

HEALTH FIT & SPORT
A VOTRE SERVICE DEPUIS 1995

CATALOGUE PRODUITS

APPAREILS DE MUSCULATION

Machines à charges guidées et postes de force.
Équipement pour les salles d'entraînement.

Route de Taillepied 44
1095 Lutry, Suisse

direction@healthsport.ch

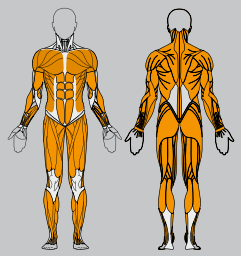
+41 21 903 57 67
healthsport.ch

HFS561









Base (cm) *width*	175
Profondità (cm) *length*	105
Altezza (cm) *height*	235
Carico (kg) *load*	120 + 120

Nouveau



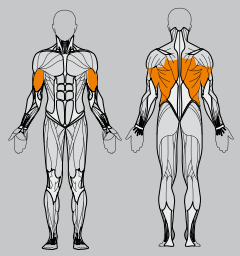
HFS441











Base (cm) *width*	130
Profondità (cm) *length*	115
Altezza (cm) *height*	235
Carico (kg) *load*	100

Nouveau

EASY CHIN DIP



Modular equipment

indicative pictures





Standard stations sizes

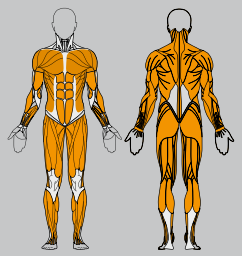
- 120 x 150 x 250 cm
- 170 x 150 x 250 cm

Optional:

- *Wall ball Supports*
- *Training rings*
- *Training rope*
- *Barbell supports*
- *Optional Pull-up bars*
- *Dip bars*

CROSS BOX WALL MOUNTED

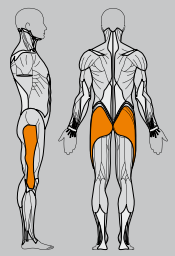






ABDUCTOR MACHINE

HFS204







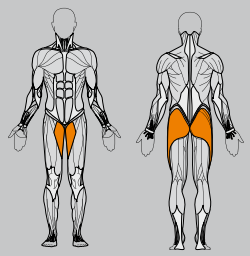




Base (cm) *width*	90
Profondità (cm) *length*	155
Altezza (cm) *height*	175
Carico (kg) *load*	60

HFS205

ADDUCTOR MACHINE







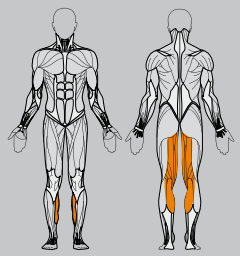




Base (cm) *width*	90
Profondità (cm) *length*	155
Altezza (cm) *height*	175
Carico (kg) *load*	60

LEG CURL LYING MACHINE

HFS506







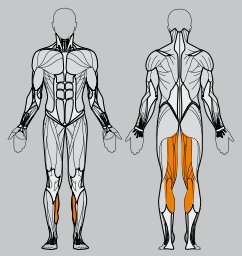




Base (cm) *width*	105
Profondità (cm) *length*	175
Altezza (cm) *height*	175
Carico (kg) *load*	60

HFS948

STANDING LEG CURL MACHINE







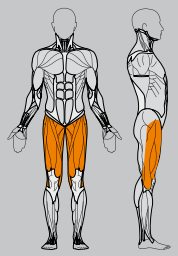




Base (cm) *width*	105
Profondità (cm) *length*	120
Altezza (cm) *height*	175
Carico (kg) *load*	60

LEG EXTENSION MACHINE

HFS609





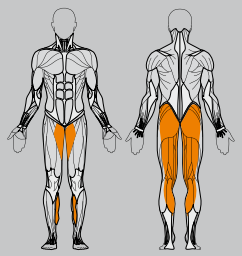




Base (cm) *width*	120
Profondità (cm) *length*	105
Altezza (cm) *height*	175
Carico (kg) *load*	80

HFS710

HORIZONTAL LEG PRESS





Base (cm) *width*	120
Profondità (cm) *length*	217
Altezza (cm) *height*	220
Carico (kg) *load*	250







LAT MACHINE

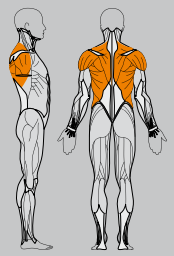
HFS412







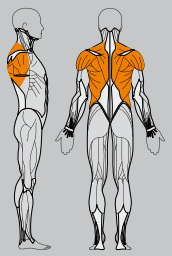




Base (cm) *width*	110
Profondità (cm) *length*	125
Altezza (cm) *height*	220
Carico (kg) *load*	100

HFS07

LOW PULLEY







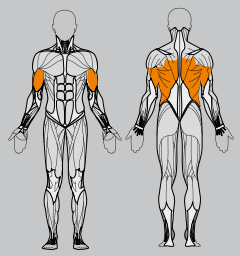




Base (cm) *width*	120
Profondità (cm) *length*	195
Altezza (cm) *height*	220
Carico (kg) *load*	100

TRIDORS MACHINE

HFS1188





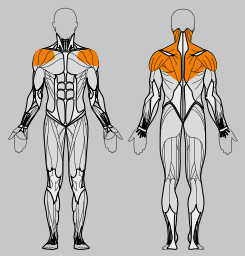




Base (cm) *width*	95
Profondità (cm) *length*	145
Altezza (cm) *height*	200
Carico (kg) *load*	120

HFS5201

DELTOID MACHINE







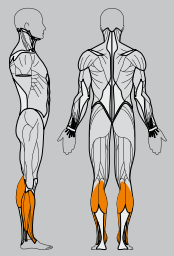


Base (cm) *width*	90
Profondità (cm) *length*	125
Altezza (cm) *height*	175
Carico (kg) *load*	80

CALF MACHINE

HFS538





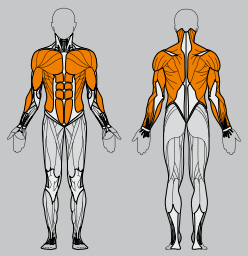




Base (cm) *width*	65
Profondità (cm) *length*	95
Altezza (cm) *height*	180
Carico (kg) *load*	100

HFS0529

CABLE COMBI







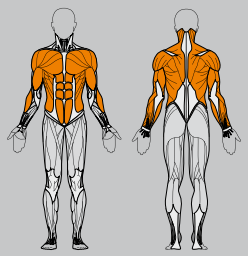




Base (cm) *width*	105
Profondità (cm) *length*	105
Altezza (cm) *height*	230
Carico (kg) *load*	60x4

CABLE CROSS OVER

HFS3589





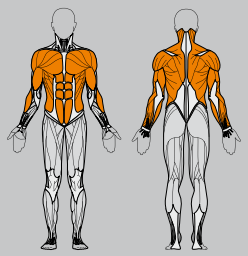




Base (cm) *width*	90
Profondità (cm) *length*	300
Altezza (cm) *height*	230
Carico (kg) *load*	60x2

HFS1698

JUNGLE MACHINE





Base (cm) *width*	295
Profondità (cm) *length*	350
Altezza (cm) *height*	245
Carico (kg) *load*	60x3+ 100x2

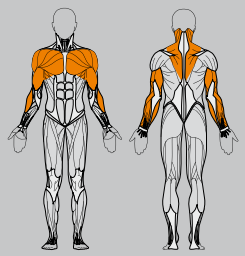






CHEST PRESS CONVERGENT

HFS5589







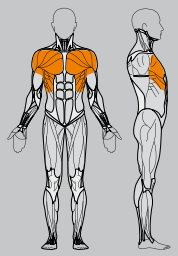




Base (cm) *width*	135
Profondità (cm) *length*	150
Altezza (cm) *height*	200
Carico (kg) *load*	60

HFS9087

PECTORAL MACHINE







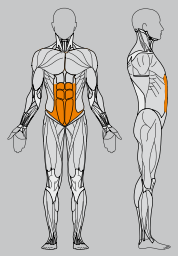




Base (cm) *width*	140
Profondità (cm) *length*	160
Altezza (cm) *height*	175
Carico (kg) *load*	60

ABDOMINAL MACHINE WS

HFS9393

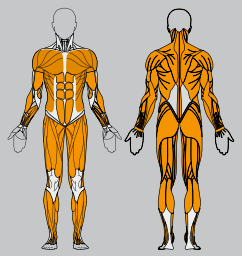








Base (cm) *width*	100
Profondità (cm) *length*	140
Altezza (cm) *height*	170
Carico (kg) *load*	60







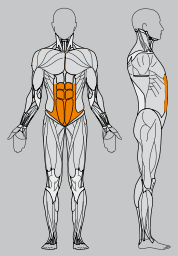




Base (cm) *width*	80
Profondità (cm) *length*	90
Altezza (cm) *height*	220
Carico (kg) *load*	60

ABDOMINAL MACHINE PL

HFS9197



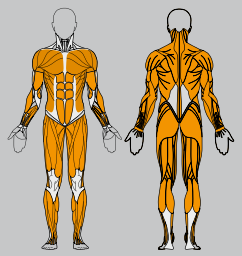








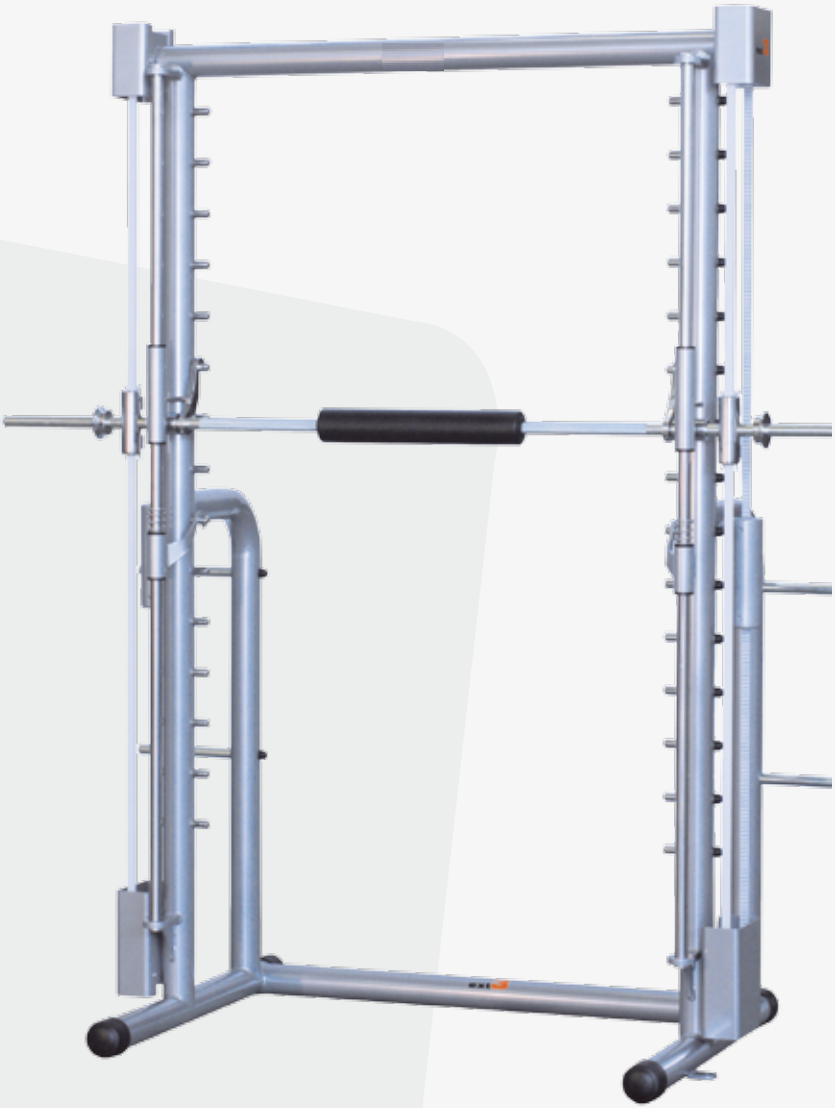
Base (cm) *width*	75
Profondità (cm) *length*	135
Altezza (cm) *height*	160
Caricamento *loading*	ø 25 ø 50







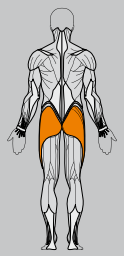




Base (cm) *width*	220
Profondità (cm) *length*	110
Altezza (cm) *height*	240
Caricamento *loading*	ø 25 ø 50

GLUTEUS MACHINE

HFS2193







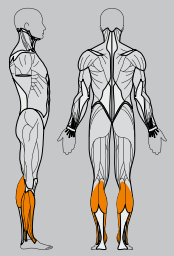




Base (cm) *width*	110
Profondità (cm) *length*	240
Altezza (cm) *height*	160
Caricamento *loading*	ø 25 ø 50

HFS7171

SEATED CALF





Base (cm) *width*	80
Profondità (cm) *length*	135
Altezza (cm) *height*	75
Caricamento *loading*	ø 25 ø 50





OLYMPIC



Olympic version sizes (cm):
Width 125
Length 150
Height max 142



HFS4578

DOUBLE ABILITY

PARALYMPIC

Paralympic version sizes (cm):
Width 125
Length 210
Height max 142
According to IPC standars



Unscrew the knobs under the bench and change the seat

Plates, barbells and safety fasteners for paralympic use are not included

INVERSION BENCH

HFS1010





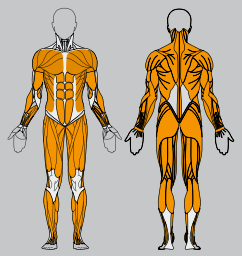




Base (cm) *width*	80
Profondità (cm) *length*	160
Altezza (cm) *height*	130

HFS7288

ADJUSTABLE DOUBLE USE BENCH





Base (cm) *width*	50
Profondità (cm) *length*	145
Altezza (cm) *height*	130



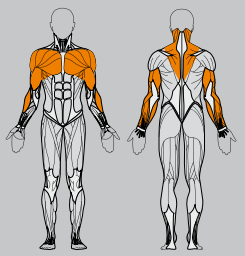




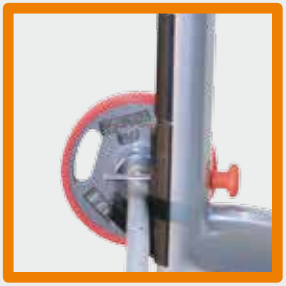
FLAT BENCH

HFS6280







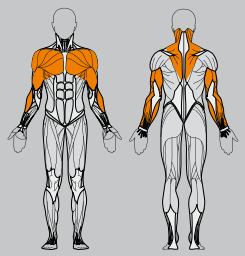




Base (cm) *width*	125
Profondità (cm) *length*	150
Altezza (cm) *height*	130

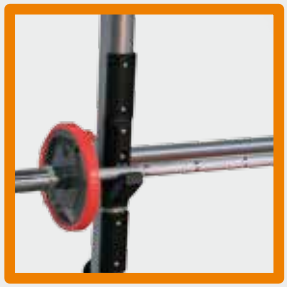
HFS2233

DECLINE BENCH





Base (cm) *width*	125
Profondità (cm) *length*	175
Altezza (cm) *height*	130

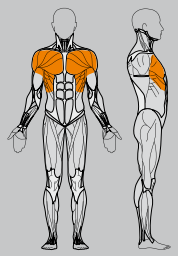






INCLINE BENCH

HFS4268





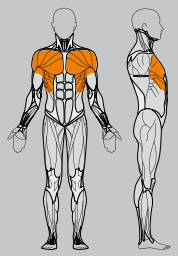






Base (cm) *width*	125
Profondità (cm) *length*	160
Altezza (cm) *height*	170

HFS4299 VERTICAL BENCH





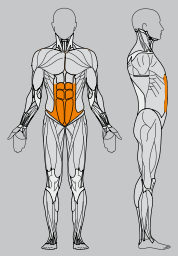




Base (cm) *width*	130
Profondità (cm) *length*	125
Altezza (cm) *height*	195

CRUNCH BENCH

HFS0203





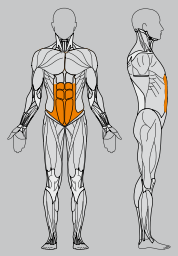






Base (cm) *width*	60
Profondità (cm) *length*	150
Altezza (cm) *height*	130

HFS1213 ABDOMINAL BENCH







Base (cm) *width*	80
Profondità (cm) *length*	180
Altezza (cm) *height*	105

SCOTT BENCH

HFS8200





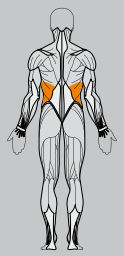




Base (cm) *width*	100
Profondità (cm) *length*	105
Altezza (cm) *height*	100

HFS3277

HYPEREXTENSION BENCH





Base (cm) *width*	90
Profondità (cm) *length*	145
Altezza (cm) *height*	115

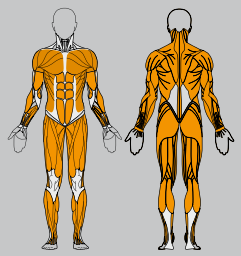






LEG RAISE / CHIN DIP

HFS9266







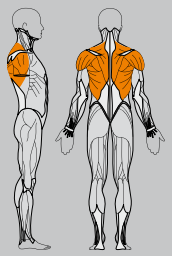




Base (cm) *width*	125
Profondità (cm) *length*	170
Altezza (cm) *height*	240

HFS2526

DORSEY BAR







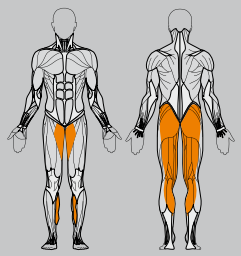




Base (cm) *width*	90
Profondità (cm) *length*	190
Altezza (cm) *height*	135

TOWER POWER

HFS1517







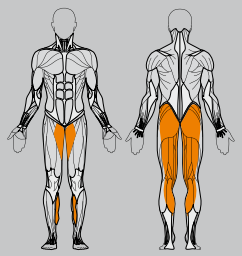




Base (cm) *width*	115
Profondità (cm) *length*	190
Altezza (cm) *height*	210

HFS3553

SQUAT RACK





Base (cm) *width*	125
Profondità (cm) *length*	180
Altezza (cm) *height*	195







BARBELLS RACK

HFS0301



Base (cm) *width*	70
Profondità (cm) *length*	170
Altezza (cm) *height*	115

DUMBELLS RACK

HFS2307





Base (cm) *width*	70
Profondità (cm) *length*	200
Altezza (cm) *height*	80

HFS13948

PLATES RACK



OPTIONAL





Base (cm) *width*	65
Profondità (cm) *length*	150
Altezza (cm) *height*	120