kg with rounded handle. Clubbell training is one of the oldest ways of athletic conditioning and combat training. The club has the weight moved towards one end, making the body work to overcome the leverage that is produced. Working out with clubbells involves several muscle groups at the same time. A multitude of exercises can be performed with one or two clubs, not needing to use very heavy weights and therefore reducing injuries and pains.

CLUBBELL IRON 2KG Iron Clubbell 2 kg
 CLUBBELL IRON 4KG Iron Clubbell 4 kg
 CLUBBELL IRON 6KG Iron Clubbell 6 kg
 CLUBBELL IRON 8KG Iron Clubbell 8 kg
 CLUBBELL IRON 10KG Iron Clubbell 10 kg
 CLUBBELL IRON 12KG Iron Clubbell 12 kg
 CLUBBELL IRON 15KG Iron Clubbell 15 kg
 CLUBBELL IRON 20KG Iron Clubbell 20 kg



CLUBBELL RUBBER

Rubber Clubbells from 5 to 12.5 kg. Made of rubber coated steel for better resistance and grip. Anti-slip surface.

CLUBBELL RUBBER 5 kg PRO- Rubber Clubbell Pro 5 kg
 CLUBBELL RUBBER 7,5 kg PRO- Rubber Clubbell Pro 7.5 kg
 CLUBBELL RUBBER 10 kg PRO- Rubber Clubbell Pro 10kg
 CLUBBELL RUBBER 12,5 kg PRO- Rubber Clubbell Pro 12.5 kg





STRENGTH

FUNCTIONAL ROPE

The functional ropes are a good choice for indoor or outdoor training. Made of braided polyester, moisture and abrasion resistant.
Benefits: enhance aerobic and anaerobic capacity, muscle building, strength and resistance.

Functional Rope Light Ø 26 mm. 10 m. 4 kg.

Functional Rope Ø 38 mm. 9 m. 6 kg.

Functional Rope Ø 38 mm. 12 m. 8 kg.

Functional Rope Ø 38 mm. 15 m. 10 kg.

Functional Rope Ø 50 mm. 9 m. 11 kg

Functional Rope Ø 50 mm. 12 m. 13 kg.

Functional Rope Ø 50 mm. 15 m. 15 kg.



TOP GRADE ROPE

Top Grade rope with Nylon cover for durability and avoid wear and abrasion. With wrist grip strap to provide extra grip.

Top Grade strings with 38 mm. grips, 9 m.

Top Grade strings with 38 mm. grips, 12 m.

Top Grade strings with 38 mm. grips, 15 m.



CLIMBING LINE

Climbing line with steel hooks. Diameter 38mm length 7 m.



ROPE'S HANGER

Whip rope hanger. Save space in a simple way.



METALIC HOOK

Metalic hook for functional rope.



SLED PRO TOP GRADE

Wheelbarrow functional sled. System to add a weight bumper disc which works as a wheel. Main Tube Size: 50 x 80 x 3 cm.



POWER SLED/PUSHING SLED

Pushing sled made of steel and painted in black. Central steel base plate to add disks and increase the weight. 4 side tubes for pushing.

WEIGHT SLED

Flat bottom, solid steel feet for smooth pushing/pulling on different surfaces. You can place heavy discs for increasing resistance. Constructed of heavy-duty welded steel for maximum stability and durability. Weight 25kg.



PARALLEL BARS

Make your workouts in a more versatile way. Both indoors and outdoors. The weight of your body will play a role in exercise performance. Easy to carry. Ideal for all types of athletes and personal trainers. With adjustable connecting piece for the two bars for greater stability and security. Made of high quality steel. Non-slip feet. Height: 72cm. Width: 50cm. Depth: 67cm.



BASIC PARALLEL BARS

Training parallel bars. Dimensions: 88 cm. high. 45 cm. width. Bar diameter: 38 mm.



MINI PARALLEL BARS

Made of high quality steel. The handles are totally covered with rubber, providing a complete security. Non-slip feet. For out- and indoor use. The weight of your body will play an important role during the realisation of the exercises. You fix the level by yourself. Easy to carry. Perfect for personal training.

Max. Weight: 250kg

Dimensions: 31 cm x 66 cm x 50 cm.



DIP STAND

Excellent to workout in a more versatile way. Suitable for indoor and outdoor. The body weight plays a decisive role when carrying out the exercises. Easily carried. Ideal for all types of athletes and personal trainers.

Height 95 cm. Width less 72cm. Top width 30 cm. Long, 89 cm. Gap between bars, 52 cm.



PULL UP WORKOUT

Pull Up Workout

Portable Pull up bar. The best way to work out at home or whenever and wherever you like. Detachable and easy to carry.

It includes a carry bag.

Full Dimensions: 192 x 177 x 115 cm.

Half: 101 x 117 x 115 cm.



MONSTER BAG

Weight bag with handles to do exercises for strenght training. Hit, lift, throw as you want. Work your strenght with this essential item on your functional training.
Weight:45 Kg., Size:120 x 40 cm. - Weight :68 Kg, Size :140 x 45 cm.

Monster bag 45 kg. size: 120 x 40 cm.

Monster bag 70 kg. size: 140 x 45 cm.



WEIGHT WORM

Weight worm for 4 persons for Cross Training competitions or workouts. Made of so resistant outer cloth, and composed inside of bags filled with hard material. Padded for a higher confort. The entire composition are 7 inner bags of : 100LB x 2pcs + 70LB x 2 pcs+ 6LB x 2 pcs. Total Weight: 165 kg.
Total lenght 340 cm, diameter 30.5 cm.



BULGARIAN SAND BAG

Made of high resistance synthetic material filled with sand. Development of power, dynamic movements and multiple exercises. They are suitable for explosive activity, dynamic movements and activity of body weight. Very resistant, can be thrown to the ground. Lunar form for multiple grip options

Bulgarian Sand Bag 5 Kg.
Bulgarian Sand Bag 10 Kg.
Bulgarian Sand Bag 15 Kg.
Bulgarian Sand Bag 20 Kg.



HEAVY BAG

Made of high resistance synthetic material filled with sand. Development of power, dynamic movements and multiple exercises. They are suitable for explosive activity, dynamic movements and activity of body weight. Very resistant, can be thrown to the ground. Lunar form for multiple grip options.

Moon Heavy Bag 8 Kg.
Moon Heavy Bag 12 Kg.
Moon Heavy Bag 17 Kg.
Moon Heavy Bag 22 Kg.



BULGARIAN SAND BAG

Functional Training Bulgarian Bags. Available weights: from 5 up to 25 kg.

Functional Training Bulgarian Bag 5 kg Purple.
Functional Training Bulgarian Bag 10 kg Red.
Functional Training Bulgarian Bag 15 kg Orange.
Functional Training Bulgarian Bag 20 kg Blue.
Functional Training Bulgarian Bag 25 kg Green.



HEAVY BAG

Bag filled with sand for making extreme movements, resistance and strength exercises. Padded interior and soft vinyl exterior reduce risk of damaging floors and equipment. Suitable for rotational exercises with heavy loads without using an Olympic bar. Sand included. Ø 21 cm , 58 cm long.

Heavy Bag 6 Kg.
Heavy Bag 8 Kg.
Heavy Bag 10 Kg.



Heavy Bag 15 Kg.
Heavy Bag 20 Kg.



Detalle textura



SAND BAG

Closure system in outer shell with zippers and snaps to ensure the sand do not go. Filler bags adjustable in weight. Handle options are great for mixing up grips. Sand not included.

Sand bag 68 x 33 cm. 3 inside bags, max: 40 kgs
Sand bag 68 x 25 cm. 2 inside bags, max: 30 kgs.
Sand bag 48 x 23 cm. 2 inside bags, max: 20 kgs.



HEAVY BAG SHELF

Made of high strength steel. Great stability. Anti-corrosion paint. Size: 670 x 1.465 mm. Tube: 40 x 80 x 1.5 mm.



TYPHOON AQUA

Water cylinder, ideal for instability training exercises. With four grip handles. Valve to facilitate the filling of the bag with water or air. The fuller the bag gets, the more stable it becomes. Length: 75 cm. Ø16 cm.

Typhoon Aqua. 75 x 16 cm.

Typhoon Aqua Transparent. 75 x 20 cm



MK2

Water cylinder, ideal for instability training exercises. Valve to facilitate the filling of the bag with water or air. The fuller the bag gets, the more stable it becomes. Length: 28 cm. Ø16 cm.



AQUA BAG

Water cylinder, ideal for instability training exercises. Valve to facilitate the filling of the bag with water or air. The fuller the bag gets, the more stable it becomes.

Aqua bag, 23 kg, red. 20 x 75 cm.

Aqua bag, 28 kg, blue. 22 x 75 cm



HYDRO BALL

Balls filled in an unstable fluid. It works the strenght and endurance, giving an unpredictable and continuous movement. Made in one piece by roto-moulding system, and thanks to the seamless tailor, it's practically unbreakable.

Hydro Ball Ø 15 cm. 0,5 Kg.
 Hydro Ball Ø 15 cm. 1 Kg.
 Hydro Ball Ø 15 cm. 1,5 Kg.
 Hydro Ball Functional Ø 25 cm. 2 Kg.
 Hydro Ball Functional Ø 25 cm. 4 Kg.
 Hydro Ball Functional Ø 25 cm. 6 Kg.
 Hydro Ball Functional Ø 30 cm. 8 Kg.
 Hydro Ball Functional Ø 30 cm. 10 Kg.
 Hydro Ball Functional Ø 30 cm. 12 Kg.



SCUD

Water cylinder, ideal for instability training exercises. Valve to facilitate the filling of the ball with water or air. The fuller the bag gets, the more stable it becomes. Length: 110 cm. Ø22 cm.



AQA BALL

Ball , ideal for instability training exercises. Valve to facilitate the filling of the ball with water or air. The fuller the more stable it becomes.



BULGARIAN HYDRO BAG

Bulgarian bag to fill with wáter. The best tool to practise strenght and endurance unstable exercises. Made with padded handles for a soft grip, but very safe. Total weight until 17 kg. Empty weight: 950 gr. Total widht: 75 cm.



AQUA BALL

Ball , ideal for instability training exercises. Valve to facilitate the filling of the ball with water or air. The fuller the more stable it becomes.

Aqua-Ball small = green (14 kg.)
Aqua-Ball medium = blue (24 kg.)
Aqua-Ball big = red (65 kg.)





MEDICINAL

MONSTER BALL

Rubber ball made in one piece, very hardy and high grip. Perfect for strenght lifting up, in a better safe way, and avoiding damaging the floor.

*Monster Ball rubber top grade 15 Kg.
Monster Ball rubber top grade 20 Kg.
Monster Ball rubber top grade 25 Kg.
Monster Ball rubber top grade 30 Kg.
Monster Ball rubber top grade 35 Kg.
Monster Ball rubber top grade 40 Kg.
Monster Ball rubber top grade 45 Kg.*



WALL BALL

Medicine Ball made of rubber in one piece. Same feeling as a traditional crosstraining ball, but much more resistant as it has no seams. Maximum grip thanks to its patterned rubber surface. Diameter: 45 cm.

Wall Ball 3 Kg.
Wall Ball 5 Kg.
Wall Ball 7 Kg.
Wall Ball 9 Kg.
Wall Ball 12 Kg.



SOFT MEDICINE BALL

Soft medicinal coated with resistant nylon. Exercise all the body including upper and lower extremities. Improve strength, joints and coordination. Impact absorbing system . Moisture resistant.

Medicinal Soft 3 Kg.
Medicinal Soft 6 Kg.
Medicinal Soft 9 Kg.



SLAMBALL

Designed to repeat the hit movements thanks to their great durability. Easy grip. Do not marks. Improve the coordination, the strenght, the cardio, the endurance and the stability. From 2 to 40 kg.

Slamball 2 Kg. Ø 18 cm.
Slamball 4 Kg. Ø 18 cm
Slamball 6 Kg. Ø 23 cm.
Slamball 8 Kg. Ø 23 cm.
Slamball 10 Kg. Ø 23 cm.
Slamball 15 Kg. Ø 25 cm.
Slamball 20 Kg. Ø 25 cm.

Slamball 30 Kg. Ø 30 cm.
Slamball 40 Kg. Ø 30 cm.
Slamball 45 Kg. Ø 35 cm.
Slamball 50 Kg. Ø 35 cm.
Slamball 55 Kg. Ø 35 cm.
Slamball 60 Kg. Ø 35 cm.



HIGH GRIP RUBBER MEDICINE BALL

Medicinal made of rubber. Different measures depending on your weight. With valve to regulate the indoor air and adjust the necessary bounce for each user. Rough surface for maximum grip, pneumatic type.

High grip medicine ball rubber coloured 1 K. Ø 190 mm.
 High grip medicine ball rubber coloured 2 K. Ø 190 mm.
 High grip medicine ball rubber coloured 3 K. Ø 230 mm.
 High grip medicine ball rubber coloured 4 K. Ø 230 mm.
 High grip medicine ball rubber coloured 5 K. Ø 230 mm.
 High grip medicine ball rubber coloured 6 K. Ø 286 mm.
 High grip medicine ball rubber coloured 7 K. Ø 286 mm.
 High grip medicine ball rubber coloured 8 K. Ø 286 mm.
 High grip medicine ball rubber coloured 9 K. Ø 286 mm.
 High grip medicine ball rubber coloured 10 K. Ø 286 mm.



MEDICINE BALL WITHOUT REBOUND

Medicinal balls manufactured in one piece under the rotational molding system. Material without bounce. For launch and reception exercises.

Ø 185 mm. - Medicine ball without rebound 1 kg., green.
 Ø 205 mm.- Medicine ball without rebound 2 kg., green.
 Ø 235 mm.- Medicine ball without rebound 3 kg., green.
 Ø 241 mm.- Medicine ball without rebound 4 kg., green.
 Ø 277 mm.- Medicine ball without rebound 5 kg., green.



MEDICINE BALL

Made in one single piece via rotormoulding. You regulate the rebound depending of the inflation.

Medicine ball Techno rubber coloured 1 K.
Medicine ball Techno rubber coloured 2 K.
Medicine ball Techno rubber coloured 3 K.
Medicine ball Techno rubber coloured 4 K.
Medicine ball Techno rubber coloured 5 K.



DUAL GRIP MEDICINE BALL

Suitable for gripping, throwing and rotating exercises. Exercise all your body including heart and upper and lower extremities. Improve strength, joints and coordination.
Suitable for hard training.

Medicinal Dual Grip 2 Kg. Orange.
Medicinal Dual Grip 3 Kg. Yellow.
Medicinal Dual Grip 4 Kg. Blue.
Medicinal Dual Grip 5 Kg. Red.

Medicinal Dual Grip 6 Kg. Purple.
Medicinal Dual Grip 7 Kg. Grey.
Medicinal Dual Grip 8 Kg. Black.



Medicine balls with rope, used for swinging and chopping movements.

Rotation exercise with medicine ball. Exercise all your body. Build your muscles, improve your coordination, your movement and your flexibility. Suitable for hard training.

PRO MEDICINE BALL COVER

Special cover for medicine balls and slam balls. With adjustable nylon rope made of high tenacity. Shock proof resistance.



MEDICINAL BALL COVER

Greater versatility for your medicine balls. High strength stitched cover. Nylon bag 1.20 meter long belt. Adjustable to medicine balls up to 28 cm in diameter.



MEDICINE BALL RACK

Medicinal balls rack. 158 cm. high, 39 cm. width, 60 cm. depth.



MEDICINE BALL REBOUNDER

It is a trampoline with non-slip surface for making exercise with medicine balls. Adjustable angle of return. Maximum resistance.

Measure: 125 x 100 x 21 cm.



MOBILE RACK FOR MEDICINE BALLS. 3 FLOORS

Wall rack for medicinal balls. Dimensions: 165 x 45,4 x 99,9 cm.



WALL RACK FOR MEDICINE BALLS – LONG

Long wall rack for medicinal balls. Dimensions: 360 x 40 x 91 cm.



WALL RACK FOR MEDICINE BALLS

Wall rack for medicinal balls. Dimensions: 132 x 91 x 40 cm.



ELASTICS



RESISTANCE TUBE WITH CENTRAL RIBBON

Resistance tube with central ribbon. 1.2 m. Orange - Light.

Resistance tube with central ribbon . 1.2 m. Color Green - Medium.

Resistance tube with central ribbon . 1.2 m. Color Blue - Strong

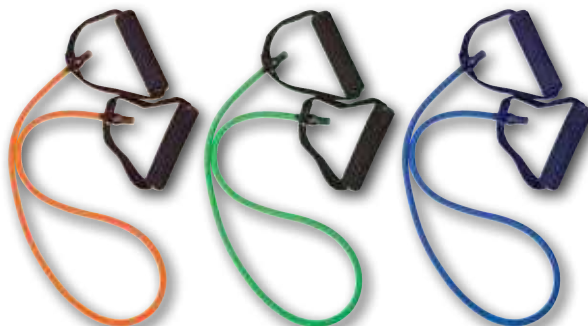


RESISTANCE TUBE

Resistance tube 1,2 m. Color orange - Light.

Resistance tube 1,2 m. Color green - Medium.

Resistance tube 1,2 m. Color blue - Strong.

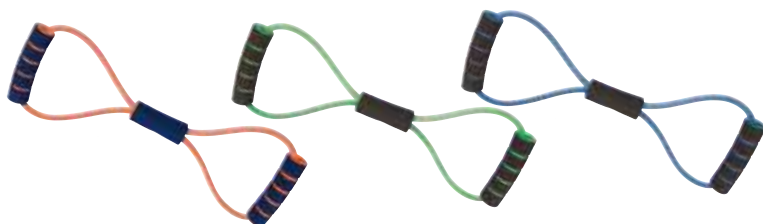


BODY TONNER

Body toner. Color orange - Light.

Body toner. Color green - Medium.

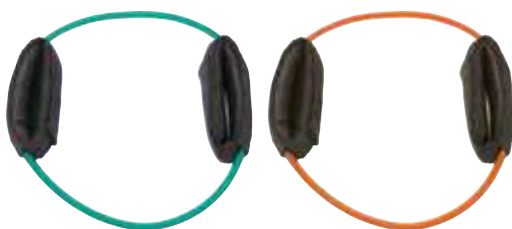
Body toner. Color blue - Strong.



ANKLE TUBE

Ankle tube. Color orange - Light.

Ankle tube. Color green - Medium.



SOFT ELASTIC BAND

Elastic band with 8 handles for hands and feet. Suitable for enhancing resistance and stretching. . Made of rubber material coated in soft textile.
Wash with cold water.

Soft elastic band light 41 mm. 8 positions. Orange.

Soft elastic band medium 41 mm. 8 positions. Green.

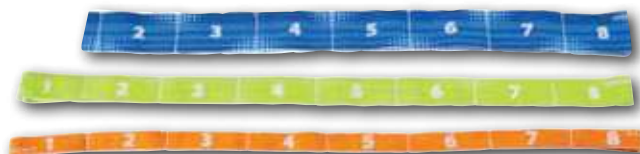
Soft elastic band hard 41 mm. 8 positions. Blue.

RESISTANCE TUBE LUXURY

Resistance tube luxury. Color orange - Light.

Resistance tube luxury. Color green - Medium.

Resistance tube luxury. Color blue - Strong.



ELASTIC POWER BANDS

Bands for training for resistance exercises. Made of a soft material, with a nice contact to our body. 3 different sizes that gives 3 different kind of resistance.
Size S : persons till 55 kg. Size M : persons till 75 kg. Size L : more than 75 kg.

Elastic power bands Small Size: 32'8 cm.
Elastic power bands Medium Size: 36'8 cm.
Elastic power bands Large Size: 38'8 cm.



MINI BANDS TEXTILE

Mini Bands made of textile material. Thanks to this new material, do your training exercises without a pulled muscle. More comfortable to touch than the traditional rubber bands.

Different resistance levels.

The Textile are an innovation on the fitness market, specially developed to activate the specific muscles for lower body, and to avoid physical injuries and improve the body.

Measures: 33 x 5 cm.

-) S-S, >-H'Q'w'S'L'f'l >%YAL'~<L, E' 3, M
-) S-S, >-H'Q'w'S'L'f'l >%YAL'~, '~>-nL) LHY)
-) S-S, >-H'Q'w'S'L'f'l >%YAL'~'Z' 'LL~ 3", ~n
-) S-S, >-H'Q'w'S'L'f'l >%YAL'~, YL' 'f'l'w'~>3", ~n
-) S-S, >-H'Q'w'S'L'f'l >%YAL'~, >By' 'f'l'w'~>3", ~n/ Y%

EXERCISE BAND TEXTILE

Made of textile material. Thanks to this new material, do your training exercises without a pulled muscle. More comfortable to touch than the traditional rubber bands.

Different resistance levels.

The textile are an innovation on the fitness market, specially developed to make multiples exercises, avoiding physical injuries and improving the body.

Measures : 105 x 3,5 cm.

- Exercise BandsTextile Yellow-Soft
- Exercise Band Textile Orange-Medium
- Exercise Band Textile Green-Strong
- Exercise Band Textile Blue - Extra Strong
- Exercise Band Textile Black - Extra Strong Plus



ELASTIC LATEX BANDS

Elastic latex bands. For arm and legs exercises. Different density and resistance. Rolls of 25 m. x 15 cm.

Light. Orange
Medium. Green.
Strong. Blue.

Individual latex band light. Orange 1,5 m. Wide: 15 cm.
Individual latex band medium. Green 1,5 m. Wide: 15 cm.
Individual latex band strong. Blue 1,5 m. Wide: 15 cm.



LATEX FREE BAND

Latex free band 150 cm long x 15 cm wide. They are perfect for rehabilitation centres, physiotherapists, etc...

Latex free band. Light. Orange colour.
Latex free band. Medium. Green colour.
Latex free band. Strong. Blue colour.



HANDLES FOR LATEX BANDS

Handles for latex bands. Better confort. Very safe. 2 pieces set.



FLOSS BAND

Flossband light 1,0 mm x 208 cm. Red.
Flossband medium 1,3 mm x 208 cm. Grey.
Flossband strong 1,5mm x 208 cm. Black.



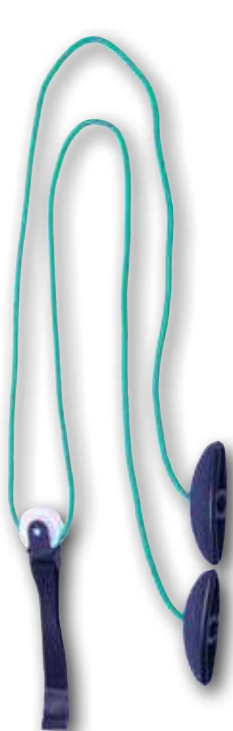
RESISTANCE BAND KIT

Resistance band kit. Includes 2 ankle grips, 2 hand grips and 5 elastics of several resistance.



SHOULDER PULLEY

For shoulder exercises. Improves the movement of the body. For rehabilitation



DOOR TUBE

Elastics with handles to anchor at the door. For multiple exercises.



WALL SUPPORT REGULABLE

Wall mount with adjustable hook to connect elastics and accessories. Composed of two metal profiles 91.5 cm. Option to install consecutively (183 cm) or parallel (2 x 91.5 cm). Contains 2 hooks adjustable for multiple heights.

ADJUSTABLE JUMP KIT

Training system to strengthen and improve endurance and speed of legs and hips.



TONING BAR

With the toning bar you will exercise arms and legs in a functional way, thus avoiding the risk of injury.

ADJUSTABLE CHEST EXPANDER

Made with elastic tubes exchangeables, to strenghten the upper part of the body, chest and shoulders.



SUPER BANDS

Superbands are rubber bands with different resistance for exercising all the body.

Super Bands extra-strong. Blue.

Super Bands strong. Green.

Super Bands medium. Lilac..

Super Bands light. Red.



MINI BANDS

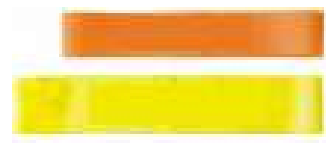
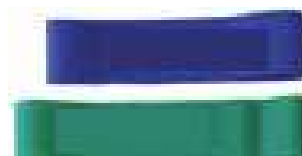
Made of rubber. For warming up legs and stretching.

Mini Bands extra-strong. Blue.

Mini Bands strong. Green.

Mini Bands medium. Yellow.

Mini Bands light. Orange.



THUNDER BANDS

Sprinting bands. Made of vulcanized rubber in an endless loop. For sprint and resistance training. It is also possible to use in Partner training.

Thunder Band 2 m. Medium, green.

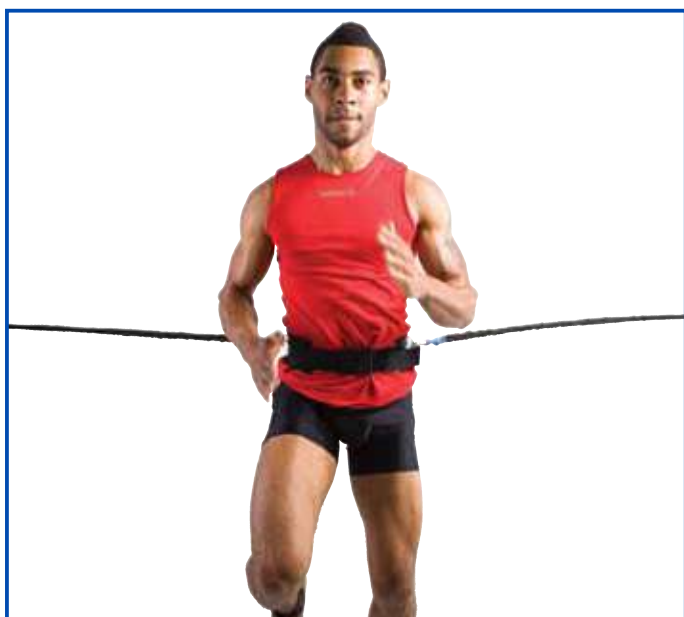
Thunder Band 2 m. Strong, blue..

Thunder Band 3 m. Extra Strong, black.



BALANCE RUNNING BELT

Belt with two elastic bands for improving balance in running. One side you fix to your waist, other side you fix to two bars or to two people. Composed by one padded belt with two grips, two elastic bands of 280 cm. and two gripping straps of 49 cm.



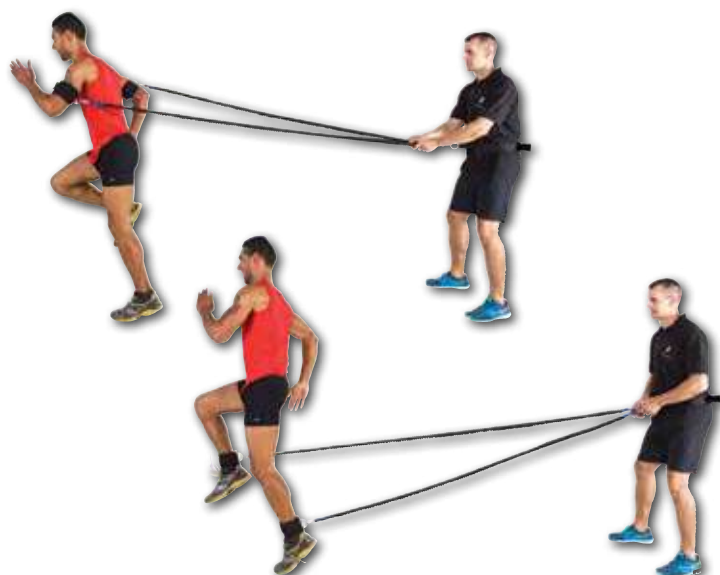
BELT FOR ENHANCING THE JUMPING

Belt with two elastic bands for training the jumping. One side you fix to your waist, other side you fix to two fixed point on the floor or to two people. Composed by one belt with two grips, two elastic bands of 75 cm. and two gripping straps of 49 cm.



DOUBLE ARM AND LEG MUSCLE TRAINING

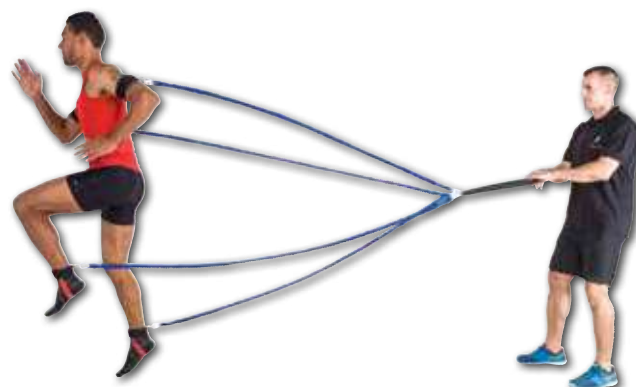
One side you fix to two ankles or two wrists, another side you fix to wallbar, bar or an-other person. For warming up, for training and for rehabilitation exercises. Composed by two elastic bands of 140 cm. One gripping strap of 49 cm. Two padded grips for wrist, ankle or biceps.



RESISTO

Resistance training system. 4 Elastic 1.2 m with hitch for legs and biceps. Length: 1.2 m

Resisto Medium
Resisto Strong



INDIVIDUAL ARM AND LEG MUSCLE TRAINING

One side you fix to ankle or wrist, another side you can fix to wallbar, bar or another person. For warming up, training and for rehabilitation exercises. 1,78 m. length. Composed by one elastic band of 200 cm. One gripping strap of 49 cm. One padded grip for wrist, ankle or biceps.



TRAINING RESISTANCE VEST

Padded vest with elastic band and coupling to a fixed point. For warming up and for rehabilitation exercises. Composed by one padded vest, one elastic band of 350 cm. One gripping strap of 49 cm.

Training vest light resistance.

Training vest medium resistance.

Training vest strong resistance.



RESISTANCE BELT

Vest with one elastic band and coupling to a fixed point or person. Composed by one elastic band of 700 cm. One gripping strap of 49 cm. One vest with one mobil grip.



POWER ELASTICS WITH CARABINER

Elastics for resistance and stretching exercises. Different measures and intensities. Coated with Nylon, which provides greater resistance, reduces abrasion and extends the life of the elastics.



- Elastic 30 cm. Medium green. Resistance 15 lbs.
- Elastic 30 cm. Strong blue. Resistance 20 lbs.
- Elastic 35 cm. Medium green. Resistance 15 lbs.
- Elastic 35 cm. Strong blue. Resistance 20 lbs.
- Elastic 40 cm. Medium green. Resistance 15 lbs.
- Elastic 40 cm. Strong blue. Resistance 20 lbs.
- Elastic 120 cm. Soft orange. Resistance 10 lbs.
- Elastic 120 cm. Medium green. Resistance 15 lbs.
- Elastic 120 cm. Strong blue. Resistance 20 lbs.
- Elastic 120 cm. Extra strong purple. Resistance 25 lbs.
- Elastic 180 cm. Medium green. Resistance 15 lbs.
- Elastic 180 cm. Strong blue. Resistance 20 lbs.
- Elastic 180 cm. Extra strong purple. Resistance 25 lbs.
- Elastic 180 cm. Extra strong + red. Resistance 30 lbs.
- Elastic 240 cm. Medium green. Resistance 15 lbs.
- Elastic 240 cm. Strong blue. Resistance 20 lbs.
- Elastic 240 cm. Extra strong purple. Resistance 25 lbs.
- Elastic 240 cm. Extra strong + red. Resistance 30 lbs.

STICK

Metal stick length 42 cm, for connection with elastic of different sizes and strengths. Wrinkled rubber surface for a strong grip. Weight 2 kg.



FIXATION ANCHOR



WRIST GRIP WITH STRAP

Wrist grip with fastening strap. 2 pieces set.



ANKLE GRIP WITH FASTENING STRAP

Ankle grip with fastening strap. 2 pieces set.



ANKLES AND WRIST GRIP

Ankle-Wrist grip. 2 pieces set.



BICEPS GRIP

Biceps grip. Set 2 Units.



THIGH GRIP

Thigh grip. Set 2 Units.



SIMPLE ANCHORAGE



DOOR ANCHORAGE

To attach elastics to the door. Made of high strength Nylon. It does not damage the door.



ALUMINIUM GRIP HANDLES WITH RUBBER

Grip handles. Set of 2 units.



DRAGGING BELT

Dragging belt. Made of high strength Nylon. Adjustable. One size.



3 HOOK BELT

Belt with 3 hooks, 1 central + 2 sides. Made of high strength Nylon. Adjustable. One size.



FUNCTIONAL BUCKLE VEST

Functional vest with buckles to practise endurance exercises.



HARNESS VEST

Vest – harness . made of very resistant nylon.



ELASTICS WALL RACK

Steel hanger with adjustable supports. Suitable for all kind of elastics and other accessories. Measures 65 x 10 cm. With 6 supports diameter 8mm and 25 cm long



AGILITY AND SPEED



SOFT PLYO BOX



Set the 4 Plyboxes soft. Nucleus of EVA with PU. Recovered with high resistant black vinyl. With long velcro ribbons to stack and avoid movement.

One of the biggest problems for sportsmen is the fear of getting injured during the jump. Advanced athletes also prefer not to implicate their forces 100% during the jump to higher boxes. Our polymeric blocs made of foam resolve these problems. They are firmly enough to support weight, but also soft enough to avoid injuries. The height is adjustable.

size:

- 90 x 75 x 60 cm.
- 90 x 75 x 45 cm.
- 90 x 75 x 30 cm.
- 90 x 75 x 15 cm.



PLYO BOX JUMP . 3 POSITIONS

PLYO BOX Soft Jump Box. 3 Positions. Rectangular soft box. Very stable. Covered in leather. Dimensions: 50 x 60 x 75 cm.

PLYO BOX Soft Jump Box Medium. 3 Positions. Rectangular soft box. Very stable. Covered in leather. Dimensions: 40 x 50 x 60 cm.

550 568 PLYO BOX. Set 3 U.

Made of welded tubular steel. Landing surface is covered with non-skid rubber. Legs are constructed at a 6 degree outward angle to prevent tipping. Lightweight, easy to move and stack.

small. Height 31cm
medium. Height 46cm
big: Height 61cm



FLEXIBLE CONE FOR STICKS

Flexible cone for sticks. Set 8 units. Size: Ø 30 x 15 cm.



CONES 32 CM.

Multi functional cone made of flexible PE. With holes to place pikes both horizontally and vertically. Very resistant and thick, practically unbreakable.



CONE 24 CM.

Signaling cone made of flexible plastic. A pike can be placed vertically to make tours.



CONE 42 AND 52 CM. PE.

Cone 42 and 52cm made in flexible P.E. Recover its shape after deformation.

- Cone 42 cm.
- Cone 52 cm.

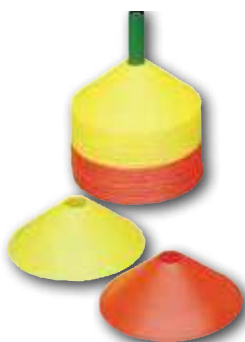


ROUND CONE

Round cone. Set 40 units.

FLEXIBLE CONE

Flexible cone. Set 48 units.



SOLID BASE

Solid base 1,8 kg. for training kit



4 SUPPORT FOR CONE AND STICK

6 units bag.



UNIVERSAL MULTI-LINKING

Multi-linking. Bag with 6 u.

LINKING FOR STICKS

Linking for sticks. Bag with 12 u.



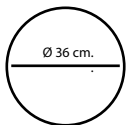
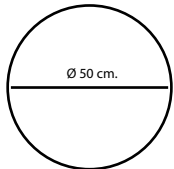
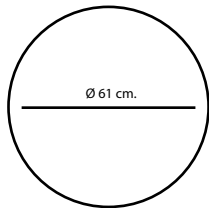
AGILITY RINGS

Flexible plastic rings that lie flat on any surface. Run, walk, jump from ring to ring improving dynamic balance, agility, quickness and coordination.

Agility rings 36 cm. Set 8 units.

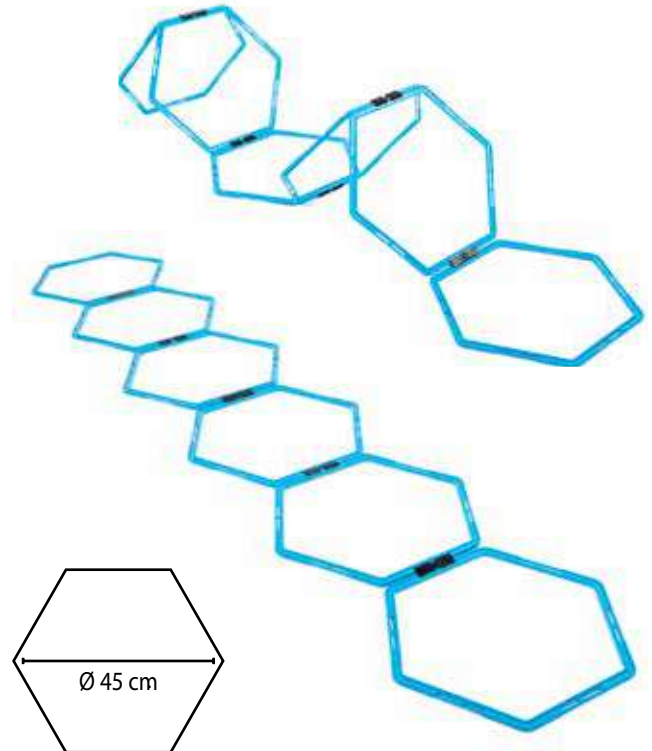
Agility rings 50 cm. Set 8 units.

Agility rings 61 cm. Set 8 units.



550 611 AROS DE AGILIDAD HEXAGONALES HEXAGONAL AGILITY RINGS

Set of 6 hexagonal hoops joined together. They offer the possibility of making different shapes depending on the type of exercise to be performed.



SET OBSTACLES JUMP

Set obstacles jump. Composed by 2 cones, 2 supports and a stick.



AGILITY PLAIN STAIRS

Agility plain stairs. Length 4m width 50 cm height 6mm. Made of non-slip rubber.



AGILITY LADDER SEPARABLE 2 X 2 M.

Composed of two parts of 2 metres each one, that can be separated to make two parallel lanes.



2X



AGILITY STAIRS

Agility stairs. 4 m. lenght.

TRAINING MINI HURDLES

Training mini-hurdles 15 cm.
Training mini-hurdles 30 cm.
Training mini-hurdles 50 cm.



DOUBLE HEIGHT HURDLES

Double height functional training jump hurdles. Functional double height hurdles. Height of 20 and 30 cm. Width 46 cm.



ALUMINIUM ATHLETIC HURDLE SENIOR

Aluminium Athletic hurdle Senior. Height adjustable from 68 to 106,7 cm.



PLASTIC ATHLETIC HURDLE INITIATION

Plastic athletic hurdle initiation. Height adjustable from 55 to 95 cm.



SPEED POWER PARACHUTE

Designed for all athletes who want to improve their level of acceleration, muscular endurance and the ability to adjust the direction of the race at speed. With adjustable velcro belt from 76 to 128 cm. It folds easily to store it and by its dimensions allows easy transport.



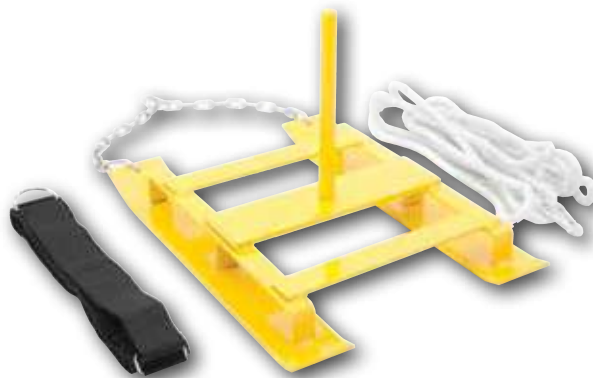
DRAGGING SLED

Sled for explosive strenght exercises, both for indoor and outdoor training. Base made of sliding rubber with a higher resistance. Adjustable weight. Includes 3 empty bags, that can be filled with 5kg. of sand. Also can put inside weight disks. Do not damage the grab, the parquet floor or other kind of delicate floors.

Includes the belt, the hitch rope, the sled and 2 bags to fill in.

SPEED POWER SLED

Vertical stick to put weight plates. Measures 50 X 37cm. Corde length: 5 m.



REACTION BALL

Throw it to the ground and try to chase it after the rebound. Improves reflexes and movement quickness. Improve hand-eye coordination. Work alone or in small groups.

70 mm.
100 mm.



SLIDE MAT

Single mat for single work. With holes for hanging up. It included 2 pairs of soft sliders. One for hands and one for feet. Improve muscle-building, balance, agility, speed and resistance.

Side 138x101cm

SLIDERS SOFT

Special for wood grounds or slide mats.



SLIPPING TRIANGLES WITH WHEELS

Sliding triangles with wheels. Length: 22 cm, width: 23 cm, height: 8 cm.



SLIDERS DISCS

Slider discs for tonification and complete training. Smooth and elegant movements to tonify all muscles. For any kind of floor.



VINYL SLIDERS

It is a pair of discs that improve sliding training surface. Lightweight and portable. For exercising legs, inner thighs and butt at the same time. Shoulders, chest and back at the same time.



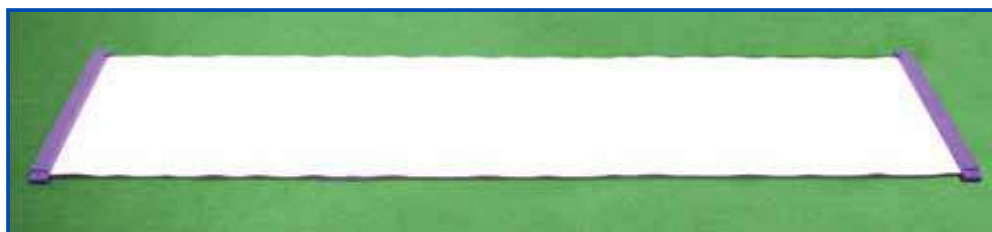
SLIDERS SOCKS

Sliders socks. Set 2 Unidades.



SLIDE BOARD

Roll-up slide board. Flat surface. Non-slip base. Two ends for stopping.
Improve muscle-building, balance, agility, speed and resistance.
Standard Slide Board: 60cm x245cm
Includes one pair of sliders sock.



BALANCE



AIR STEP V.2.

New Air Step V.2. More functional and resistant thanks to its nylon and anti-break base. It doesn't slip under any circumstances. Suitable for all types of workout.

Lime
Fuchsia
Silver



SILVER



STANDARD COLORS



LIME



SILVER



FUCHSIA

AIR STEP WITH HANDLES V.2.0.

Lime
Fuchsia
Grey



Base Air Step



AIR STEP Ø 69 CM.

Made of very resistant material, Anti-slip base with rubber foot. The half-ball it's joined to the base by more than 30 screws, which makes them unbreakable.

With Air Step you can do a lot of balance exercises, suitable for youth, elderly, sports people or for rehabilitation.

Using with the ball on the top, provide an unstable surface while the item keeps stable. Using with the base on the top, the item becomes extremely unstable, allowing a new range of exercises.

Air Step color blue

Air Step color grey



AIR STEP WITH HANDLES Ø 69 CM.



AIR STEP RACK

Measures : high 150 cm, base width 87 cm. placement width: 100 cm.



AIR STEP MINI

Air platform, with secure base for functional training, that allows efficient exercises to get better flexibility, stability and balance. It's possible to work on both sides for Air Step Mini, depending on the area we want to increase the muscle strength. The base is made off anti-tearing nylon and bottom rubbered, that makes sure the stability and avoid slides. It's recommended not rise above to 120 kg. Includes elastic tubes, to complete the resistance for the exercises, and also a pump to inflate. Available in different colours : blue and silver. Measures : Diameter 46 cm. High: 17 cm. Weight : 4 kg.

AIR STEP MINI GRIS



AIR STEP MINI AZUL



BALANCE CUSHION 36 CM.

Balance cushion 36cm. Made of rubber, 3kg. Maximum charge 300kg. Blue, non-slip.



BALANCE CUSHION 50 CM.

Balance cushion 50 x 14 cm. Made of rubber, 3.6kg. Maximum charge 300kg. Blue, non-slip.



BALANCE DISKØ 26 CM.



BALANCE CUSHION 34 CM.

Massage relax seat 34cm. With inflatable valve. The most you inflate the article the harder is working as the balance is more difficult.



BALANCE ISLANDS

Balance islands.

Versatile Balance Steps are excellent for extremity balance and stabilization training. They are made of soft and durable vinyl.



BALANCE PAD

BALANCE PAD.

Balance pad for balancing work. You can stack two balance pads for harder exercises. Made of TPE material and Non-slip base. Washable. Measures. 47 x 39 x 6 cm.



CORE BALANCE DISKS

Excellent way to work your core muscles, increasing balance and coordination. Versatile and lightweight design, non-slip surface. Easy to use and perfect for all ages and fitness levels. Made of rigid plastic PP. Diameter 21 cm. Height 5.5 cm.



BALANCE BOARD 40 CM.

To exercise balance and stability.



ROTATORY PLATE

Plates for balance, stability, lineup and resistance core exercises. Continuous spins of 360°. Can be used individually or by couples. Diameter: 34 cm. Height: 3.5 cm.



BALANCE FIT BOARD

Balance table with lower cylinder. Made of wood with non-slip surface. Measures of the table: 73.5 x 28 x 1.8 cm. Measures of the cylinder: 11 x 42 cm.



FITNESS WHEEL PRO

Training wheel with pedals and foam grips. Suitable for abdominals, obliques, back, hips and buttocks as well as for resistance training.
Wheel diameter: 35.5 cm.



FITNESS WHEEL

Made of plastic with steel tire. Comfortable grips.



CORE WHEELS

Core wheels, perfect for a complete body training, to reinforce shoulders, torso, hips. With ergonomic handles, comfortable grip.



AB MAT.

The ergonomic shape ensures a steady hold to the lumbar, protecting the back during the abdominal exercises. Measures : 37 x30x5 cm.



PUSH-UP BARS

Permits a natural movement of the arms during pushups. Helps to reduce the joint tensión. Perfect for any level of fisical condition.



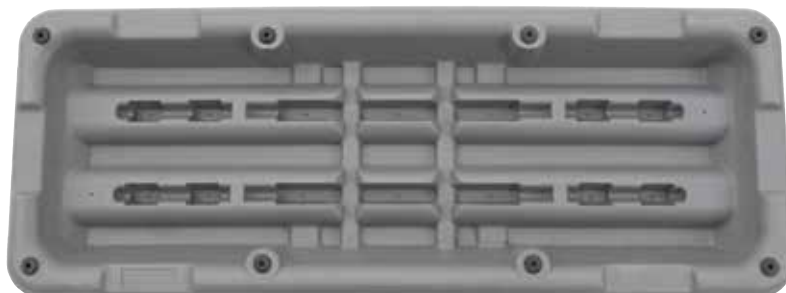
COLLECTIVE FITNESS



STEP PROFESIONAL - STEP PRO

Step professional. Complete set. Maximum stability. Measures: 110 x 42 x 20 cm. Eight rubber stops for avoiding sliding.

Step profesional. Complete set. Maximum stability. Measures: 110 x 42 x 16 cm. Platform and 2 sides.



New reinforcement system. 8 non-slip stoppers.

SMALL STEP

Small step Complete set. Maximum stability.

Measures: 71 x 35,5 x 15 cm. Platform and 2 sides



BIG STEPS RACK

Capacity 18 steps. Measure: 113 x 47 x 180 cm.



BIG BASE'S STEP RACK

Capacity for 52 bases. Measure: 92 x 47 x 120 cm.



JUMP FITNESS TRAMP HEXAGONAL

Into the Jump Fitness Tramp it match safety, lightness, robustness and elasticity, brought by the investigation and several test during the development process. It's composed of a tubular structure, an adjustable handle, and a highly and resistant elastic mesh, joined to hexagonal structure by a new rigging system. This trampoline it's designed for the practice of physical exercises, for low, médium and high performance, with no reduce of the qualities and a large use. Handle made of steel, heigh adjustable and compactly joined to the structure. Comfortable and ergonomic foam grip. The trampoline surface it's made of a polyetilene mesh, with strenghtened sewn on both sides. Made of an antistatic material to avoid the slippings. Steel tubular structure, able to absorb the most of the energy produce by the jump impact. Rigging made of elastic and single rubber loops. It have a patented system to share the impact and rebound. Removable foot with anti-slip basement. The foot rubber bearings ensure a solid contact with the floor, assuring no moves.

Blue
Green



JUMP FITNESS TRAMP

Jump fitness tramp. Diameter: 95 cm. Interior Diameter: 70 cm. Height: 33 cm, Easy to stack.

ELASTIC TRAMPOLINE

Elastic trampoline 110 x 110 cm.





COLLECTIVE YOGA AND PILATES

FITNESS BALL

These Fitness balls are the most technologically advanced fitness balls on the market. Highly resistant to abrasion and maximum elasticity, they provide greater durability and extra safety for users. It is the ball chosen by the professionals of Fitness and Pilates, Functional Training and rehabilitation. They support more than 1000 kg (laboratory tests). Material of amorphous molecular system, so in the hypothetical case of puncture, it slowly deflates. With eco-friendly materials in accordance with European safety, health and environmental regulations. 100% recyclable. Blue, Gray, Graphite, Green and Fuchsia colors.

Fitness Ball 55 cm.
Fitness Ball 65 cm.
Fitness Ball 75 cm.



FITNESS BALL LITE

The LITE Fitness ball is a light ball. It is the ball chosen by professionals looking for an economical and high quality product. Manufactured in Tecnochaudo, It has a great abrasion resistance and maximum elasticity and provides greater durability and extra safety for users. It is the ball chosen by users looking for an eco-nomical and high quality product. They support more than 600 kg (laboratory tests). Material of amorphous molecular system, so in the hypothetical case of puncture, it slowly deflates.

Fitness Ball LITE 45 cm
Fitness Ball LITE 55 cm
Fitness Ball LITE 65 cm
Fitness Ball LITE 75 cm



T.P.E. FITNESS BALLS

New big balls for aerobic and gymnastic, made in new materials, lighter and more resistant. Improvement in performance qualities in comparison with original formulation. The bursting resistance under compression test made by the european standard INSTRON, machine states that the big balls support a weight superior a 1000 Kg. in average conditions.

Flexi TPE balls for aerobic, gymnastics and medicinal therapy Ø 45 cm.

Flexi TPE balls for aerobic, gymnastics and medicinal therapy Ø 55 cm.

Flexi TPE balls for aerobic, gymnastics and medicinal therapy Ø 65 cm.

Flexi TPE balls for aerobic, gymnastics and medicinal therapy Ø 75 cm.

Flexi TPE balls for aerobic, gymnastics and medicinal therapy Ø 85 cm.

Flexi TPE balls for aerobic, gymnastics and medicinal therapy Ø 95 cm.

Flexi TPE balls for aerobic, gymnastics and medicinal therapy Ø 120 cm.



SENSORIAL BALL WITH SPIKY SURFACE

Sensorial ball with spiky surface Ø 55 cm.

Sensorial ball with spiky surface Ø 65 cm.

Sensorial ball with spiky surface Ø 75 cm.



BASE FOR BALLS

Base for balls Ø 45, 55, 65, 75, 85 cm.
Suitable for placing elastic bands and cordes.



PEANUT CYLINDER 75 CM.

Peanut cylinder, 75 cm. length.



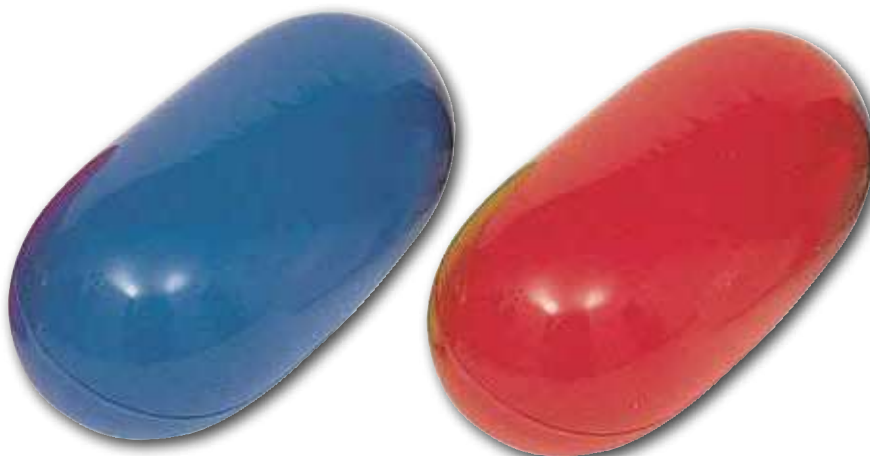
BASES TO PILE UP BALLS

Allow to pile up any ball size.



CYLINDER 75 CM.

Cylinder 75 cm. length.



PILATES BALL

Pilates ball. Ø 240 mm. For pilates exercises.
 Pilates ball. Ø 200 mm. For pilates exercises.
 Pilates ball. Ø 160 mm. For pilates exercises.
 Color : Blue, Grey



OXIGEN BALLS

2 Oxigen balls. Soft balls. 500 gr. unit.
 2 Oxigen balls. Soft balls. 1 Kg. unit.



PILATES RING

Made of fiber coated with two rubber layers of 4.5 mm. EVA handles. Very resistant. Diameter: 38 cm. Weight: 500 gr.



ELASTIC BANDS 25 M.

Elastic latex bands for arm and leg exercises of different densities and hardness.
Rolls of 25 m and 15 cm

Elastic Band 25 m Light Orange
Elastic Band 25 m Medium Green
Elastic Band 25 m Hard Blue

ELASTIC BANDS 1,5 M.

Individual Elastic Band Light Orange
Individual Elastic Band Medium Green
Individual Elastic Band Hard Blue



LATEX FREE BAND

Elastic bands free of Latex. They are perfect for rehabilitation centres, physiotherapists etc.
Dimensions: 1,5 m long x 15 cm wide.

Latex Free Band Light Orange
Latex Free Band Medium Green
Latex Free Band Medium Green



EVA ROLLER

Made of EVA material. High resistance and low deformability. Non-skid texture for better grip and comfort.

EVA roller 90 cm. Blue.

EVA roller 90 cm. Grey.

EVA roller 90 cm. Purple.

EVA half roller 90 cm. Blue.

EVA roller 30 cm. Blue.

EVA half roller 30 cm. Blue.



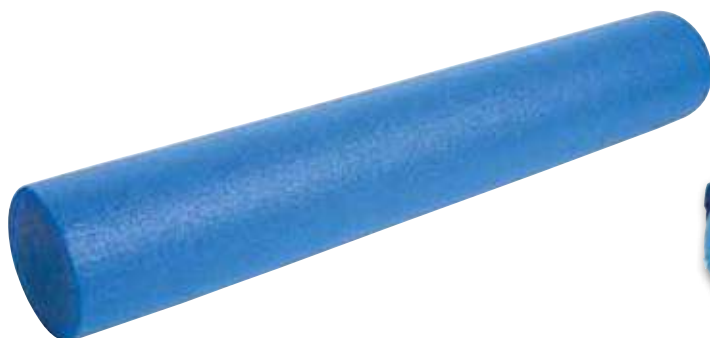
ROLLER PAD

Pillow headrest for 15cm diameter rollers. Padded surface.



PILATES ROLLER

Pilates Roller made of cross-linked polyethylene. Length: 90 cm. Diameter: 15 cm



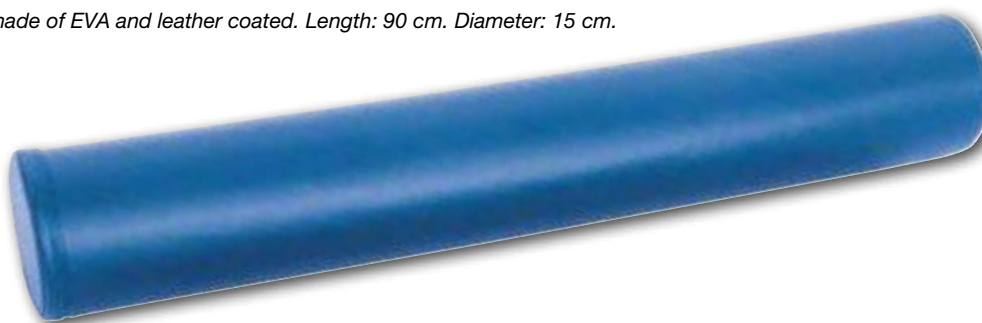
INFLATABLE PILATES ROLLER

Inflatable Pilates Roller. Length: 84 cm. Diameter: 15 cm. Made of PVC and coated. Adjustable hardness.



PILATES LUXURY ROLLER

Pilates Luxury Roller made of EVA and leather coated. Length: 90 cm. Diameter: 15 cm.



ROLLER STORAGE BASE

Base to save cylinders. For 6 units. Made of TPE material, flexible and resistant. For cylinders of diameter 15 cm.



ROLLER STORAGE TROLLEY (UP TO 24 ROLLERS)

Metallic trolley to store 24 rollers. With wheels. Made of steel with epoxy paint for greater resistance.



ROLLER STORAGE RACK (UP TO 20 ROLLERS)

Vertical rack for roller storage. Maximum storage 20 units. Made of reinforced plastic tube. Black color.



MAT

Mat made of a much more flexible and abrasion-resistant material than ordinary rubber providing a high quality end-product. Colours: red and blue.
Dimensions: 180 x 58 x 1 cm.

Mat red.

Mat blue.



RUBBER MAT

Closed cell mat. Ecofriendly. Non liquid absorption, antibacterial and anti-slip surface. Excellent for hydrotherapy. Warm and comfortable. Colours: fuchsia, green, blue and grey

Rubber mat 180 x 58 x 1 cm. GREEN

Rubber mat 180 x 58 x 1 cm. FUCHSIA

Rubber mat 180 x 58 x 1 cm. BLUE

Rubber mat 180 x 58 x 1 cm. GREY

RUBBER MAT 140 x 58 x 1 cm. GREEN

RUBBER MAT 140 x 58 x 1 cm. FUCHSIA

RUBBER MAT 140 x 58 x 1 cm. BLUE

RUBBER MAT 140 x 58 x 1 cm. GREY



T.P.E. MAT

Closed cell mat. Ecologic. Non liquid absorption, antibacterial activity. Non slip surface. Excellent for hydrotherapy. Warm and comfortable. The softest touch. Dimensions: 180 x 58 x 1,8 cm.



WALL HOOK FOR MAT

Wall hook for mat.

Measures: support 10 x 5 cm. Bar 25 cm. x Ø 12 mm.



ADJUSTABLE WALL HOOK FOR MATS

Steel hanger with adjustable supports. Suitable for all types of mats with eyelets in different sizes. Measures 65 x 10 cm. With 2 supports diameter 8mm and 25 cm long.



DOUBLE RACK FOR MAT WITH WHEELS

Storage trolley designed for transporting mats and fitness accessories. 30 cm long adjustable hanging bars. It includes attachable hanging bars for elastic bands and/or other accessories. Holds up to 180 cm mats, Made of steel and coated with epoxy paint.



WEIGHT DUMBELLS



RUBBER DUMBBELLS

New functional Dumbbells with flat surface providing the required stability for working out on the floor. Available weights: from 1 to 40 kg.



Rubber dumbbells 1Kg.
Rubber dumbbells 2Kg.
Rubber dumbbells 3Kg.
Rubber dumbbells 4Kg.
Rubber dumbbells 5Kg.
Rubber dumbbells 6Kg.
Rubber dumbbells 7Kg.
Rubber dumbbells 8Kg.
Rubber dumbbells 10Kg.
Rubber dumbbells 12,5Kg.



Rubber dumbbells 15Kg.
Rubber dumbbells 17,5Kg.
Rubber dumbbells 20Kg.
Rubber dumbbells 22,5Kg.
Rubber dumbbells 25Kg.
Rubber dumbbells 27,5Kg.
Rubber dumbbells 30Kg.
Rubber dumbbells 32,5Kg.
Rubber dumbbells 35Kg.
Rubber dumbbells 37,5Kg.
Rubber dumbbells 40Kg.



RUBBER DUMBBELLS SETS

Rubber Dumbbells Set 1- 1 to 10 kg (10 pairs)
Rubber Dumbbells Set 2- 10 to 32.5 kg (10 pairs)
Rubber Dumbbells Set 3- 17,5 to 40 kg (10 pairs)
Rubber Dumbbells Set 4- 10 to 20 kg (5 pairs)
Rubber Dumbbells Set 5- 20 to 30 kg (5 pairs)
Rubber Dumbbells Set 6- 30 to 40 kg (5 pairs)



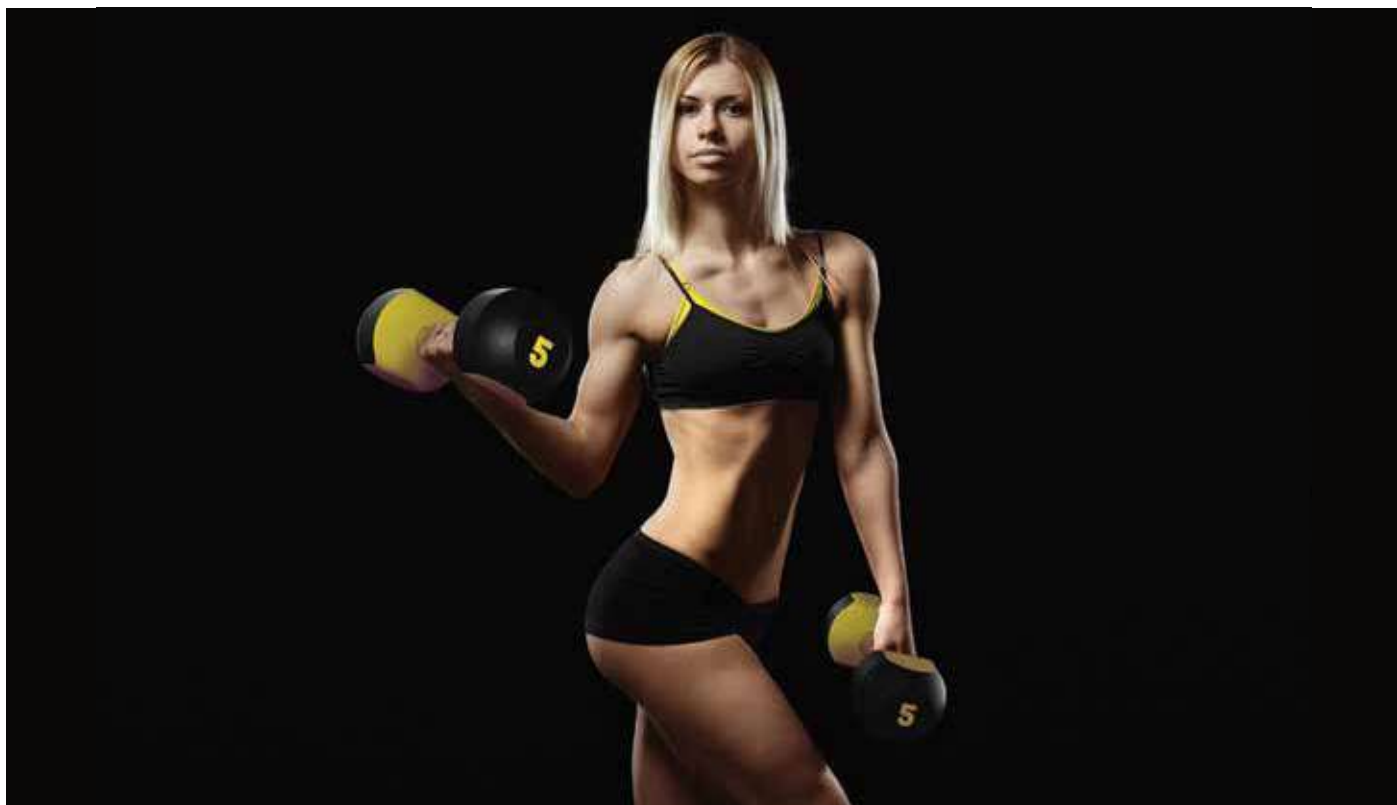
URETHANE TWO-TONE DUMBBELLS

New functional Dumbbells made of Polyurethane with two-tone design. Its flat surface provides the required stability for working out on the floor. Available weights: from 2 to 40 kg.



Urethane bicolor 2 KG.
Urethane bicolor 4 KG.
Urethane bicolor 6 KG.
Urethane bicolor 8KG.
Urethane bicolor 10 KG.
Urethane bicolor 12,5 KG.
Urethane bicolor 15 KG.
Urethane bicolor 17,5 KG.
Urethane bicolor 20 KG.

Urethane bicolor 22,5 KG.
Urethane bicolor 25 KG.
Urethane bicolor 27.5 KG.
Urethane bicolor 30 KG.
Urethane bicolor 32,5 KG.
Urethane bicolor 35 KG.
Urethane bicolor 37,5 KG.
Urethane bicolor 40 KG.



URETHANE TWO-TONE DUMBBELLS SETS

Urethane Dumbbells Set 1- 2 to 22,5 kg (5 pairs)

Urethane Dumbbells Set 2- 10 to 32,5 kg (10 pairs)

Urethane Dumbbells Set 3- 17,5 to 40 kg (10 pairs)

Urethane Dumbbells Set 4 10 to 20 kg (5 pairs)

Urethane Dumbbells Set 4 20 to 30 kg (5 pairs)

Urethane Dumbbells Set 5 30 to 40 kg (5 pairs)



LARGE DUMBBELL STORAGE RACK

Dimensions: 41 x 81 x 242 cm.



MEDIUM DUMBBELL STORAGE RACK

Dimensions: 41 x 81 x 121 cm.



VERTICAL DUMBBELL STORAGE RACK

Dimensions: 14 x 125 x 51 cm.



NEOPRENE AND VINYL DUMBBELLS



Neoprene dumbbells 0,5 kg.
Vinyl dumbbells 0,5 kg.



Neoprene dumbbells 1 kg.
Vinyl dumbbells 1 kg.



Neoprene dumbbells 1,5 kg.
Vinyl dumbbells 1,5 kg.



Neoprene dumbbells 2 kg.
Vinyl dumbbells 2 kg.



Neoprene dumbbells 3 kg.
Vinyl dumbbells 3 kg.



Neoprene dumbbells 4 kg.
Vinyl dumbbells 4 kg.



Neoprene dumbbells 5 kg.
Vinyl dumbbells 5 kg.

DUMBBELL STORAGE RACK

Dumbbell storage rack. Measure: 115 x 115 x 28 cm.



ADJUSTABLE DUMBBELLS

Adjustable dumbbells from 2 to 24 Kg. Set with base.
Adjustable dumbbells from 4,5 to 41 Kg. Set with base.



HEXAGONAL DUMBBELLS

Hexagonal dumbbells 1 Kg. W: 58 mm.
Hexagonal dumbbells 2 Kg. W: 68 mm.
Hexagonal dumbbells 3 Kg. W: 75 mm.
Hexagonal dumbbells 4 Kg. W: 85 mm.
Hexagonal dumbbells 5 Kg. W: 93 mm.
Hexagonal dumbbells 6 Kg. W: 99 mm.
Hexagonal dumbbells 7 Kg. W: 100 mm.
Hexagonal dumbbells 8 Kg. W: 105 mm.
Hexagonal dumbbells 9 Kg. W: 110 mm.
Hexagonal dumbbells 10 Kg. W: 119 mm.
Hexagonal dumbbells 12,5 Kg. W: 127 mm.

Hexagonal dumbbells 15 Kg. W: 135 mm.
Hexagonal dumbbells 17,5 Kg. W: 143 mm.
Hexagonal dumbbells 20 Kg. W: 146 mm.
Hexagonal dumbbells 22,5 Kg. W: 152 mm.
Hexagonal dumbbells 25 Kg. W: 160 mm.
Hexagonal dumbbells 27,5 Kg. W: 160 mm.
Hexagonal dumbbells 30 Kg. W: 180 mm.
Hexagonal dumbbells 32,5 Kg. W: 186 mm.
Hexagonal dumbbells 35 Kg. W: 186 mm.
Hexagonal dumbbells 37,5 Kg. W: 186 mm.
Hexagonal dumbbells 40 Kg. W: 200 mm.



HEXAGONAL DUMBBELLS RACK

Dimensions : Length of to ledge for dumbbells 150cm. 3 ledges in total. Total dimension: 161,5 x 55 x 85,5 cm. High resistant steel tube 50 x 50 x 1.5 mm.



WEIGHT



WRIST WEIGHTS

Set of 2 wrist weights of 500 grs each. Made of neoprene. New ergonomic design for easier movements, with finger grip system that makes it more secure to make quick movements. Velcro closing system.



ANKLE WEIGHTS

Set of 2 ankle weights of 1 kg each. Made of neoprene. New ergonomic design for easier movements. Velcro closing system.



SANDBELLS

Neoprene bags filled with sand available in different weights. The Sandbell is a mixture between a sandbag and a dumbbell with which you can perform typical dumbbell, kettlebell, medicine balls and weight exercises. Supplied with a filling of sand.

Sandbell 3 Kg.
Sandbell 6 Kg.
Sandbell 9 Kg.
Sandbell 12 Kg.

Sandbell 15 Kg.
Sandbell 18 Kg.
Sandbell 20 Kg.



ANKLE - WRIST WEIGHTS

Set of 2 units. They can be used both on the wrists and on the ankles. Made of neoprene and filled with sand. Nice touch, adjustable to all measures thanks to its velcro closing system.

Ankle-Wrist Weight 0,5 kg (pair) Yellow
Ankle-Wrist Weight 1 kg (pair) Green
Ankle-Wrist Weight 1,5 kg (pair) Red
Ankle-Wrist Weight 2 kg (pair) Blue



FLEXIBLE BAR

Strengthens bodybuilding Frequency oscillations, especially at shorter intervals, activate involuntary muscle systems. Ideal for warming up or for full body training. Made of flexible fiber with rubber counterweights at the ends. 1.5 m long



BODY BAR

Made of very resistant steel, coated with reinforced non-slip rubber. Very easy to clean. With stoppers in different colours, depending on the weight. Very useful for functional training, cardio, yoga, pilates, group exercises etc.

Dimensions: Length 123 cm. Ø: 25 mm for 2, 3, 4, 5 kg bars. Ø: 26 mm for 6 kg bars. Ø: 30 mm for 7 kg bars.

Body Bar 2 Kg.
Body Bar 3 Kg.
Body Bar 4 Kg.
Body Bar 5 Kg.
Body Bar 6 Kg.
Body Bar 7 Kg.



LARGE BODY BAR STORAGE RACK

Storage rack for body bars and sticks.



SMALL BODY BAR STORAGE RACK FOR 16 PCS

Storage rack for body bars and sticks. Stores up to 16 pieces.



FUNCTIONAL TRAINING VEST

Tactic functional vest, specially designed for a perfect body adaptation, no hindering movements. Includes four metallic shield, that get in on a safety way into the vest, and makes possible adapt the weigh to every person. Fasten with safety straps on a high quality velcro, that gives an easy and correct body adaptation, and shoulder pads to be more comfortable. One Size. Total weight with 4 shield: 16.5 kg. Empty Weight : 3.8 kg. Shield weight : 3.8 kg. This vest it's only for sporting use. Not use like a bulletproof vest.

FUNCTIONAL TRAINING VEST PRO BLACK



FUNCTIONAL TRAINING VEST PRO CAMOUFLAGE



NEOPRENE WEIGHT VEST

Ergonomic weight vests made of neoprene. It adjust perfectly to your body and are specially comfortable, as they are filled with sand. With bag for ipod, keys, mp3... Reflectant bands. One size. Fix weights of 5, 7 and 10 kg.

Neoprene Weight vest 5 Kg.

Neoprene Weight vest 7 Kg.

Neoprene Weight vest 10 Kg.



ADJUSTABLE WEIGHT VEST

Weight adjustable with soft sand bags. 550 555 Chaleco de peso 10 Kg. Ajustable.

Weight vest 10 Kg. Adjustable.

Weight vest 20 Kg. Adjustable.



WEIGHT LIFTING LEATHER BELT

Weight lifting leather belt. 3 sizes.
S: length:105 cm. width: 11 cm.
M: length:115 cm. width: 11 cm.
L: length:125 cm. width: 11 cm.



WEIGHT LIFTING NEOPRENE BELT

Material: EVA + Polyester.
Size: length: 110cm. ; width: 12 cm.
Weight lifting neoprene belt. One size. 110 x 12 cm.



DIP BELT

Dipe belt for pull ups.



WEIGHT LIFTING CROSWOOD

To stabilize the wrist in weightlifting exercises, crosstraining, etc. Velcro grip.



MAGNESIUM

Magnesium 8 blocks x 55 g.



WEIGHT LIFTING GLOVES

Weight lifting gloves S, M, L, XL.
Gloves made of padded leather.

Size S
Size M
Size L
Size XL



SUPPORT FOR MAGNESIUM

Made with high quality resistant materials. It is recommended for any activity that requires the use of magnesium as a material to prevent slippage. Commonly used for gymnasts and athletes looking for a better grip in the practice of their sport, the magnesium support has a simple and durable design. Designed to deposit and access magnesium comfortably, helping to maintain the cleanliness of the facilities.
Measurements: Base 38 Length 91.5 Diameter 31. Deep 11 cm.



TOTAL CORE

Total core for functional exercises. Olympic bar and plates.



CORE TRAINER

To perform a multitude of functional exercises, using bars and plates.

Core Trainer 50 mm.

Core Trainer 30 mm.



BALL HANDLE FOR CORE TRAINER AND TOTAL CORE

Functional accessory for the total core and core trainer. Join it to the bar and perform multiple exercises.

CORE TRAINER TOP GRADE HANDLE

Handle to suit on the end of the olympic bar, giving better grip and ergonomic for the user, and providing highest functionality during the use of core trainer – total core. Handles with 360°movement and support for plates.



TOTAL CORE HANDLES

Handle to suit on the end of the olympic bar, giving better grip and ergonomic for the user, and providing highest functionality during the use of core trainer – total core.



BLACK RUBBER STRAIGHT BAR

10 Kg.
15 Kg.
20 Kg.
25 Kg.
30 Kg.

**BLACK RUBBER CURVED BAR**

10 Kg.
15 Kg.
20 Kg.
25 Kg.
30 Kg.

**FURNITURE FOR BARS**

Furniture set for bars + 5 straight bars (1 unit / weight) + 5 curved bars (1 unit / weight).

**FURNITURE FOR BARS**

Rack made of oval tube suitable for the storage of 10 bars with weight. Bars with weight not included. Measures: 72 x 100 x 118 mm.



PUMP-SET

Composed of a Bar 130 cm + 2 spring collars+ 2 plates of 5 kg + 2 of 2.5 kg + 2 of 1.25 kg.



PUMP-SET LIGHT

Composed of a Bar 130 cm + 2 spring collars + 2 plates 2,5 kg + 2 plates 1,25 kg.



Pump-set bar.
Pump-Set Spring collars (2 units).
Pump-set plate 5 kg.
Pump-set plate 2,5 kg.
Pump-set plate 1,25 kg.
Pump-set plate 10 kg.

PUMP-SET STORAGE RACK

Storage rack for Pump-Set to store 10 full sets (plates and bars not included). Made of very resistant steel, with supports finished in plastic to protect the plates. Dimensions: 150 cm high, 66 cm wide, 68 cm deep.

PUMP-SET: 10 SETS + STORAGE RACK

Storage rack for Pump-set with 10 sets. Rack dimensions: 150 cm high, 66 cm wide, 68 cm deep.

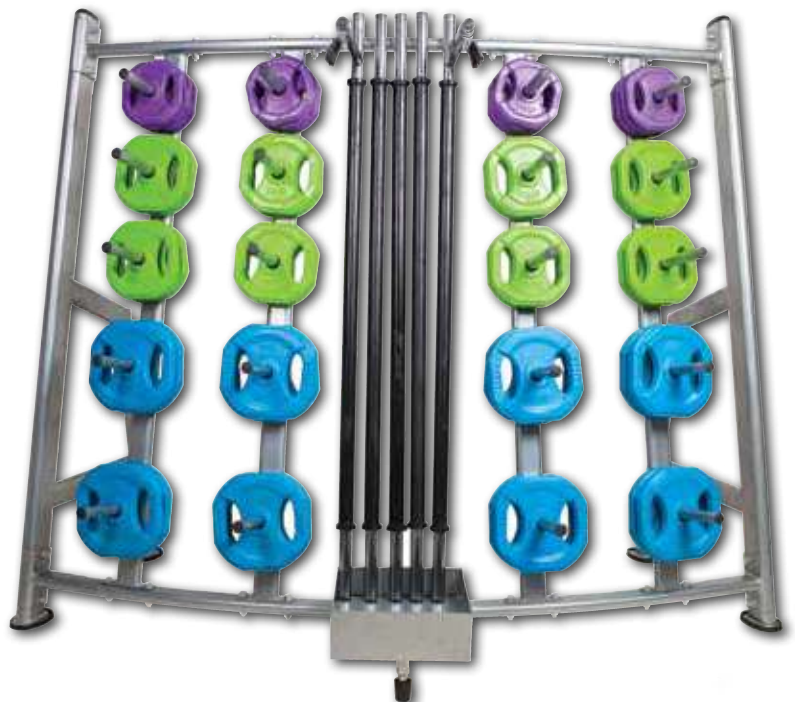


DOUBLE PUMP-SET STORAGE RACK FOR 20 SETS

Double Storage rack for Pump-set + 20 sets. Rack dimensions: 148 cm high, 180 cm wide, 90 cm deep.

PUMP-SET: 20 SETS + STORAGE RACK

Storage rack for Pump-set with 20 sets. Rack dimensions: 148 cm high, 180 cm wide, 90 cm deep.



OLIMPIC BARS WITH BEARINGS

Crossfit olimpic bar with bearings 20 kg. Diameter for handle: 28 mm. Total length: 220 cm. Handle length: 130,5 cm. Sleeve length: 41 cm.

Crossfit olimpic bar with bearings 15 kg. Diameter for handle: 25 mm. Total length: 201 cm. Handle length: 130,5 cm. Sleeve length: 32,5 cm.

Crossfit olimpic bar with bearings 10 kg. Diameter for handle: 25 mm. Total length: 168 cm. Handle length: 130,5 cm. Sleeve length: 17 cm.



OLIMPIC BARS

Olympic bar Ø 25 mm. 9 Kg. 1,52 m.

Olympic bar Ø30 mm. 20 Kg. 2,13 m.

Olympic bar Ø 25 mm. 15 Kg. 2 m. Maximum load 150 K.



FAT BAR

Fat bar made of steel and painted in black. Diameter: 50mm.



OLIMPIC BAR BICEPS AND TRICEPS

Olympic bar BICEPS and TRICEPS Ø 25 mm. 8,5 Kg. Length: 120 cm.



OLIMPIC BAR TRICEPS

Olympic bar TRICEPS Ø 25 mm. 10 Kg. Length: 86 cm. Bar grip 28 mm. For 50 mm plates.



BAR CROSS TRAINING BLACK 20 KG.

Professional bar for cross training, made of Steel 40 Cr, to obtain the highest hardness. Suitable till a 750 kg. load, with 6 needle bearings. Length: 220cm Bar Diameter : 28 mm Sides: 50 mm.



BAR CROSS TRAINING BLACK 15 KG.

Professional bar for cross training, made of Steel 40 Cr, to obtain the highest hardness. Suitable till a 500 kg. load, with 4 needle bearings. Length: 210cm Bar Diameter : 28 mm Sides: 50 mm.



SAFETY SQUAT BAR

For Olympic discs, designed in A3 steel, resistance of up to 700 pounds of weight: 350 kilos. Measurements: Total Length: 220 cm. Long Grip Bar: 162 cm. Thickness: 28mm Distance between inner grips: 380 mm.



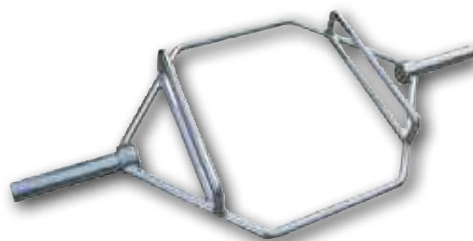
BAR DEATH LIFT

Made of high quality steel.
Length: 2150 mm. Main tube size: Ø 50,3 mm. Ø 32,2 mm.



HEX BAR

Dimensions: 180 x 54 cm diam. 28mm. Made of high resistant steel. Max. charge: 150kg



LOG BAR

Dimensions: 165 x 22 x 22cm diam. 28mm. For discs of 50 mm. Weight 35 kg. Max. charge: 300 kg. Made of steel.



SWISS BAR

Dimensions: 210 x 19 x 70cm. Weight 10 kg. Diam. 28mm. For discs of 50mm. Max. charge 300kg. Made of high resistant steel.



STANDARD CAST IRON PLATES

Classic plates made of cast iron with a 50mm hole. Basic, resistant and easy model. For weightlifting or dead weigh exercises. Weigh from 1.25 to 25 kg.

Standard cast iron plate 1,25 Kg.
Standard cast iron plate 2,50 Kg.
Standard cast iron plate 5 Kg.
Standard cast iron plate 10 Kg
Standard cast iron plate 15 Kg
Standard cast iron plate 20 Kg
Standard cast iron plate 25 Kg

weight	Ø	thickness
1.25 Kg	166 mm	10,1 mm
2.5 Kg	210 mm	12,8 mm
5 Kg	238 mm	15,2 mm
10 Kg	272 mm	35,6 mm
15 Kg	359 mm	33 mm
20 Kg	442 mm	33 mm
25 Kg	442 mm	36 mm



BLACK RUBBER OLIMPIC PLATE

Olympic rubber coated steel plate. With 3 ergonomic handles to fit comfortably at hand when changing plates.

Black rubber olympic plate 1,25 Kg.
Black rubber olympic plate 2,5 Kg.
Black rubber olympic plate 5 Kg.
Black rubber olympic plate 10 Kg.
Black rubber olympic plate 15 Kg.
Black rubber olympic plate 20 Kg.
Black rubber olympic plate 25 Kg.

size	Ø	thickness
1.25 Kg	170	21.6
2.5 Kg	210	28.75
5 Kg	315	29.5
10 Kg	355	37.5
15 Kg	390	45
20 Kg	425	48
25 Kg	430	52



Ø hole 5 cm.

ABS COLLARS FOR BARS

Professional ABS collars for bars.



HOOK FOR OLYMPIC BARS



OLYMPIC COLLAR



BLACK RUBBER PUMPER PLATE

Official Crossfit-competition weight plates. Made of solid rubber with a metal supporting ring.

Black Rubber Bumper Plate 5 Kg.
Black Rubber Bumper Plate 10 Kg.
Black Rubber Bumper Plate 15 Kg.

Black Rubber Bumper Plate 20 Kg.
Black Rubber Bumper Plate 25 Kg.



5KG: 45 x 2.5 cm.
10KG: 45 x 4.5 cm.
15KG: 45 x 6.5 cm.
20KG: 45 x 8.2 cm.
25KG: 45 x 10.5 cm.

FARMER'S WALK HANDLE

Made of steel. Painted in black. Special handles for better grip. 50mm diameter. Length: 147,8 cm. Set of 2 units.



MINI FARMER WALK HANDLES. PAR.

Made of high quality steel. Top Load : 100 kg x 2. Longer Load:, 40 cm. Handles 32mm.



BALANCE STRAPS

Straps for weight disk bearing over the bar. Many ways for training, creating new challenges.

Can be used like yoke for strong man, but with lower price and easy Store. The straps provide an unstable work, training so much muscles. Adjustable to different heights, with easily adaptation to every users.



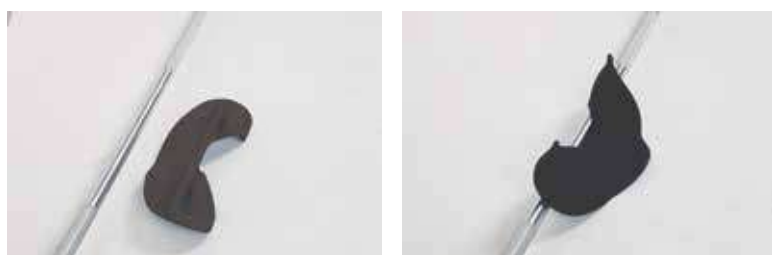
BAR COMFORT PROTECTOR

Made of soft and mild material, that give extra protection for the neck, to avoid damages and injuries. For bars with 28-30 mm central diameter.

Bar comfort protector black.
Bar comfort protector orange..
Bar comfort protector fucsia.
Bar comfort protector purple.
Bar comfort protector blue.



NECK BAR PROTECTOR



PADDED BAR PROTECTOR

Padded bar protector.



PRO BAR PROTECTOR

Pro bar protector, very comfortable with special neck cavity. Avoid injuries and discomfort of the bar. Measures: 46 cm, diameter 10 cm. Manufactured in Foam NBR.



BARS TO PLATES ADAPTER

Adaptor for plates of 50mm. You can use bars of 28mm or 30 mm thickness using these adaptors. Adaptor plates 23 cm. Adaptor plates 32 cm.



SILICONE BAR GRIP

Convert your bars into thick bars. Muscular increasement. Made of nonslip and very resistant material.

Diameter interior: 26.5 mm. Diameter exterior: 56 mm. Width: 125 mm.

Diameter interior: 25 mm. Diameter exterior: 48 mm. Width: 100 mm.



WALL RACK FOR OLYMPIC BARS

Save space in you studio! Made of high resistant steel, with holders made of plastic to not damage the bars.



9 BAR HOLDER

Suitable to support 9 bars of different sizes. Made of oven-painted steel with epoxy paint. Very resistant and stable. It has protectors in the holes so as not to damage the bars. Measures: 45.7 x 45.7 x 22 cm. Weight: 20.5 kg.



HORIZONTAL PLATE HOLDER

With incorporated wheels for easier handling. Dimensions: 109 x 39 x 35 cm Max. charge 220 kg. Weight 20 kg. Made of steel.



OLYMPIC BAR HOLDER

Floor rack for olimpic bars. Base for 11 olimpic bars of diam 50mm. Dimensions 77 x 63 x 18 cm. Made of steel.



PLATE HOLDER

90 cm. High, 40 cm. width.



PLATE HOLDER PLUS

Measures: 78.6 cm x 153.8 cm x 60 cm.



VERTICAL PLATE HOLDER

With incorporated wheels for easier handling. Dimensions: 59 x 59 x 105 cm, weight 6.5kg max. charge 160 kg.



WOOD JERK BOXES. SET OF 2

Wooden boxes for weightlifting workouts.

4 blocks on each side with height of 6, 15, 30 and 30 cm. Combining them you can get 14 different heights of 6 cm, 15 cm, 21 cm, 30 cm, 36 cm, 39 cm, 45 cm, 51 cm, 54 cm, 60 cm, 69 cm, 75 cm, 84 cm and 90 cm.



MINI DEADLIFT JACK

Support made of steel. Change the plates in a comfortable and simple way.



ADJUSTABLE JERK BOXES

Made of high strength steel to withstand a demanding daily job with the work of bars and bumpers. Adjustable in a range of 90 to 115 cm, they have a rubber surface that has the function of reducing the sound impact as well as minimizing the rebound of the plates. The surface measures are 98 x 95 cm, and the structure is prepared to withstand weights of up to 800 kg. The open structure allows better frontal visual control of the exercises by third parties. Price of the pair. Measures: 98 x 95 x 90-115. Adjustable from 90 to 115 cm.



WEIGHTLIFTING PLATFORM FRAME 3 X 2 M. X 4 CM.

Platform frame for weightlifting. Sides in technical rubber 4cm thickness to soften the blow. Thanks to the damping that gives the rubber, the plate's length it's so much higher. Central part made of wood. Rubber ground included.



PLATFORM FRAME DEAD WEIGHT 2 X 1,5 M. X 4 CM.

Platform for dead weight with a steel frame.

Base made of technical rubber 4 cm thickness, to soften the blow. Thanks to the damping that gives the rubber, the plate's length it's so much higher. Rubber ground included.



BOXING



MMA FUNCTIONAL BOXING BAG

Bag for hit and multiple grab, special for MMA trainings. With handles on the top that let work the knee hits, and numbered to mark the hit in different high levels. Size: 140 x 35 cm; Weight: 45 kg.



PORTABLE STAND FOR BOXING BAG

Portable stand for boxing bag, made of steel and painted with matt black epoxy paint. 216 cm high x 121 cm wide x 135 cm deep.



BOXING GLOVES

GLOVES. Gloves made of high quality synthetic leather. Very comfortable design and Velcro closure. Great durability. One size.



PUNCHING MITTS

Bag Mitts. Made of high quality synthetic leather. With shock absorbing foam padding. Comfortable and ventilated with perforations. One size.



BOXING CURVED MITTEN

Warped Mitten. Made of high quality synthetic leather. Light. With shock absorbing foam padding. It fits perfectly in the hand. Velcro closure and hand protection. 25x20x5,5cm



BOXING PAO KICK

Made of high quality synthetic leather. With shock absorbing foam padding. Great strength and durability handles. 42 x 20 x 10 cm.



MMA MITTS

Bag Mitts MMA. Made of high quality synthetic leather. With shock absorbing foam padding. Comfortable and ventilated with perforations. For MMA, Kung-fu, etc .One size



BOXING HAND WRAPS - SET OF 2

Bandages. Made of 100% cotton. Good ventilation. Nylon Velcro. For preventing injuries. 2.5 x 5 cm.



PUNCH BAG WITH BASE

Bag with sand or water fillable base. High quality synthetic leather cover. Base made of PE rotomolded in one piece. Great resistance and durability. Best for fist and leg training. Total Measure: 68 x 180 cm. Sack: 38 x 140.



BOXING BAG 100 X 32 CM.

Made of high quality synthetic leather. Non slip. Filled in high density. Includes chains. 25 kg.



550 025 SACO UPPERCUT 90 X 32 CM. UPPERCUT BAG 90 X 32 CM

Made of high quality synthetic leather. Non slip. Filled with shock absorbing foam padding. Includes chains. 25 Kg.



PUNCHING BALL

For exercising the speed, precision and coordination. Made of high quality synthetic leather. Fill with latex inflatable bladder.



SPEEDBALL

Develop speed and direction. Made of high quality synthetic leather. Filled with a latex camera. 24 x 70 cm.



SPEEDBALL BRACKET

Steel structure and wooden board. Support bearing steel. For exercising the speed in boxing. Diameter 60 x 3 cm.



MULTI FUNCTION BOXING STATION

Made in high resistance steel.

4 station for:

- bag*
- pear*
- punching ball*
- uppercut bag*

** only includes structure*



PUNCH BAG BRACKET

Made in high resistance steel. Fixing on the wall. Dimensions: 90 x 50 cm.



FUNCTIONAL STRUCTURES

CROSS TRAINING RACK 2

429,3 x 194,4 x 42,9 cm.



CROSS TRAINING RACK 1

195 x 48 x 312,2 cm.



OLYMPIC FLAT BENCH

The Olympic Flat Bench is an Olympic flat press bench that allows you to get the most out of your chest training and offers great quality and durability. *Measure: 1330 × 1600 × 1760 mm. Weight: 130 Kg.*



OLYMPIC INCLINE BENCH

The bench has an angle of 30° to emphasize the upper pectorals. The adjustable seat allows you to adjust the position of the exercise. Standard weight storage keeps weight discs very close; it is the perfect storage solution. The thick padded backrest offers great comfort and support while helping to stabilize the user during lifting. Perfect for barbell and dumbbell work. With a fully adjustable seat and 2 individual bar positions, it is suitable for beginner and experienced gym users. *Measure: 1500 × 1600 × 1950 mm. Weight: 138 Kg.*



UTILITY BENCH

The angle of the back is 85°, which improves the comfort and stability of the upper movements. Integrated foot brackets increase stability. The integrated wheels facilitate movement around the facilities. Measure: 1460 × 800 × 1030 mm. Weight: 30 Kg.



FLAT BENCH

The bench has a 3-point contact to improve leveling. Integrated pedals for greater user stability. The integrated wheels facilitate movement around the facilities. Measure: 1430 × 800 × 400 mm. Weight: 35 Kg.



SEATED PREACHED CURL

Excellent for insulating and pointing at the biceps, this bench has been forged in heavy-grade steel to support commercial use. The upholstery wrapped in premium leather to withstand continued use. It comes with adjustable seats that allow users to aim at bicep muscles from different heights. Measure: 1460 × 800 × 1030 mm. Weight: 30 Kg.



MULTI HYPER EXTENSION

Hyper extension bench to perform multiple bench exercises. The bench with eight height positions to adapt to the user's height. Choose the right height for your own training needs. Padded hand grips support additional balance and control during exercises. The integrated wheels facilitate movement around the facilities. You can use dumbbells or discs for more intense workouts. Measure: 1430 × 800 × 400 mm. Weight: 35 Kg.



WEIGHT BENCH CHIN UP RACK

Multifunctional bench , high resistance. Total weight : 43 kg. Height: 199 cm. Width : 190cm



TRAP BENCH

Trapezoidal functional bench with internal storage. Made of steel With adjustable backrest at 0, 25, 45, 60 and 75 degrees. With different departments to accommodate different material: 6 pairs of dumbbells of 2, 4, 6, 8, 10 and 12 KG, 2 Kettlebells, 1 medicine ball, elastic, Battle rope, etc ... With support to fix elastics and ropes. . Size 135 x 52 x 53 cm. Weight 73 Kg.



FUNCTIONAL BENCH

Made of steel. Dimensions of the bed 115x24x7cm filling of dense EPE. Total dimensions 119 x 49 x 58 cm. weight 16 kg.



ADJUSTABLE FUNCTIONAL BENCH

Made of steel. Dimensions of the bed 128x38x7cm filling of dense EPE. Total dimensions 188 x 60 x 52 cm . adjustable from 20° to 85°, weight 37 kg.



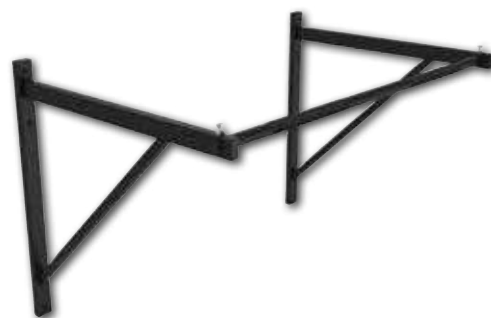
PULL UP RACK MULTI GRIP

Pull up bar. Made of very resistant steel. To fix on the wall and perform push-ups or to turn into a work station hanging suspension elements. Total dimensions: 127 x 55 x 50 cm. Dimensions Inner tubes: 50 x 50 x 2 mm; 32 x 2 mm.



PULL UP RACK

Chin up rack, made of high resistant steel. Dimensions: 78 x 78x120cm, includes screws for wall fixing.



CAGE SQUAT RACK

The CAGE SQUAT RACK is a support for the realization of bodybuilding exercises, mainly weight exercises performed with bars and weights. It combines its robustness with a modern design, and allows additionally performing multiple exercises such as squats, chest press, etc... Essential in many training routines. Measure: 164,4 x 128,8 x 172,2 cm.



CAGE SQUAT RACK

The CAGE SQUAT RACK is a support for the realization of bodybuilding exercises, mainly weight exercises performed with bars and weights. It combines its robustness with a modern design, and allows additionally performing multiple exercises such as squats, chest press, etc... Essential in many training routines. Measure: 170,2 x 147,5 x 211 cm.



WALL SQUAT RACK

Squat folding wall rack, the best option for gyms garage, and centers where you have to save space. Very stable, with security systems. Measures unfolded: 178 high x 82 long x 120 wide. Measures folded: 235 high x 23 long x 120 wide.



ADJUSTABLE SQUAT RACK

Made of steel tube 70 x 50 x 2.0 mm with union bar between both columns to adjust the separation and provide higher stability. Height adjustable from 113 to 170 cm. Horizontal adjustment from 70 to 120 cm. Dimensions 140 x 74cm. Weight 30 kg.



SQUAT RACK

Made of steel tube 50 x 50 x 1.5mm. height adjustable from 107 to 183 cm. Dimensions 53 x 59 cm. Weight 19 kg.



DOMINADAS SQUAT RACK

Dimensions: large: 180 cm width: 184cm height: 246 cm. Tube diam. 70 x 50 x 2 mm. 60 x 60 x 2 mm. Includes spotter arma, cup ets etc.



COMPETITION 3X3 CAGE 2

The 3x3 Competition Cage is a Power Rack built to adapt to all the demands of the most engaged training and crosstraining centers both semi-professional and professional.

This functional structure is made of high strength steel to withstand high weight and a high level of intensity in the execution of the exercises. In addition, it saves space, since a variety of exercises can be carried out in the same cage.

To ensure stability, it is recommended that the load does not exceed 300 kg. It

is compatible with all the accessories of our crosstraining structures. It is

probably the most resistant and customizable power rack in the world.

Includes structure, J-cups, pullup bars, disc holders and security system. It can be anchored to the ground.

Measures 120 x 245 x 120 cm.



POWER RACK

It allows you to perform a wide variety of weight lifting exercises and adapts to the height of any user, thanks to the adjustable positions. Its structure, made of high strength steel, optimizes the grip making the movements safe and effective.

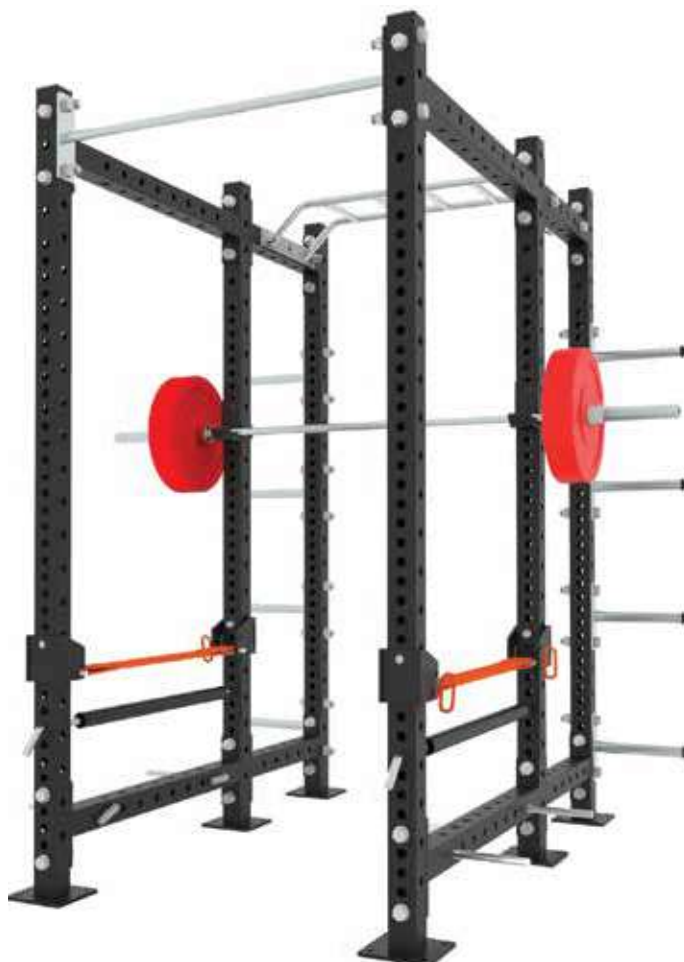
This structure can be complemented with a wide range of accessories to achieve full and effective strength training. You can also make more advanced use of the structure, using the supports to limit the range of motion, and not only as a safety measure.

Measures: 148 cm x 122 cm x 211 cm. Steel tube: 50 mm x 50 mm x 2 mm.



COMPETITION 3X3 CAGE 3

Measures 245 x 120 x 192 cm.



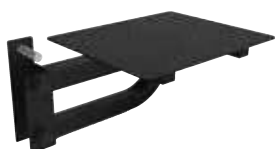
FUNCTIONAL CAGE L

Modular multifunctional structure. Four-sided perforated columns that allow height adjustment of the accessories to be attached. The base of the columns is especially wide to provide the structure with greater stability. It has a monkey's crossbar to perform transition exercises between bars, as well as additional rails on both sides for the realization of pull up exercises, suspension, etc. It includes rack for bumpers, medicine balls, kettlebells and dumbbells. Small equipment is not included. Dimensions: 670 x 180 x 270 cm.



CUSTOMIZE YOUR CAGE WITH ACCESORIES

Step-up platform



Dip Horn



Flying Pull-up



Pegs bar



Landmine



Spotter arms



Boxing bar



Wall bar target columna



Wall bar doble columna



Ball grip colgante



FUNCTIONAL CAGE M

Dimensions: 370 x 180 x 270 cm.



FUNCTIONAL CAGE S

Dimensions: 250 x 180 x 270 cm.



FUNCTIONAL STRUCTURES



120 x 120 x 275 cm.
120 x 180 x 275 cm.



120 x 112 x 275 cm.
120 x 172 x 275 cm.



120 x 120 x 275 cm.
120 x 180 x 275 cm.



120 x 112 x 275 cm.
120 x 172 x 275 cm.



292 x 120 x 275 cm.
292 x 180 x 275 cm.



292 x 112 x 275 cm.
292 x 172 x 275 cm.



292 x 120 x 275 cm.
292 x 180 x 275 cm.



292 x 112 x 275 cm.
292 x 172 x 275 cm.



405 x 120 x 275 cm.
405 x 180 x 275 cm.



405 x 112 x 275 cm.
405 x 172 x 275 cm.



405 x 120 x 275 cm.
405 x 180 x 275 cm.



405 x 112 x 275 cm.
405 x 172 x 275 cm.



577 x 120 x 275 cm.
577 x 180 x 275 cm.



577 x 112 x 275 cm.
577 x 172 x 275 cm.



577 x 120 x 275 cm.
577 x 180 x 275 cm.



577 x 112 x 275 cm.
577 x 172 x 275 cm.



690 x 120 x 275 cm.
690 x 180 x 275 cm.



690 x 112 x 275 cm.
690 x 172 x 275 cm.



690 x 120 x 275 cm.
690 x 180 x 275 cm.



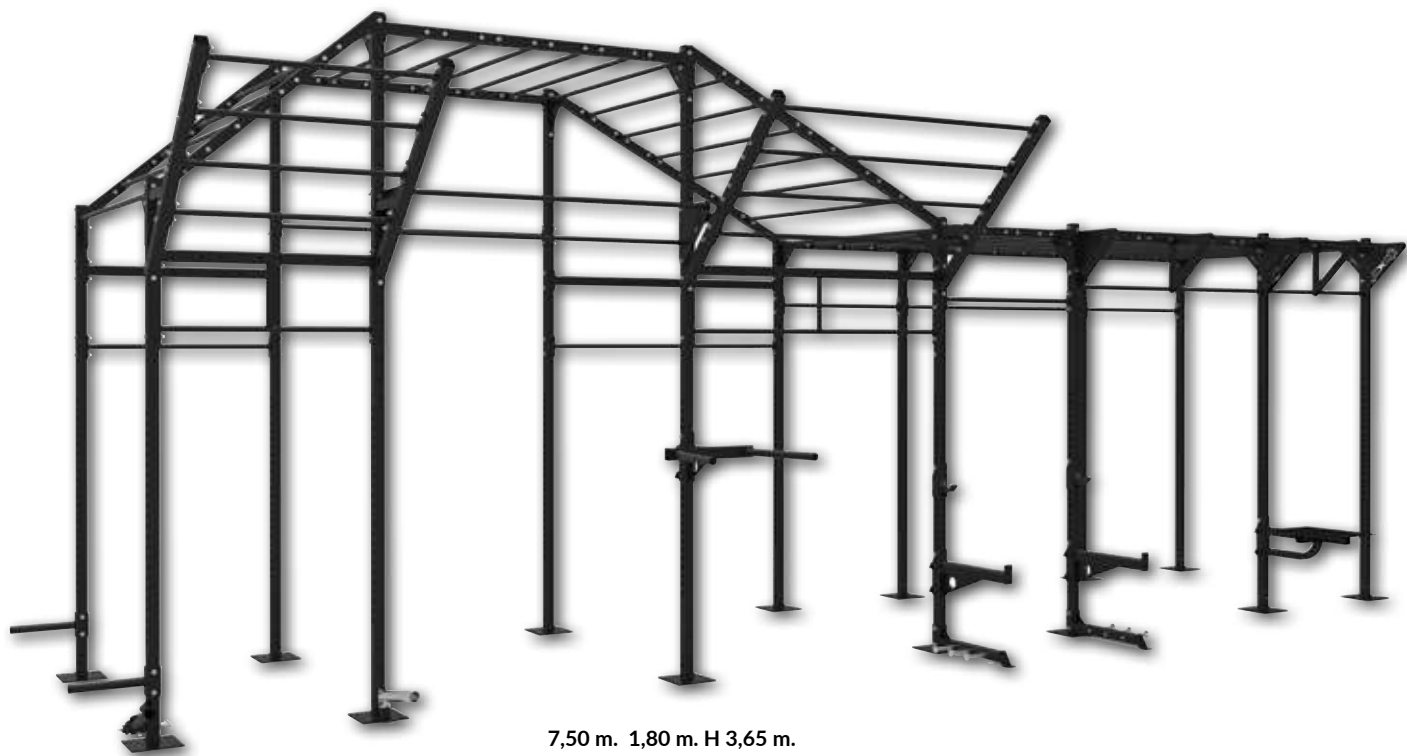
690 x 112 x 275 cm.
690 x 172 x 275 cm.



1.147 x 390 x 365 cm.



1.147 x 277 x 363 cm.



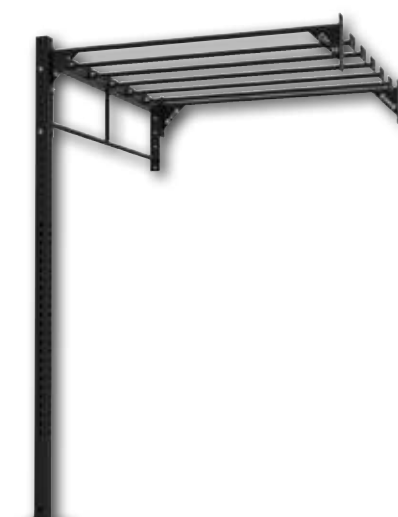
7,50 m. 1,80 m. H 3,65 m.



H 2,75 m. 1,80 m. 1,72 m.



H 2,75 m. 1,80 m. 1,12 m.



H 2,75 m. 1,72 m. 1,12 m.



H 2,75 m. 1,12 m. 1,12 m.



H 2,75 m. 1,80. 1,20 m.



H 2,75 m. 1,80. 1,80 m.



H 2,75 m. 2,92m. 1,80 m.



H 2,75 m. 4,05m. 1,80 m.

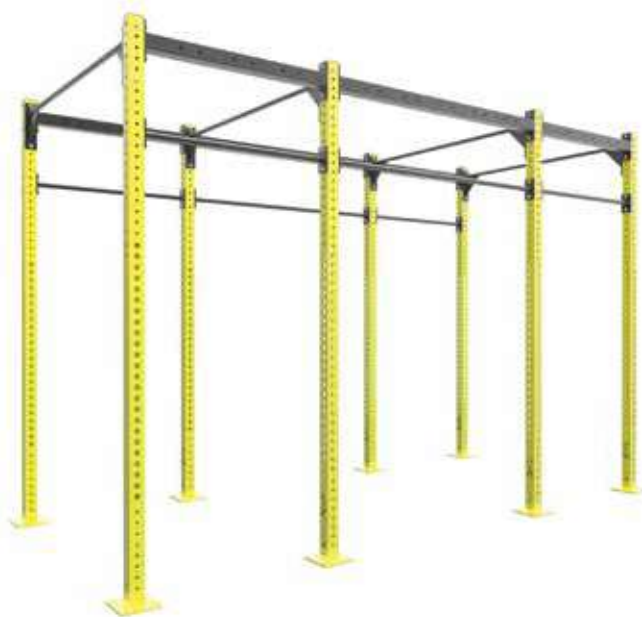


H 3,65 m. 4,05m. 1,20 m.



H 3,65 m. 4,05m. 1,80 m.

CUSTOMIZE YOUR RACK



ACCESSORIES TO CUSTOMIZE YOUR STRUCTURE



Cross Bar Double 1,65 m.



Cross Bar Double 1,05 m.



Muscle-Up Bar 1,05 m.



Muscle-Up Bar 1,65 m.



Muscle-Up Bar - Monkeys 1,05 m.



Muscle-Up Bar - Monkeys 1,65 m.



Cross Bar Double - Monkeys 1,05 m.



Cross Bar Double - Monkeys 1,65 m.



Monkey Bar 1,05 m.



Monkey Bar 1,65 m.



Pull-Up Bar 1,65 m.



Bar rings



Post 9 ft upright. 2,70 m.



Post 12 ft upright. 3,60 m.



4 ft Cross Bar Monkeys. 1,05 m.



6 ft Cross Bar Monkeys. 1,65 m.



Flying Cross Bar. 1,05 m.



Flying Cross Bar. 1,65 m.



Extension column
91,4 cm.



Extension column 182 cm.

FLYING PULL-UP STAIR 1,82 M.



FLYING PULL-UP STAIR 1,21 M.



STEP-UP PLATFORM



DIP HORN



HANGER FUNCTIONAL STRUCTURES



SPOTTER ARMS



J-CUPS SET



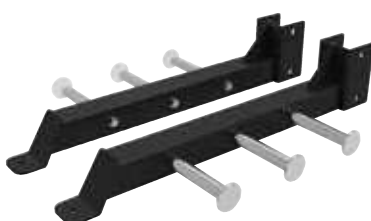
BAND HOOK



STRUCTURE PLATE SUPPORT



PEGS BAR



CORE TRAINER - HOLDER



LANDMINE



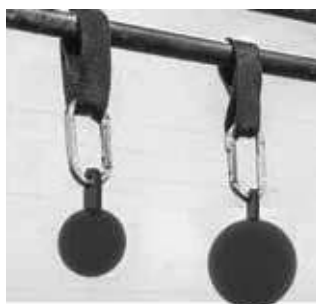
WALL BALL



BALL GRIP Ø 75 MM.



BALL GRIP Ø 130 MM.



GRIP ROPES STRUCTURES



FIXED BALL GRIP Ø 75 MM.



**SUPPORT STRUCTURE
BARS**



BOXING BAR



**WALL BALL TARGET
COLUMN**



**WALL BALL DOUBLE
COLUMN**



**CORNER REDUCTOR 180
120 CM.**



HORIZONTAL PLATE HOLDER 180 CM.



DOUBLE MUSCLE UP BAR 300 CM.



DOUBLE MUSCLE UP BAR 600 CM.



DOUBLE MUSCLE BAR 180 CM.



HORIZONTAL MEDICINE BALL HOLDER



HORIZONTAL KETTLEBELL HOLDER



HORIZONTAL DUMBBELL HOLDER



RESISTANCE ROLLER FOR BATTLING ROPES

Resistance cylinder for functional structures. Link the rope along the axes to create resistance. The more it turns, the greater is the resistance. It can be used with normal rope or loop rope.



LOOP ROPE 38 MM. 5M.

Rope for strength training.



GHD PROFESIONAL

Glute Ham Developer. Integral tool for the stabilization of the midline and the strengthening of the hamstrings and buttocks. Dimensions 177 x 90 x 105 cm. total weight 64 kg.



GHD TOP GRADE

Professional GHD. Fully adjustable to the individual requirements. Sizes: 1789 x 1082 x 1045 cm. Main tube: 50 x 70 x 3 cm.



WALL STRUCTURE ROPES - ELASTICS

Wall structure with loops , functional ropes , elastics..etc, for strenght work. Using the loop rope , increase your resistance, depending on the position and placing to the rope between the differents steps. As more Steps reach the rope , higher resistance you will find. It can be used also like a normal functional rope , but with no continue movement.



SISSY SQUAT BENCH

Very useful tool for the development of the quadriceps and glutes. Develop the strength of the legs with this support for squats. The stand is fully adjustable and it is designed to keep your legs vertical while you perform standing squats. The built-in cushion has extra padding for comfort. Measures: 102 x 42 cm adjustable height.



HIP THRUSTER

Hip Thruster is the perfect tool for hip thrusts workouts and the best glute development exercise. With side hooks to attach resistance bands Superbands Elastubes. Made of high strength steel, with handle and wheels for easy transport.



CURVED PULL BAR WITH GRIP 90 CM.



CURVED PULL BAR WITH GRIP 122 CM.



LONG PULL BAR 120 CM.



PULL BAR SHORT 90 CM.



TRICEPS WAVE BAR WITH GRIP 72 CM.



TRICEPS WAVE BAR WITH GRIP 60 CM.



NARROW DUAL PULL GRIP



WIDE DUAL PULL GRIP



TRICEPS STRAIGHT GRIP 59 CM.



TRICEPS STRAIGHT GRIP 50 CM.



RACK

H 127 cm.
Diameter: 22 cm.



TRICEPS V-GRIP



SINGLE HAND GRIP



PULL GYM ROPE-SINGLE GRIP



PULL GYM ROPE-CYLINDER GRIP



PULL GYM ROPE-ROUND GRIP



AB ANKLE STRAPS

Used as support to hang your legs in a horizontal position. Exercise abdominal muscles.



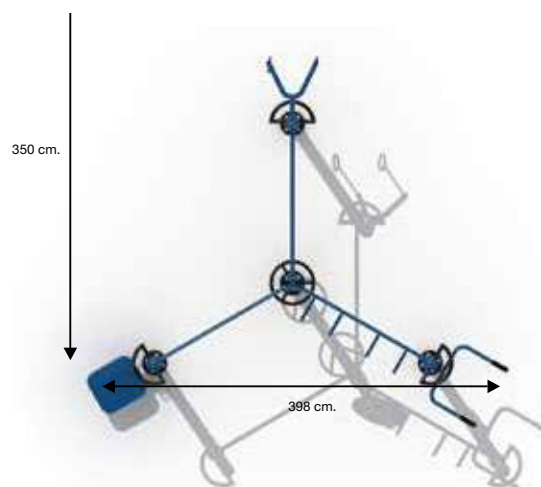
ANKLE FASTENING STRAP PRO

Pro Ankle Support Straps designed to ensure strength, stability and durability in your workouts. Improve mobility and endurance during workouts of the lower body. Ideal for toning thighs, hamstrings and buttocks. Perfect closure for safe use. Measures: 10x30 cm. Set 2 units of 10 x 30 cm.



OUTDOOR FUNCTIONAL TRAINING SET 1

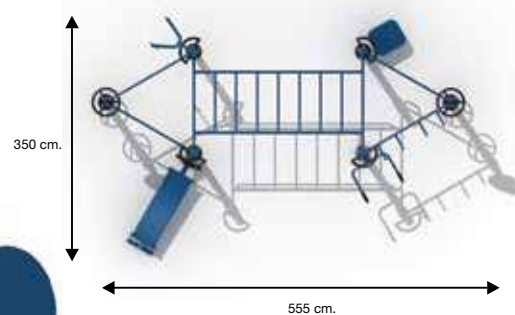
Modular structures for Street Workout. Manufactured in galvanized steel and coated with epoxy paint. Suitable for outdoor use.
Medidas 398 x 350 x 324 cm.



398 x 350 x 324 cm.

OUTDOOR FUNCTIONAL TRAINING SET 2

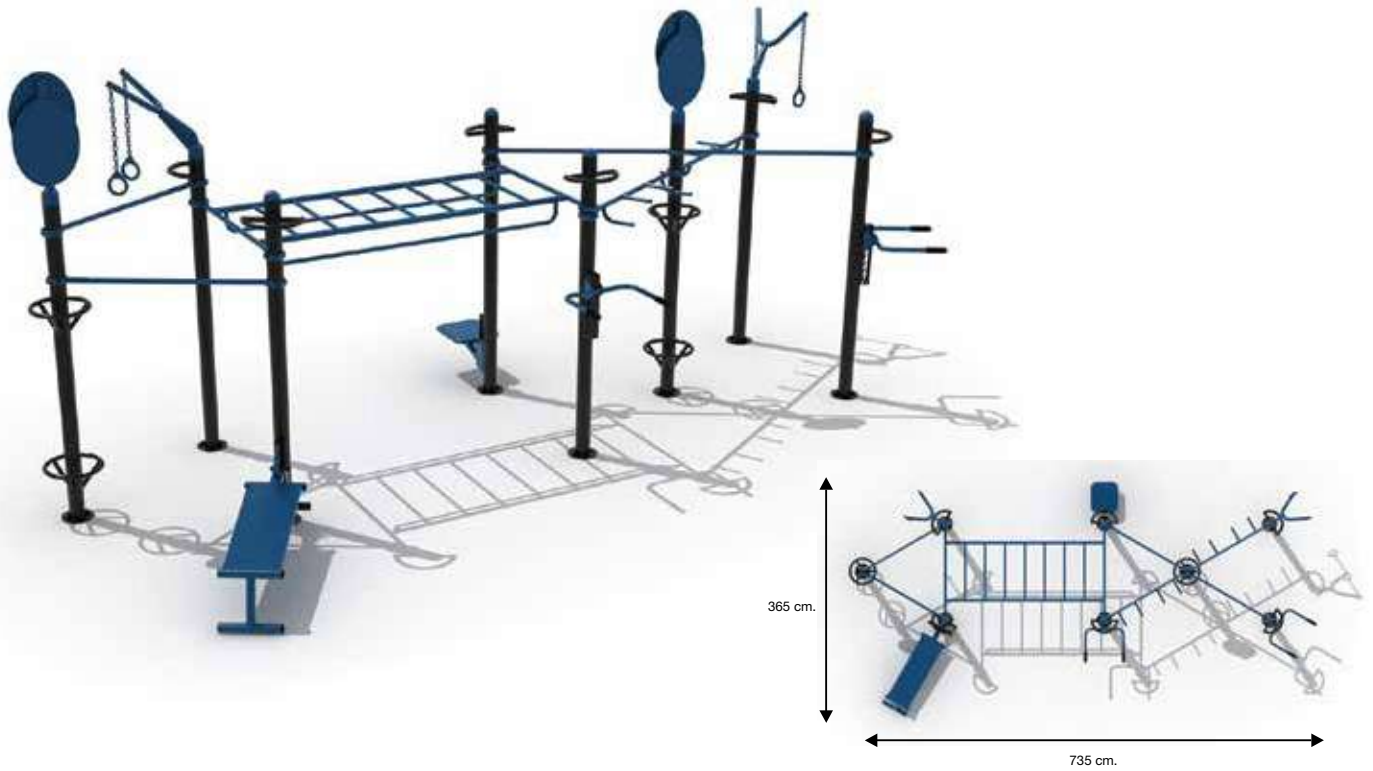
555 x 350 x 324 cm.



555 cm.

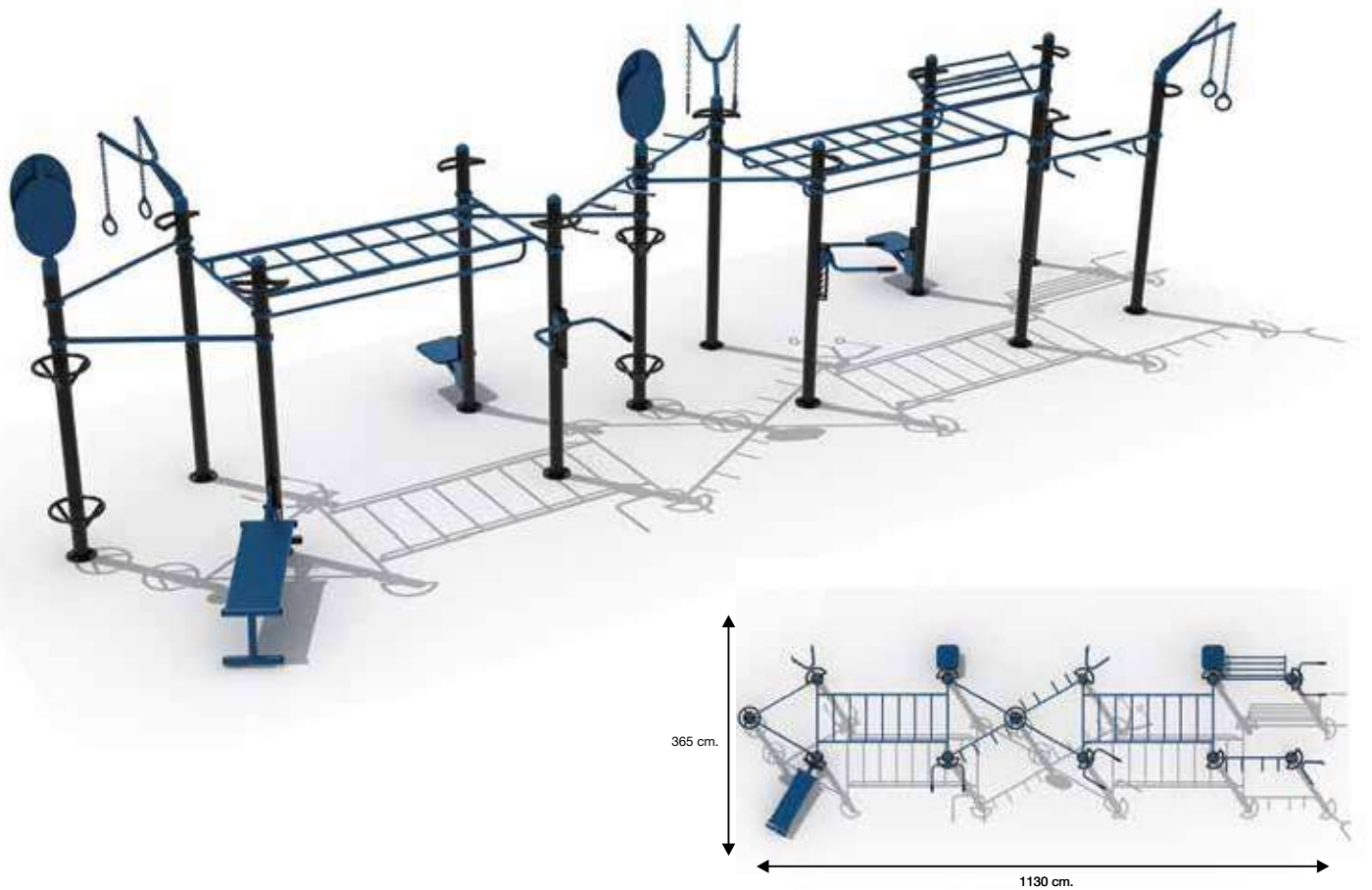
OUTDOOR FUNCTIONAL TRAINING SET 3

735 x 365 x 324 cm.



OUTDOOR FUNCTIONAL TRAINING SET 4

1130 x 365 x 324 cm.



STREET WORKOUT RACK



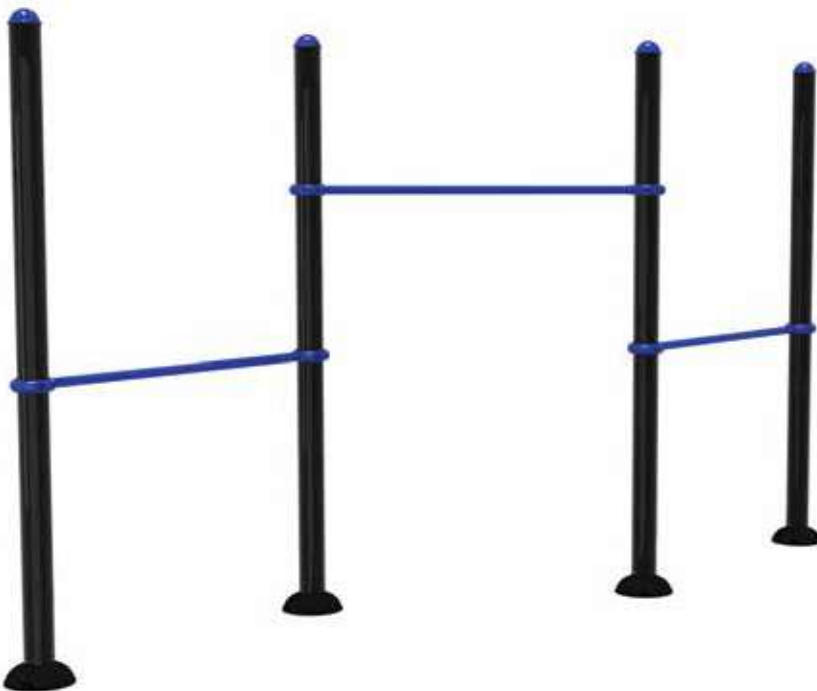
Street Workout Rack 1.



Street Workout Rack 2.



Street Workout Rack 3.



Street Workout Rack 4.



Street Workout Rack 5.



Street Workout Rack 6.



Street Workout Rack 7.



Street Workout Rack 8.



Street Workout Rack 9.



Street Workout Rack 10.

COLUMN

Measures: 2450 x 114 x 3 mm.



COLUMN WALL BALL

Measures: 3220 x 432 x 3 mm.



COLUMN RINGS

Measures: 2964 x 695 x 3 mm.



COLUMNA BENCH

Measures: 2450 x 1687 x 3 mm.



COLUMN DIP HORN

Measures: 2450 x 703 x 3 mm.



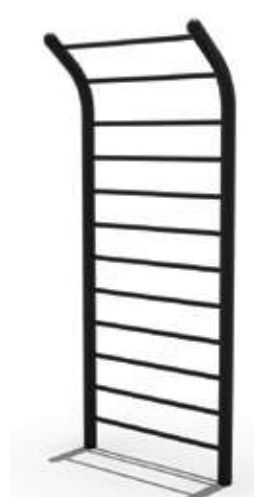
COLUMN PLATAFORM

Measures: 2450 x 708 x 3 mm.



WALL BARS OUTDOOR

Measures: 2800 x 1300 x 3 mm.



BARS

Measures: 1656 x 454 x 3 mm.



SINGLE BAR

Measures: 1656 x 156 x 3 mm.



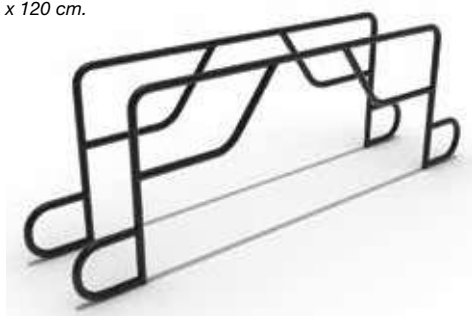
FLY UP

Measures: 2656 x 1656 x 3 mm.



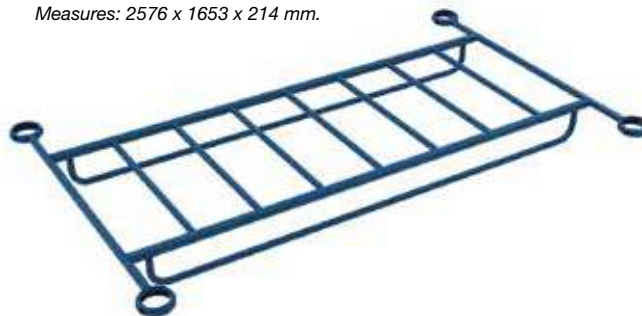
OUTDOOR PARALLEL BARS

Measures: 380 x 65 x 120 cm.



MONKEY BARS

Measures: 2576 x 1653 x 214 mm.



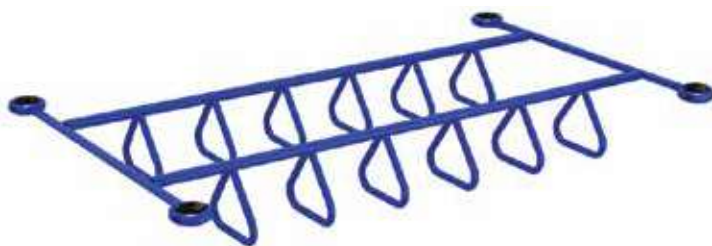
DOUBLE BAR SPECIAL SUPPORTS

Measures: 2656 x 328 x 3 mm.



MONKEY BAR HOOK SPECIAL

Measures: 1656 x 2656 x 3 mm.



METALLIC WALLBAR

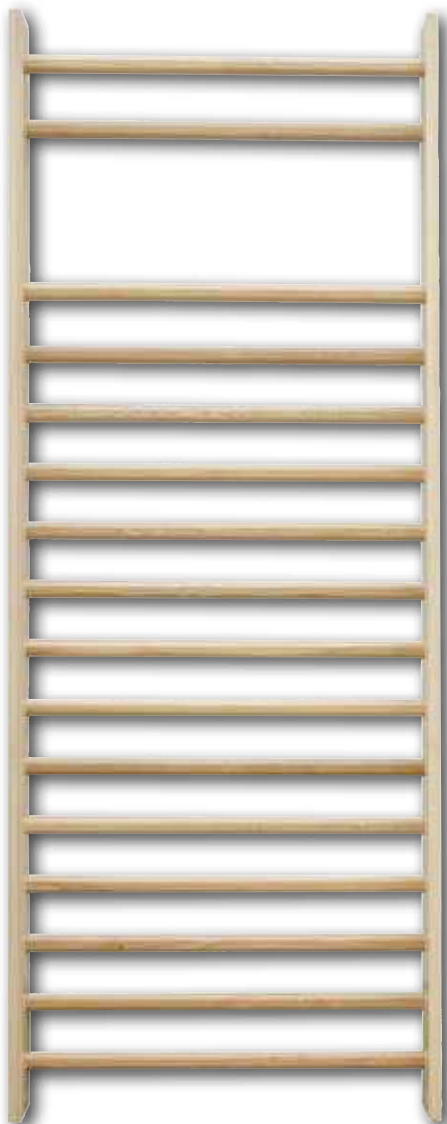
Metallic wallbar. Bars coated with rubber for improving the grip. Measures 2.6 x 1 m. 18 bars. Anchors included. In accordance with Norm EN12346.



SIMPLE WALL BAR

Made in high quality beech tree wood.

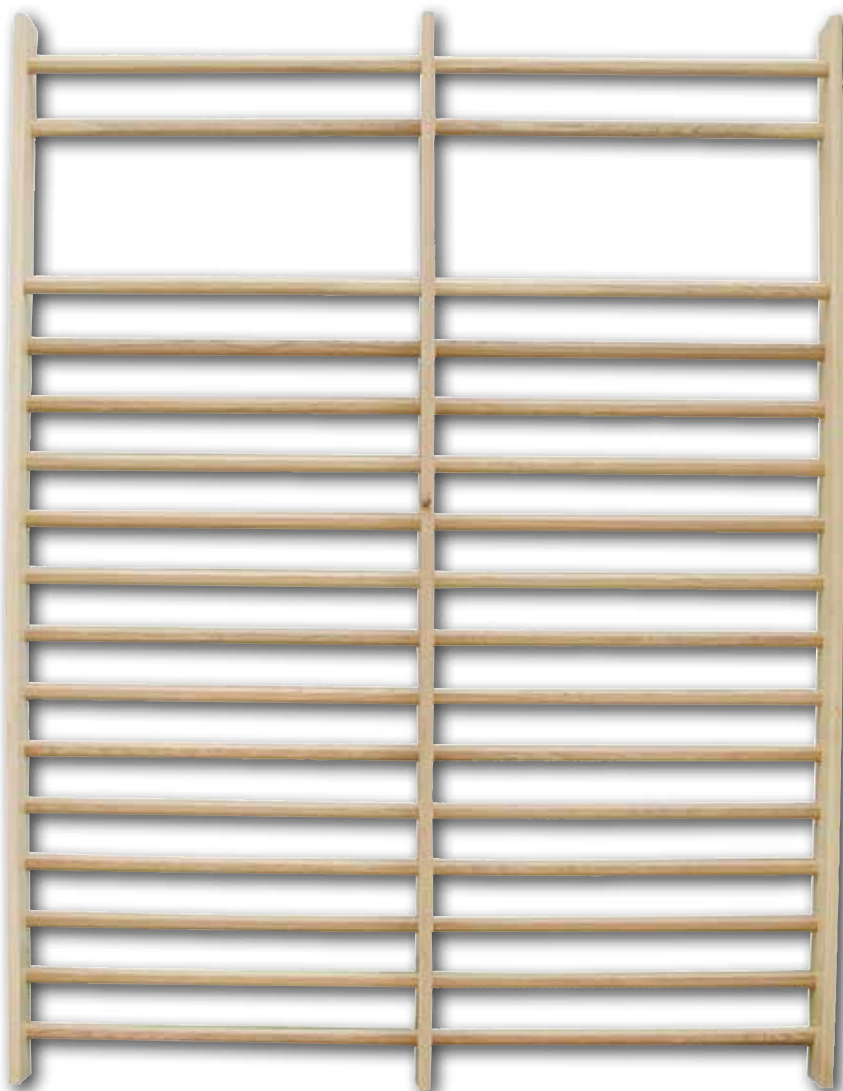
Crossbeams 13 cm. depth x 33 mm. thickness, with rounded edges. Oval bars as the normative required. The wood is treated with a non toxic varnish in natural colour. Measure: 2,6 m x 1 m. 16 bars. According with the form EN12346.



DOUBLE WALL BAR

Double Wall bar.

Made in high quality beech tree wood. Crossbeams 13 cm. depth x 33 mm. thickness, with rounded edges. Oval bars as the normative required. The wood is treated with a non toxic varnish in natural colour. Measure: 2,6 m x 2 m. 16 bars. According with the form EN12346.



PEG BOARD

Climbing boards made of laminated wood used as part of crosstraining workouts. Working out with the Peg Board can result in great strength and endurance benefits for the back, biceps and the scapular muscles. Different board sizes available. Board thickness: 3,8 cm. Includes 2 pegs. Screws included too. It can be mounted vertically or horizontally.

Peg board 2 x 4 holes. Size: 245 x 270 mm. Thinckness: 38 mm.

Peg board 2 x 5 holes. Size: 245 x 720 mm. Thinckness: 38 mm.

Peg board 2 x 6 holes. Size: 245 x 870 mm. Thinckness: 38 mm.

Peg board 2 x 7 holes. Size: 245 x 710 mm. Thinckness: 38 mm.

Peg board 2 x 13 holes. Size: 300 x 1800 mm. Thinckness: 38 mm.



GYMNASTIC BENCH

Made in high quality Beech tree Wood. Length: 2000 - 3000 mm, width: 220 mm. thickness: 35mm. Legs with rubber base. High: 260 mm. base: 320 mm. thickness : 40 mm. With a down bar of 1800 mm. long x 100 wide x 35 mm thickness. The wood is thrated with a non toxic varnish in natural colour. Round corners 2mm. ratio.

Gymnastic bench 2 m.

Gymnastic bench 3 m.



REHABILITATION AND MASSAGE



DOUBLE BALL MASSAGER

Manual massager with double ball and ergonomically design. It make it possible focus on the concrete area, to obtain a deep massage. Measures: 17*11*5(CM), Weight 180 grs. Made of PP.



BALL MASSAGER

Manual Ball Massager, with ergonomic shape that makes possible doing a deep massage. Measures : 23.5 x 7.5 x 5.5 cm. Weight: 120 grs. Made of PP.



MASSAGE ROLLER

For relaxing muscles and recover balance. Any muscle of the body. Even self massage. Suitable for athletes, trainers, physiotherapist.

small, length 34 cm.
medium, length 41 cm.
large, lenght: 48 cm.



MASSAGE BELT

Special belt for self-massage in different parts of the body. Includes two soft handles and six revolving central balls. Length: 92 cm. Weight : 390 grs.

Lilac Massage Belt
Yellow Massage Belt



MASSAGE WHEEL 2 IN 1

Double rotating massage ball. Can be used like a massage tool, and it can be used to perform exercises to strengthen the abdomen, back, chest, arms and shoulders. The wheels on each side move together for greater safety and ground control.

MASSAGE ROLLER

Made of rigid plastic and non-slip wheels. Polypropylene and Thermoplastic rubber. Measures: 9 x 21 cm. Made of hard materials, ideal for recovery.



EVA ROLLER

Made of EVA material. High resistance and low deformability. Non-skid texture for better grip and comfort.

EVA roller 90 cm. Blue.

EVA roller 90 cm. Grey.

EVA roller 90 cm. Purple.

EVA half roller 90 cm. Blue.

EVA roller 30 cm. Blue.

EVA half roller 30 cm. Blue.



ROLLER PILATES LUXURY

Cylinder pilates leather recovered, Luxury. Length: 92 cm. Diameter: 15 cm.
Made of EVA foam cover of leather.



ROLLER PILATES INFLATABLE

Inflatable pilates roller. Length: 84 cm. Diameter: 15 cm. Made of PVC with cover. Adjustable hardness.



BLACK CYLINDER PILATES

Black cylinder pilates. Made of EPP. Length: 90 cm. Diameter: 15 cm.



BLACK ROLLER PILATES

Foam-coated roller with a special density that gives athletes deep and precise massages before and after physical exercise.

It serves as a recovery tool or as part of your training routine, is able to relieve more intense muscle pain. Sweat resistant

3 IN 1 MASSAGE ROLLER

Three levels of relief from muscle tension and stress.

- 3 in 1 Includes a High Density Foam Roller, Massage Foam Roller and Massage stick
- Perfect for Yoga, Pilates, Trigger Point Massage
- Rollers are Nested in each other for Compact and Easy Storage
- Perfect for Myofascial Release, Trigger Point & IT band Massage, Etc.



BALANCE - THERAPY DOME

Domes for therapy and physical rehabilitation, for upper and lower body's part. Excellents for balance and coordination develop. Include spikes, to stimulate the blood flow and circulatory system. Give the possibility to do many exercises, also for pilates and functional training. It's recommended for kids, to help with motor skill development, in a funny way. Measures : 16 x 8.5 cm. Weight: 300 grs
Highly resistant, made of one piece and inflatable.



AB MAT

With ergonomic shape favors the lumbar support, protecting the back during abdominal exercises. Measures: 37 x 30 x 5 cm.



WEDGE BALANCE CUSHION

Wedge balance cushion. Lumbar support. It helps improve backbone posture. In-flatable, adjustable to the desired comfort. Made of technorubber. 36x36x6.5cm



NECK AND LUMBAR PILLOW

Thermoplastic neck and lumbar pillow.



INFLATABLE LUMBAR CUSHION

With ergonomic shape favors the lumbar support, protecting the back during abdominal exercises. Measures: 37 x 30 x 5 cm.



TWIN BALL

Made of PU. Hard but with soft surface. Nonslip and keep its shape. Suitable for backbone, leg and neck massage.

Twin Ball 12 cm.

Twin Ball Mini 8 cm.



FINGER EXPANDER

Set of 3 exercisers to rehabilitation and strengthening for the fingers. 3 different resistance levels: Yellow - Light. Green - Medium. Blue - Strong. Made of TPR Material.



P.U. REHABILITATION PEANUT

Rehabilitation peanut. Blue "Soft".

Rehabilitation peanut. Red "Regular".

Rehabilitation peanut. Green "Strong".



STICKS

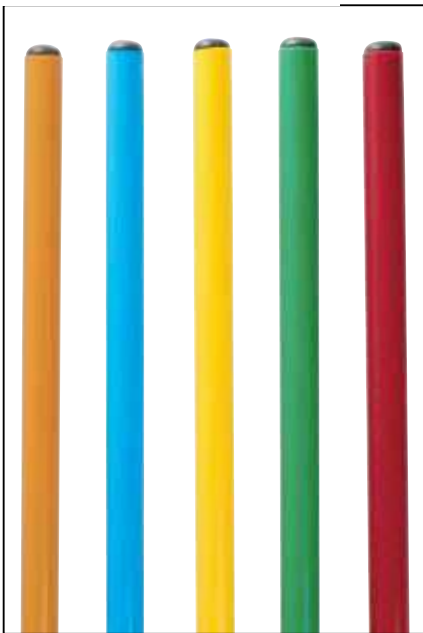
Stick 35 cm.

Stick 70 cm.

Stick 100 cm.

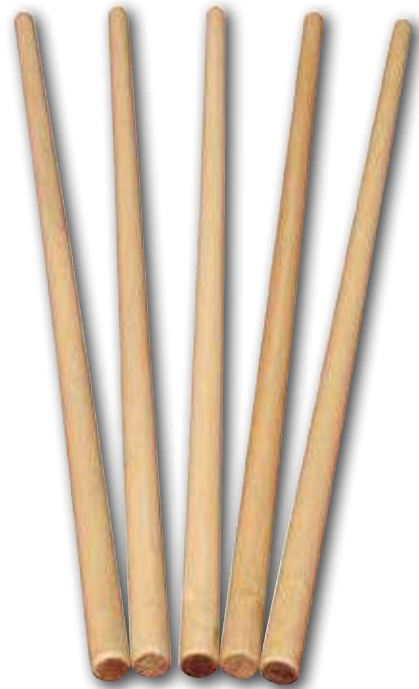
Stick 120 cm.

Stick 160 cm.



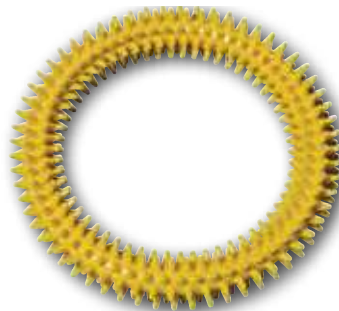
WOOD STICKS

Waxing wood stick. Length: 120cm. Ø 30mm.



SENSORIAL HOOP HEDGEHOG

Sensorial hoop hedgehog Ø 160 mm.



FOREARM EXERCISER

Adjustable resistance. Made of rigid plastic. Spring wire diameter 2 mm spring.



FLEXIBLE ROLLS

Flexible roll. Light

Flexible roll. Medium

Flexible roll. Strong



ADJUSTABLE SQUAT STAND

Perform one-leg exercises effectively and comfortably with the adjustable bulgar squat support. Single leg exercises are very effective in developing the quadriceps, hamstrings and buttocks. In addition, they improve balance, flexibility, coordination and speed for running and other sports activities.



RUSSIAN BELT

Russian belt. Tight muscle.



STRETCHING BELT

Designed to perform muscle stretching and progressively work on the flexibility. With different positions, play with tension and progress in stretching.



ADJUSTABLE INCLINED RANGE

To support the feet in exercises with Russian belt. 3 levels.



SOLID BALL MASAJE

Made of PU. Hard but with soft surface. Non slip and keep its shape. Suitable for massaging specific areas of the body.

Solid Ball Massage 130.

Solid Ball Massage 95.

Solid Ball Massage 70.

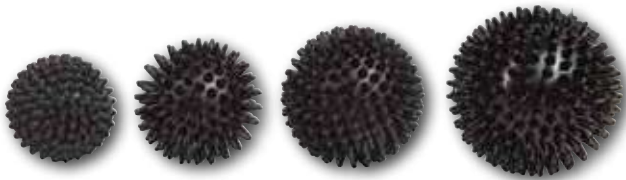
Solid Ball Massage 50.



SPIKE BALL

Very useful for myofascial self-massage and in any area of the body. It increases blood flow and stimulates mechanoreceptors. Promotes the release of endorphins. Essential for the re-education of posture and body awareness. Relaxes the muscles and releases tension through its application in specific points (the smallest size allows more precision in the application point).

Lightweight, non-deformable and waterproof.

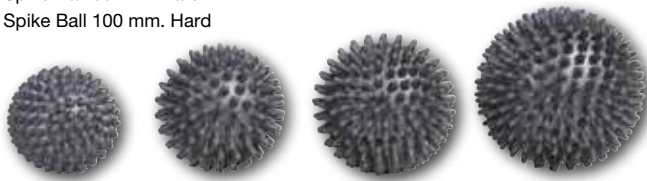


Spike Ball 65 mm. Hard

Spike Ball 75 mm. Hard

Spike Ball 85 mm. Hard

Spike Ball 100 mm. Hard

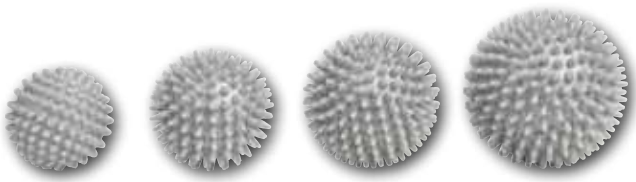


Spike Ball 65 mm. Medium

Spike Ball 75 mm. Medium

Spike Ball 85 mm. Medium

Spike Ball 100 mm. Medium



Spike Ball 65 mm. Soft

Spike Ball 75 mm. Soft

Spike Ball 85 mm. Soft

Spike Ball 100 mm. Soft



FOAMED PVC BALLS

Foamed PVC ball Ø 55 mm. soft.
Foamed PVC ball Ø 40 mm. soft.



P.U. ANTI-STRESS

Ball Ø 60 mm.
Ball Ø 70 mm.



ANTI-STRESS BALL "GELL BALL"

Diameter 55 mm.



PLAIN RUBBER-FOAM BALL Ø 50 MM.



FOAM BALLS

Ball Ø 210 mm. Weight: 270 gr.
Ball Ø 190 mm. Weight: 225 gr.
Ball Ø 160 mm. Weight: 120 gr.
Ball Ø 130 mm. Weight: 70 gr.
Ball Ø 95 mm. Weight: 30 gr.
Ball Ø 70 mm. Weight: 15 gr.



GOLF RUBBER-FOAM BALL Ø 45 MM.



LIGHT FOAM BALLS

Light Foam ball Ø 210 mm. Weight 229 g.
Light Foam ball Ø 190 mm. Weight 189 g.
Light Foam ball Ø 160 mm. Weight 102 g.



LIGHT COATED FOAM BALLS

Light Coated Foam ball Ø 210 mm.
Light Coated Foam ball Ø 190 mm.
Light Coated Foam ball Ø 160 mm.



COATED FOAM BALLS

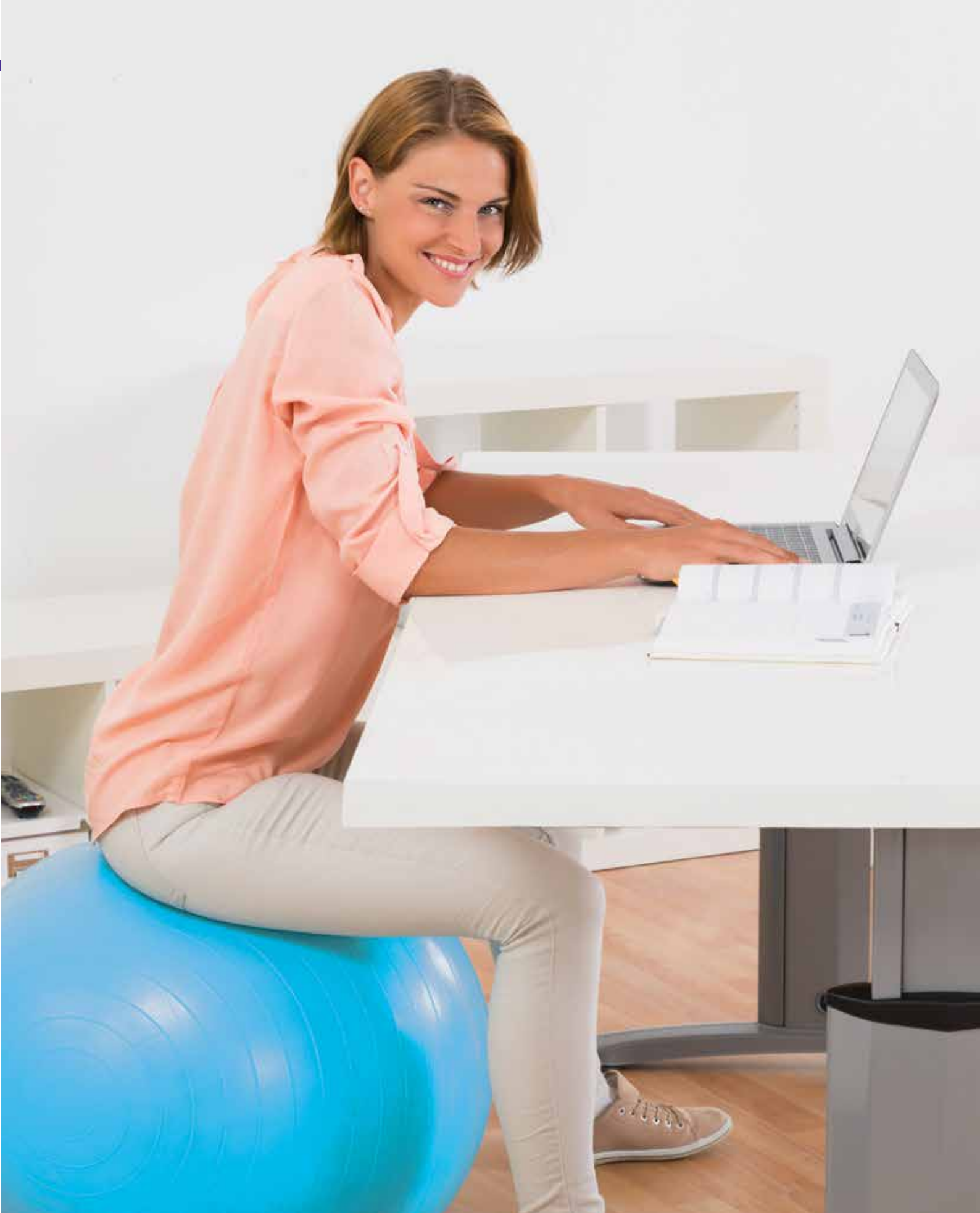
Foam ball Ø 210 mm. Weight: 304 gr.
Foam ball Ø 190 mm. Weight: 255 gr.
Foam ball Ø 160 mm. Weight: 136 gr.



COATED FOAM BALLS

Coated foam ball Ø 130 mm. Weight: 80 gr.
Coated foam ball Ø 95 mm. Weight: 35 gr.
Coated foam ball Ø 70 mm. Weight: 19 gr.





OFFICE FITNESS

Recent studies revealed the importance of avoiding a sedentary lifestyle to reduce the risk of diseases such as obesity, heart problems, diabetes, back pain, poor blood circulation, etc.

Other studies also showed that even if exercise is done after work, sitting for long periods of time can produce a very negative effect on our body. Simply by standing up at work for short intervals or doing gentle physical activity, we can manage to activate our muscles and metabolism and the benefit to our body will be evident after a short period of time.

Besides, it is shown that this change of habits can improve productivity.

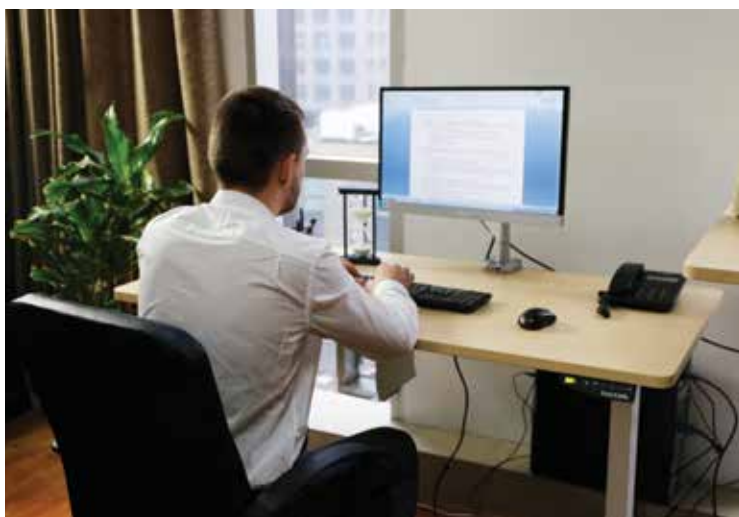
We developed a new product line to try to improve health as much as possible at workplace.

We have developed a new product line to try to improve as far as possible health at workplace.

We have also developed products to improve postural alignment of the spine and straighten back muscles when sitting.

LIFTING TABLE 1600 X 800 X 25 MM.

Adjustable height with 2 engines and 4 positions for a higher resistance.



COMPACT WALKING TREADMILL

Wireless speed switch. No Installation required

Speed from 0,8 to 8 km/h. Motor power with peak value of 5.0 HP

68 x 142 x 25,5 cm.



BALL CHAIR

Size: 81 x 60 x 58 cm. Includes removable back rest.

Oval antiburst ball, more comfortable. 150 Kg. Weight capacity.



FITNESS BALL PRO

PRO Fitness balls are the most technologically advanced fitness balls on the market. Highly resistant to abrasion and maximum elasticity, they provide greater durability and extra safety for users.

It is the ball chosen by the professionals of Fitness and Pilates, Functional Training and rehabilitation.

They support more than 1000 kg (laboratory tests). Material of amorphous molecular system, so in the hypothetical case of puncture, it slowly deflates. Manufactured with eco-friendly materials in accordance with European safety, health and environmental regulations. 100% recyclable. Blue, Gray, Graphite, Green and Fuchsia colors.

Fitness Ball 55 cm.

Fitness Ball 65 cm.

Fitness Ball 75 cm.



BASE FOR BALLS

Base for balls Ø 45, 55, 65, 75, 85 cm.

Suitable for placing elastic bands and cordes.



SIT-STAND DESKTOP WORKSTATION

890 x 580 mm.

Height adjustable : 15 to 50 cm .

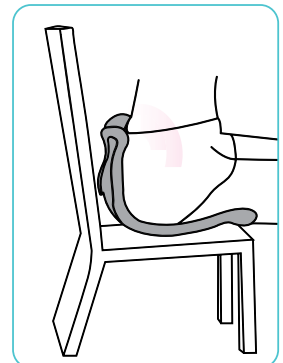


POSTURAL CORRECTIVE SEAT

The postural corrective seat that allows you to improve your body position and relieve back pain.

It is used on all types of seats at home, in the office or in the car.

Stimulation of the back muscles. Maximum comfort. Various colors.



CORRECTOR POSTURAL

It helps decrease back tension and improves posture. Made of flexible and durable material. Designed for people who are sitting for many hours.

Size M 30-40

Size L 35-45



BODY SHAPER

Reduce back strain and improves posture. Made of flexible and durable material. Special for standing work. One size

100 X 100 X 2 CM. KARATE - TAEKWONDO

Tri-layer. Outer layers in blue and red, of great resistance. Inner layer of material prepared for better cushioning. With anti-slip surface. Density 90 kg/m³. 1 m x 1 m x 20 mm. Outer layers.



TATAMI 100 X 100 X 4 CM. JUDO

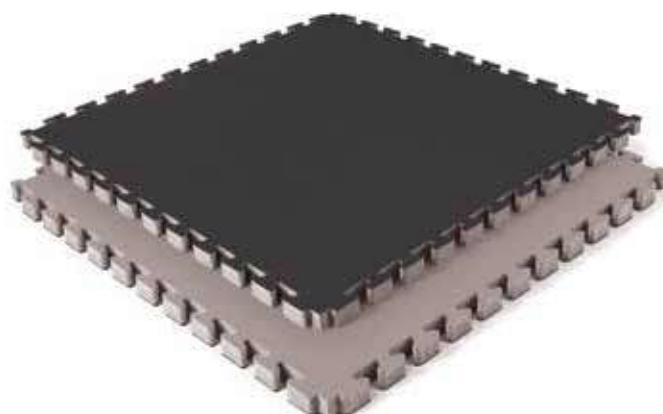
Trilayer. High resistance outer layers in blue and red. Inner layer designed for a superior cushioning. Non-slip surface. Density: 100 kg/m³. 1m x 1m x 40 mm.



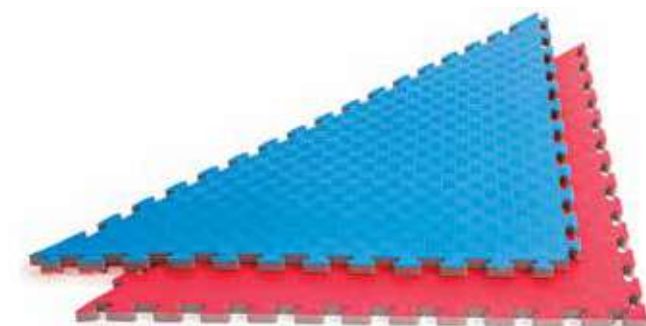
TATAMI 100 X 100 X 2 CM. KARATE - TAEKWONDO



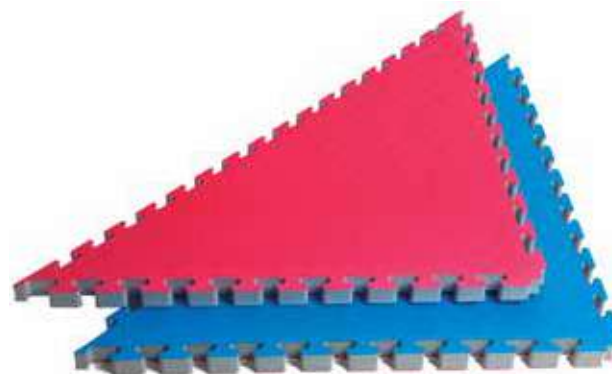
TATAMI 100 X 100 X 4 CM. JUDO



TATAMI TRIANGULAR 2 CM. KARATE - TAEKWONDO



TATAMI TRIANGULAR 4 CM. JUDO



TATAMI ROLL 300 X 150 X 4 CM.

Made of high density PE and super resistant vinyl cover. Includes a band to store it rolled.

Tatami Roll 300 x 150 x 4 cm.

Tatami Roll 600 x 150 x 4 cm.



RUBBER GROUNDS

The rubber grounds are the solution for the playground areas and other kind of places, that need an impact absorption system. Our rubber grounds carry out with the EN-1177:1997 normative of critical impact height fall determination.

Rubber tile 50 x 50 x 2 cm. Available also in grey.

Rubber corner 50 x 50 cm.



Rubber tile 50 x 50 x 4 cm.

Rubber side 50 x 50 cm.



VENTILATOR

Large portable professional fan, especially for sports centers. It allows to create an air flow over 20 meters. Silent and low consumption. Ideal to air large spaces. Feel the fresh air everywhere.

Big Fan is a fantastic solution to control the temperature and move the air in your gym. Big Fan is a 2 meter high fan that helps you aerate your training space, creating a refreshing air flow that allows you to lower the temperature to 10°C and reduce odor concentrations over a distance of more than 20 meters.

Practical: Easy to move, easy to use

The Big Fan is designed to be a tool for working in your gym, and therefore it is eminently practical: Its dimensions are adapted to standard interior doors and its 4 rubber wheels, suitable for interior and exterior, allow you to move it in every moment to the place you prefer, helping you with the handles on both sides to facilitate the maneuver.

The fan is delivered pre-assembled, and its start-up is as simple as plugging its power cable (7.5 m) into a standard power supply. From that moment on, the user can control the fan speed, choosing the air flow power that he wants to use at each moment. A silent and efficient device

Big Fan is also interesting from the economic point of view, because at maximum speed the direct transmission motor without gears uses a power of 0.40 kW. Also, the characteristics of the engine and the design of the device, make this silent enough not to interfere in conversations, background music, and other acoustic signals typical of sports centers.

Resistant and customizable

Designed so that it can be handled in the most complicated environments, its steel structure makes it one of the most resistant fans on the market. Water resistant, it can be used with rain and on wet days, as well as cleaned with water.

Given its dimensions and design, the Big fan is a striking piece. Therefore we offer the possibility to customize your colors on demand.

Characteristics and dimensions.

- Measures: 2190 mm x 2000 mm x 740 mm
- Weight: 213 kg
- Decibels: 43dBA at full power
- Power: 0.40 KW
- Waterproof



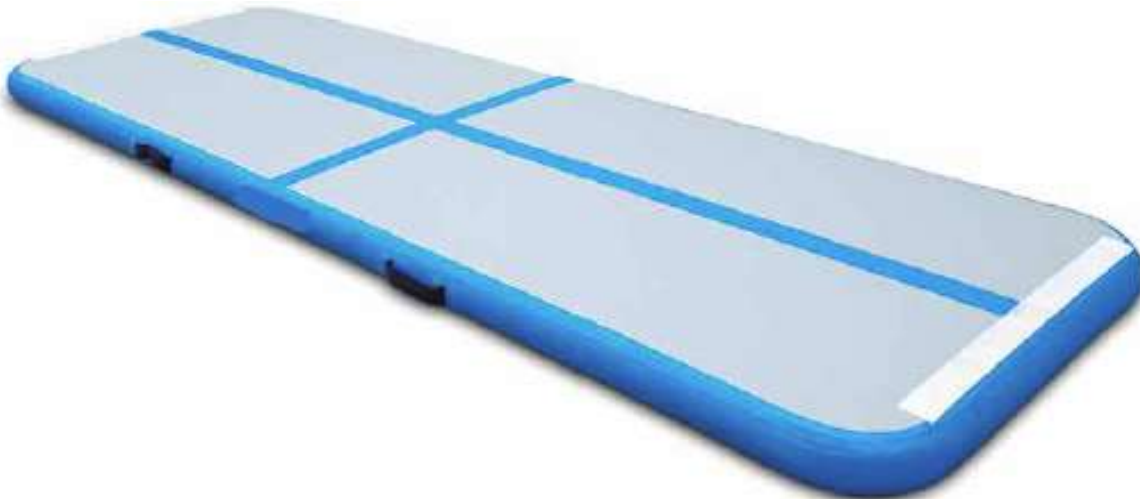
AIR MATS

Air mats designed to be used as acrobatic airstrips and inflatable mats for both beginners and advanced athletes. Without seams, the different pieces go thermo welded, offering superior resistance.

- Adjustable hardness with a pressure regulator for inside air.
- It's possible to join some mats with the side velcros .
- High resilience rebound.
- Handles in both sides, to ease the transport.
- Includes an electric pump for a quick and easy inflation.
- Includes a bag for a nice storage and transport.
- Includes repair kit.



AIR MAT 3 x 1 x 0.1 m.
 AIR MAT 3 x 2 x 0.2 m.
 AIR MAT 6 x 2 x 0.2 m.
 AIR MAT 8 x 2 x 0.2 m.
 AIR MAT 10 x 2 x 0.2 m.
 AIR MAT 12 x 2 x 0.2 m.



MAT

Cover made of high resistant PVC. Fire proof B1/M2. Double sewed gymnastic mat with reinforcements in corners. Handles for transporting. Very resistant material. Contains zip for changing inside foam . Contains grilles for decompression.



PRODUCT	DENSITY
Mat 200 x 100 x 5 cm.	25 Kg / m3
Mat 200 x 100 x 5 cm.	30 Kg / m3
Mat 200 x 100 x 5 cm.	80 Kg / m3
Mat 200 x 100 x 10 cm.	20 Kg / m3
Mat 200 x 100 x 10 cm.	25 Kg / m3
Mat 200 x 100 x 10 cm.	30 Kg / m3
Mat 200 x 100 x 20 cm.	20 Kg / m3
Mat 200 x 100 x 20 cm.	25 Kg / m3
Mat 200 x 150 x 5 cm.	25 Kg / m3
Mat 200 x 150 x 5 cm.	30 Kg / m3
Mat 200 x 150 x 5 cm.	80 Kg / m3
Mat 200 x 150 x 10 cm.	20 Kg / m3
Mat 200 x 150 x 10 cm.	25 Kg / m3
Mat 200 x 150 x 10 cm.	30 Kg / m3
Mat 200 x 150 x 20 cm.	20 Kg / m3
Mat 200 x 150 x 20 cm.	25 Kg / m3
Mat 200 x 150 x 20 cm.	30 Kg / m3

PRODUCT
Cover for mat 200 x 100 x 5 cm.
Cover for mat 200 x 100 x 10 cm.
Cover for mat 200 x 100 x 20 cm.
Cover for mat 200 x 150 x 5 cm.
Cover for mat 200 x 150 x 10 cm.
Cover for mat 200 x 150 x 20 cm.

GYMNASTIC MATS

Double sewed gymnastic mats with reinforcements in corners and handles for the transport. Very resistant material. Contains grilles for descompression and zip for changing inside. Possible folded in two pieces.



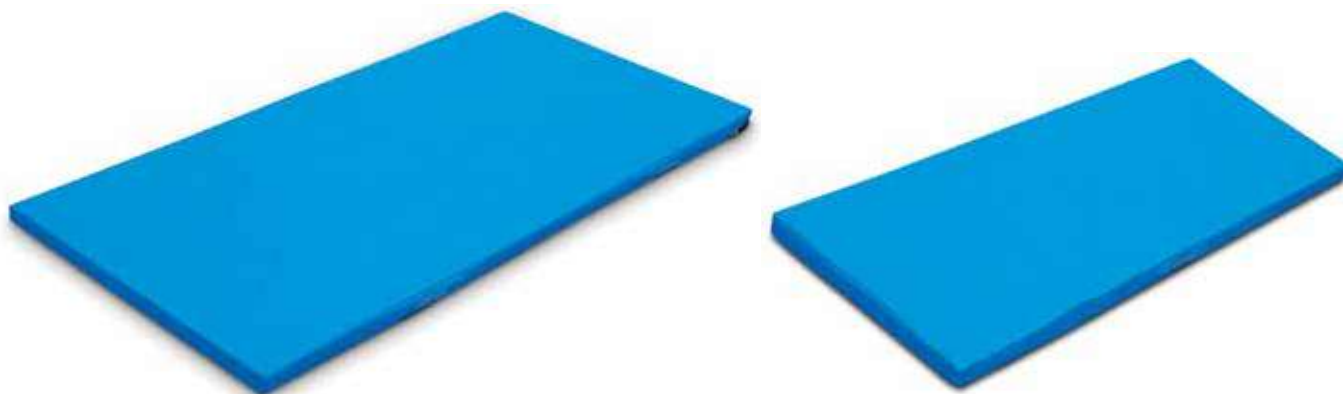
PRODUCT	DENSITY
Gimnastic mat 300 x 200 x 20 cm.	20 Kg / m3
Gimnastic mat 300 x 200 x 20 cm.	25 Kg / m3
Gimnastic mat 300 x 200 x 30 cm.	20 Kg / m3
Gimnastic mat 300 x 200 x 30 cm.	25 Kg / m3
Gimnastic mat 300 x 200 x 40 cm.	20 Kg / m3
Gimnastic mat 300 x 200 x 40 cm.	25 Kg / m3
Gimnastic mat 300 x 200 x 50 cm.	20 Kg / m3
Cover for gymnastic mat 300 x 200 x 20 cm.	
Cover for gymnastic mat 300 x 200 x 30 cm.	
Cover for gymnastic mat 300 x 200 x 40 cm.	
Cover for gymnastic mat 300 x 200 x 50 cm.	
Foldable gymnastic mat in 2 pieces 300 x 200 x 20 cm.	20 Kg / m3
Foldable gymnastic mat in 2 pieces 300 x 200 x 20 cm.	25 Kg / m3
Foldable gymnastic mat in 2 pieces 300 x 200 x 40 cm.	20 Kg / m3
Foldable gymnastic mat in 2 pieces 300 x 200 x 40 cm.	25 Kg / m3



PRODUCT	DENSITY
Children mat 160x60x5cm.	20 Kg / m3
Children mat 160x60x5cm.	25 Kg / m3

PRODUCT
Cover for children mat.

BASIC MAT



BASIC GYMNASTIC MAT



PRODUCT	DENSITY
Basic mat 200 x100 x 5 cm.	25 Kg / m3
Basic mat 200 x100 x 5 cm.	30 Kg / m3
Basic mat 200 x100 x 5 cm.	80 Kg / m3
Basic mat 200 x100 x 10 cm.	20 Kg / m3
Basic mat 200 x100 x 10 cm.	25 Kg / m3
Basic mat 200 x100 x 10 cm.	30 Kg / m3
Basic Gymnastic mat 300 x 200 x 20 cm.	20 Kg / m3
Basic Gymnastic mat 300 x 200 x 20 cm.	25 Kg / m3
Basic Gymnastic mat 300 x 200 x 30 cm.	20 Kg / m3
Basic Gymnastic mat 300 x 200 x 30 cm.	25 Kg / m3
Basic Gymnastic mat 300 x 200 x 40 cm.	20 Kg / m3
Basic Gymnastic mat 300 x 200 x 40 cm.	25 Kg / m3
Children Basic mat 160 x 60 x 5 cm.	20 Kg / m3
Children Basic mat 160 x 60 x 5 cm.	25 Kg / m3

PRODUCT
Cover for basic mat 200 x 100 x 5 cm.
Cover for basic mat 200 x 100 x 10 cm.
Cover for children basic mat 160 x 60 x 5 cm.
Cover for basic gymnastic mat 300 x 200 x 20 cm.
Cover for basic gymnastic mat 300 x 200 x 30 cm.
Cover for basic gymnastic mat 300 x 200 x 40 cm.

TROLLEY FOR MATS

Trolley for Mats 2000 x 1000 mm. Made of steel treated for corrosion. 4 PU wheels (2 fixed and 2 gyatory). Measures 2000 mm x 1000 mm. Foldable.



SET VELCRO

Set of 10 self-adhesive velcro 10 cm x 4 cm. Ideal for joining our pieces of foam or mats, for making circuits.



MEGAPHONE

Megaphone. Power 25 W. No batteries included.



SET OF 6 NONSLIP STICKERS FOR MATS. MEASURE: 180 X 130 mm.

Set of 6 nonslip stickers for mats. Meassure: 180 x 130 mm.

