



A VOTRE SERVICE DEPUIS 1995

# HEALTH FIT & SPORT

## Catalogue

# Appareils cardio 3

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Smart  
Treadmill Series



## HF7A TREADMILL



ITEM	SPECIFICATION
<b>FAST™</b>	<ul style="list-style-type: none"> <li>Real-time automatic speed control technology</li> <li>Speed adjusts automatically based on user's motion and without any buttons being pressed</li> </ul>
<b>SPEED</b>	0.1 ~ 21 KPH / 0.06 ~ 13.05 MPH
<b>MOTOR</b>	AC 5.0HP
<b>INCLINE</b>	0 ~ 15%
<b>RUNNING SURFACE</b>	530 mm x 1,560 mm / 20.9" x 61.4"
<b>ROLLERS</b>	100 mm / 3.9" commercial grade precision crowned steel rollers
<b>POWER</b>	110/120 VAC, 220/230 VAC, 50/60 HZ, 2,200 W
<b>DIMENSIONS</b>	2,230(L) x 990(W) x 1,610(H) mm / 87.8" x 39.0" x 63.4"
<b>WEIGHT</b>	225 kg / 496 lb
<b>HEART RATE MONITORING</b>	Polar Touch Heart Rate / Heart Rate Telemetry
<b>DISPLAY</b>	Built - in 17" LCD Touch Screen
<b>COMMUNICATION</b>	<ul style="list-style-type: none"> <li>Full menus controlled by Touch Screen</li> <li>Primary button for Start / Stop, Emergency, Hold / Resume</li> <li>Side button for Speed &amp; Incline</li> </ul>
<b>MOTOR CONTROL</b>	Sensorless Vector Control System
<b>ENTERTAINMENT</b>	<ul style="list-style-type: none"> <li>Built-in 17" Large LCD for TV, Gaming and Workout Program</li> <li>TV tuner, Composite input, S-Video input, Stereo speaker</li> <li>2 USB connectivity, MP 3 / WMV/DivX supported, AUX input</li> <li>Motivation Game, Built-in Mutual Trainer™, Goal-oriented Exercise</li> <li>Stereo Headphone Jack, Wireless Audio (Optional)</li> </ul>
<b>TV FEATURES</b>	<ul style="list-style-type: none"> <li>TV control : Touch Screen</li> <li>TV contents and workout data display</li> <li>Available Tuner Systems : NTSC,PAL,SECAM</li> </ul>
<b>MAX.USER WEIGHT</b>	180 kg / 397lb
<b>ADDITIONAL FUNCTIONS</b>	<ul style="list-style-type: none"> <li>8 point absorber</li> <li>Automatic stop function by detecting user's motion and position</li> <li>Large handrail with soft grips</li> <li>Double-sided deck (Lubrication free)</li> <li>Low step-up height : 257mm / 10.1"</li> </ul>



Training Character



Training with virtual Trainer



Exercising result information Data



Auto speed control Game



ITEM	SPECIFICATION
<b>FAST™</b>	<ul style="list-style-type: none"> <li>Real-time automatic speed control technology</li> <li>Speed adjusts automatically based on user's motion and without any buttons being pressed</li> </ul>
<b>SPEED</b>	0.5 ~ 20 KPH / 0.31 ~ 12.43 MPH
<b>MOTOR</b>	AC 5.0HP(Treadmill Duty)
<b>INCLINE</b>	0 ~ 16%
<b>RUNNING SURFACE</b>	510 mm x 1,650 mm/ 20.0" x 64.9"
<b>ROLLERS</b>	100 mm / 3.9" commercial grade precision crowned steel rollers
<b>POWER</b>	110/120 VAC, 220/230 VAC, 50/60 HZ, 2,200 W
<b>DIMENSIONS</b>	2,275(L) x 969(W) x 1,650(H) mm /89.5" x 38.1" x 64.9"
<b>WEIGHT</b>	230 kg / 507 lb
<b>HEART RATE MONITORING</b>	Polar Touch Heart Rate / Heart Rate Telemetry(Optional)
<b>DISPLAY</b>	Built - in 18.5" LCD Touch Screen
<b>COMMUNICATION</b>	<ul style="list-style-type: none"> <li>Full menus controlled by Touch Screen</li> <li>Primary button for Start/Stop, Emergency, Hold/Resume</li> <li>Side button for Speed &amp; Incline</li> </ul>
<b>MOTOR CONTROL</b>	Sensorless Vector Control System
<b>ENTERTAINMENT</b>	<ul style="list-style-type: none"> <li>Built-in 18.5" Large LCD for TV, Gaming and Workout Program</li> <li>TV tuner, Composite input, S-Video input, Stereo speaker</li> <li>2 USB connectivity, MP3/WMV/DivX supported, AUX input</li> <li>Motivation Game, Built-in Mutual Trainer™, Goal-oriented Exercise</li> <li>Stereo Headphone Jack, Wireless Audio (Optional)</li> </ul>
<b>TV FEATURES</b>	<ul style="list-style-type: none"> <li>TV control : Touch Screen</li> <li>TV contents and workout data display</li> <li>Available Tuner Systems : NTSC, PAL, SECAM, DVB-T</li> </ul>
<b>MAX.USER WEIGHT</b>	180 kg / 397lb
<b>ADDITIONAL FUNCTIONS</b>	<ul style="list-style-type: none"> <li>8 point absorber</li> <li>Automatic stop function by detecting user's motion and position</li> <li>Large handrail with soft grips</li> <li>Double-sided deck (Lubrication free)</li> <li>Low step-up height : 257mm / 10.1"</li> </ul>



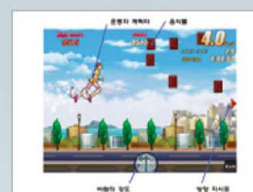
Training Character



Training with virtual Trainer



Exercising result information Data



Auto speed control Game

ITEM	SPECIFICATION
<b>FAST™</b>	<ul style="list-style-type: none"> <li>Real-time automatic speed control technology</li> <li>Speed adjusts automatically based on user's motion and without any buttons being pressed</li> </ul>
<b>SPEED</b>	0.1 ~ 21 KPH / 0.06 ~ 13.05 MPH
<b>MOTOR</b>	AC 4.5HP
<b>INCLINE</b>	0 ~ 15%
<b>RUNNING SURFACE</b>	510 mm x 1,540 mm/ 20.0" x 60.6"
<b>ROLLERS</b>	100 mm / 3.9" commercial grade precision crowned steel rollers
<b>POWER</b>	110/120 VAC, 220/230 VAC, 50/60 HZ, 2,200 W
<b>DIMENSIONS</b>	2,150(L) x 925(W) x 1,480(H) mm /86.4" x 36.4" x 58.3"
<b>WEIGHT</b>	200 kg / 441 lb
<b>HEART RATE MONITORING</b>	Polar Touch Heart Rate / Heart Rate Telemetry(Optional)
<b>DISPLAY</b>	Built - in 17" LCD Touch Screen
<b>COMMUNICATION</b>	<ul style="list-style-type: none"> <li>Full menus controlled by Touch Screen</li> <li>Membrane key buttons for Start/Stop, Emergency, Manual/Auto</li> </ul>
<b>MOTOR CONTROL</b>	Sensorless Vector Control System
<b>ENTERTAINMENT</b>	<ul style="list-style-type: none"> <li>Built-in 17" Large LCD for TV, Gaming and Workout Program</li> <li>TV tuner, Composite input, S-Video input, Stereo speaker</li> <li>USB connectivity, MP3/WMV/DivX supported, AUX input</li> <li>Motivation Game, Built-in Mutual Trainer™, Goal-oriented Exercise</li> </ul>
<b>TV FEATURES</b>	<ul style="list-style-type: none"> <li>TV control : Touch Screen</li> <li>TV contents and workout data display</li> <li>Available Tuner Systems : NTSC,PAL,SECAM</li> </ul>
<b>MAX.USER WEIGHT</b>	180 kg / 397lb
<b>ADDITIONAL FUNCTIONS</b>	<ul style="list-style-type: none"> <li>6 point absorber</li> <li>Automatic stop function by detecting user's motion and position</li> </ul>



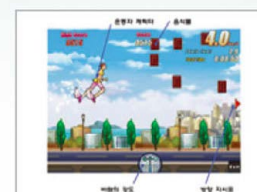
Training Character



Training with virtual Trainer



Exercising result information Data



Auto speed control Game









**HF00 TREADMILL**

**HF700 TREADMILL**

	HF00S	HF700
<b>SPEED</b>	0.5~20 Km/H (0.1Km/H Increment)	
<b>ELEVATION RANGE</b>	0 ~16%	
<b>MOTOR</b>	AC 3.0HP(Treadmill Duty)	
<b>DRIVE CONTROL</b>	<ul style="list-style-type: none"> <li>• AC Inverter/ Sinusoidal PWM Control</li> <li>• Stall Prevention / Overheat Prevention</li> <li>• Output phase error overload protection due to overcurrent, overvoltage, ground faults etc.</li> <li>• Built-in the program of treadmill only</li> </ul>	
<b>RUNNING BELT SIZE(mm)</b>	510(W) X 1650(L)	
<b>DIMENSION(mm)</b>	969(W) × 2275(L) × 1650(H)	
<b>WEIGHT</b>	225kg	230kg
<b>ROLLERS</b>	(Front, Rear) 100mm	
<b>DISPLAY</b>	Dotmatrix, FND, LED	18.5" LED, FND, LED
<b>DISPLAY DETAILS</b>	Time, Distance, Speed, Calorie, Heart Rate, Elevation Range	
<b>WORKOUT PROGRAM</b>	Peak(3kinds), Ramp(3kinds), Interval(3kinds), Irregular(3kinds), incline mode(3kinds)	
<b>PERSONALIZED WORKOUT SETTING PROGRAM</b>	Time, Calorie, Distance Setting	
<b>ADMINISTRATOR MODE</b>	Error, Total distance record, Time limit setting	
<b>HEART RATE SYSTEM</b>	Built in Touch Heart Rate System	
<b>MAX. USER WEIGHT</b>	180kg	
<b>POWER</b>	AC 220/230V, 50/60Hz	
<b>FEATURES</b>	<ul style="list-style-type: none"> <li>• Display the completion rate(%) in LED graph when setting of goal (Time, Distance).</li> <li>• Motor room dust cover / Active Cushioning / Anti-static walking belt</li> <li>• Reduction of vibration and noise by using the motor for vibration-absorbing type.</li> <li>• Urethane handrail</li> <li>• Aluminum body frame</li> <li>• USB video support</li> </ul>	
<b>WARRANTY</b>	1year	
<b>SAFE CERTIFICATE</b>	CE	
<b>OPTION</b>	<ul style="list-style-type: none"> <li>• Anti-static system, Auto tension</li> <li>• Built-in Wireless Polar Heart Rate Receiver</li> </ul>	



HF600S TREADMILL

HF600T TREADMILL

	HF600S	HF600T
<b>SPEED</b>	0.5~20 Km/H (0.1Km/H Increment)	
<b>ELEVATION RANGE</b>	0 ~16%	
<b>MOTOR</b>	AC 3.0HP(Treadmill Duty)	
<b>DRIVE CONTROL</b>	<ul style="list-style-type: none"> <li>• AC Inverter/ Sinusoidal PWM Control</li> <li>• Stall Prevention / Overheat Prevention</li> <li>• Output phase error overload protection due to overcurrent, overvoltage, ground faults etc.</li> <li>• Built-in the program of treadmill only</li> </ul>	
<b>RUNNING BELT SIZE(mm)</b>	510(W) X 1650(L)	
<b>DIMENSION(mm)</b>	969(W) x 2300(L) x 1650(H)	
<b>WEIGHT</b>	225kg	230kg
<b>ROLLERS</b>	(Front, Rear) 100mm	
<b>DISPLAY</b>	Dotmatrix, FND, LED	18.5" LED, FND, LED
<b>DISPLAY DETAILS</b>	Time, Distance, Speed, Calorie, Heart Rate, Elevation Range	
<b>WORKOUT PROGRAM</b>	Peak(3kinds), Ramp(3kinds), Interval(3kinds), Irregular(3kinds), incline mode(3kinds)	
<b>PERSONALIZED WORKOUT SETTING PROGRAM</b>	Time, Calorie, Distance Setting	
<b>ADMINISTRATOR MODE</b>	Error, Total distance record, Time limit setting	
<b>HEART RATE SYSTEM</b>	Built in Touch Heart Rate System	
<b>MAX. USER WEIGHT</b>	180kg	
<b>POWER</b>	AC 220/230V, 50/60Hz	
<b>FEATURES</b>	<ul style="list-style-type: none"> <li>• Display the completion rate(%) in LED graph when setting of goal (Time, Distance).</li> <li>• Motor room dust cover / Active Cushioning / Anti-static walking belt</li> <li>• Reduction of vibration and noise by using the motor for vibration-absorbing type.</li> <li>• Urethane handrail</li> <li>• USB video support</li> </ul>	
<b>WARRANTY</b>	1year	
<b>SAFE CERTIFICATE</b>	CE	
<b>OPTION</b>	<ul style="list-style-type: none"> <li>• Anti-static system, Auto tension</li> <li>• Built-in Wireless Polar Heart Rate Receiver</li> </ul>	





HF500T TREADMILL

HF500S TREADMILL

	HF500S	HF500T
<b>SPEED</b>	0.5~20 Km/H (0.1Km/H Increment)	
<b>ELEVATION RANGE</b>	0~16%	
<b>MOTOR</b>	AC 3.0HP(Treadmill Duty)	
<b>DRIVE CONTROL</b>	<ul style="list-style-type: none"> <li>• AC Inverter/ Sinusoidal PWM Control</li> <li>• Stall Prevention / Overheat Prevention</li> <li>• Output phase error overload protection due to overcurrent, overvoltage, ground faults etc.</li> <li>• Built-in the program of treadmill only</li> </ul>	
<b>RUNNING BELT SIZE(mm)</b>	510(W) X 1650(L)	
<b>DIMENSION(mm)</b>	920(W) x 2150(L) x 1480(H)	
<b>WEIGHT</b>	190kg	195kg
<b>ROLLERS</b>	(Front, Rear) 100mm	
<b>DISPLAY</b>	4 FND, LED	17" LCD, FND, LED
<b>DISPLAY DETAILS</b>	Time, Distance, Speed, Calorie, Heart Rate, Elevation Range	
<b>WORKOUT PROGRAM</b>	Peak, Twin Peak, Ramp, Progressive, Interval, Interval 2, Peak 2 Ramp 2 Course	
<b>PERSONALIZED WORKOUT SETTING PROGRAM</b>	Time, Distance Setting	
<b>ADMINISTRATOR MODE</b>	Error, Total distance record, Time limit setting	
<b>HEART RATE SYSTEM</b>	Built in Touch Heart Rate System	
<b>MAX. USER WEIGHT</b>	180kg	
<b>POWER</b>	AC 220/230V, 50/60Hz	
<b>FEATURES</b>	<ul style="list-style-type: none"> <li>• Display the completion rate(%) in LED graph when setting of goal (Time, Distance).</li> <li>• Motor room dust cover / Active Cushioning / Anti-static walking belt.</li> <li>• Reduction of vibration and noise by using the motor for vibration-absorbing type.</li> </ul>	
<b>WARRANTY</b>	1year	
<b>SAFE CERTIFICATE</b>	CE	
<b>OPTION</b>	<ul style="list-style-type: none"> <li>• Anti-static system, Auto tension</li> <li>• Built-in Wireless Polar Heart Rate Receiver</li> </ul>	



Elliptical Series







HH500S ELLIPTICAL

HH500S ELLIPTICAL

	HH500S	HH500T
<b>LOAD LEVEL</b>	30 steps	
<b>GENERATOR</b>	Self-Powered Generator type	
<b>DIMENSION(mm)</b>	650(W) x 2050(L) x 1800(H)	
<b>WEIGHT</b>	100kg	105kg
<b>DISPLAY</b>	FND, LED	12.1"LCD, FND, LED
<b>DIMENSION(mm)</b>	Time, Distance, Speed, Calorie, Heart rate, Power, Exercise resistance level	
<b>WORKOUT PROGRAM (12 KINDS BUILT-IN)</b>	PEAK(3kinds), RAMP(3kinds), INTERVAL(3kinds), IRREGULAR(3kinds), USER MODE	PEAK(3kinds), RAMP(3kinds), INTERVAL(3kinds), IRREGULAR(3kinds)
<b>HRC PROGRAM (5 KINDS BUILT-IN)</b>	HILL, INTERVAL_1, INTERVAL_2, CARDIO, FAT BURN	
<b>PERSONALIZED WORKOUT SETTING PROGRAM</b>	Time, Calorie, Distance setting	
<b>HEART RATE SYSTEM</b>	Built-in Touch Heart Rate System	
<b>MAX. USER WEIGHT</b>	150kg	
<b>POWER</b>	Self-Powered Generator	Self-Powered Generator LCD monitor : AC 220/230V, 50/60Hz
<b>OTHER FEATURES</b>	Cool Down, LED Graph	USB, Cool Down
<b>SAFE CERTIFICATE</b>	CE	
<b>WARRANTY</b>	1year	
<b>OPTION</b>	Wireless Polar Heart Rate Receiver	

Cycle Series







	HH700T	HH700S
<b>LOAD LEVEL</b>	30 steps	
<b>GENERATOR</b>	Self-Powered Generator type	
<b>DIMENSION(mm)</b>	650(W) x 1220(L) x 1500(H)	
<b>WEIGHT</b>	45kg	50kg
<b>SEAT HEIGHT ADJUSTMENT</b>	200mm adjustment possible (Absorber)	
<b>DISPLAY</b>	FND, LED	12.1"LCD, FND, LED
<b>DIMENSION(mm)</b>	Time, Distance, Speed, Calorie, Heart rate, Power, Exercise resistance level	
<b>WORKOUT PROGRAM (12 KINDS BUILT-IN)</b>	PEAK(3kinds), RAMP(3kinds), INTERVAL(3kinds), IRREGULAR(3kinds), USER MODE	PEAK(3kinds), RAMP(3kinds), INTERVAL(3kinds), IRREGULAR(3kinds)
<b>HRC PROGRAM (5 KINDS BUILT-IN)</b>	HILL, INTERVAL_1, INTERVAL_2, CARDIO, FAT BURN	
<b>PERSONALIZED WORKOUT SETTING PROGRAM</b>	Time, Calorie, Distance setting	
<b>HEART RATE SYSTEM</b>	Built-in Touch Heart Rate System	
<b>MAX. USER WEIGHT</b>	150kg	
<b>POWER</b>	Self-Powered Generator	Self-Powered Generator LCD monitor : AC 220/230V, 50/60Hz
<b>OTHER FEATURES</b>	Cool Down, LED Graph	USB, Cool Down
<b>SAFE CERTIFICATE</b>	CE	
<b>WARRANTY</b>	1year	
<b>OPTION</b>	Wireless Polar Heart Rate Receiver	





FF500T RECUMBENT BIKE

FF500S RECUMBENT BIKE

	FF500S	FF500T
LOAD LEVEL	30 steps	
GENERATOR	Self-Powered Generator type	
DIMENSION(mm)	650(W) x 1450(L) x 1400(H)	
WEIGHT	70kg	75kg
SEAT HEIGHT ADJUSTMENT	23 steep possible	
DISPLAY	FND, LED	12.1"LCD, FND, LED
DIMENSION(mm)	Time, Distance, Speed, Calorie, Heart rate, Power, Exercise resistance level	
WORKOUT PROGRAM (12 KINDS BUILT-IN)	PEAK(3kinds), RAMP(3kinds), INTERVAL(3kinds), IRREGULAR(3kinds), USER MODE	PEAK(3kinds), RAMP(3kinds), INTERVAL(3kinds), IRREGULAR(3kinds)
HRC PROGRAM (5 KINDS BUILT-IN)	HILL, INTERVAL_1, INTERVAL_2, CARDIO, FAT BURN	
PERSONALIZED WORKOUT SETTING PROGRAM	Time, Calorie, Distance setting	
HEART RATE SYSTEM	Built-in Touch Heart Rate System	
MAX. USER WEIGHT	150kg	
POWER	Self-Powered Generator	Self-Powered Generator LCD monitor : AC 220/230V, 50/60Hz
OTHER FEATURES	Cool Down, LED Graph	USB, Cool Down
SAFE CERTIFICATE	CE	
WARRANTY	1year	
OPTION	Wireless Polar Heart Rate Receiver	









THE SMART LIFE BEGINS  
FREVOLA