Fitness professionnel

Cardio, entraînement de force et équipements

CATALOGUE PRODUITS

HFS GROUP HEALTH FIT & SPORT

A VOTRE SERVICE DEPUIS 1995

SENZA™

The SENZA™ touchscreen console provides your favorite modes of entertainment, quickly engaged and fully customizable workouts, and interactive SENZA™ Journeys, all at the control of your fingertips.

- Design a customized workout to simulate your favorite course
- SENZA™ Journeys immerse you on a ride along the water in San Diego or to the Golden Gate Bridge
- Connect your cable box or your over-the-air antenna to watch TV
- Connect your SENZA™ console to the Internet to keep bingeing your favorite Netflix™ series, to watch the latest trending videos on YouTube™, or to browse the Internet
- Mirror your phone to the console with the optional ANYcast mirroring technology
- Choose from a wide variety of preset workouts to keep fitness fun and engaging
- Begin a workout in as little as one, single screen tap





PROGRAMS // SENZA™ comes equipped with a full library of workout programs that contribute to your users fitness goals, enhance their lifestyle and accommodate their time constraints.



ANYCAST // Stream Apple, Android or Windows devices directly to the large SENZA™ screen through a simple screen mirroring function, allowing users to watch videos or interact with their favorite apps.



TV/INTERNET // Our high-resolution screen delivers crystal clear television viewing and internet browsing with a variety of customization options to fit your facility's changing needs.



SENZA™ JOURNEY // Our 13 virtual workouts allow users to explore various sceneries while the Dynamic Speed Optimization increases user engagement by speeding up or slowing down the video to match the user's pace.

ECO-POWR™

AN INNOVATIVE TECHNOLOGY THAT HARNESSES UP TO 74% OF HUMAN ENERGY AND CONVERTS IT INTO UTILITY GRADE ELECTRICITY.

Simply plug a single ECO-POWR™ product, or daisy-chain up to 6 units, into a standard outlet, workout and reduce your carbon footprint while lowering power consumption.



- Create a new metric to track workouts based on watt production
- Provide a sense of meaningfulness to working out by giving back to the environment
- Lower facility energy consumption
- Attract and engage sustainably minded members







SA WELL+™

THE SOFTWARE ECOSYSTEM THAT SEAMLESSLY ENHANCES THE BENEFITS OF ECO-POWR™ PRODUCTS.

SA WELL+™ includes energy production tracking, a leaderboard, asset management and a user app to track individual workouts and lifetime watts produced.



Home screen display provides real-time data on energy generated and environmental impact.



Leaderboard display visualizes the top energy producers in a competitive fashion.



Asset Management Portal accumulates usages stats and device error code on equipment.



User app tracks a user's traditional workout stats and energy generated data in real time.



Build your own custom workout with SENZA™ consoles.

VERDE NON-MOTORIZED TREADMILL

THE SLEEKLY DESIGNED VERDE TREADMILL COMBINES NON-MOTORIZED TECHNOLOGY, AN EXTREMELY LOW FRICTION BELT AND A SMART BRAKING SYSTEM TO PROVIDE AN APPROACHABLE, SAFE AND VERSATILE UNIT THAT CATERS TO A BROAD SPECTRUM OF USERS.

REVERSE ENERGY CONSUMPTION
Integrated with the revolutionary ECO-POWR™ technology that captures human exertion and turns it into usable electricity.

FLAT SLAT BELT
Provides an approachable, non-motorized experience that requires little to no learning curve for new users.

SMART BRAKING SYSTEM
Creates a safe start belt lock when beginning a workout and allows users to control their speed or resistance as they would on a traditional treadmill.

ON-THE-FLY MODE CHANGE
Mix up the workout intensity with the ability to quickly switch between run and push modes for an effective HIIT experience.

G690 ECO-POWR™ VERDE TREADMILL

- Generate up to 200 watt-hours
- ECO-POWR™ integrated micro-inverter
- Sled-push mode
- Low, fixed degree incline
- Generous 21 x 58 inch (53.3 x 147.3 cm) running surface
- Standard contact and wireless heart rate sensors
- Console and toggle controls for speed and resistance
- USB Port for device charging
- 3-speed fan
- Headphone jack with built-in volume control
- LCD console
- SA WELL+™ compatible















MOTORIZED TREADMILLS

SUSTAINABLY FOCUSED, MOTORIZED TREADMILLS THAT OFFER REMARKABLY NATURAL RUNNING SURFACES AND PREMIUM FEATURES TO EXCEED USERS' EXPECTATIONS.

REDUCED ENERGY CONSUMPTION
The motorized treadmills utilize an ECO-DRIVE™ motor that uses 32% less energy than other traditional motors.

AUTOMATIC MAINTENANCE
ECO-GLIDE™ Auto Lubrication System gradually releases lubricant during use, reducing belt friction and the need for regular maintenance.

SHOCK ABSORPTION
MyFlex™ Plus deck cushioning system provides a natural running feel while its 4-way cushioning offers 30% more shock absorption.

QUICK ADJUSTMENTS
Toggle controls allow quick and easy speed and incline adjustments mid-workout.











T676 ECO-NATURAL™ TREADMILL

- ECO-DRIVE™ energy efficient motor
- ECO-GLIDE™ Auto Lubrication System
- 0.15–17.0 mph (0.25-27 kph) speed range
- -3 to 15% incline range
- Generous 22 x 62 inch (55.9 x 157.5 cm) running surface
- Standard contact and wireless heart rate sensors
- Console and toggle controls for speed and incline
- USB Port for device charging
- CSAFE port
- 3-speed fan
- 3-ply anti-static carbon-weave belt
- LCD console
- SA WELL+™ compatible







T676-19" SENZA™ TREADMILL

- 19 inch SENZA™ Touchscreen
- 13 SENZA™ Journey workouts
- ECO-DRIVE™ energy efficient motor
- ECO-GLIDE™ Auto Lubrication System
- 0.15–17.0 mph (0.25-27 kph) speed range
- -3 to 15% incline range
- Generous 22 x 62 inch (55.9 x 157.5 cm) running surface
- Standard contact and wireless heart rate sensors
- Console and toggle controls for speed and incline
- USB Port for device charging
- CSAFE port
- 3-speed fan
- 3-ply anti-static carbon-weave belt
- SA WELL+™ compatible







ALTERNATE TRAINERS

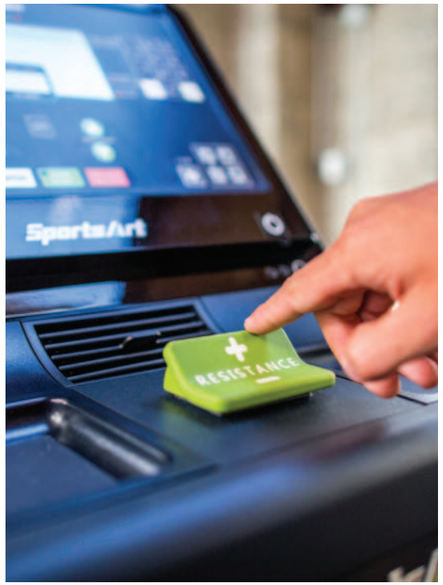
THE ELEGANTLY DESIGNED 3-IN-1 CROSS TRAINERS THAT OFFER A CUSTOMIZABLE, APPROACHABLE AND ENGAGING EXPERIENCE. VERSO COMBINES ELLIPTICAL, STEPPER AND CYCLE MOVEMENTS INTO ONE MACHINE WITH INTUITIVE CONTROLS.

3 TRAINING MODES
Save space by offering the functionality of an elliptical, stepper and cycle in a single machine.

ON-THE-FLY MODE CHANGE
Add variety to workouts by easily switching between training modes with the touch of a button.

ELECTRONICALLY SET MOTION PATHS
Low learning curve with electronically controlled motion paths that are customizable to fit any stride preference.






CYCLE MODE


ELLIPTICAL MODE


STEPPER MODE

G886 ECO-POWR™ VERSO CROSS TRAINER

- Generate up to 250 watt-hours
- ECO-POWR™ integrated micro-inverter
- 15–31 inch elliptical stride length
- 4.75–10 inch elliptical stride height
- 6–10 inch stepper height
- 8.5–14.5 inch cycle diameter
- Fingertip, console and toggle controls
- 40 levels of resistance
- 3-speed fan
- Standard contact and wireless heart rate sensors
- LCD console
- SA WELL+™ compatible



V886 ECO-NATURAL™ VERSO CROSS TRAINER

- Self-powered, cordless design
- 15–31 inch elliptical stride length
- 4.75–10 inch elliptical stride height
- 6–10 inch stepper height
- 8.5–14.5 inch cycle diameter
- Fingertip, console and toggle controls
- 40 levels of resistance
- Standard contact and wireless heart rate sensors
- LCD console
- SA WELL+™ compatible



V886-16” SENZA™ VERSO CROSS TRAINER

- 16 inch SENZA™ Touchscreen
- 13 SENZA™ Journey workouts
- 15–31 inch elliptical stride length
- 4.75–10 inch elliptical stride height
- 6–10 inch stepper height
- 8.5–14.5 inch cycle diameter
- Fingertip, console and toggle controls
- 40 levels of resistance
- 3-speed fan
- Standard contact and wireless heart rate sensors
- SA WELL+™ compatible



ALTERNATE TRAINERS

THE ALTERNATE TRAINERS PROVIDE EFFECTIVE FULL-BODY WORKOUTS WITH PREMIUM FEATURES TO KEEP USERS SAFE, ENGAGED, AND STRIVING TO BE THEIR BEST SELF.

REVERSE ENERGY CONSUMPTION
The G260 and G778 feature the revolutionary ECO-POWR™ technology that captures human exertion and turns it into usable electricity.

QUICK ADJUSTMENTS
Our Alternate Trainers feature fingertip controls for quick and easy adjustment on-the-fly.

INTENSITY INDICATOR
The G260 Rower features a color-changing LED console indicates workout intensity, allowing for specific training cues and insights.

CUSTOMIZABLE EXPERIENCE
Our Steppers boast a large speed range and ample pre-set workout programs provides a fine-tuned workout experience.









G260 ECO-POWR™ ROWER

- ECO-POWR™ energy-generating technology adds an entirely new metric and message to working out
- Color-changing LED console changes color based upon the number of watts being generated - indicating both intensity and energy production
- Biomechanically-focused pivoting pedals and wireless resistance controls keep users comfortably engaged



G778 ECO-POWR™ STEPPER

- ECO-POWR™ energy-generating technology adds an entirely new metric and message to working out
- Fingertip controls and wide speed range lets user's seamlessly fine-tune their workout
- Stair lock, auxillary steps, handrails, and quick-access emergency stop button keep exercisers safe during ingress, workout, and egress



S715 STEPPER

- Smooth electromagnetic resistance creates a comfortable workout experience
- Race inspired handles with dual contact heart rate sensors keep users engaged
- 15 inch step range and 40 level of resistance provide a customizable workout



ELLIPTICALS

BIOMECHANICALLY FOCUSED ELLIPTICALS EMBODY SEAMLESS CUSTOMIZATION WITH A SUPREMELY NATURAL STRIDE TO OFFER USERS A LOW IMPACT, HIGHLY-EFFICIENT AND PERSONALIZED EXPERIENCE.

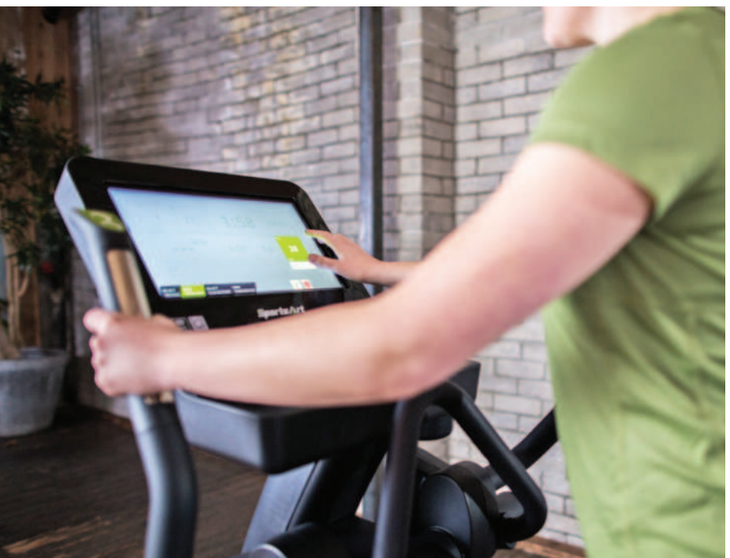
LOW IMPACT
The MyFlex™ Plus cushioning system provides a comfortable workout platform that absorbs shock for a smooth low-impact workout.

NATURAL STRIDE PATTERN
Researchers at the Madonna Institute established that Ellipticals offer the industry's most natural gait pattern.

ON-THE-FLY CHANGES
Electronically adjustable stride length and resistance levels through console, toggle and fingertip controls.









G876 ECO-POWR™ ELLIPTICAL

- Generate up to 250 watt-hours
- ECO-POWR™ integrated micro-inverter
- Industry leading 17–29 inch electronically adjustable stride length
- MyFlex™ pedal cushioning
- 40 levels of resistance
- Fingertip, console, and toggle controls for easy adjustments
- Standard contact and wireless heart rate sensors
- LCD console
- SA WELL+™ compatible



E876 ECO-NATURAL™ ELLIPTICAL

- Self-powered, cordless design
- Industry leading 17–29 inch electronically adjustable stride length
- MyFlex™ pedal cushioning
- 40 levels of resistance
- Fingertip, console, and toggle controls for easy adjustments
- Standard contact and wireless heart rate sensors
- LCD console
- SA WELL+™ compatible



E876-16" SENZA™ ELLIPTICAL

- 16 inch SENZA™ Touchscreen
- 13 SENZA™ Journey workouts
- Industry leading 17–29 inch electronically adjustable stride length
- MyFlex™ pedal cushioning
- 40 levels of resistance
- Fingertip, console, and toggle controls for easy adjustments
- Standard contact and wireless heart rate sensors
- SA WELL+™ compatible



ELLIPTICALS

BIOMECHANICALLY FOCUSED ELLIPTICALS EMBODY SEAMLESS CUSTOMIZATION WITH A SUPREMELY NATURAL STRIDE TO OFFER USERS A LOW IMPACT, EASILY ACCESSIBLE, HIGHLY-EFFICIENT AND PERSONALIZED EXPERIENCE.

LOW IMPACT
The MyFlex™ cushioning system provides a comfortable workout platform that absorbs shock for a smooth low-impact workout.

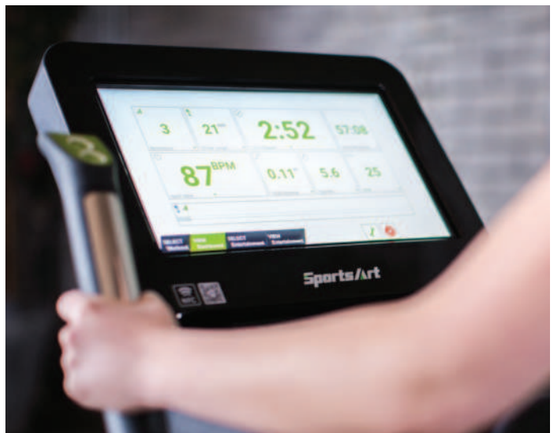
EASE-OF-USE
Rear-entry coupled with ultra-low step-up height makes these front-drive ellipticals easy and safe to access

ON-THE-FLY CHANGES
Electronically adjustable stride length and resistance levels through console, toggle and fingertip controls.









G866 ECO-POWR™ FRONT-DRIVE ELLIPTICAL

- ECO-POWR™ energy-generating technology harnesses human power to produce usable electricity
- Compact front-drive design makes efficient use of floor space
- 40 levels of resistance, fingertip controls, and adjustable stride length create a highly customizable and tailored workout experience



E866 ECO-NATURAL™ FRONT-DRIVE ELLIPTICAL

- 40 levels of resistance, fingertip controls, and adjustable stride length create a highly customizable and tailored workout experience
- Compact front-drive design makes efficient use of floor space
- Self-powered design reduces energy consumption and removes the need to be near an outlet



E866-16" SENZA™ FRONT-DRIVE ELLIPTICAL

- 40 levels of resistance, fingertip controls, and adjustable stride length create a highly customizable and tailored workout experience
- Compact front-drive design makes efficient use of floor space
- Integrated SENZA™ touchscreen provides users with ample pre-set workout programs, entertainment options, and customizability



UPRIGHT CYCLES

MOTIVATE USERS WITH EASILY ACCESSIBLE AND ADJUSTABLE UPRIGHT CYCLES THAT FEATURE INTUITIVE CONTROLS AND EASY ADJUSTMENT POINTS FOR A COMFORTABLE AND EFFICIENT WORKOUT.

OPTIMAL POSITIONING
The multi-point seat adjustments provide unparalleled comfort by customizing to each user's specific needs.

SAFETY FIRST DESIGN
Unique low profile shrouds allow easy and safe access and departure from workouts.

TOGGLE CONTROLS
Adjust workout resistance with intuitive toggle controls.

OVERSIZED FOOT PEDALS
Offers quick strap adjustments and a comfortable base.









G576U ECO-POWR™ UPRIGHT CYCLE

- Generate up to 250 watt-hours
- ECO-POWR™ integrated micro-inverter
- 40 levels of workout resistance
- Standard contact and wireless heart rate sensors
- Fingertip, console, and toggle controls for easy adjustment
- Vertical and horizontal seat adjustment
- Low profile shroud
- 3-speed fan
- LCD console
- SA WELL+™ compatible



C576U ECO-NATURAL™ UPRIGHT CYCLE

- Self-powered, cordless design
- 40 levels of resistance
- Standard contact and wireless heart rate sensors
- Fingertip, console, and toggle controls for easy adjustment
- Vertical and horizontal seat adjustment
- Low profile shroud
- LCD console
- SA WELL+™ compatible



C576U-16" SENZA™ UPRIGHT CYCLE

- 16 inch SENZA™ Touchscreen
- 13 SENZA™ Journey workouts
- 40 levels of resistance
- Standard contact and wireless heart rate sensors
- Fingertip, console, and toggle controls for easy adjustment
- Vertical and horizontal seat adjustment
- Low profile shroud
- 3-speed fan
- SA WELL+™ compatible



RECUMBENT CYCLES

THOUGHTFULLY DESIGNED RECUMBENT CYCLES WITH PREMIUM EASE-OF-USE FEATURES CREATING AN ENGAGING WORKOUT GEARED TOWARDS INDIVIDUALS PURSUING AN ACTIVE LIFESTYLE.

COMFORTDRI™
Vented and padded seat back allows airflow throughout the workout while its molded design provides ultimate support.

STEP-THROUGH DESIGN
A unique step-through design allows safe and easy access to and from the workout.

WIDE SEAT
The workout base offers a wide, cushioned seat for optimal comfort throughout the entirety of the workout.

TOGGLE CONTROLS
Fingertip and toggle controls provide simple and intuitive ways to adjust workout resistance levels.







G576R ECO-POWR™ RECUMBENT CYCLE

- Generate up to 250 watt-hours
- ECO-POWR™ integrated micro-inverter
- 40 levels of resistance
- Standard contact and wireless heart rate sensors
- Fingertip, console, and toggle controls for easy adjustment
- Horizontal seat and backrest adjustments
- Step-through design
- 3-speed fan
- LCD console
- SA WELL+™ compatible



C576R ECO-NATURAL™ RECUMBENT CYCLE

- Self-powered, cordless design
- 40 levels of resistance
- Standard contact and wireless heart rate sensors
- Fingertip, console, and toggle controls for easy adjustment
- Horizontal seat and backrest adjustments
- Step-through design
- LCD console
- SA WELL+™ compatible



C576R-16” SENZA™ RECUMBENT CYCLE

- 16 inch SENZA™ Touchscreen
- 13 SENZA™ Journey workouts
- 40 levels of resistance
- Standard contact and wireless heart rate sensors
- Fingertip, console, and toggle controls for easy adjustment
- Horizontal seat and backrest adjustments
- Step-through design
- 3-speed fan
- SA WELL+™ compatible



INDOOR CYCLES

’S INDOOR CYCLES ARE DESIGNED TO MEET OUR USER’S NEEDS AND EXCEED THEIR EXPECTATIONS. OFFERING THREE DIFFERENT INDOOR CYCLES TO FULFILL CUSTOMERS VARYING NEEDS—BE IT SUSTAINABLE, FINANCIAL OR FEATURE-BASED NEEDS.

ENERGY CONSCIOUS
Eliminate electricity consumption with our fully self-powered indoor cycles or make use of patented ECO-POWR™ technology to harness human movement and generate energy.

RESISTANCE MECHANISMS
Friction, permanent magnet, and electromagnetic based resistance systems are all designed to work seamlessly and comfortably for the end-user.

NATURAL RIDE FEEL
Precision engineered flywheels maintain inertial energy for a more natural feeling ride.







G516 ECO-POWR™ VATIO INDOOR CYCLE

- ECO-POWR™ energy-generating technology harnesses human power to produce usable electricity
- Color-changing led console indicates both intensity and number of watts being generated - useful for user insights and potential training cues
- Dual-sided SPD pedals and multiple adjustment points mean a comfortable and customizable ride for a wide range of user sizes



C516 ECO-NATURAL™ VATIO INDOOR CYCLE

- Permanent magnet and resistance lever create a smooth, natural ride with easy on-the-fly adjustments
- Color-changing led console indicates intensity - providing valuable insights and potential training cues
- Dual-sided SPD pedals and multiple adjustment points mean a comfortable and customizable ride for a wide range of user sizes
- Self-powered design reduces energy consumption and removes the need to be near an outlet



C510 INDOOR CYCLE

- Variable friction system allows for fine-tuned resistance control
- Streamlined setup and console keep the focus on what matters, attaining an efficient and comfortable workout
- Self-powered design reduces energy consumption and removes the need to be near an outlet
- Console is optional



SPECIFICATIONS

TREADMILLS

Product	Unit Weight	Dimensions (LxWxH)	Running Area (LxW)	Speed Range	Incline Range	Drive Motor	Resistance Levels	Step Up Height	Max User Weight
G690	567.6 lbs 258 kg	84.1 x 35.6 x 65.2 in 213.6 x 90.5 x 165.5 cm	58 x 21 in 147.3 x 53.3 cm	2.0–15.0 mph 3.0–24.0 kph	Fixed 7% Incline	N/A	6	12 in 30.5 cm	330 lbs 150 kg
T676	453.2 lbs 203 kg	84.9 x 35.6 x 59.3 in 215.6 x 90.5 x 150.6 cm	62 x 22 in 157.5 x 55.9 cm	0.15–17.0 mph 0.25–27.0 kph	-3 to 15%	6.0 EAC Servo	N/A	10.6 in 27 cm	500 lbs 227 kg
T676-19”	453.2 lbs 206 kg	84.9 x 35.6 x 59.3 in 215.6 x 90.5 x 150.6 cm	62 x 22 in 157.5 x 55.9 cm	0.15–17.0 mph 0.25–27.0 kph	-3 to 15%	6.0 EAC Servo	N/A	10.6 in 27 cm	500 lbs 227 kg

ALTERNATE TRAINERS

Product	Unit Weight	Dimensions (LxWxH)	Resistance Levels	Elliptical Stride Length	Elliptical Stride Height	Cycle Diameter	Stepper Stride Height	Step Up Height Elliptical	Step Up Height Cycle	Step Up Height Stepper	Max User Weight
G886	598.4 lbs 272 kg	102.9 x 37 x 70.1 in 261.5 x 94 x 178 cm	40	15–31 in 38–79 cm	4.75–10 in 12.1–25.4 cm	8.5–14.5 in 21.5–37 cm	6–10 in 15.5–25.5 cm	9 in 23 cm	9.8 in 25 cm	6.5 in 16.5 cm	500 lbs 227 kg
V886	607.2 lbs 276 kg	102.9 x 37 x 70.1 in 261.5 x 94 x 178 cm	40	15–31 in 38–79 cm	4.75–10 in 12.1–25.4 cm	8.5–14.5 in 21.5–37 cm	6–10 in 15.5–25.5 cm	9 in 23 cm	9.8 in 25 cm	6.5 in 16.5 cm	500 lbs 227 kg
V886-16”	607.2 lbs 276 kg	102.9 x 37 x 70.1 in 261.5 x 94 x 178 cm	40	15–31 in 38–79 cm	4.75–10 in 12.1–25.4 cm	8.5–14.5 in 21.5–37 cm	6–10 in 15.5–25.5 cm	9 in 23 cm	9.8 in 25 cm	6.5 in 16.5 cm	500 lbs 227 kg

Product	Unit Weight	Dimensions (LxWxH)	Resistance Levels	Resistance Mechanism	Max User Weight
G260	173 lbs / 78.5 kg	95.1 x 21.1 x 48.8 in / 241.6 x 53.6 x 124 cm	10	Electromagnetic	500 lbs / 227 kg

Product	Unit Weight	Dimensions (LxWxH)	SPM	Stair Height	Stair Depth	Stair Width	Step-Up Height	Max User Weight
G778	474 lbs 215 kg	63.7 x 35.7 x 85.4 in 161.8 x 90.7 x 216.9 cm	20-180	7.6 in 19.3 cm	10.2 in 26 cm	20.9 in 53 cm	10.2 in 26 cm	400 lbs 180 kg

Product	Unit Weight	Dimensions (LxWxH)	Resistance Levels	Step Height Range	Max User Weight
S715	234 lbs / 106 kg	55 x 31 x 71.8 in / 140 x 79 x 182.5 cm	40	4.3–19.3 in / 11–49 cm	330 lbs / 150 kg

ELLIPTICALS

Product	Unit Weight	Dimensions (LxWxH)	Resistance Levels	Stride Length	Step Up Height	Max User Weight
G876	407 lbs / 185 kg	87.5 x 26.4 x 69 in / 222.2 x 67 x 175.6 cm	40	17–29 in / 45–73 cm	12.7 in / 32.3 cm	500 lbs / 227 kg
E876	407 lbs / 185 kg	87.5 x 26.4 x 69 in / 222.2 x 67 x 175.6 cm	40	17–29 in / 45–73 cm	12.7 in / 32.3 cm	500 lbs / 227 kg
E876-16”	409.2 lbs / 186 kg	87.5 x 26.4 x 69 in / 222.2 x 67 x 175.6 cm	40	17–29 in / 45–73 cm	12.7 in / 32.3 cm	500 lbs / 227 kg
G866	327.8 lbs / 149 kg	79.1 x 28.1 x 66.3 in / 201 x 71.5 x 168.4 cm	40	16–28 in / 40.6– 71.1 cm	7.7 in / 19.5 cm	500 lbs / 227 kg
E866	336.6 lbs / 153 kg	79.1 x 28.1 x 66.3 in / 201 x 71.5 x 168.4 cm	40	16–28 in / 40.6– 71.1 cm	7.7 in / 19.5 cm	500 lbs / 227 kg
E866-16”	327.8 lbs / 149 kg	79.1 x 28.1 x 66.3 in / 201 x 71.5 x 168.4 cm	40	16–28 in / 40.6– 71.1 cm	7.7 in / 19.5 cm	500 lbs / 227 kg

UPRIGHT & RECUMBENT CYCLES

Product	Unit Weight	Dimensions (LxWxH)	Resistance Levels	Max User Weight
G576U	213.4 lbs / 97 kg	49.7 x 27 x 59.1 in / 126.1 x 68.5 x 150.1 cm	40	500 lbs / 227 kg
C576U	222.2 lbs / 101 kg	49.7 x 27 x 59.1 in / 126.1 x 68.5 x 150.1 cm	40	500 lbs / 227 kg
C576U-16”	222.2 lbs / 101 kg	49.7 x 27 x 59.1 in / 126.1 x 68.5 x 150.1 cm	40	500 lbs / 227 kg
G576R	261.8 lbs / 119 kg	69 x 26 x 54.8 in / 175.2 x 66 x 139.2 cm	40	500 lbs / 227 kg
C576R	275 lbs / 125 kg	69 x 26 x 54.8 in / 175.2 x 66 x 139.2 cm	40	500 lbs / 227 kg
C576R-16”	275 lbs / 125 kg	69 x 26 x 54.8 in / 175.2 x 66 x 139.2 cm	40	500 lbs / 227 kg

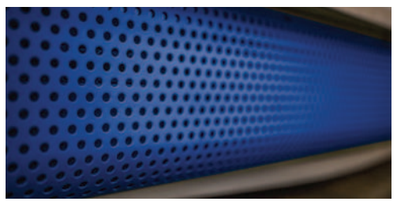
INDOOR CYCLES

Product	Unit Weight	Dimensions (LxWxH)	Resistance Levels	Flywheel Weight	Max User Weight
G516	152.9 lbs / 69.5 kg	50.2 x 21.5 x 44.7 in / 127.5 x 54.6 x 118.5 cm	40	22 lbs / 10 kg	350 lbs / 160 kg
C516	140.8 lbs / 64 kg	50.2 x 21.5 x 44.7 in / 127.5 x 54.6 x 118.5 cm	24	11 lbs / 5 kg	350 lbs / 160 kg
C510	116.6 lbs / 53 kg	40.9 x 25.6 x 48.4 in / 104 x 65 x 123 cm	Variable	44 lbs / 20 kg	330 lbs / 150 kg

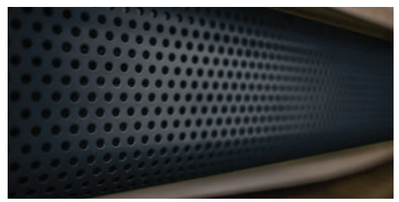
COLOR CUSTOMIZATION

THE STATUS CARDIO ECO-NATURAL™ AND SENZA™ LINES COME STANDARD WITH COPPER SIDE PANELS BUT EACH PRODUCT, WITHIN THESE TWO PRODUCT LINES, CAN BE TAILORED TO FIT YOUR FACILITY’S COLOR NEEDS WITH THE FOLLOWING FIVE COLOR OPTIONS.

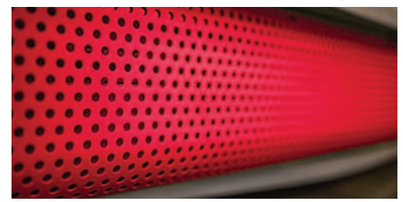
*Speak with your sales representative for cost and lead time information



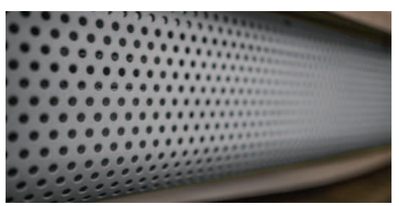
BLUE PANTONE 287C



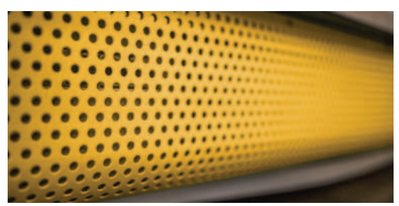
CHARCOAL PANTONE 433C



RED PANTONE 185C



SILVER PANTONE 877C



YELLOW PANTONE 123C







A pioneer in sustainable fitness, has been innovating design and manufacturing premium fitness equipment since 1977. Our mission is to engineer beautiful, smart, innovative products and technologies that help sustain the health of people and our planet. Our ECO-POWR™ line, the world's only energy-generating cardio equipment, features patented technology that captures 74% of the energy generated during a workout and feeds it back into the grid. Along with ECO-POWR™, offers a full range of high-quality cardio, strength and rehabilitation equipment for the fitness, medical and residential markets.

Our state-of-the-art, 500,000+ square foot manufacturing space is ISO-14001 certified, enabling us to design, manufacture and test our products in a way that reduces overall environmental impact. Today, is one of the world's largest single-brand manufacturers and sold in over 70 countries. By creating fitness solutions that positively impact users, partners and our planet, is inspiring performance for our shared world.















There is no complex process or set-up for ECO-POWR™ Elite. Simply plug it in and it's ready to generate electricity, deliver intense and effective workouts, minimize maintenance, and meet sustainability goals and mandates.

The Elite Series is the latest addition to the family of fitness equipment, offering the same industry-leading warranty, modern design and user-friendly accessibility as the Status Series, but at a lighter cost.











The ECO-NATURAL™ Elite line allows you the freedom to place your equipment anywhere with our self-powered machines or run on a treadmill with one of the most efficient motors in the market.

G660 ECO-POWR™ TREADMILL

The non-motorized G660 generates usable electricity with every workout. Walk, jog, run and push capabilities guarantee an effective workout for all. User-friendly controls and a smart braking system deliver an intuitive experience. The G660 is durable, simple and sustainable, inspiring performance for users and facilities.





KEY FEATURES

- ECO-POWR™ patented technology turns your movement into energy
- 2.0 - 12 mph speed range for almost every pace
- Flat, slat-belt design provides a durable and real running experience
- Eco-friendly, non-motorized technology saves electricity and reduces maintenance needs
- Add HIIT sets to your workout with our PUSH mode









T674L TREADMILL

’s T674L treadmill comes with one of the most efficient motors on the market. Built-in comfort and reliability features keep you focused on your health and peace of mind, reducing stress on your body and maintenance schedule. Choose between our standard LCD console or our interactive SENZA™ console.









KEY FEATURES

- ECO-DRIVE™ motor is more energy-efficient than traditional treadmill motors
- Worry-free ECO-GLIDE™ auto-lubrication system keeps the treadmill running smoothly longer
- Run comfortably with our MyFlex+ omni-directional cushioning system
- Intuitive toggle controls allow users to easily adjust speed and incline in the midst of taxing workouts.

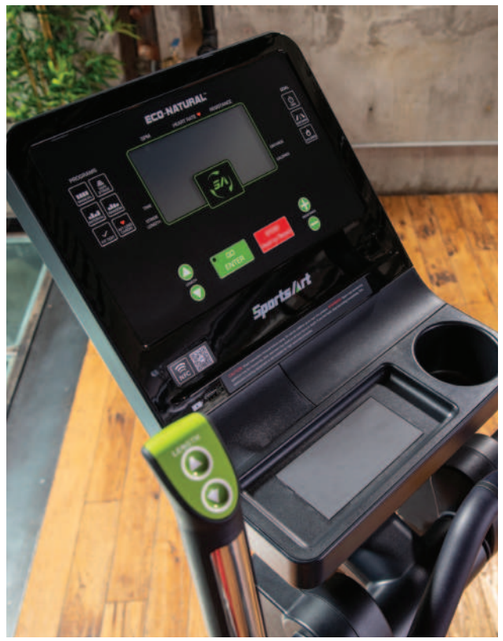




ELLIPTICALS

The elliptical is engineered with biomechanically-focused movement that closely resembles a natural walking and running stride. With its adjustable stride length, fingertip controls and MyFlex™ pedal cushioning system, the elliptical delivers a comfortable, low-impact and highly efficient workout that empowers healthier people to create a healthier planet.









G874 ECO-POWR™ ELLIPTICAL

- Integrated ECO-POWR™ micro-inverter turns movement into energy
- Electronically adjustable stride to accommodate users of various sizes and motion paths
- Intuitive fingertip controls adjust resistance and stride length without stopping your workout
- MyFlex™ pedal cushion keeps users comfortable throughout the entirety of the workout







E874 ECO-NATURAL™ ELLIPTICAL

- Electronically adjustable stride to accommodate users of various sizes and motion paths
- Intuitive fingertip controls adjust resistance and stride length without stopping your workout
- MyFlex™ pedal cushion keeps users comfortable throughout the entirety of the workout
- No outlet, no problem. The self-powered technology lets you work out without plugging in





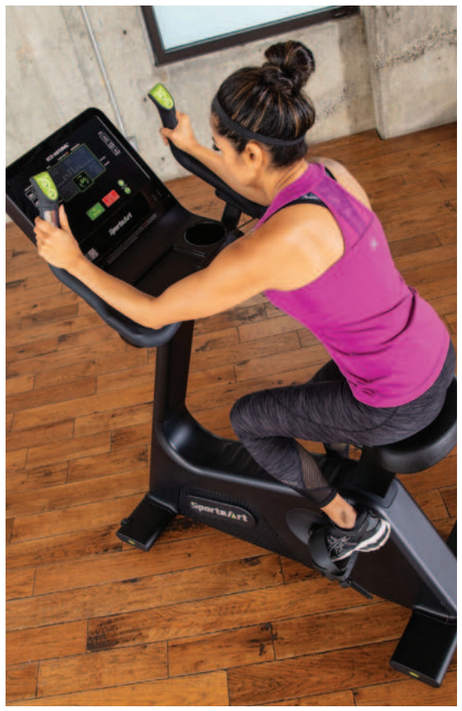


UPRIGHT CYCLES

Our upright cycle is engineered specifically for low- to non-impact exercises. Fingertip resistance controls, contact heart rate sensors, low-profile shroud, and adjustable seat provide a comfortable and effective workout. Durable, simple and sustainable, cycles inspire performance for our shared world.











G574U ECO-POWR™ UPRIGHT CYCLE

- Every turn of the pedal helps power your lights with our built-in ECO-POWR™ technology
- Adjust the intensity of your ride with our fingertip controls
- Comfortable, padded seat with simple adjustment points
- Low-profile shroud allows for easy ingress and egress
- 40 levels of resistance for a fun Sunday ride or to train for a race







C574U ECO-NATURAL™ UPRIGHT CYCLE

- Adjust the intensity of your ride with our fingertip controls
- Comfortable, padded seat with simple adjustment points
- Low-profile shroud allows for easy ingress and egress
- 40 levels of resistance for a fun Sunday ride or to train for a race
- The self-powered technology let’s you workout anywhere you want







RECUMBENT CYCLES

’s recumbent cycle provides an effective workout while taking it easy on your knees, ankles, back, and shoulders. Fingertip resistance controls, contact heart rate sensors, easy step-through design, and adjustable seat and backrest provide a comfortable, engaging and effective workout. Our recumbent cycle inspires performance for users, facilities and our shared world.









G574R ECO-POWR™ RECUMBENT CYCLE

- Offset your carbon footprint with our patented ECO-POWR™ technology
- Naturally-positioned fingertip controls
- Comfortable seat with easy adjustment points so that you workout in your natural seated position
- Get on and off without any problems with our step-through design
- 40 levels of resistance for fine tuned intensity control







C574R ECO-NATURAL™ RECUMBENT CYCLE

- Naturally-positioned fingertip controls
- Comfortable seat with easy adjustment points so that you workout in your natural seated position
- Get on and off without any problems with our step-through design
- 40 levels of resistance for fine tuned intensity control
- Your movement powers the bike without having to plug in







SENZA™ TOUCHSCREEN

The SENZA™ touchscreen console provides your favorite modes of entertainment, quickly engaged and fully customizable workouts, and interactive SENZA™ Journeys, all at the control of your fingertips.

- Design a customized workout to simulate your favorite course
- SENZA™ Journeys immerse you on a ride along the water in San Diego or to the Golden Gate Bridge
- Connect your cable box or your over-the-air antenna to watch TV
- Connect your SENZA™ console to the Internet to keep bingeing your favorite Netflix™ series, to watch the latest trending videos on YouTube™, or to browse the Internet
- Mirror your phone to the console with the optional ANYcast mirroring technology
- Choose from a wide variety of preset workouts to keep fitness fun and engaging
- Begin a workout in as little as one, single screen tap







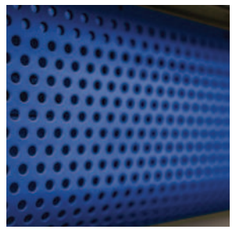




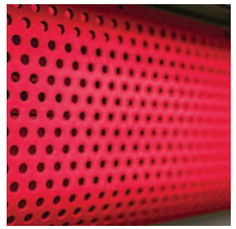
COLOR CUSTOMIZATION

OUT OF THE BOX, THE ELITE LINE COMES WITH SLEEK, BLACK PERFORATED SIDING. CUSTOMIZE YOUR FITNESS EQUIPMENT TO MATCH YOUR COLOR SCHEME.

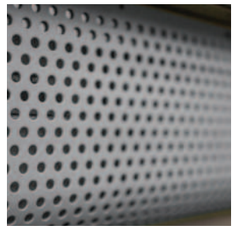
**Speak with your sales representative for cost and lead time information*



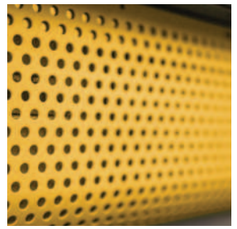
BLUE*
PANTONE 287C



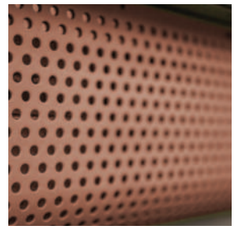
RED*
PANTONE 185C



SILVER*
PANTONE 877C



YELLOW*
PANTONE 123C



COPPER*
PANTONE 4715C









SPECIFICATIONS

YOU'VE READ ABOUT ALL THE BENEFITS, SO GET READY FOR THE SPECIFICATIONS.

TREADMILLS

Product	Unit Weight	Dimensions (LxWxH)	Running Area (LxW)	Speed Range	Incline Range	Drive Motor	Resistance Levels for PUSH mode	Step Up Height	Max User Weight
G660 TREADMILL	471.8 lbs 214 kg	84.9 x 33.1 x 69 in 215.7 x 84.1 x 157.2 cm	58 x 19 in 147.3 x 48.3 cm	2.0-12 mph 3.0-20 kph	Fixed 7%	Non-Motorized	6	10 in 25.4 cm	100-330 lbs 45-150 kg
T674L TREADMILL	429 lbs 195 kg	83.3 x 33.4 x 57.8 in 211.6 x 84.9 x 146.9 cm	61 x 21.5 in 154.9 x 54.6 cm	0.15-15.5 mph 0.25-25 kph	0-15%	5HP AC Servo	N/A	9.6 in 24.5 cm	450 lbs 205 kg
T674L-16" TREADMILL	290 lbs 195 kg	83.9 x 33.4 x 57.6 in 213.1 x 84.9 x 146.2 cm	61 x 21.5 in 154.9 x 54.6 cm	0.15-15 mph 0.25-24 kph	0-15%	5HP AC Servo	N/A	9.6 in 24.5 cm	450 lbs 205 kg

ELLIPTICALS

Product	Unit Weight	Dimensions (LxWxH)	Resistance Levels	Stride Length	Step Up Height	Max User Weight
G874 ELLIPTICAL	324.1 lbs 147 kg	82.1 x 26.8 x 69.5 in 208.5 x 68 x 176.5 cm	40	17-29 in 45-73 cm	12.8 in 32.5 cm	450 lbs 205 kg
E874 ELLIPTICAL	335 lbs 152 kg	82.1 x 26.8 x 69.5 in 208.5 x 68 x 176.5 cm	40	17-29 in 45-73 cm	12.8 in 32.5 cm	450 lbs 205 kg
E874-13" ELLIPTICAL	317.5 lbs 144 kg	82.1 x 26.8 x 69.5 in 208.5 x 68 x 176.5 cm	40	17-29 in 45-73 cm	12.8 in 32.5 cm	450 lbs 205 kg

UPRIGHT CYCLES

Product	Unit Weight	Dimensions (LxWxH)	Resistance Levels	Max User Weight
G574U UPRIGHT CYCLE	181.9 lbs 82.5 kg	48 x 24.3 x 59.6 in 121.9 x 61.7 x 151.3 cm	40	450 lbs 205 kg
C574U UPRIGHT CYCLE	188.5 lbs 85.5 kg	48 x 24.3 x 59.6 in 121.9 x 61.7 x 151.3 cm	40	450 lbs 205 kg
C574U-13" UPRIGHT CYCLE	188.5 lbs 85.5 kg	48 x 24.3 x 59.6 in 121.9 x 61.7 x 151.3 cm	40	450 lbs 205 kg

RECUMBENT CYCLES

Product	Unit Weight	Dimensions (LxWxH)	Resistance Levels	Max User Weight
G574R RECUMBENT CYCLE	203.9 lbs 92.5 kg	67.9 x 26 x 55.3 in 172.5 x 66 x 140.4 cm	40	450 lbs 205 kg
C574R RECUMBENT CYCLE	212.7 lbs 96.5 kg	67.9 x 26 x 55.3 in 172.5 x 66 x 140.4 cm	40	450 lbs 205 kg
C574R-13" RECUMBENT CYCLE	212.7 lbs 96.5 kg	67.9 x 26 x 55.3 in 172.5 x 66 x 140.4 cm	40	450 lbs 205 kg

PRIME SERIES

For those focused on a streamlined and efficient workout, the Prime Series delivers. The entire line—T673L Treadmill, E873 Elliptical, C573U Upright Cycle, C573R Recumbent Cycle and E863 Front-drive Elliptical—was designed to include only the most important, functional features. So users can jump on and easily get straight to the workout they desire with none of the distractions.

The Prime Series features two lines of console technology options to ensure all user and operator needs are met and exceeded.















The ECO-NATURAL™ Prime ellipticals and cycles are self-powered, eliminating the need to be placed near power outlets. The treadmill features our ECO-DRIVE™ energy efficient motor. Along with reducing energy consumption, they all bring the reliability, durability, and unmatched service you expect from .

The SENZA™ Prime Line features an interactive touchscreen console that enhances user interactions by providing a simple, streamlined approach to workouts, while allowing users to consume the entertainment they want, their way. With TV and Internet streaming, ANYcast screen mirroring options, SENZA™ Journeys, and a plethora of pre-set workout programs the SENZA™ technology incorporates everything exercisers need for a simple, dynamic workout experience.

TREADMILLS

The T673L Treadmills, offers the features users need to get an effective workout without the distractions. The robust, 4.0 HP ECO-DRIVE™ motor delivers power, reliability and efficiency. The ECO-GLIDE™ auto-lubrication system keeps things moving smoothly. The MyFlex+ omni-directional cushioning system reduces stress on the joints. Intuitive toggle controls make it simple to adjust intensity levels. And it's all packaged in a modern, practical design that looks great in any setting. For the streamlined and energy saving experience that users want, and the durability you demand, choose the T673L Treadmill.











T673L ECO-NATURAL™ TREADMILL

- ECO-GLIDE™ auto-lubrication system keeps the treadmill running at peak performance and minimizes maintenance
- ECO-DRIVE™ energy efficient motor uses less energy than traditional treadmill motors
- MyFlex+ omni-directional cushioning system keeps users comfortable
- Robust 4 HP AC motor
- Toggle controls for enhanced ease-of-use
- Contact and telemetry based heart rate sensors



T673L-16" SENZA™ TREADMILL

- Responsive touchscreen with a vast library of preset workout and entertainment options
- Interactive SENZA™ Journeys take users on a virtual workout through a variety of outdoor scenes
- Custom workout creation option to fine-tune the user experience
- ECO-GLIDE™ auto-lubrication system keeps the treadmill running at peak performance and minimizes maintenance
- ECO-DRIVE™ energy efficient motor uses less energy than traditional treadmill motors
- MyFlex+ omni-directional cushioning system keeps users comfortable
- Robust 4 HP AC motor
- Toggle controls for enhanced ease-of-use
- Contact and telemetry based heart rate sensors



ELLIPTICALS

The E873 Elliptical and E863 Front-Drive Elliptical deliver a streamlined, engaging and energy-saving workout that users can feel good about. These ellipticals strip away unnecessary distractions so individuals can stay focused on an effective, customized fitness experience. The MyFlex™ cushioning system reduces stress on the joints. Console based controls and intuitive workout programming make it simple to adjust intensity levels. Plus, the design is clean and practical, adding style to any facility. Like all equipment, the E873 Elliptical and E863 Front-Drive Elliptical deliver the long-lasting durability and reliability you demand.











E873 ECO-NATURAL™ ELLIPTICAL

- MyFlex™ pedal cushioning system keep exercisers comfortable
- 18 – 25.5 in manually adjustable stride length to fit users of various sizes
- 40 levels of resistance for fine-tune control
- Variety of preset workout options and ample readouts to keep the user informed
- Self-powered design frees up outlet usage at the facility
- Contact and telemetry based heart rate sensors



E873-13” SENZA™ ELLIPTICAL

- Responsive touchscreen with a vast library of preset workout and entertainment options
- Interactive SENZA™ Journeys take users on a virtual workout through a variety of outdoor scenes
- Custom workout creation option to fine-tune the user experience
- MyFlex™ pedal cushioning system keep exercisers comfortable
- 18 – 25.5 in manually adjustable stride length to fit users of various sizes
- Contact and telemetry based heart rate sensors

**Not for sale in North and South America*



E863 ECO-NATURAL™ FRONT-DRIVE ELLIPTICAL

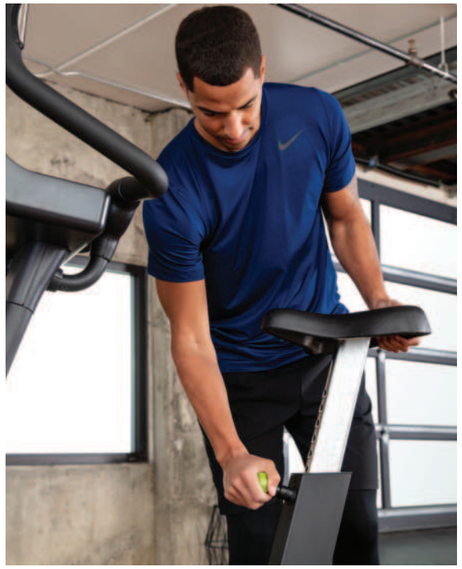
- Low step-up height and rear entry for a more approachable ingress/egress
- 40 levels of resistance for fine-tune control
- Variety of preset workout options and ample readouts to keep the user informed
- Self-powered design frees up outlet usage at the facility
- Contact and telemetry based heart rate sensors
- Floating pedal and space saving design enhances the cardio floorspace



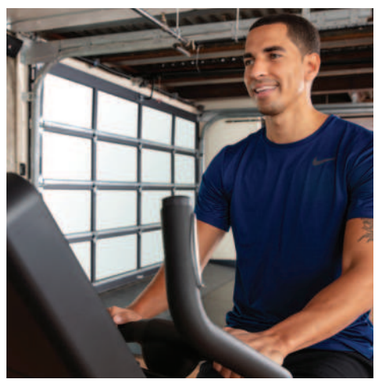
UPRIGHT CYCLES

The C573U Upright Cycles deliver simplicity, durability and sustainability and is designed to provide a streamlined workout. Users have the features they need to get an intense workout, without any of the distractions. The design, both modern and practical, includes a low-profile shroud that allows access for a wide variety of users. The vertically adjustable seat ensures the right fit for a comfortable workout. The C573U Upright Cycles inspire performance for your members and your facility, providing a great, environmentally friendly fitness experience, along with the reliability you demand.











C573U ECO-NATURAL™ UPRIGHT CYCLE

- Low-profile shroud for easy ingress/egress
- Vertically adjustable seat and racing inspired handles enhance comfort
- 40 levels of resistance for fine-tune control
- Variety of preset workout options and ample readouts to keep the user informed
- Self-powered design frees up outlet usage at the facility
- Contact and telemetry based heart rate sensors



C573U-13” SENZA™ UPRIGHT CYCLE

- Responsive touchscreen with a vast library of preset workout and entertainment options
- Interactive SENZA™ Journeys take users on a virtual workout through a variety of outdoor scenes
- Custom workout creation option to fine-tune the user experience
- Low-profile shroud for easy ingress/egress
- Vertically adjustable seat and racing inspired handles enhance comfort
- 40 levels of resistance for fine-tune control
- Contact and telemetry based heart rate sensors

**Not for sale in North and South America*



RECUMBENT CYCLES

The C573R Recumbent Cycles redefine simplicity and sustainability for your facility and trim away all the nonessentials to provide a streamlined workout experience. The design is both elegant and practical, incorporating features that include an easy, step-through design. Combined with the adjustable seat, a wide variety of users can easily access the cycle and find a comfortable fit. For the durability, reliability and unmatched service you demand, along with the environmentally friendly fitness experience more and more members expect, choose the C573R Recumbent Cycles.











C573R ECO-NATURAL™ RECUMBENT CYCLE

- Step-through design for easy ingress/egress
- Horizontally adjustable seat to fit various user sizes
- 40 levels of resistance for fine-tune control
- Variety of preset workout options and ample readouts to keep the user informed
- Self-powered design frees up outlet usage at the facility
- Contact and telemetry based heart rate sensors



C573R-13” SENZA™ RECUMBENT CYCLE

- Responsive touchscreen with a vast library of preset workout and entertainment options
- Interactive SENZA™ Journeys take users on a virtual workout through a variety of outdoor scenes
- Custom workout creation option to fine-tune the user experience
- Step-through design for easy ingress/egress
- Horizontally adjustable seat to fit various user sizes
- 40 levels of resistance for fine-tune control
- Contact and telemetry based heart rate sensors

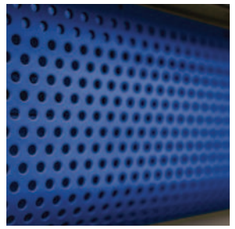
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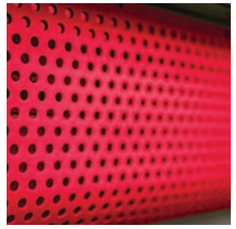
COLOR CUSTOMIZATION

OUT OF THE BOX, THE PRIME LINE COMES WITH SLEEK, BLACK PERFORATED SIDING. CUSTOMIZE YOUR FITNESS EQUIPMENT TO MATCH YOUR COLOR SCHEME.

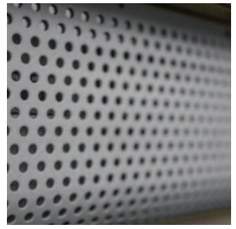
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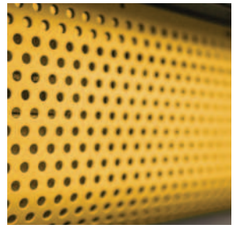
BLUE*
PANTONE 287C



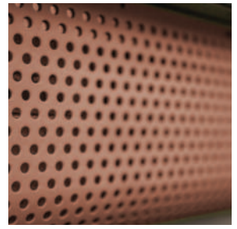
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SILVER*
PANTONE 877C



YELLOW*
PANTONE 123C



COPPER*
PANTONE 4715C









SPECIFICATIONS

TREADMILLS

Product	Unit Weight	Dimensions (LxWxH)	Running Area (LxW)	Speed Range	Incline Range	Drive Motor	Step Up Height	Max User Weight
T673L TREADMILL	422.2 lbs 191.5 kg	83.9 x 33.4 x 57.6 in 213.1 x 84.9 x 146.2 cm	61 x 21.5 in 154.9 x 54.6 cm	0.35 - 12 mph 0.5 - 20 kph	0-15%	4HP AC Servo	9.6 in 24.5 cm	450 lbs 205 kg
T673L-16” TREADMILL	428.8 lbs 194.5 kg	83.9 x 33.4 x 57.6 in 213.1 x 84.9 x 146.2 cm	61 x 21.5 in 154.9 x 54.6 cm	0.35 - 12 mph 0.5 - 20 kph	0-15%	4HP AC Servo	9.6 in 24.5 cm	450 lbs 205 kg

ELLIPTICALS

Product	Unit Weight	Dimensions (LxWxH)	Resistance Levels	Stride Length	Step Up Height	Max User Weight
E873 ELLIPTICAL	324.1 lbs 147 kg	82.1 x 26.8 x 69.5 in 208.5 x 68 x 176.5 cm	40	18 - 25.5 in 45.7 - 64.8 cm	12.8 in 32.5 cm	400 lbs 180 kg
E873-13” ELLIPTICAL	335 lbs 152 kg	82.1 x 26.8 x 69.5 in 208.5 x 68 x 176.5 cm	40	18 - 25.5 in 45.7 - 64.8 cm	12.8 in 32.5 cm	400 lbs 180 kg
E863 FRONT-DRIVE ELLIPTICAL	288.8 lbs 131 kg	70.5 x 28.1 x 65.1 in 179 x 71.5 x 165.3 cm	15	Fixed: 20 in 50.8 cm	7.7 in 19.5 cm	400 lbs 180 kg

UPRIGHT CYCLES

Product	Unit Weight	Dimensions (LxWxH)	Resistance Levels	Max User Weight
C573U UPRIGHT CYCLE	181.9 lbs 82.5 kg	48 x 21.7 x 58.2 in 121.8 x 55 x 147.7 cm	40	400 lbs 180 kg
C573U-13” UPRIGHT CYCLE	176.3 lbs 80 kg	48 x 21.7 x 58.2 in 121.8 x 55 x 147.7 cm	40	400 lbs 180 kg

RECUMBENT CYCLES

Product	Unit Weight	Dimensions (LxWxH)	Resistance Levels	Max User Weight
C573R RECUMBENT CYCLE	205 lbs 93 kg	69.5 x 24.6 x 55.2 in 176.5 x 62.5 x 140.2 cm	40	400 lbs 180 kg
C573R-13” RECUMBENT CYCLE	201.7 lbs 91.5 kg	69.5 x 24.6 x 55.2 in 176.5 x 62.5 x 140.2 cm	40	400 lbs 180 kg

ESSENTIALS SERIES

T665 TREADMILL

Elevate workouts with the T665 Treadmill, a standout in value and quality. The highly efficient 4.5 HP AC-servo motor uses less energy than traditional motors while the MyFlex+ omni-directional cushioning provides excellent shock absorption. With the innovative ECO-GLIDE™ auto lubrication system, the treadmill's lifespan is optimized and the need for manual maintenance is minimized. Also, users can explore a variety of preset programs, intuitive readouts and customize the speed with a broad range from 0.15 to 15.5 mph.

ADDITIONAL FEATURES

- ECO-GLIDE™ auto lubrication system automatically keeps the belt perfectly lubricated for smoother operation and reduced maintenance, extending the life of the treadmill
- Generous 61" x 22" running surface offers a spacious, stable platform and a durable 4-ply belt designed for comfort, performance, and longevity
- Contact and telemetry-based heart rate sensors enables precise heart rate monitoring through both handle sensors and wireless telemetry for accurate fitness tracking



T661 TREADMILL

Elevate your fitness with the T661 Treadmill, combining durability and innovation. Its 3.0 HP DC motor powers speeds from 0.1 to 12 mph and inclines from 0–15%, catering to all workout levels. Enjoy comfort with MyFlex+ cushioning and hassle-free upkeep with the ECO-GLIDE™ auto lubrication system. The T661 is your reliable partner for achieving fitness goals.

ADDITIONAL FEATURES

- MyFlex+ deck cushioning offers unparalleled comfort and protection, engineered to deliver 30% more shock absorption for reduced joint impact
- Generous 58" x 20" belt offers a spacious running surface crafted from a carbon-weave, low-friction material that minimizes static build-up and enhances stride fluidity for a premium running experience



T663 TREADMILL

Discover the T663 Treadmill, your ideal blend of performance and value. A durable 4 HP induction AC motor and ECO-GLIDE™ auto lubrication system keep your unit operating at peak capacity with less required maintenance. With an omni-directional cushioning system and versatile speed range of .35 to 12 mph, both the T663 and the user run smoothly during every workout.

ADDITIONAL FEATURES

- MyFlex+ deck cushioning offers unparalleled comfort and protection, engineered to deliver 30% more shock absorption for reduced joint impact
- Contact and telemetry-based heart rate sensors provides both precision handle sensors and wireless telemetry compatibility for seamless tracking
- Generous 61" x 22" belt offers a spacious running surface crafted from a carbon-weave, low-friction material that minimizes static build-up and enhances stride fluidity for a premium running experience



E865 ELLIPTICAL

Self-powered with 15 levels of resistance, the E865 Elliptical is perfect for exercisers looking for a total-body, low-impact workout. Users can choose from a variety of preset workout options and adjustable stride length for the perfect fit and feel.

ADDITIONAL FEATURES

- MyFlex™ pedal cushioning system provides exceptional comfort with shock-absorbing pedal cushioning that minimizes impact, making every movement smoother and more natural
- Featuring energy-efficient, user-driven technology, this system requires no external power source—perfect for sustainable fitness spaces and uninterrupted performance



ESSENTIALS SERIES

C565U UPRIGHT CYCLE

Engineered for optimal performance, the self-powered C565U upright cycle provides an excellent workout with unparalleled value and durability. 15 resistance levels meet the user where they are in their fitness journey and take them where they want to be. With a variety of preset workouts and data readouts, the user will stay engaged and informed. The low-profile shroud provides ease of access and a vertically and horizontally adjustable seat provides a tailored workout. With the right balance of comfort and challenge, the C565U is an essential piece that fits anywhere in a workout room.

ADDITIONAL FEATURES

- Fore–mid–aft seat adjustment provides a full range of horizontal adjustment for precise rider positioning, ensuring optimal biomechanics and comfort across all user sizes
- Low-profile shroud design allows for easy step-through access, improving safety and accessibility for all users
- Extra-large pedals feature an intuitive quick-adjust strap system for fast, secure, and personalized foot placement during every workout



C565R RECUMBENT CYCLE

With self-powered engineering, the C565R recumbent cycle is the epitome of function and value for any fitness facility. Magnetic resistance results in a smooth and quiet ride and a unique step-through design provides easy access. With 15 resistance levels and electronic resistance control, workouts can be as intense as the user wants. A variety of preset workouts and data readouts keep the user engaged and informed. Simple horizontal seat adjustments allows the user to easily change the seat position while exercising. Providing an effective low-impact, total-body cardiovascular and strength workout, the C565R recumbent cycle empowers users of any fitness level to experience the many benefits of exercise.

ADDITIONAL FEATURES

- Conveniently positioned adjustment lever allow users to fine-tune seat position without interrupting their workout, ensuring smooth, on-the-fly customization and optimal comfort
- Designed for maximum stability and ease of use, the large pedal platforms feature rapid-adjust straps for fast, secure, and individualized foot placement
- Step-through frame design enables effortless access and dismount, enhancing safety and usability for a wide range of users



T663M TREADMILL

Make rehabilitative workouts more effective with the T663M Treadmill. With a durable 3.2 HP DC motor and a maintenance-minimizing ECO-GLIDE™ auto lubrication system, it is a standout in value and technology. Extended medical handrails, MyFlex+ cushioning system, reverse speed capability and microamp leakage filter make this the perfect treadmill for rehabilitation settings. With a speed range from -3.0 to 10 mph, a starting speed of 0.1 mph, and a variety of preset workouts, it offers a great fitness experience at an exceptional price.

ADDITIONAL FEATURES

- Bi-directional belt motion enables both forward and reverse walking to support retro-walking exercises and gait analysis, providing enhanced therapeutic versatility and functional movement assessment
- UL-compliant isolation components are designed to meet UL standards for electrical isolation and current leakage, ensuring safe operation in clinical and rehabilitation environments
- Full length medical side rails with pediatric lower sections features extended stability rails incorporating lower-profile pediatric segments for added safety and support across a wide range of patients and mobility levels



SPECIFICATIONS

TREADMILLS

Product	Dimensions (LxWxH)	Unit Weight	Running Area (LxW)	Speed Range	Incline Range	Drive Motor	Step Up Height	Max User Weight
T665 Treadmill	83.3 x 33.8 x 58.9 in 211.5 x 85.9 x 149.4 cm	385 lbs 175 kg	61 x 22 in 155 x 55.9 cm	0.15 - 15.5 mph 0.25 - 25 kph	0–15%	4.5 HP AC-Servo	9 in 22.9 cm	450 lbs 204 kg
T663 Treadmill	83.3 x 33.8 x 58.3 in 211.4 x 85.9 x 147.9 cm	347.6 lbs 158 kg	61 x 22 in 155 x 55.9 cm	0.35–12 mph 0.5–20 kph	0–15%	4.0 HP IAC	8.03 in 20.4 cm	450 lbs 205 kg
T661 Treadmill	78.4 x 33.8 x 56.4 in 199 x 86 x 143 cm	300 lbs 136 kg	58 x 20 in 147.3 x 50.8 cm	0.1–12 mph 0.16–20 kph	0–15%	3.0 HP DC	6.1 in 15.5 cm	400 lbs 180 kg
T663M Treadmill	83.3 x 38.6 x 58.3 in 211.4 x 97.9 x 147.9 cm	367.4 lbs 167 kg	61 x 22 in 155 x 55.9 cm	Reverse: 0.1–3.0 mph Forward: 0.1–10 mph	0–15%	3.2 HP DC	8 in 20.4 cm	400 lbs 180 kg

ELLIPTICAL

Product	Dimensions (LxWxH)	Unit Weight	Resistance Levels	Stride Length	Step Up Height	Max User Weight
E865 Elliptical	80.1 x 25.4 x 68.5 in 203.4 x 64.6 x 174 cm	264 lbs 120 kg	15	18–25.5 in 45.7–64.8 cm	12.8 in 32.5 cm	400 lbs 181.4 kg

CYCLES

Product	Dimensions (LxWxH)	Unit Weight	Resistance	Max User Weight
C565R Recumbent Cycle	65.8 x 25.6 x 49.9 in 167.1 x 65 x 126.8 cm	156.2 lbs 71 kg	15	400 lbs 181.4 kg
C565U Upright Cycle	42.3 x 25.1 x 56.8 in 116 x 46.5 x 85.5 cm	122.1 lbs 55.5 kg	15	400 lbs 181.4 kg

SportsArt

STATUS SERIES STRENGTH

SELECTORIZED | PLATE LOADED

UPPER BODY

N917 INDEPENDENT SHOULDER PRESS

- Converging and diverging motion paths follow correct biomechanics for improved training efficiency and muscle activation
- Pivot point indicators for proper joint alignment
- Handles rotate naturally throughout the motion and reduce wrist stress
- Unilateral movements allow for training variability, progression, and balanced strengthening
- Incremental 3.3 and 6.6 lb (1.5 and 3 kg) micro-loading adjustment



N918 LOW ROW

- Curved bar provides an ergonomic grip
- Weight stack position enables weight adjustment while seated
- Non-skid footplates
- Comfortable cushion suits exercisers of various sizes



N919 INDEPENDENT LATERAL RAISE

- Handles rotate naturally throughout the motion and reduce wrist stress
- Gas-assisted seat adjustment puts you in the proper position
- Foot rest improves exercise stability
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Unilateral movements allow for training variability, progression, and balanced strengthening
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



N921 INDEPENDENT MID ROW

- Pivoting flex handles reduce wrist stress and help prevent injury
- Converging and diverging motion paths follow correct biomechanics for improved training efficiency and muscle activation
- Gas-assisted seat adjustment fits users of different sizes
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Unilateral movements allow for training variability, progression, and balanced strengthening



UPPER BODY

N922 INDEPENDENT PEC FLY/REAR DELT

- Unilateral movements allow for training variability, progression, and balanced strengthening
- Specially designed cams follow an appropriate strength curve to match load and joint position – providing a more efficient workout
- Dual function facilitates pec fly/rear delt workouts
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



N923 PULLOVER

- Handles naturally rotate through the range of motion
- Specially designed cams follow an appropriate strength curve to match load and joint position – providing a more effiicient workout
- Range limiting devices allow for the perfect unit setup, ideal for rehabilitation or sport-specific training
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



N925 TRICEP EXTENSION

- Pivoting flex handles reduce wrist stress and help prevent injury
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Gas-assisted seat adjustment and adjustable thigh pads accommodate users of different sizes
- Specially designed cams follow an appropriate strength curve to match load and joint position – providing a more effiicient workout
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



N926 LAT PULLDOWN

- Ergonomically curved bar provides wide or narrow grip options
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Weight stack placement allows for easy load adjustment while seated
- Heavy-duty double-stitched upholstery
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



N933 INDEPENDENT PEC DECK

- Unilateral movements allow for training variability, progression, and balanced strengthening
- Specially designed cams follow an appropriate strength curve to match load and joint position – providing a more effiicient workout
- Gas-assisted seat adjustment fits users of different sizes
- Foot rest improves exercise stability
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



CORE

N931 ABDOMINAL CRUNCH

- Specially designed cams follow an appropriate strength curve to match load and joint position – providing a more effiicient workout
- Converging upper and lower body action engages more core muscles in one natural movement
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



N932 BACK EXTENSION

- Specially designed cams follow an appropriate strength curve to match load and joint position – providing a more effiicient workout
- Weight selection easily adjusted from seated position
- Range limiting devices allow for the perfect unit setup, ideal for rehabilitation or sport-specific training
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



N935 ROTARY TORSO

- Preload adjustment allows easy on/off access
- Range limiting devices allow for the perfect unit setup, ideal for rehabilitation or sport-specific training
- Lower body rotates to isolate core and hip motion
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



LOWER BODY

N951 ABDUCTION

- Seat positioned for privacy
- Centralized weight stack is positioned for easy weight selection while seated
- Adjustable start point for comfort and safety
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



N952 ADDUCTION

- Seat positioned for privacy
- Centralized weight stack is positioned for easy weight selection while seated
- Adjustable start point for comfort and safety
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



N955 GLUTE

- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Easy access design allows quick and safe use
- Non-slip foot pad for safety
- Secure, ergonomic handle grips
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



LOWER BODY

N956 HORIZONTAL LEG PRESS

- Performs as leg press, hack squat and calf extension
- Seat back has a recline range of 90-180° with a smooth fingertip adjustment lever
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Spacious seat carriage moves smoothly via 's linear bearing system



N957 LEG EXTENSION

- Spring-assisted seat back adjustment supports users of different sizes
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Specially designed cams follow an appropriate strength curve to match load and joint position—providing a more effiicient workout
- Range limiting devices allow for the perfect unit setup, ideal for rehabilitation or sport-specific training
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



N958 PRONE LEG CURL

- Range limiting devices allow for the perfect unit setup, ideal for rehabilitation or sport-specific training
- Specially designed cams follow an appropriate strength curve to match load and joint position—providing a more effiicient workout
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Incremental 3.3 and 6.6 lbs (1.5 and 3 kg) micro-loading adjustment



N959 LEG CURL

- Specially designed cams follow an appropriate strength curve to match load and joint position – providing a more effiicient workout
- Range limiting devices allow for the perfect unit setup, ideal for rehabilitation or sport-specific training
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups
- Incremental 3.3 and 6.6 lb (1.5 and 3 kg) micro-loading adjustment



N961 TOTAL HIP

- Adjustable leg pad accommodates different leg lengths, allowing users to achieve proper leverage
- Range limiting devices allow for the perfect unit setup, ideal for rehabilitation or sport-specific training
- Incremental 3.3 and 6.6 lb (1.5 and 3 kg) micro-loading adjustment



FUNCTIONAL TRAINING

N971 CABLE CROSSOVER

- Dual swivel pulleys adjust vertically and lock into place, allowing for functional training from virtually any angle
- 36 holes at 1.5 in apart allow for finer increments and more versatility
- Multi-grip pull-up/chin-up bars
- Easy-grip bars stabilize during balance-challenging workouts
- Ratio of 4:1 (one hand) and 2:1 (two hands) provides training versatility



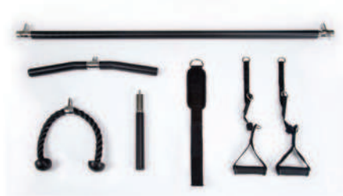
N973 CABLE TOWER

- Dual swivel pulleys adjust vertically and lock into place allowing for functional training from virtually any angle
- 36 holes at 1.5 in apart allow for finer increments and more versatility
- Easy-grip bars stabilize during balance challenging workouts
- Ratio of 4:1 (one hand) and 2:1 (two hands) provides training versatility



DS972 FUNCTIONAL TRAINER

- Adjustable 2:1 and 4:1 pulley ratios
- Dual weight stack
- Integrated pull-up bar
- 41 pulley positions offer more workout positions and versatility
- Magnetized weight selector fork with retracting cord
- 7-piece accessory set included: 2 Multi-D ring handles, Straight bar, Curved bar, Sports handle, Triceps rope, Ankle strap





MS-101 SELECTORIZED MULTI-STATION

- This versatile and durable 4-stack strength machine comes standard with a cable tower. The remaining three stations can be configured however you want—choosing any combination of cable tower, tricep pushdown, dual lat pulldown or low row.
- Connect to another MS-101 for eight stations or connect to the MS-101 Cable Crossover Station for a five-station option.
- Features include 220lbs (100kg) weight stacks, magnetic selector forks, adjustable pulley height, large nonskid footpads and adjustable thigh pads.



SPECIFICATIONS

UPPER BODY

Product	Dimensions (LxWxH)	Unit Weight	Stack Weight	Max User Weight
N911 Assisted Chin Dip	50.6 x 45.3 x 95.3 in 128 x 115 x 242 cm	607.2 lbs 276 kg	220 lbs 100 kg	500 lbs 227 kg
N912 Bicep Curl	40.2 x 45.3 x 60.4 in 102 x 115 x 153.5 cm	488.4 lbs 222 kg	220 lbs 100 kg	500 lbs 227 kg
N915 Independent Chest Press	49.34 x 66.4 x 60.4 in 125.3 x 168.6 x 153.5 cm	561 lbs 255 kg	220 lbs 100 kg	500 lbs 227 kg
N916 Independent Lat Pulldown	57.4 x 34.5 x 82.7 in 145.8 x 90.1 x 210 cm	484 lbs 220 kg	220 lbs 100 kg	500 lbs 227 kg
N917 Independent Shoulder Press	53.1 x 63.6 x 60.4 in 134.7 x 161.5 x 153.5 cm	611.6 lbs 278 kg	220 lbs 100 kg	500 lbs 227 kg
N918 Low Row	83.6 x 33.1 x 76.8 in 212.2 x 84.1 x 195 cm	455.4 lbs 207 kg	264 lbs 120 kg	500 lbs 227 kg
N919 Independent Lateral Raise	51.5 x 53.4 x 60.4 in 130.7 x 135.5 x 153.5 cm	488.4 lbs 222 kg	132 lbs 60 kg	500 lbs 227 kg
N921 Independent Mid Row	60 x 51.3 x 60.4 in 152.2 x 130.1 x 153.5 cm	510.4 lbs 232 kg	220 lbs 100 kg	500 lbs 227 kg
N922 Independent Pec Fly/Rear Delt	49.3 x 45.6 x 76.8 in 125.2 x 115.8 x 195 cm	506 lbs 230 kg	220 lbs 100 kg	500 lbs 227 kg
N923 Pullover	49.6 x 50.7 x 60.4 in 125.9 x 128.7 x 153.5 cm	596.2 lbs 271 kg	264 lbs 120 kg	500 lbs 227 kg
N925 Tricep Extension	64.4 x 43.9 x 60.4 in 163.7 x 111.5 x 153.5 cm	539 lbs 245 kg	220 lbs 100 kg	500 lbs 227 kg
N926 Lat Pulldown	50.7 x 42.5 x 86.2 in 128.6 x 114.8 x 219 cm	479.6 lbs 218 kg	220 lbs 100 kg	500 lbs 227 kg
N933 Independent Pec Deck	53 x 61.5 x 60.4 in 134.5 x 156.1 x 153.5 cm	591.8 lbs 269 kg	220 lbs 100 kg	500 lbs 227 kg

CORE

Product	Dimensions (LxWxH)	Unit Weight	Stack Weight	Max User Weight
N931 Abdominal Crunch	44.2 x 53.1 x 60.4 in 112.3 x 134.8 x 153.5 cm	613.8 lbs 279 kg	264 lbs 120 kg	500 lbs 227 kg
N932 Back Extension	44.6 x 45.5 x 60.4 in 113.2 x 115.6 x 153.5 cm	563.2 lbs 256 kg	242 lbs 110 kg	500 lbs 227 kg
N935 Rotary Torso	52.8 x 36.8 x 76.8 in 133.9 x 93.5 x 195 cm	521.4 lbs 237 kg	176 lbs 80 kg	500 lbs 227 kg

LOWER BODY

Product	Dimensions (LxWxH)	Unit Weight	Stack Weight	Max User Weight
N951 Abduction	64.3 x 39.4 x 60.4 in 163.2 x 99.9 x 153.5 cm	607.2 lbs 276 kg	220 lbs 100 kg	500 lbs 227 kg
N952 Adduction	64.3 x 39.4 x 60.4 in 163.2 x 99.9 x 153.5 cm	609.4 lbs 277 kg	220 lbs 100 kg	500 lbs 227 kg
N955 Glute	49.6 x 44.4 x 60.4 in 125.9 x 112.7 x 153.5 cm	420.2 lbs 191 kg	176 lbs 80 kg	500 lbs 227 kg
N956 Horizontal Leg Press	85.4 x 59.9 x 76.8 in 216.8 x 152.1 x 195 cm	1108.8 lbs 508 kg	440 lbs 200 kg	500 lbs 227 kg
N957 Leg Extension	47.3 x 52.2 x 60.4 in 120.1 x 132.5 x 153.5 cm	578.6 lbs 263 kg	220 lbs 100 kg	500 lbs 227 kg
N958 Prone Leg Curl	61.8 x 46.7 x 60.4 in 156.8 x 118.4 x 153.5 cm	561 lbs 255 kg	220 lbs 100 kg	500 lbs 227 kg
N959 Leg Curl	47 x 50.4 x 60.4 in 119.2 x 128 x 153.5 cm	568.8 lbs 258 kg	220 lbs 100 kg	500 lbs 227 kg
N961 Total Hip	64 x 48 x 76.8 in 162.6 x 122 x 195 cm	657.8 lbs 299 kg	264 lbs 120 kg	500 lbs 227 kg

FUNCTIONAL TRAINING

Product	Dimensions (LxWxH)	Unit Weight	Stack Weight	Max User Weight
N971 Cable Crossover	159.4 x 35 x 86.6 in 405 x 88.8 x 220 cm	983.4 lbs 447 kg	2 x 220 lbs 2 x 100 kg	500 lbs 227 kg
N973 Cable Tower	35.9 x 35 x 85.4 in 91.2 x 88.8 x 217 cm	453.2 lbs 206 kg	220 lbs 100 kg	500 lbs 227 kg
DS972 Functional Trainer	60.2 x 39.4 x 89.2 in 153 x 100 x 226.5 cm	682 lbs 309 kg	2 x 198 lbs 2 x 90 kg	500 lbs 227 kg
MS-101 Selectorized Multi-station **Total Dimensions & Weight dependent on station configuration*	*Total Dimensions: 132.36 x 107.36 x 104.41 in 336.2 x 272.7 x 235.2 cm	*Total Unit Weight: 1365.5 lbs 620.7 kg	220 lbs 100 kg	500 lbs 227 kg
	LOW ROW			
	64 x 25.8 x 81.4 in 162.8 x 65.5 x 206.7 cm	300.9 lbs 136.5 kg	220 lbs 100 kg	500 lbs 227 kg
	LAT PULLDOWN			
	44 x 27.2 x 90.6 in 112 x 69.2 x 230.2 cm	316.36 lbs 143.5 kg	220 lbs 100 kg	500 lbs 227 kg
	TRICEP PUSHDOWN			
	36.9 x 12.8 x 92.6 in 93.6 x 26.5 x 234.8 cm	281.1 lbs 127.5 kg	220 lbs 100 kg	500 lbs 227 kg
	CABLE TOWER			
	31.2 x 23.7 x 84.6 in 79.3 x 60.2 x 214.9 cm	300.9 lbs 136.5 kg	220 lbs 100 kg	500 lbs 227 kg
	CABLE CROSSOVER STATION			
	46.9 x 32.3 x 85.4 in 119.1 x 82 x 217 cm	Station: 174 kg / 382.8 lbs Cross bar: 25.5 kg / 56.1 lbs Total: 199.5 kg / 438.9 lbs	220 lbs 100 kg	500 lbs 227 kg

PLATE LOADED

A975 REAR KICK

- Adjustable chest pad
- Proper strength curve to achieve maximal results
- Hand grips to provide stability
- Non-slip footplate
- On unit weight horns for ample plate storage



A976 LEG EXTENSION

- Adjustable seat back
- Unilateral movements allow for training variability, progression, and balanced strengthening
- On unit weight horns for ample plate storage
- Hand grips provide stability



A978 WIDE CHEST PRESS

- Adjustable hand grips
- Adjustable seat height
- Converging and diverging motion paths follow correct biomechanics for improved training efficiency and muscle activation
- On unit weight horns for ample plate storage
- Angled, adjustable hand grips reduce stress and accommodate all users
- Ergonomically angled seat back
- Unilateral movements allow for training variabil progression, and balanced strengthening



A979 LOW ROW

- Adjustable seat height
- Adjustable chest pad
- Converging and diverging motion paths follow correct biomechanics for improved training efficiency and muscle activation
- On unit weight horns for ample plate storage
- Multi-position grip for training variablity
- Unilateral movements allow for training variabil progression, and balanced strengthening



A980 ARM EXTENSION

- Adjustable seat height
- Adjustable back rest
- Heavy-duty double-stitched upholstery
- Comfort grips for secure hand position



PLATE LOADED

A981 SEATED CALF RAISE

- Designed to train the calf muscles (soleus and gastrocnemius)
- Adjustable thigh pad restraint to accommodate various exercisers



A982 ANGLED LEG PRESS

- 3 position adjustable back rest
- 2 position adjustable foot plate
- Large non-slip foot plate
- On unit weight horns for ample plate storage



A983 SMITH MACHINE

- Welded steel frame
- Deep grooved pulleys for smooth cable tracking
- Chrome Olympic bar and plate racks
- On unit weight horns for ample plate storage
- Counter-weighted bar provides extremely low starting weight



A985 CHEST PRESS

- Adjustable seat back to train different chest muscles
- Adjustable seat height
- Converging and diverging motion paths follow correct biomechanics for improved training efficiency and muscle activation
- On unit weight horns for ample plate storage
- Unilateral movements allow for training variability, progression, and balanced strengthening



A986 LAT PULLDOWN

- Adjustable seat height and thigh pad provides comfort and support
- Unilateral movements allow for training variability, progression, and balanced strengthening
- Naturally pivoting handles for improved comfort and mechanics
- On unit weight horns for ample plate storage



A987 SHOULDER PRESS

- Adjustable seat height
- Converging and diverging motion paths follow correct biomechanics for improved training efficiency and muscle activation
- On unit weight horns for ample plate storage
- Multi-position grip
- Wide frame ensures unit stability
- Unilateral movements allow for training variabilit progression, and balanced strengthening



PLATE LOADED

A988 MID ROW

- Adjustable chest pad
- Adjustable seat height
- Converging and diverging motion paths follow correct biomechanics for improved training efficiency and muscle activation
- Unilateral movements allow for training variability, progression, and balanced strengthening



A989 HACK SQUAT

- Adjustable back rest height
- Easy release safety leaver
- Large foot plate
- Thick shoulder pads
- On unit weight horns for ample plate storage
- Multi-point starting point to fit users of different sizes
- Low-friction system provides smooth operation



A990 GLUTE TRAINER

- Pivoting backrest moves with the user throughout the full range of motion for improved stability
- Resistance band pegs allow for increased load or a change of strength curve
- Pivoting hip pad provides easier ingress/egress and locks securely in place while in use
- Large non-skid footplate for a variety of foot positions and user sizes
- On-unit weight plate storage
- High effective weight max load



SPECIFICATIONS

PLATE LOADED

Product	Dimensions (LxWxH)	Unit Weight	Max Exercise Weight	Max Weight Storage
A975 Rear Kick	54.2 x 45.7 x 56.1 in 137.7 x 116 x 142.5 cm	194.7 lbs 88.5 kg	275 lbs 125 kg	550 lbs 250 kg
A976 Leg Extension	52 x 46.5 x 44.9 in 132 x 118 x 114 cm	242 lbs 110 kg	550 lbs 250 kg	1100 lbs 500 kg
A978 Wide Chest Press	74.2 x 55.9 x 66.9 in 188.5 x 142 x 170 cm	253 lbs 115 kg	550 lbs 250 kg	1100 lbs 500 kg
A979 Low Row	63.2 x 52.9 x 67.2 in 160.6 x 134.3 x 170.6 cm	246.4 lbs 112 kg	550 lbs 250 kg	1100 lbs 500 kg
A980 Arm Extension	52.6 x 44 x 51.3 in 133.7 x 111.7 x 130.4 cm	253 lbs 115 kg	276 lbs 125 kg	
A981 Seated Calf Raise	64.5 x 24.8 x 40.5 in 164 x 63 x 103 cm	117.9 lbs 53.5 kg	330 lbs 150 kg	
A982 Angled Leg Press	95.5 x 66.9 x 59.8 in 242.5 x 170 x 152 cm	525 lbs 238 kg	1100 lbs 500 kg	792 lbs 360 kg
A983 Smith Machine	72 x 100 x 90 in 184 x 254 x 227.5 cm	608.5 lbs 276 kg	440 lbs 250 kg	1760 lbs 800 kg
A985 Chest Press	66 x 55.9 x 23.5 in 152.5 x 142 x 150.5 cm	225 lbs 102 kg	440 lbs 200 kg	880 lbs 400 kg
A986 Lat Pulldown	74.8 x 55.8 x 84.3 in 190 x 141.8 x 214.1 cm	269 lbs 122 kg	440 lbs 200 kg	880 lbs 400 kg
A987 Shoulder Press	48.4 x 57.5 x 59.1 in 123 x 146 x 150 cm	216 lbs 98 kg	440 lbs 200 kg	880 lbs 400 kg
A988 Mid Row	69.7 x 29.9 x 44.9 in 177 x 76 x 114 cm	169 lbs 76.5 kg	440 lbs 200 kg	
A989 Hack Squat	89.4 x 64.6 x 58.7 in 227 x 155.6 x 149 cm	377 lbs 171 kg	880 lbs 400 kg	792 lbs 360 kg
A990 Glute Trainer	63.2 x 45 x 43.1 in 160.5 x 114.2 x 109.6 cm	254.6 lb 115.5 kg	220 lb 100 kg	275 lbs 125 kg

COLOR CUSTOMIZATION

The Selectorized Strength line comes standard with copper side panels but each product can be tailored to fit your facility's color needs with the following five color options.

**Speak to your sales representative for cost and lead time information.*



BLUE PANTONE 287C



CHARCOAL PANTONE 433C



RED PANTONE 185C



SILVER PANTONE 877C

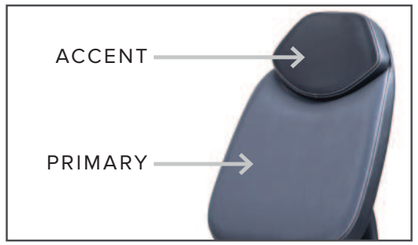


YELLOW PANTONE 123C



UPHOLSTERY COLORS

Our tear-resistant, heavy-duty upholstery comes standard in our stylish Smokey Gray with Black accent. In addition, there are multiple color options available to customize our product to best suit your needs.



Smokey Gray #2 & Black #3
(standard combo)

PRIMARY COLORS



Sterling Gray
#1



Smokey Gray
#2 (standard)

ACCENT COLORS



Black
#3 (standard)



Flame Orange
#4



Maroon Red
#5



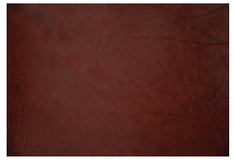
Aqua Green
#6



Sea Blue
#7



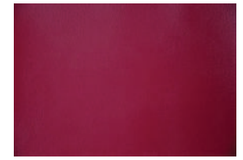
Forest Green
#14



Burnt Orange
#15



Royal Blue
#20



Plum Red
#43



Shamrock Green
#45

SELECTORIZED SERIES

The Performance Selectorized Strength collection delivers dependable quality, intuitive operation and strong value in a compact design. Individual stations target all major muscle groups, while low-profile weight stacks and reduced footprints help minimize visual clutter. Biomechanically engineered cams, adjustable seats and range-of-motion limiters support comfortable, effective movement for users of all levels. Magnetized selectors, sound-dampening weight plates, protective shrouds and durable upholstery enhance safety, comfort and ease of use.

The P800 Series consists of individual stations designed to train all the major muscle groups while offering the variety necessary to help users reach their goals. The machines are easy to use and provide a challenging workout that accommodates users of all levels, from beginners to advanced trainers.

KEY FEATURES



Low-profile weight stack tower with front and back protective shrouds maintain a clean, consistent design aesthetic and protect users from moving parts, providing a practical safety aspect to any fitness center.



Specially-designed cams follow an appropriate strength curve to match load and joint position—providing a more efficient workout while range limiting devices allow for the perfect unit setup—ideal for rehabilitation or sport-specific training.



The premium precision steel plates incorporate a sound dampening system.



Magnetized weight selector instantly locks into place, providing an easy-to-use and secure operation while the unique fork style design delivers more stability than selector pin alternatives.



Contoured and molded seat pads provide comfort and ergonomic support for a variety of movements. Heavy-duty upholstery is tear resistant and available in a variety of color combinations to compliment any gym decor.







UPPER BODY

P815 CHEST PRESS

- Simple seat bottom height and back rest adjustment creates a quick setup
- Multi-position, cushioned handles provide ergonomic grip positions



P817 SHOULDER PRESS

- Simple seat bottom height adjustment creates a quick setup
- Dual position, cushioned handles provide ergonomic grip positions



P821 MID ROW

- Convenient seat height adjustment accommodates various heights
- Chest pad adjust to suit different arm lengths
- Rotating handles provide a comfortable movement pattern during exercise



UPPER BODY

P826 LAT PULLDOWN

- Ergonomically curved bar provides wide or narrow grip options
- Adjustable thigh pad allows for optimal positioning



CORE

P835 ROTARY TORSO

- Convenient seat height adjustment suits people of various heights
- Stabilizer pads ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups



LOWER BODY

P855 GLUTE

- Non-slip footplate
- Stabilizer pads and adjustable chest pad ensure the exerciser's body is held in a comfortable position and is able to focus on activating target muscle groups



P857 LEG EXTENSION

- Adjustable seat back cushion maintains correct posture
- Adjustable leg cushion provides optimal comfort for various leg lengths
- Multiple starting positions for full range of motion
- Specially designed cams follow an appropriate strength curve to match load and joint position—providing a more efficient workout
- Range limiting devices allow for the perfect unit setup—ideal for rehabilitation or sport-specific training



P858 PRONE LEG CURL

- Specially designed cams follow an appropriate strength curve to match load and joint position—providing a more efficient workout
- Handlebars provide maximum stability
- Range limiting devices allow for the perfect unit setup – ideal for rehabilitation or sport-specific training



FUNCTIONAL TRAINING

A93 FUNCTIONAL TRAINER



Tower Features

- Three sets of rotating pulleys deliver maximum training options
- All pulleys are deep-grooved and shrouded to keep cables tracking properly
- Weight stack delivers smooth, silent operation
- Total Motion Technology™ provides three sets of rotational pullies for a wide variety of exercises
- Wide variety of accessory handles and carabiners come standard

Bench Features

- Multi-position bench quickly and easily adjusts from flat to multiple inclines to shoulder press positions
- Adjustable lat hold down pads fit a wide variety of users
- Bench has transport wheels and EZ Lift handle

P871 CABLE CROSSOVER



- Dual swivel pulleys adjust vertically and lock into place, allowing for functional training from virtually any angle
- 36 incremental adjustments for the ultimate in customization
- Easy grip bars stabilize during balance challenging workouts
- 4:1 (one hand) and 2:1 (two hand) ratios provide versatility for personal and sport-specific training

P873 CABLE TOWER



- Dual swivel pulleys adjust vertically and lock into place, allowing for functional training from virtually any angle
- 36 incremental adjustments for the ultimate in customization
- Easy grip bars stabilize during balance challenging workouts
- 4:1 (one hand) and 2:1 (two hand) ratios provide versatility for personal and sport-specific training

SPECIFICATIONS

UPPER BODY

Product	Dimensions (LxWxH)	Unit Weight	Stack Weight	Max User Weight
P815 Chest Press	43.1 x 57 x 57 in 109.5 x 144.9 x 144.7 cm	376 lbs 170.5 kg	176 lbs 80 kg	500 lbs 227 kg
P817 Shoulder Press	53 x 54.4 x 57 in 134.8 x 138.1 x 144.7 cm	384.7 lbs 174.5 kg	176 lbs 80 kg	500 lbs 227 kg
P821 Mid Row	58.1 x 46.3 x 57 in 147.6 x 117.5 x 144.7 cm	367 lbs 166.5 kg	176 lbs 80 kg	500 lbs 227 kg
P826 Lat Pulldown	50.9 x 44.6 x 92.4 in 129.2 x 113.4 x 234.7 cm	344 lbs 156 kg	176 lbs 80 kg	500 lbs 227 kg

CORE

Product	Dimensions (LxWxH)	Unit Weight	Stack Weight	Max User Weight
P835 Rotary Torso	50.6 x 32.5 x 67.5 in 128.5 x 82.6 x 171.5 cm	442 lbs 200.5 kg	176 lbs 80 kg	500 lbs 227 kg

LOWER BODY

Product	Dimensions (LxWxH)	Unit Weight	Stack Weight	Max User Weight
P855 Glute	45.6 x 39 x 57 in 115.8 x 99 x 144.7 cm	315 lbs 143 kg	143 lbs 65 kg	500 lbs 227 kg
P857 Leg Extension	53.1 x 41 x 57 in 135 x 104.2 x 144.7 cm	407 lbs 184.5 kg	176 lbs 80 kg	500 lbs 227 kg
P858 Prone Leg Curl	64.4 x 37.9 x 57 in 163.6 x 96.2 x 144.7 cm	381 lbs 173 kg	176 lbs 80 kg	500 lbs 227 kg

FUNCTIONAL TRAINING

Product	Dimensions (LxWxH)	Unit Weight	Stack Weight	Max User Weight
A93 Functional Trainer with bench	100.3 x 44.8 x 82.6 in 255 x 114 x 210 cm	437.6 lbs 198.5 kg	154 lbs 70 kg	330.1 lbs 150 kg
A92 Tower	52.7 x 44.8 x 82.6 in 134 x 114 x 210 cm	368.2 lbs 167 kg	154 lbs 70 kg	N/A
A91 Bench	62.2 x 22 x 46 in 158 x 56 x 117 cm	69.4 lbs 31.5 kg	N/A	330.1 lbs 150 kg
P871 Cable Cross Over	147 x 36.2 x 87.2 in 373.4 x 91.9 x 221.5 cm	731 lbs 331.5 kg	2 x 176 lbs 2 x 80 kg	500 lbs 227 kg
P873 Cable Tower	41 x 36.2 x 83.1 in 104.1 x 91.9 x 211 cm	340 lbs 154 kg	176 lbs 80 kg	500 lbs 227 kg

DUAL FUNCTION SERIES

The Dual Function Strength collection combines two exercises in each compact station to maximize training variety, space and value. The exclusive DirectDrive™ dual-cam system supports smooth, biomechanically sound movement, while adjustable seats and range-of-motion limiters accommodate different users and training needs. Magnetized weight selectors, contoured pads and tear-resistant upholstery enhance comfort, durability and ease of use, making the series a versatile solution for space-conscious facilities.

KEY FEATURES

The Dual Function Series is designed specifically to accommodate smaller spaces and budgets without compromising quality, warranty, or comfort. It is the only line in this category to feature a DirectDrive™ dual-cam system, providing unparalleled ergonomics all the way through the exercise.

Specially designed cams follow an appropriate strength curve to match load and joint position–providing a more efficient workout while range limiting devices allow for the perfect unit setup–ideal for rehabilitation or sport-specific training

Our unique dual function push-pull design is the ideal product for your space, combining two motions in one beautifully designed machine.

Magnetized weight selector instantly locks into place, providing an easy-to-use and secure operation while the unique fork style design delivers more stability than selector pin alternatives.

Contoured and molded seat pads provide comfort and ergonomic support for a variety of movements. Heavy-duty upholstery is tear resistant and available in a variety of color combinations to compliment any gym decor.







UPPER BODY

DF303 LAT PULLDOWN/MID ROW

- Multi-position handlebars work different areas of the back and chest
- Adjustable seat, chest, and thigh pads accommodate different heights
- Foot rests for stabilization
- Plate increments: 8 x 11 lbs (5 kg); 8 x 16.5 lbs (7.5 kg)



DF304 PEC FLY/REAR DELTOID

- Multiple starting positions
- Ergonomic handle for both pec fly and rear deltoid exercises
- Adjustable seat
- Unilateral movements allow for training variability, progression, and balanced strengthening
- Specially designed cams follow an appropriate strength curve to match load and joint position, providing a more efficient workout
- Plate increments: 8 x 11 lbs (5 kg); 8 x 16.5 lbs (7.5 kg)



DF305 BICEP/TRICEP

- Direct drive system offers two opposing cams for less cable-slack and faster workout changeover
- Seat back and bottom are adjustable to accommodate different heights
- Heavy duty arm pad with chest support
- Specially designed cams follow an appropriate strength curve to match load and joint position, providing a more efficient workout
- Plate increments: 20 x 11 lbs (5 kg)



UPPER BODY

DF307 ASSISTED CHIN-UP/TRICEP DIP

- Fold-away assist pad to offset user weight
- Rotating dip handles for width adjustment
- Integrated step assists for safety and user accommodation
- Plate increments: 20 x 11 lbs (5 kg)



DF308 MULTI PRESS

- Multi-position grip for improved biomechanics
- Adjustable starting position targets different muscle groups
- Innovative slide-out seat offers multiple lifting positions
- Unilateral movements allow for training variability, progression, and balanced strengthening
- Plate increments: 20 x 11 lbs (5 kg)



CORE

DF306 BACK EXTENSION/AB CRUNCH

- Direct drive system offers two opposing cams for less cable-slop and faster workout changeover
- Fully adjustable chest/back pad
- Multiple foot supports for greater stability
- Range limiting devices allow for the perfect unit setup, ideal for rehabilitation or sport-specific training
- Plate increments: 20 x 11 lbs (5 kg)



LOWER BODY

DF300 LEG EXTENSION/CURL

- Direct drive system offers two opposing cams for less cable-slack and faster workout changeover
- Easy transition from leg extension to seated leg curl
- Adjustable seat back and leg pads for user customization
- Specially designed cams follow an appropriate strength curve to match load and joint position, providing a more efficient workout
- Range limiting devices allow for the perfect unit setup, ideal for rehabilitation or sport-specific training
- Plate increments: 20 x 11 lbs (5 kg)



DF301 LEG PRESS/CALF EXTENSION

- Step-through design for safe and easy access
- 1:2 pulley ratio to increase resistance
- Fully adjustable seat back to accommodate users of different heights
- Plate increments: 8 x 11 lbs (5 kg); 8 x 16.5 lbs (7.5 kg)



DF302 ABDUCTOR/ADDUCTOR

- Direct drive system offers two opposing cams for less cable-slop and faster workout changeover
- Convenient rotating thigh pads
- Range limiting devices allow for the perfect unit setup, ideal for rehabilitation or sport-specific training
- Stabilizer pads ensure the exerciser’s body is held in a comfortable position and is able to focus on activating target muscle groups
- Plate increments: 13 x 11 lbs (5 kg)



SPECIFICATIONS

UPPER BODY

Product	Dimensions (LxWxH)	Unit Weight	Stack Weight	Max User Weight
DF303 Lat Pulldown/Mid Row	60.4 x 44.6 x 89.1 in 153.3 x 113.4 x 226.3 cm	490.5 lbs 222.5 kg	220 lbs 100 kg	500 lbs 227 kg
DF304 Pec Fly/Rear Deltoid	51.2 x 46.9 x 76 in 130 x 119 x 193 cm	409 lbs 185.5 kg	220 lbs 100 kg	500 lbs 227 kg
DF305 Bicep Curl/Tricep Extension	54.5 x 41.6 x 57 in 138.3 x 105.7 x 144.7 cm	484 lbs 220 kg	220 lbs 100 kg	500 lbs 227 kg
DF307 Assisted Chin-Up/Tricep Dip	49.8 x 41.4 x 86.3 in 126.4 x 105.2 x 219.1 cm	478.4 lbs 217 kg	220 lbs 100 kg	500 lbs 227 kg
DF308 Multi Press	62.7 x 56.6 x 65.1 in 159 x 143.8 x 165.4 cm	501.6 lbs 227.5 kg	220 lbs 100 kg	500 lbs 227 kg

CORE

Product	Dimensions (LxWxH)	Unit Weight	Stack Weight	Max User Weight
DF306 Back Extension/Ab Crunch	44.6 x 44.1 x 57.2 in 113.2 x 112.2 x 145.3 cm	474 lbs 215 kg	220 lbs 100 kg	500 lbs 227 kg

LOWER BODY

Product	Dimensions (LxWxH)	Unit Weight	Stack Weight	Max User Weight
DF300 Leg Extension/Curl	53.1 x 39.8 x 64 in 134.8 x 101 x 162.5 cm	494.9 lbs 224.5 kg	220 lbs 100 kg	500 lbs 227 kg
DF301 Leg Press/Calf Extension	93.3 x 43.7 x 67.2 in 237 x 111.1 x 170.7 cm	534.6 lbs 242.5 kg	440 lbs 200 kg with 1:2 pulley ratio	500 lbs 227 kg
DF302 Abductor/Adductor	33.5 x 70.3 x 57 in 85.2 x 178.5 x 144.7 cm	394.6 lbs 179 kg	143 lbs 65 kg	500 lbs 227 kg

FREE WEIGHT SERIES

The Free Weight Strength collection features durable benches and racks built with 11-gauge steel, robotic welds and a scratch-resistant finish. Adjustable positioning, contoured pads and tear-resistant upholstery provide versatile, comfortable performance for commercial training environments.

KEY FEATURES

Durable, welded steel frame units that provide exercisers with a stable, comfortable, and safe workout environment. Allowing users to focus on effective workouts that meet their needs.

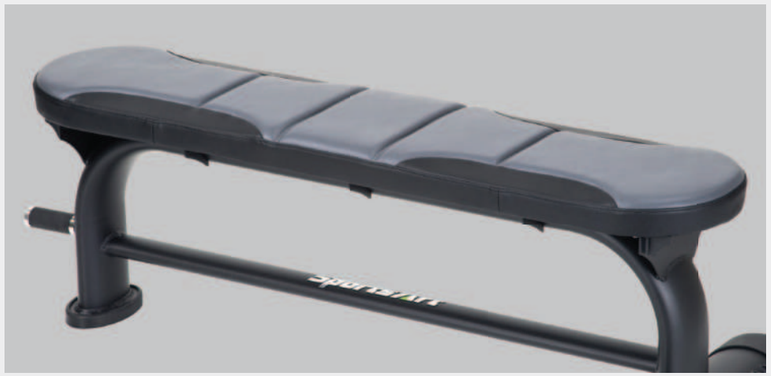
Multiple adjustment points for user convenience and comfort.

Contoured and molded seat pads provide comfort and ergonomic support for a variety of movements. Heavy-duty upholstery is tear resistant and available in a variety of color combinations to compliment any gym decor.









RACKS

A901 DUMBBELL RACK

- Welded steel frame
- Holds 10-pairs of dumbbells
- Rubber coated stirrups protect dumbbells



A902 OLYMPIC PLATE TREE

- Welded steel frame
- 12 weight horns for ample weight storage
- 360° access



A903 DUMBBELL RACK

- Welded steel frame
- Holds 10 pairs of dumbbells



RACKS

A965 SQUAT RACK

- 6 rack heights
- Large safety catch
- Ergonomically angled uprights
- 8 weight horns for ample weight storage
- Hooks and catches have protective coverings to minimize noise and reduce wear on units



A966 POWER CAGE

- Adjustable J-hooks
- Adjustable safety bars
- 8 weight horns for weight storage
- Variable grip pull-up bar
- Resistance band hooks and pegs
- Suspension trainer anchor points
- Hooks and catches have protective coverings to minimize noise and reduce wear on units
- 19 safety bar adjustment points



A967 HALF CAGE

- Adjustable J-hooks
- Adjustable safety bars
- 8 weight horns for weight storage
- Variable grip pull-up bar
- Open rack for overhead lifts
- Resistance band hooks and pegs
- Hooks and catches have protective coverings to minimize noise and reduce wear on units
- 19 safety bar adjustment points



BENCHES

A991 ADJUSTABLE BENCH

- Welded steel frame
- High-density foam pads for comfort and support
- Comfortable grip handle and wheels for easy relocation



A992 FLAT BENCH

- Welded steel frame
- High-density foam pads for comfort and support
- Comfortable grip handle and wheels for easy relocation



A993 BACK HYPEREXTENSION

- Welded steel frame
- High-density foam pads for comfort and support
- Adjustable thigh pads fits a variety of users
- Comfortable grip handle and wheels for easy relocation



A994 LEG RAISE/CHIN-UP DIP

- High quality cushions at the backrest and forearm to comfortably stabilize the user during operation
- Sturdy construction, welded steel frame
- Step-up point for safe entry and exit
- Multi-position handles for training variability



A995 CRUNCH BENCH

- Welded steel frame
- High-density foam pads for comfort and support
- Bench angle and leg pads adjust for a variety of training options



A996 OLYMPIC FLAT BENCH

- Welded steel frame
- High-density foam pads for comfort and support
- Hooks and catches have protective coverings to minimize noise and reduce wear on units
- Three support heights to accommodate any user size



BENCHES

A997 OLYMPIC DECLINE BENCH

- Welded steel frame
- High-density foam pads for comfort and support
- Hooks and catches have protective coverings to minimize noise and reduce wear on units
- Three support heights to accommodate any user size



A998 OLYMPIC INCLINE BENCH

- Welded steel frame
- High-density foam pads for comfort and support
- Hooks and catches have protective coverings to minimize noise and reduce wear on units
- Three support heights to accommodate any user size
- Spotter platform increases exercise safety
- Adjustable seat height fits a variety of users



A999 PREACHER CURL BENCH

- Welded steel frame
- High-density foam pads for comfort and support
- Adjustable seat
- Hooks and catches have protective coverings to minimize noise and reduce wear on units



SPECIFICATIONS

RACKS

Product	Dimensions (LxWxH)	Unit Weight
A901 Dumbbell Rack	100 x 33 x 36 in / 255 x 84 x 92 cm	222.7 lbs / 101 kg
A902 Olympic Plate Tree	55 x 50 x 41 in / 139.5 x 127 x 103.5 cm	138.9 lbs / 63 kg
A903 Dumbbell Rack	42.1 x 22 x 55.7 in / 107 x 56 x 141.5 cm	57.3 lbs / 26 kg
A965 Squat Rack	71.9 x 67.1 x 77.7 in / 182.7 x 170.5 x 197.4 cm	299.8 lbs / 136 kg
A966 Power Cage	82.7 x 77.6 x 90.9 in / 210 x 197.2 x 231 cm	504 lbs / 229 kg
A967 Half Cage	71.3 x 77.6 x 90.9 in / 181 x 197.2 x 231 cm	433.4 lbs / 197 kg

BENCHES

Product	Dimensions (LxWxH)		Unit Weight	
A991 Adjustable Bench	Maximum Dimensions: 55 x 22 x 55 in / 140 x 56.5 x 141 cm		104 lbs / 47.3 kg	
A992 Flat Bench	53.2 x 22.2 x 16.7 in / 135 x 57 x 43 cm		50 lbs / 22.7 kg	
A993 Back Hyperextension	Maximum Dimensions: 53 x 30 x 35 in / 135 x 77 x 89 cm		92.6 lbs / 42 kg	
A994 Leg Raise/Chin-Up Dip	57.5 x 49.7 x 92.2 in / 146.6 x 126.2 x 234.3 cm		224.9 lbs / 102 kg	
A995 Crunch Bench	67.7 x 25 x 42 in / 172 x 64 x 107 cm		112.4 lbs / 51 kg	
A996 Olympic Flat Bench	55.5 x 51.5 x 48 in 141 x 131 x 122 cm	*With optional weight plate storage:* 78.7 x 71.8 x 48.4 in 200 x 182.3 x 123 cm	127.9 lbs / 58 kg	*With optional weight plate storage:* 191.8 lbs / 87 kg
A997 Olympic Decline Bench	192 x 131 x 122 in / 75.5 x 51.50 x 48 cm		163.1 lbs / 74 kg	*With optional weight plate storage:* 227 lbs / 103 kg
A998 Olympic Incline Bench	70.8 x 51.5 x 55.1 in 180 x 131 x 140 cm	*With optional weight plate storage:* 90 x 71.8 x 55.1 in 228.6 x 182.3 x 140 cm	172 lbs / 78 kg	*With optional weight plate storage:* 240.3 lbs / 109 kg
A999 Preacher Curl Bench	48.8 x 30.9 x 37.5 in / 124 x 78.5 x 95.4 cm		92.6 lbs / 42 kg	

COLOR CUSTOMIZATION

The Selectorized Strength line comes standard with charcoal perforated side panels but each product can be tailored to fit your facility's color needs with the following color options.*



Blue | Pantone 287C



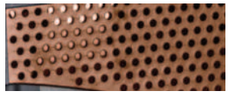
Red | Pantone 185C



Silver | Pantone 877C



Yellow | Pantone 123C



Copper | Pantone 4715C

UPHOLSTERY COLORS

Our tear-resistant, heavy-duty upholstery comes standard in our stylish Smokey Gray with Black accent. In addition, there are multiple color options available to customize our product to best suit your needs.



Smokey Gray #2 & Black #3

PRIMARY COLORS



Sterling Gray #1



Smokey Gray #2 (standard)

ACCENT COLORS



Black #3 (standard)



Flame Orange #4



Maroon Red #5



Aqua Green #6



Sea Blue #7



Forest Green #14



Burnt Orange #15



Royal Blue #20



Plum Red #43



Shamrock Green #45

REHABILITATIVE CARDIO

T663M TREADMILL

Enhance rehabilitative workouts with the T663M Treadmill. Its durable 3.2 HP DC motor, ECO-GLIDE™ auto-lubrication, and extended medical handrails deliver reliable performance with minimal maintenance. Reverse speed, microamp leakage filter, and MyFlex+ cushioning ensure safety and comfort, while the wide speed range and preset workouts support versatile training—all at exceptional value.

ADDITIONAL FEATURES

- Forward and reverse speed function (-3 to 10 mph) 0.1 SAFE-START™ speed (forward & reverse)
- MyFlex+ deck cushioning provides 30% more shock absorption and carries a lifetime warranty
- ECO-GLIDE™ auto lubrication system reduces maintenance requirements
- Our FlowTec™ filtration system keeps the motor compartment clean and free of debris/dust
- Medical handrails and microamp leakage filter safe for medical installations
- Contact and telemetry based heart rate sensor



T655MD TREADMILL

The T655MD treadmill offers a versatile workout experience, boasting a wide range of inclines from -3% to 22% to cater to varying levels of intensity. Whether it's walking in reverse at speeds of 0.1-3 mph or moving forward up to 12 mph, users can customize their workouts to suit their needs. Additionally, the adjustable handles provide vertical and inward adjustments, ensuring optimal comfort and support for every user.

ADDITIONAL FEATURES

- ECO-DRIVE™ energy efficient 5 HP AC-Servo motor ensures smooth and reliable operation while minimizing energy consumption
- ECO-GLIDE™ automatic lubrication system guarantees hassle-free maintenance and prolonging lifespan
- MyFlex+ deck cushioning provides 30% more shock absorption, reducing the impact on joints and muscles during rehabilitation sessions
- Detachable step, wired controller, and optional EDAN ECG integration
- Meets UL requirements for current leakage in a medical setting



T655MS TREADMILL

The T655MS Treadmill combines advanced performance and comfort with energy efficiency. Its 5 HP ECO-DRIVE™ AC-Servo motor and ECO-GLIDE™ auto-lubrication system ensure smooth, low-maintenance operation. With MyFlex+ cushioning and bi-directional belt motion, it delivers a versatile and comfortable workout experience.

ADDITIONAL FEATURES

- ECO-DRIVE™ energy efficient 5 HP AC-Servo motor ensures smooth and reliable operation while minimizing energy consumption
- ECO-GLIDE™ automatic lubrication system guarantees hassle-free maintenance and prolonging lifespan
- MyFlex™ Plus deck cushioning provides 30% more shock absorption, reducing the impact on joints and muscles during rehabilitation sessions
- Decline to -3% grade for back and knee rehab
- Meets UL requirements for current leakage in a medical setting
- Full length medical side rails with pediatric lower sections for better patient stability



REHABILITATIVE CARDIO

C521M RECUMBENT CYCLE

The C521M Recumbent Cycle delivers comfort and versatility for all users. Bi-directional pedaling and adjustable cranks support personalized workouts, while ultra-low start-up resistance makes it ideal for rehabilitation and recovery.

ADDITIONAL FEATURES

- Reclining seat back and pivoting arm rests for ultimate fit and comfort
- Cool mesh seat back with lumbar pouch for heat and cold pack therapy
- Optional therapeutic pedal and heart rate chest strap



UB521M BI-LATERAL UPPER BODY ERGOMETER

The UB521M Bi-Lateral Upper Body Ergometer is a versatile solution for upper body exercise and therapy. With bi-directional resistance, users can enjoy varied workouts. The hand crank rotates 180° for customizable opposing or in unison arm motion. The tilting console and pivoting display offer a comfortable experience for seated or standing users.

ADDITIONAL FEATURES

- Adjustable range-of-motion radius with four settings at 6.5”, 7.5”, 8.5” and 9.5”
- Roll away seat carriage for wheelchair patients and optional wheelchair platform
- Belt drive offers quiet, smooth operation with seamless transition between forward and reverse motion



SPECIFICATIONS

TREADMILLS

Product	Dimensions (LxWxH)	Unit Weight	Running Area (LxW)	Speed Range	Incline Range	Drive Motor	Step Up Height	Max User Weight
T663M Treadmill	83.3 x 33.8 x 59.9 in 211.5 x 85.9 x 149.4 cm	359.3 lbs 163 kg	62 x 22 in 158 x 56 cm	Reverse: 0.1–3.0 mph / 0.16–4.8 kph Forward: 0.1–10 mph / 0.2–16 kph	0–15%	3.2 HP DC	8 in 20.4 cm	400 lbs 180 kg
T661M Treadmill	80.3 x 37 x 55.9 in 203.9 x 93.9 x 142 cm	330.7 lbs 150 kg	58 x 20 in 147.3 x 50.8 cm	0.1–12 mph 0.16–20 kph	0–15%	3.0 HP DC	6.1 in 15.5 cm	400 lbs 180 kg
T655MD Treadmill *with step	104 x 40 x 59.2 in 264 x 101.6 x 150.4 cm	473 lbs 215 kg	62 x 22 in 158 x 56 cm	Reverse: 0.1–3 mph / 0.16–4.8 kph Forward: 0.1–12 mph / 0.16–20 kph	-3–22%	5.0 HP AC-Servo	With step: 6 in / 15.25 cm Without step: 8.7 in / 22.2 cm	500 lbs 227 kg
T655MS Treadmill	86.6 x 37.5 x 56.7 in 220 x 95.5 x 144 cm	390 lbs 177 kg	62 x 22 in 158 x 56 cm	Reverse: 0.1–3 mph / 0.16–4.8 kph Forward: 0.1–12 mph / 0.16–20 kph	-3–15%	5.0 HP AC-Servo	8.75 in 22.23 cm	500 lbs 227 kg

CYCLES

Product	Dimensions (LxWxH)	Unit Weight	Resistance	Max User Weight
C521M Recumbent Cycle	66.5 x 26.4 x 50 in / 169 x 67 x 127 cm	183 lbs / 83 kg	20 levels with 0.1 increments	450 lbs / 205 kg

ALTERNATE TRAINERS

Product	Dimensions (LxWxH)	Unit Weight	Resistance	Max User Weight
UB521M Bi-Lateral Upper Body Ergometer	69.3 x 31.5 x 75 in / 176 x 80 x 190.5 cm	264.6 lbs / 120 kg	20 levels with 0.1 increments	500 lbs / 227 kg