



A VOTRE SERVICE DEPUIS 1995

HFS GROUP

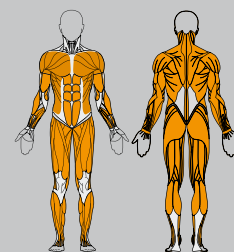


Catalogue *Appareils de musculation*



Route de Taillepied 44
1095 Lutry
www.healthsport.ch
direction@healthsport.ch
+41 21 903 57 67

HFS561

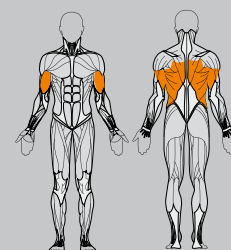


Base (cm) <i>width</i>	175
Profondità (cm) <i>length</i>	105
Altezza (cm) <i>height</i>	235
Carico (kg) <i>load</i>	120 + 120

Nouveau



HFS441



Base (cm) <i>width</i>	130
Profondità (cm) <i>length</i>	115
Altezza (cm) <i>height</i>	235
Carico (kg) <i>load</i>	100

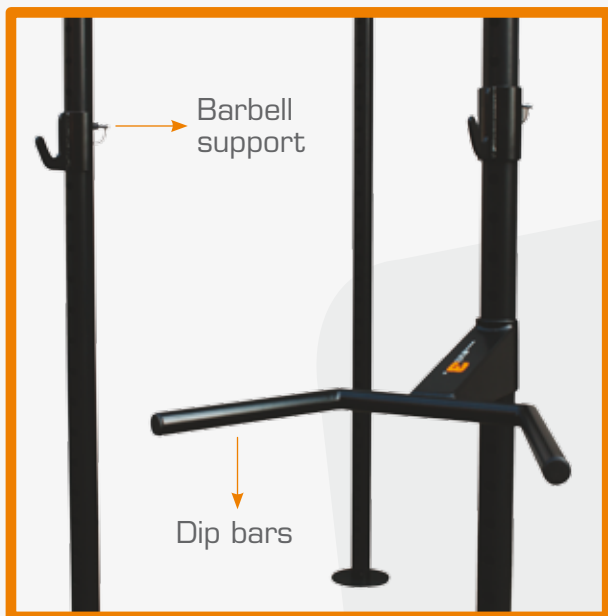
Nouveau

EASY CHIN DIP



Modular equipment

indicative pictures



Standard stations sizes

- 120 x 150 x 250 cm
- 170 x 150 x 250 cm

Optional:

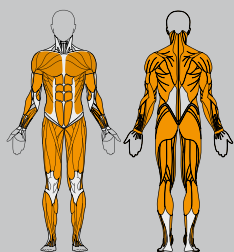
- *Wall ball Supports*
- *Training rings*
- *Training rope*
- *Barbell supports*
- *Optional Pull-up bars*
- *Dip bars*

CROSS BOX WALL MOUNTED



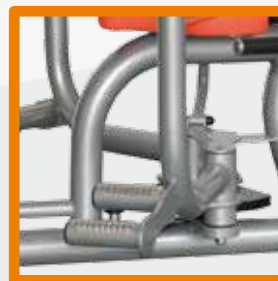
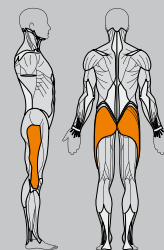
HFS703

CROSS BOX



ABDUCTOR MACHINE

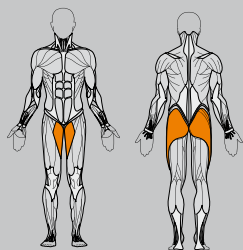
HFS204



Base (cm) <i>width</i>	90
Profondità (cm) <i>length</i>	155
Altezza (cm) <i>height</i>	175
Carico (kg) <i>load</i>	60

HFS205

ADDUCTOR MACHINE

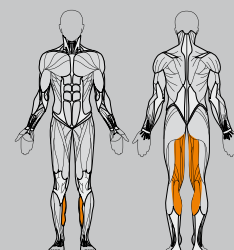


Base (cm) <i>width</i>	90
Profondità (cm) <i>length</i>	155
Altezza (cm) <i>height</i>	175
Carico (kg) <i>load</i>	60



LEG CURL LYING MACHINE

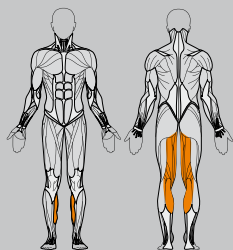
HFS506



Base (cm) <i>width</i>	105
Profondità (cm) <i>length</i>	175
Altezza (cm) <i>height</i>	175
Carico (kg) <i>load</i>	60

HFS948

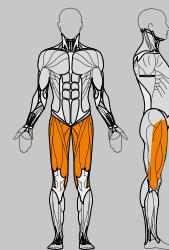
STANDING LEG CURL MACHINE



Base [cm] <i>width</i>	105
Profondità [cm] <i>length</i>	120
Altezza [cm] <i>height</i>	175
Carico [kg] <i>load</i>	60

LEG EXTENSION MACHINE

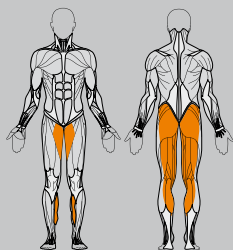
HFS609



Base (cm) <i>width</i>	120
Profondità (cm) <i>length</i>	105
Altezza (cm) <i>height</i>	175
Carico (kg) <i>load</i>	80

HFS710

HORIZONTAL LEG PRESS

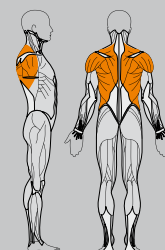


Base [cm] <i>width</i>	120
Profondità [cm] <i>length</i>	217
Altezza [cm] <i>height</i>	220
Carico [kg] <i>load</i>	250

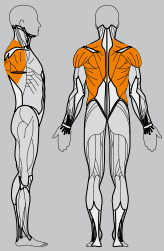


LAT MACHINE

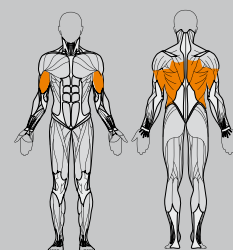
HFS412



Base (cm) <i>width</i>	110
Profondità (cm) <i>length</i>	125
Altezza (cm) <i>height</i>	220
Carico (kg) <i>load</i>	100



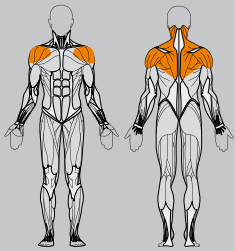
Base [cm] <i>width</i>	120
Profondità [cm] <i>length</i>	195
Altezza [cm] <i>height</i>	220
Carico [kg] <i>load</i>	100



Base [cm] <i>width</i>	95
Profondità [cm] <i>length</i>	145
Altezza [cm] <i>height</i>	200
Carico [kg] <i>load</i>	120

HFS5201

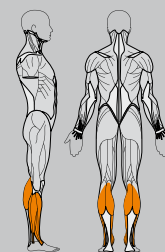
DELTOID MACHINE



Base [cm] <i>width</i>	90
Profondità [cm] <i>length</i>	125
Altezza [cm] <i>height</i>	175
Carico [kg] <i>load</i>	80

CALF MACHINE

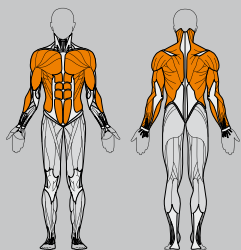
HFS538



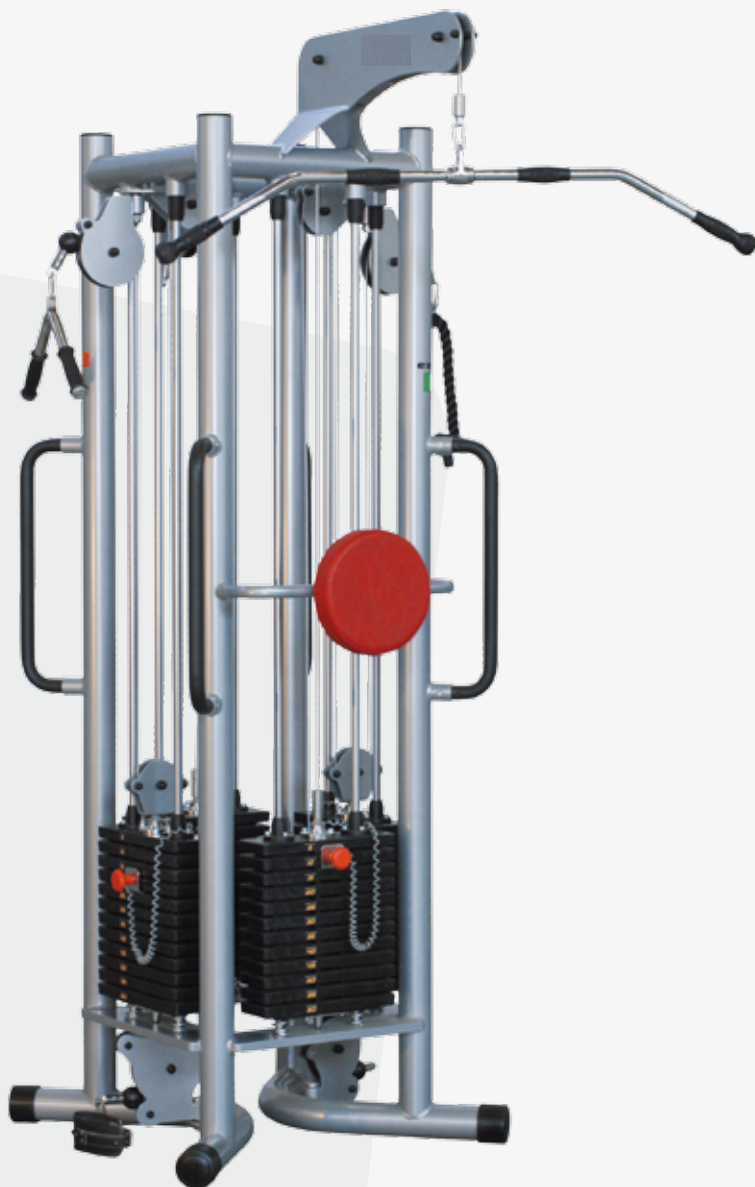
Base (cm) <i>width</i>	65
Profondità (cm) <i>length</i>	95
Altezza (cm) <i>height</i>	180
Carico (kg) <i>load</i>	100

HFS0529

CABLE COMBI

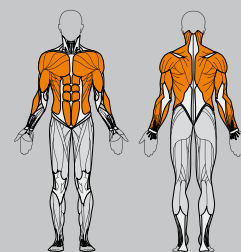


Base (cm) <i>width</i>	105
Profondità (cm) <i>length</i>	105
Altezza (cm) <i>height</i>	230
Carico (kg) <i>load</i>	60x4



CABLE CROSS OVER

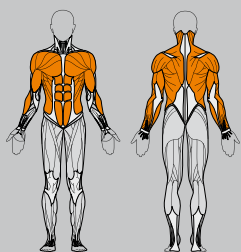
HFS3589



Base (cm) <i>width</i>	90
Profondità (cm) <i>length</i>	300
Altezza (cm) <i>height</i>	230
Carico (kg) <i>load</i>	60x2

HFS1698

JUNGLE MACHINE

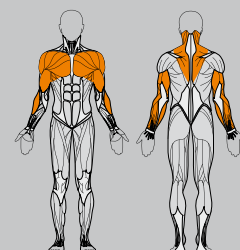


Base (cm) <i>width</i>	295
Profondità (cm) <i>length</i>	350
Altezza (cm) <i>height</i>	245
Carico (kg) <i>load</i>	60x3+ 100x2



CHEST PRESS CONVERGENT

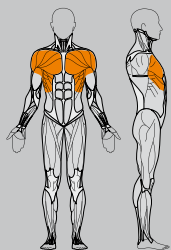
HFS5589



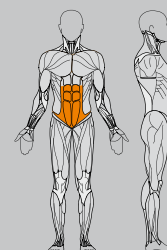
Base (cm) <i>width</i>	135
Profondità (cm) <i>length</i>	150
Altezza (cm) <i>height</i>	200
Carico (kg) <i>load</i>	60

HFS9087

PECTORAL MACHINE



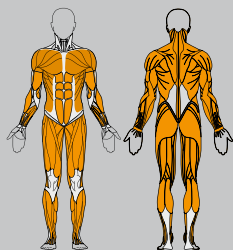
Base [cm] <i>width</i>	140
Profondità [cm] <i>length</i>	160
Altezza [cm] <i>height</i>	175
Carico [kg] <i>load</i>	60



Base (cm) <i>width</i>	100
Profondità (cm) <i>length</i>	140
Altezza (cm) <i>height</i>	170
Carico (kg) <i>load</i>	60

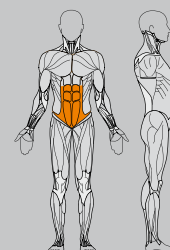
HFS5189

ERCOLINA



Base [cm] <i>width</i>	80
Profondità [cm] <i>length</i>	90
Altezza [cm] <i>height</i>	220
Carico [kg] <i>load</i>	60

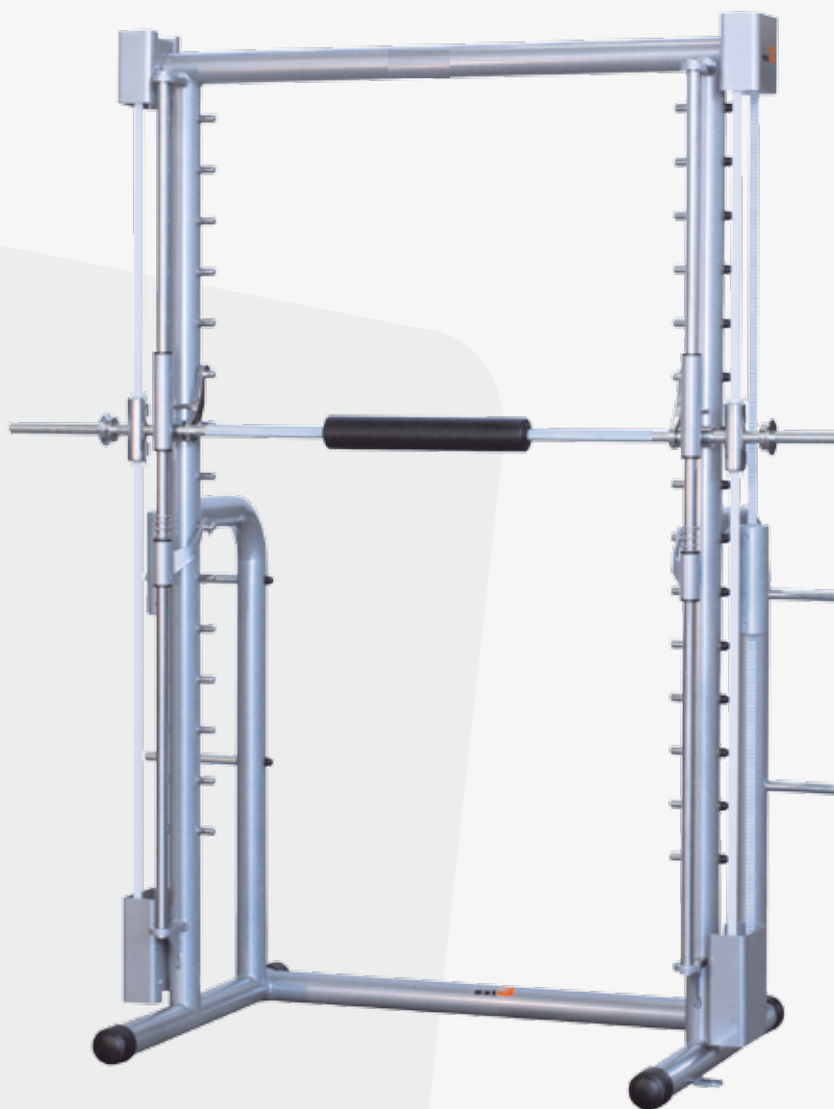
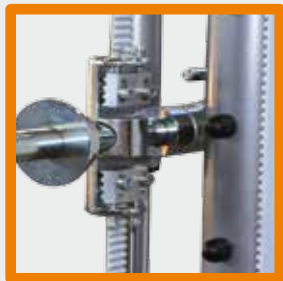
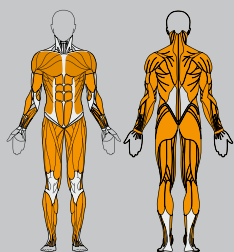




Base (cm) <i>width</i>	75
Profondità (cm) <i>length</i>	135
Altezza (cm) <i>height</i>	160
Caricamento <i>loading</i>	ø 25 ø 50

HFS6155

MULTIPOWER



Base [cm] <i>width</i>	220
Profondità [cm] <i>length</i>	110
Altezza [cm] <i>height</i>	240
Caricamento <i>loading</i>	ø 25 ø 50

GLUTEUS MACHINE

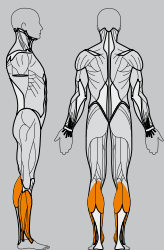
HFS2193



Base (cm) <i>width</i>	110
Profondità (cm) <i>length</i>	240
Altezza (cm) <i>height</i>	160
Caricamento <i>loading</i>	ø 25 ø 50

HFS7171

SEATED CALF



Base [cm] <i>width</i>	80
Profondità [cm] <i>length</i>	135
Altezza [cm] <i>height</i>	75
Caricamento <i>loading</i>	ø 25 ø 50



OLYMPIC



Olympic version sizes (cm):

Width 125

Length 150

Height max 142



HFS4578

DOUBLE ABILITY PARALYMPIC

Paralympic version sizes (cm):

Width 125

Length 210

Height max 142

According to IPC standards



*Unscrew the knobs under the
bench and change the seat*

Plates, barbells and safety fasteners for paralympic use are not included

INVERSION BENCH

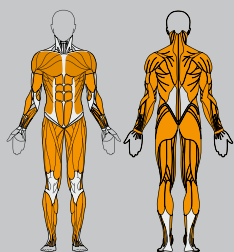
HFS1010



Base (cm) <i>width</i>	80
Profondità (cm) <i>length</i>	160
Altezza (cm) <i>height</i>	130

HFS7288

ADJUSTABLE DOUBLE USE BENCH



Base (cm) 50
width

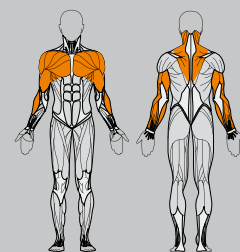
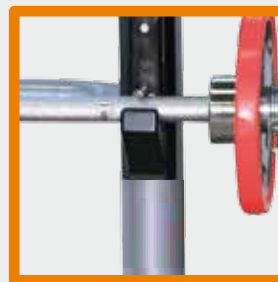
Profondità (cm) 145
length

Altezza (cm) 130
height



FLAT BENCH

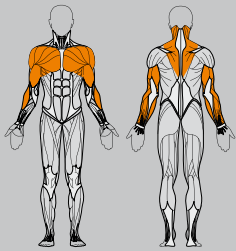
HFS6280



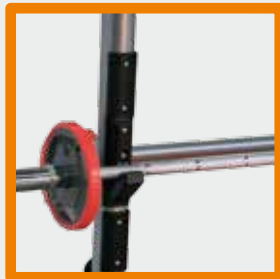
Base (cm) <i>width</i>	125
Profondità (cm) <i>length</i>	150
Altezza (cm) <i>height</i>	130

HFS2233

DECLINE BENCH

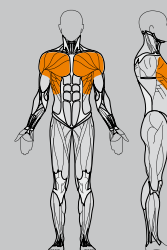


Base [cm] <i>width</i>	125
Profondità [cm] <i>length</i>	175
Altezza [cm] <i>height</i>	130



INCLINE BENCH

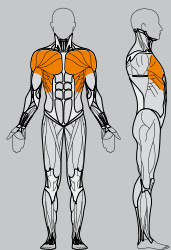
HFS4268



Base (cm) <i>width</i>	125
Profondità (cm) <i>length</i>	160
Altezza (cm) <i>height</i>	170

HFS4299

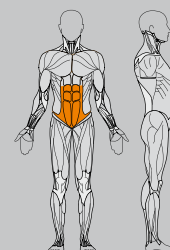
VERTICAL BENCH



Base (cm) <i>width</i>	130
Profondità (cm) <i>length</i>	125
Altezza (cm) <i>height</i>	195

CRUNCH BENCH

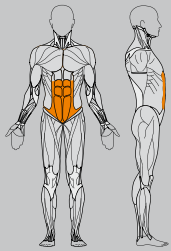
HFS0203



Base (cm) <i>width</i>	60
Profondità (cm) <i>length</i>	150
Altezza (cm) <i>height</i>	130

HFS1213

ABDOMINAL BENCH



Base [cm] <i>width</i>	80
Profondità [cm] <i>length</i>	180
Altezza [cm] <i>height</i>	105



Base (cm) <i>width</i>	100
Profondità (cm) <i>length</i>	105
Altezza (cm) <i>height</i>	100

HFS3277

HYPEREXTENSION BENCH

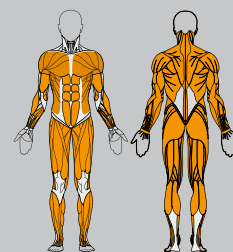


Base [cm] <i>width</i>	90
Profondità [cm] <i>length</i>	145
Altezza [cm] <i>height</i>	115



LEG RAISE / CHIN DIP

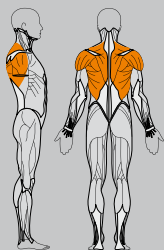
HFS9266



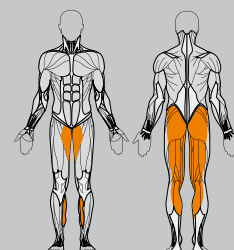
Base (cm) <i>width</i>	125
Profondità (cm) <i>length</i>	170
Altezza (cm) <i>height</i>	240

HFS2526

DORSEY BAR



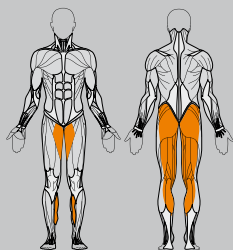
Base [cm] <i>width</i>	90
Profondità [cm] <i>length</i>	190
Altezza [cm] <i>height</i>	135



Base (cm) <i>width</i>	115
Profondità (cm) <i>length</i>	190
Altezza (cm) <i>height</i>	210

HFS3553

SQUAT RACK



Base (cm) <i>width</i>	125
Profondità (cm) <i>length</i>	180
Altezza (cm) <i>height</i>	195



BARBELLS RACK

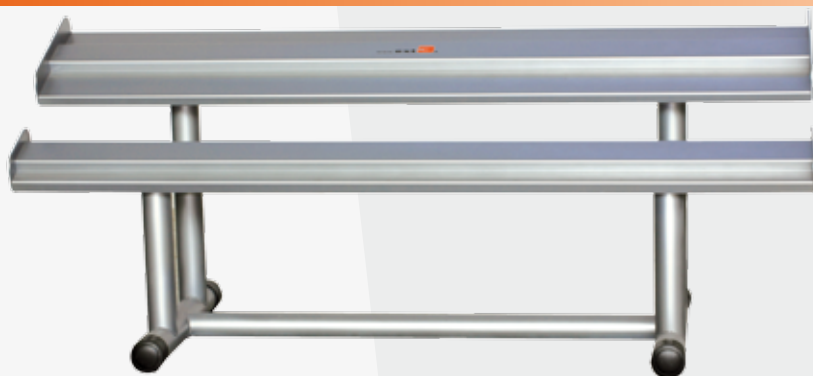
HFS0301



Base (cm) <i>width</i>	70
Profondità (cm) <i>length</i>	170
Altezza (cm) <i>height</i>	115

DUMBELLS RACK

HFS2307

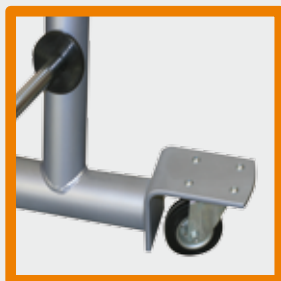


Base (cm) <i>width</i>	70
Profondità (cm) <i>length</i>	200
Altezza (cm) <i>height</i>	80

HFS13948

PLATES RACK

OPTIONAL



Base (cm) <i>width</i>	65
Profondità (cm) <i>length</i>	150
Altezza (cm) <i>height</i>	120