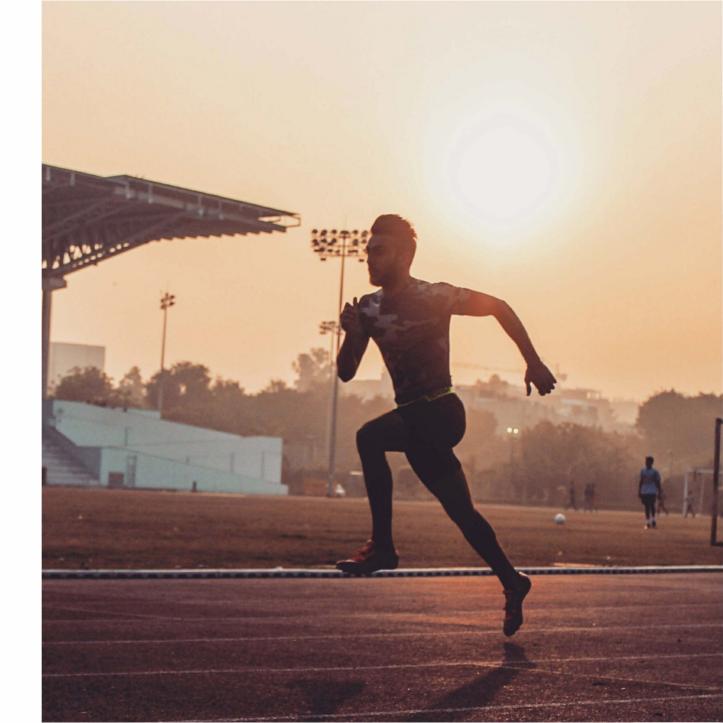


A VOTRE SERVICE DEPUIS 1995



Route de Taillepied 44 - 1095 Lutry +41 21 903 57 67 direction@healthsport.ch www.healthsport.ch

TRACK
AND FIELD
TRAINING
MACHINE



Track And Field



VYT-995







Multi-purpose Functionality: Suitable for daily training in various sports such as sprinting, long jump, high jump, shot put, soccer, basketball, and more.



Adjustable Resistance: Easily adjust the training intensity to your desired level by simply turning the knob.



Digital Screen Display: Provides real-time data during training, allowing for a more intuitive representation of performance.



Automatic Rope Retrieval: After completing the training, the device safely retracts the rope for convenience.



Portable Design: Designed for portability, allowing easy transportation on grass fields, tracks, or sidewalks.











it is suitable for individual training in sports such as track and field, swimming, basketball, soccer, tennis, fencing, etc.



it can help athletes assess their athletic abilities, prevent improper movements, and reduce the risk of sports injuries.



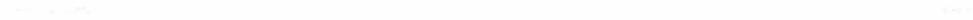
Display shows: Peak Power/Avg Power/% percentage Peak Power/Reps No./ Distance / Time / Resistance level.



The rope can automatically retract and provide athletes with constant 8-levels magnetic resistance; The direction and height of rope release are adjustable.



Portable Design: Designed for portability, allowing easy transportation on grass fields, tracks, or sidewalks.

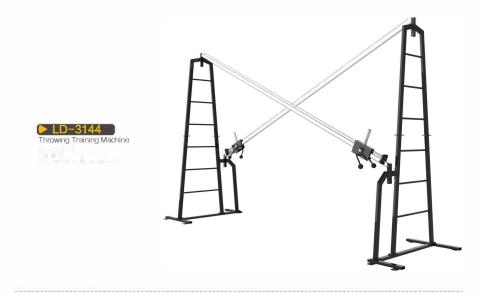








Size	1000x500x350mm
Weight	80KG
Screen	LCD touch screen
Resistance Training	Yes
Overspeed Training	Yes
Variable Force Model	Yes
Continuous Resistance Range	0 -30KG
Maximum Resistance Duration	30KG / 100s
Maximum Speed	14.0m/s
Rope Length	115m
Sampling Frequency	1000 times per second
Detection Force	Yes
Detection Speed	Yes
Detection Time	Yes
Detection Power	Yes
Detect Displacement	Yes





► LD-3145 Leg Swinging Training Machine









SMART POWER MACHINE

Adopting an intelligent control system, it offers a distinctive exercise and training experience compared to traditional fitness equipment.

Multiple Training Modes for Versatility: Isometric Training, Isokinetic Training, Eccentric Training, traditional fitness training, VBT (Velocity Based Training), explosive strength training, rehabilitation training, relastic band training, relastic para fraining, relastic parameters.

Providing a course platform, coaches can choose from pre-built course videos or upload DIY course videos, facilitating the development of specialized courses and making teaching more convenient.

Equipped with a large screen display, coaches and trainees can view various data and exercise history during workouts, enhancing the efficiency of training.

With one-touch resistance adjustment, it eliminates the hassle of adding or removing plates, allowing focus on the exercise itself and unleashing energy.

The resistance weight is adjustable, ranging from light to heavy, to meet the training requirements of various user groups.

HOME FITNESS







MULTI FUNCTIONAL TRAINER



A STATE OF THE STA





S. W. Stranger



► LDH-1092A Barbell Trainer



► LDH-1048B Crossfit Wall Mount Rack



LDH-1080
Integrated Trainer



LDH-3130
Combination Trainer



LD-9101

Multi-functional Machine

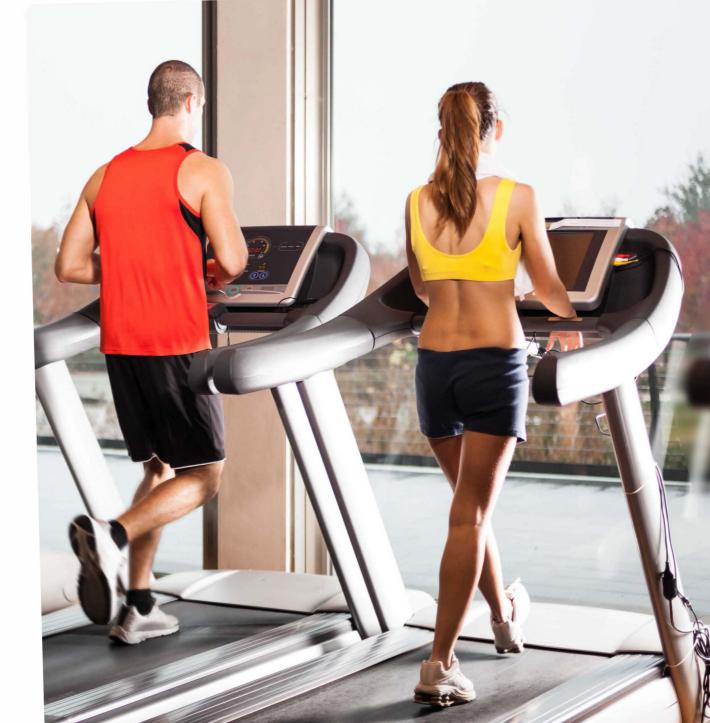


LDH-990 Rope Trainer



LDH-1094 Integrated Trainer

CARDIO SERIES















21.5" Touch screen / 21.5英寸触摸屏



21.5" LED screen / 21.5英寸按键屏





 $21.5^{\circ}\,\text{LCD}$ press type screen, The screen equipped with USB jack and Headphone Jack Adapter.



 $3.0\,\mathrm{HP}$ Super–Silent Ac variable frequency motor, MAX power 7 HP, reduce noise.



60*169 cm Super wide running area, Multilayer encryption running belt, make running more comfortable.



0~15° Automatic adjustable Incline, Meet a variety of scenarios simulation.



200KG maximum load, Flex Deck Shock absorption system, strong and durable.





18.5" Touch screen



18.5" LED screen



18.5" LCD press type screen, The screen equipped with USB jack and Headphone Jack Adapter.



3.0 HP Super-Silent Ac variable frequency motor, MAX power 7 HP, reduce noise.



67*160 cm Super wide running area, Multilayer encryption running belt, make running more comfortable.



 $0\sim15^\circ$ Automatic adjustable Incline, Meet a variety of scenarios simulation.



200KG maximum load, Flex Deck Shock absorption system, strong and durable.



18.5" Touch screen



18.5" LED screen





18.5" LCD Touch Screen Monitor (LED key button screen optional) , The screen equipped with USB jack and Headphone Jack Adapter.



 $3.0\,\mathrm{HP}$ Super–Silent Ac variable frequency motor, MAX power 7 HP, reduce noise.



52*155 cm Super wide running area, Multilayer encryption running belt, make running more comfortable.



0~20° Automatic adjustable Incline, Meet a variety of scenarios simulation.



 $200\mbox{KG}$ maximum load, Flex-Deck-Shock absorption system, strong and --- durable.





Touch screen



LED screen



Special arc running base design reduced the hurt on the knee joint and more suit for Ergonomics.



No longer rely on external power, Using self-generating electricity technology saves the cost greatly.



Relying on self mechanics, it no longer runs passive, the speed can be controlled freely by user.



Crawler running belt made of elastic rubber, solid and durable, and elegant in appearance.



Stable double-armrest design, ensuring the safety of user.







Special arc running base design reduced the hurt on the knee joint and more suit for Ergonomics.



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Stable double-armrest design, ensuring the safety of user.



LDT-935W Commercial Treadmill

Harry .



LDE-28B Commercial Treadmill

IN SECURITY OF



►LDE-27 Commercial Treadmill



PT-7000 Commercial Treadmill





































▶ LD-915-1

Air Bike

2 2 2 2 2



► LD-910 Spinning Bike

opining bike



► LD-924B

Air Bike

The Late



► LD-912 Spinning Bike



► LDE-19

Air Rower

Section .



► LDE-09

Water Rower



► LDE-20

Air resistance skiing machine

10000



► LDE-07

Physical Tester

British V.



► LDE-38 Elliptical Trainer



► LDT-05

Recumbent Bike



► LDE-39

Elliptical Trainer



► LDT-09

Upright Bike



► LDA-211

Flip Tyre



► LDA-333

Grip Handle



LDA-510 Tank Sled



►LDA-30030)

Grip Handle



PT-001
Spinning Bike

Marine.



► PT-003 Spinning Bike



PT-002
Magnetic Spinning Bike



PT-010
Air Bike



PT-011
Air Rowing





PT-021

Multi Function Climber



PT-020 Leg Lifts Machine



PT-030
Centrifugal Impedance Trainer



► PT-031

Wall-mounted Functional Trainer

The state of



PT-041 Super Boxing Target

of the Street.



► PT-040

Super Boxing Target

7.7



PT-050 Cadillac Elevated Bed

N. St.



► PT-051

Reformer

BLS.



► PT-053

Step Chair

Part Property



► PT-052

Ladder Barrel



► PT-054

Spine Corrector

FITNESS SERIES



The second secon









LD-7003 Abductor/ Adductor











► LD-7002 Seated Triceps Dip

















Lat Machine

















► LD-7013 Pectoral Fly





► LD-7017 Adductor











► LD-7026 Crossover Cable



► LD-7028 Triceps Extension

LD-7045
Arm Extension



► LD-7051 Leg Press

► LD-7058

Low Back





▶ LD-7057 Abdominal Crunch





LD-7060 Rotary Calf





LD-7067 Multi+lip









► LD-7041 Seated Row































► LD-7071 Verical Traction





LD-7080 Seated Row





LD-7070 Chest Press







► LD-7079 Glute











LD-7087
Easy Chin/ Dip





► LD-7091 Leg Extension





► LD-7092A Biceps Curl/ Triceps Extension





Leg Curl





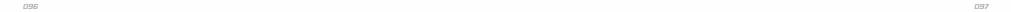
LD-7092 Biceps Curl





► LD-7093 Delt Machine







LD-7094 Assisted Dip/ Chin



► LD-7095 Seated Arm Clip Chest



► LD-7007 Disk Rack



► LD-7008 Dumbbell Rack



► LD-7096 Prone Leg Curl



► LD-7097 Standing Calf Machine



► LD-7009 Barbell Rack



LD-7015 Crunch Bench



► LD-9023T Seat Leg Curl





► LD-9026T Seated Triceps Dip



LD-7015A Crunch Bench



► LD-7016 Flat Bench



► LD-7019

Incline Bench



LD-7020
Adjustable Bench



► LD-7022 Vertical Bench



LD-7019A Incline Bench



► LD-7021 Utility Bench



LD-7023 Scott Bench



Lower Back Bench



LD-7027A Horizontal Bench



LD-7030A Olympic Decline Bench



LD-7027 Horizontal Bench



► LD-7030 Olympic Decline Bench



► LD-7053

Multipower



LD-9031T T-arm Machine



LD-9050T Squat Rack

Element.



► LD-9055T Barbell Rack

A STANTS ...



► LD-9047T Vertical Knees UP/ Dip

Figure 1



LD-9051T Olympic Seated Bench



LD-9056T 45 Degree Leg Press



LD-9057T Hack Slide

FIGUR Grad



LD-9061T Incline Level Row

75









LD-9082T Multi Jungle(4 Station)













LD-9064T Multi Jungle(7 Station)

QUALITY FITNESS SERIES





► LD-9001 Prone Leg Curl



► LD-9002 Leg Extension



► LD-9008 Vertical Press



► LD-9009 Dip/ Chin Assist





► LD-9003A Leg Press



► LD-9005 Lateral Raise



► LD-9011 Multi+lip



-9011



► LD-9013 Incline Chest Press





► LD-9006 Shoulder Press





► LD-9007 Rear Delt/ Pec Fly





► LD-9016 Adjustable Cable Crossover



► LD-9017 Functional Trainer



LD-9018 Rotary Torso



► LD-9019 Abdominal Isolator



► LD-9026 Seated Dip



► LD-9027 Seated Triceps Flat





► LD-9021 Abductor



► LD-9022 Adductor



► LD-9028 Triceps Extension



► LD-9030 Camber Curl





► LD-9023 Leg Curl





► LD-9024 Glute Isolator



► LD-9031 Back Extension



► LD-9033 Seated Horizontal Pully



ווו מוו



► LD-9034 Seated Row



► LD-9035 Pull Down



► LD-9073 Pull Down/ Low Row



► LD-9075 Abductor/ Adductor





► LD-9066 Leg Extension/ Prone Leg Curl



► LD-9071 Biceps Curl/ Triceps Extension



► LD-9078 Power Cage/ Functional Trainer



► LD-9088A
Incline Chest/ Shoulder Press





► LD-9071A Biceps Curl/ Triceps Extension



► LD-9072 Leg Extension/ Leg Curl



► LD-9089 Forward Bend/ Backward Press



► LD-9091 Standing Calf Machine







► LD-9082 Multi Jungle(4 Station)



► LD-9085 Multi Jungle(5 Station)



► LD-9036 Flat Bench



► LD-9037 Adjustable Abdominal Trainer



► LD-9064 Multi Jungle(7 Station)



► LD-9086 Multi Jungle(8 Station)



► LD-9038 Utility Bench



► LD-9039 Multi Adjustable Bench



► LD-9087 Multi Jungle(9 Station)



► LD-9090 Multi Jungle(6 Station)



► LD-9039 A Multi Adjustable Bench



► LD-9041 Olympic Decline Bench



► LD-9042 Olympic Incline Bench



► LD-9043 Olympic Weight Bench



► LD-9048 Power Cage



► LD-9049 Dumbbell Rack



► LD-9044 Seated Preacher Curl



► LD-9045 Roman Chair



► LD-9050 Squat Rack



► LD-9051 Olympic Seated Bench



► LD-9047 Vertical Knee Raise



► LD-9047B Vertical Knee Up/ Dip



► LD-9053 Handle Rack



► LD-9054 Vertical Plate Tree



► LD-9055 Barbell Rack



LD-9056A 45 Degree Leg Press



LD-9058 45 Degree Leg Press/ Hack Slide



► LD-9056 45 Degree Leg Press



► LD-9057 Hack Slide



LD-9061
Indine Level Row



► LD-9062 Seated Calf Machine



► LD-9065 Super Squat



LD-9067 Dumbbell Rack



► LD-9063 Smith Machine



► LD-9065F Squat Trainers



LD-9068 T-arm Machine



► LD-9069 Wrist Machine



► LD-9070 Olympic Decline/ Weight Bench



► LD-9084 Abdominal Machine



► LD-9092 Adjustable Crossfit Squat Rack



► LD-9074 Seated Dip



► LD-9076 Vertical Leg Press



► LD-9093 Training Rack



► LD-9102 Glute Bridge Machine



► LD-9077 Chin Assist



► LD-9083 Draw Muscle Machine



► LD-9103 Standing Hip Abductor Machine









LD-4008
Incline Chest Press





LD-4013
Chest/Decline Combo



LD-4107
Front Row



► LD-4108 Lat Pull-down Machine



► LD-4110 Wide Pulldown Rear



► LD-4118 Rear kick



► LD-4119 Seated Leg Extension



► LD-4111 Seated Row



► LD-4113 Overhead Extension



► LD-4120 Super Squat



► LD-4121 Low Row



► LD-4114 Seated Biceps Curl



► LD-4116 Kneeling Leg Curl



► LD-4122 Seated Triceps Dip

THOUGH SERIES





► LD-3006 Lateral Shoulder Press



► LD-3008 Lateral Incline Press



► LD-3108 Lateral Front Lat Pulldown



► LD-3109 Lateral High Row



► LD-3013 Lateral Decline Press



► LD-3101 Lateral D.Y. Row



► LD-3110 Lateral Horizontal Bench Press



► LD-3111 Lateral Rowing



► LD-3106 Lateral Horizontal Bench Press



► LD-3107 Lateral Chest / Back



► LD-3112 Lateral Raise



► LD-3113 Pullover



► LD-3114
Seated Biceps
坐式肱二头肌练习器
UK: 1320mm Wg: 1220mm
H篇: 1280mm WEIGHT/厘量: 110kg



► LD-3115 Standing Shoulder Trainer 站立式维京举肩练习器 UK: 130mm W版: 1344mm H屬: 1990mm WEIGHT/厘量: 115kg



► LD-3120 V-Squat V字下蹲练习器 U长; 259mm Wg; 1160mm H篇; 1480mm WEIGHT厘量; 211kg



► LD-3121 Squat Lunge 高位深跨练习器 L/K: 1840mm Wæ: 1740mm HÆ: 940mm WEIGHT/厘厘: 94kg



► LD-3116 Lateral Leg Curl 卧姿大腿屈伸练习器 UK: 1680mm W/26: 1420mm H/36: \$80mm WEIGHT/厘量: \$5kg



► LD-3117 Lateral Leg Extension 坐式伸腿练习器 UK: 1376mm W窓: 1636mm H高: 1535mm WEIGHT/厘量: 140kg



► LD-3122 Seated Dip 坐式下压三头肌练习器 UK: 186mm W宏: 144mm HR: 186mm WE: 111se



► LD-3123 Abdominal Oblique Crunch 分动式腹肌全收缩练习器 L代: 1100mm W逐: 1330mm H屬: 1600mm WEIGHT/重量: 115kg



LD-3118
Lateral Leg Press
蹬腿练习器
UK: 1479mm W/E: 1789mm
H/E: 1479mm W/EIGHT/型置: 189kg



LD-3119 Loaded Leg Extension 坐式伸腿练习器 U先: 1746mm W窓: 1166mm H高: 1466mm WEIGHT/厘量: 105kg



► LD-3124 Abductor 大腿外展练习器 L/K: 2035mm W/宛: 1190mm H/m: 1370mm WEIGHT/厘量: 118kg



► LD-3125 Incline Pecfly 上斜飞鸟夹胸练习器 L/採: 1730mm Wg; 1480mm H/高: 1130mm WEIGHT/厘量: 65kg



► LD-3126 Glute Builder



► LD-3127 Adductor



► LD-3143 Lateral/Rear Delt Raise Combo



► LD-3146 Glute Bridge Machine



► LD-3131 Squat Lunge



► LD-3133 Plate-Loaded Belt Squat



► LD-3036 Flat Bench



► LD-3038 Utility Bench



► LD-3137 Reverse Hyper



► LD-3138A Pendulum Squat



► LD-3038A Utility Bench



► LD-3039 Multi Adjustable Bench

L/长: 1840mm W/宽; 560mm

40 - 40 X 1 mg



► LD-3041 Olympic Decline Bench

Part Wall



► LD-3043 Olympic Weight Bench



► LD-3049 Dumbbell Rack



► LD-3042 Olympic Incline Bench



► LD-3047 Vertical Knee Raise



► LD-3051 Olympic Military Bench



► LD-3054 Vertical Plate Tree

Wilson



LD-3103
Abdominal Trainer

A STATE OF



LD-3104 Multi Rack



► LD-3102

Multi Rack



79

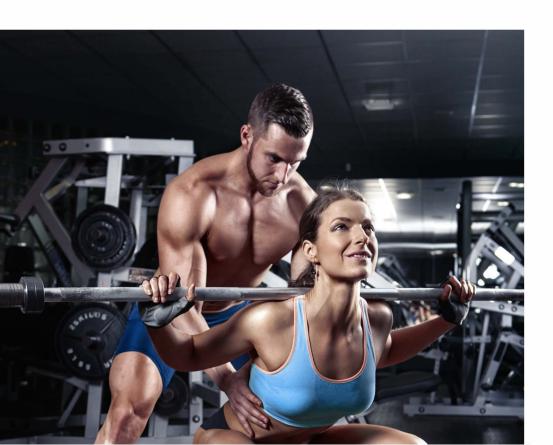
LD-3103A

Abdominal Trainer

LD-3105 Utility Bench

DECEMBER OF

MUSCLE SERIES

















► LD-60 10 Wide Chest Press



► LD-60 20 Pull Down



D-603 0



► LD-6035 Shoulder Press



► LD-6045 Hack Squat



► LD-6072 Seated Dip



► LD-6040

Rear Kick

9



► LD-6050

45 Degree Leg Press



► LD-6073 Combination Trainer



► LD-6074

Camber Curl



► LD-6076

Leg Curl



Linear Leg Press

Charles and

► LD-6075

Camber Curl

3



► LD-6077

Leg Extension

CUSTOM SERIES









► LN-009A

Sandbag rack





► LDM-13
Crossfit rigs and Racks

District Control



► LDM-13-B Crossfit rigs and Racks



► LDM-15-A Crossfit rigs and Racks

Albert .



►LDM-13-A

Crossfit rigs and Racks



► LDM-15

Crossfit rigs and Racks



► LDM-15-B Crossfit rigs and Racks



► LDM-17

Crossfit rigs and Racks



► LDM-05A

Synergy 360

24-110



► LDM-09

Synergy 360



► LDM-20

Crossfit rigs and Racks



► LDM-05B

Synergy 360

The state of



▶ LDM-10

Synergy 360



► LDM-13
Crossfit rigs and Racks

Crossfit rigs and Racks





► LDM-13-A

Crossfit rigs and Racks

3

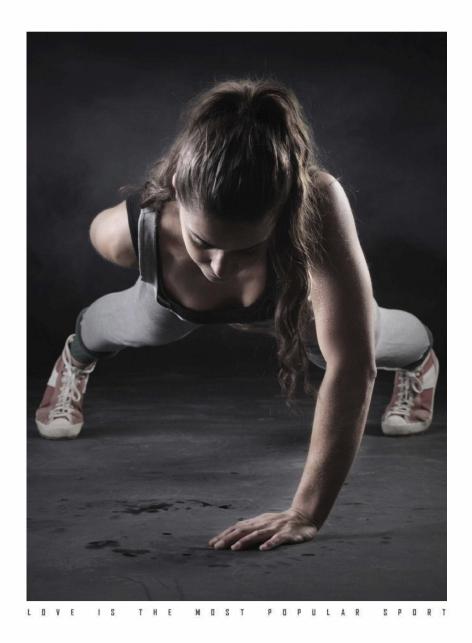




Crossfit rigs and Racks



► LDM-15-B Crossfit rigs and Racks





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