

HEALTH FIT & SPORT
A VOTRE SERVICE DEPUIS 1995

FITNESS PREMIUM

Musculation, cardio et Pilates.
Équipements et accessoires haut de gamme.

Route de Taillepied 44
1095 Lutry, Suisse

direction@healthsport.ch

+41 21 903 57 67
healthsport.ch



COLMIA™
LUXURY DUMBBELLS SET

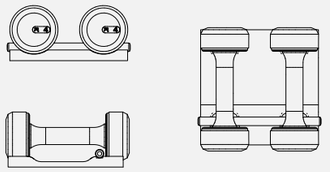
A manually crafted set made of the highest quality materials.
In the production, natural wood such as American walnut is used along with the highest grade stainless steel.
A stable construction, strong attention to detail and the heart poured into the hand-work made COLMIA™ dumbbells delightfully presentable. COLMIA™ is perfect, as a part of a modern home or a hotel gym.

Dumbbells are available in sets (horizontal or vertical) and as individual pairs (with or without a wooden stand). American oiled walnut wood provides a good grip and gives pleasure to touch. This type of wood exhibits antibacterial properties and, in combination with stainless steel creates a harmonious system of health and nature. This is very important when using these luxurious accessories in special conditions. COLMIA™ is dedicated for the private use as well as for personal trainers and gyms.



COLMIA™
Individual dumbbells with a wooden stand

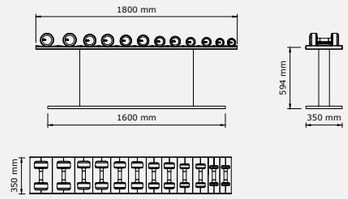
Place your dumbbells on a solid wooden stand. Individual dumbbells are available in different weights (size depends on the weight).





COLMIA™
Light

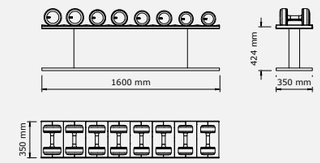
A set consisting of a horizontal stand and dumbbells weighing:
2 kg x 2 | 4 kg x 2 |
6 kg x 2 | 8 kg x 2 |
10 kg x 2 | 12 kg x 2





COLMIA™
Power

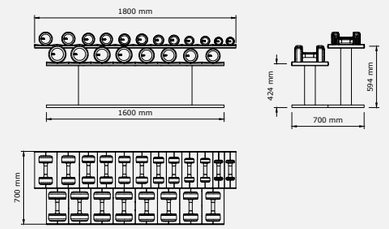
A set consisting of a horizontal stand and dumbbells weighing:
14 kg x 2 | 16 kg x 2 |
18 kg x 2 | 20 kg x 2





COLMIA™
Set

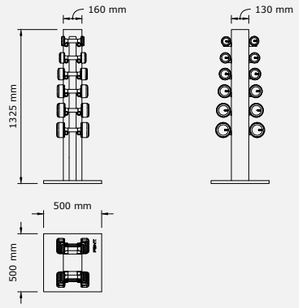
A set consisting of two horizontal stands and dumbbells weighing:
2 kg x 2 | 4 kg x 2 |
6 kg x 2 | 8 kg x 2 |
10 kg x 2 | 12 kg x 2 |
14 kg x 2 | 16 kg x 2 |
18 kg x 2 | 20 kg x 2





COLMIA ™
VERTICAL Light

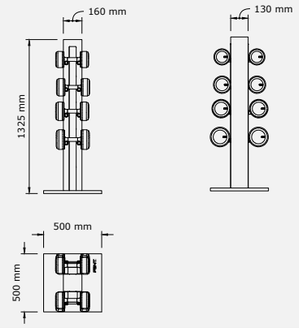
A set consisting of a vertical stand
and dumbbells weighing:
2 kg x 2 | 4 kg x 2 |
6 kg x 2 | 8 kg x 2 |
10 kg x 2 | 12 kg x 2





COLMIA™
VERTICAL Power

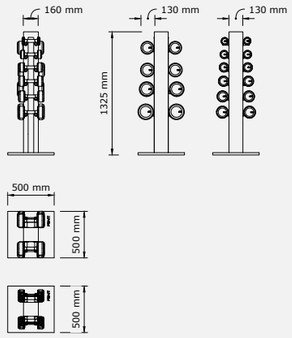
A set consisting of a vertical stand
and dumbbells weighing:
14 kg x 2 | 16 kg x 2 |
18 kg x 2 | 20 kg x 2





COLMIA™
VERTICAL Set

A set consisting of two vertical
stands and dumbbells weighing:
2 kg x 2 | 4 kg x 2 |
6 kg x 2 | 8 kg x 2 |
10 kg x 2 | 12 kg x 2 |
14 kg x 2 | 16 kg x 2 |
18 kg x 2 | 20 kg x 2



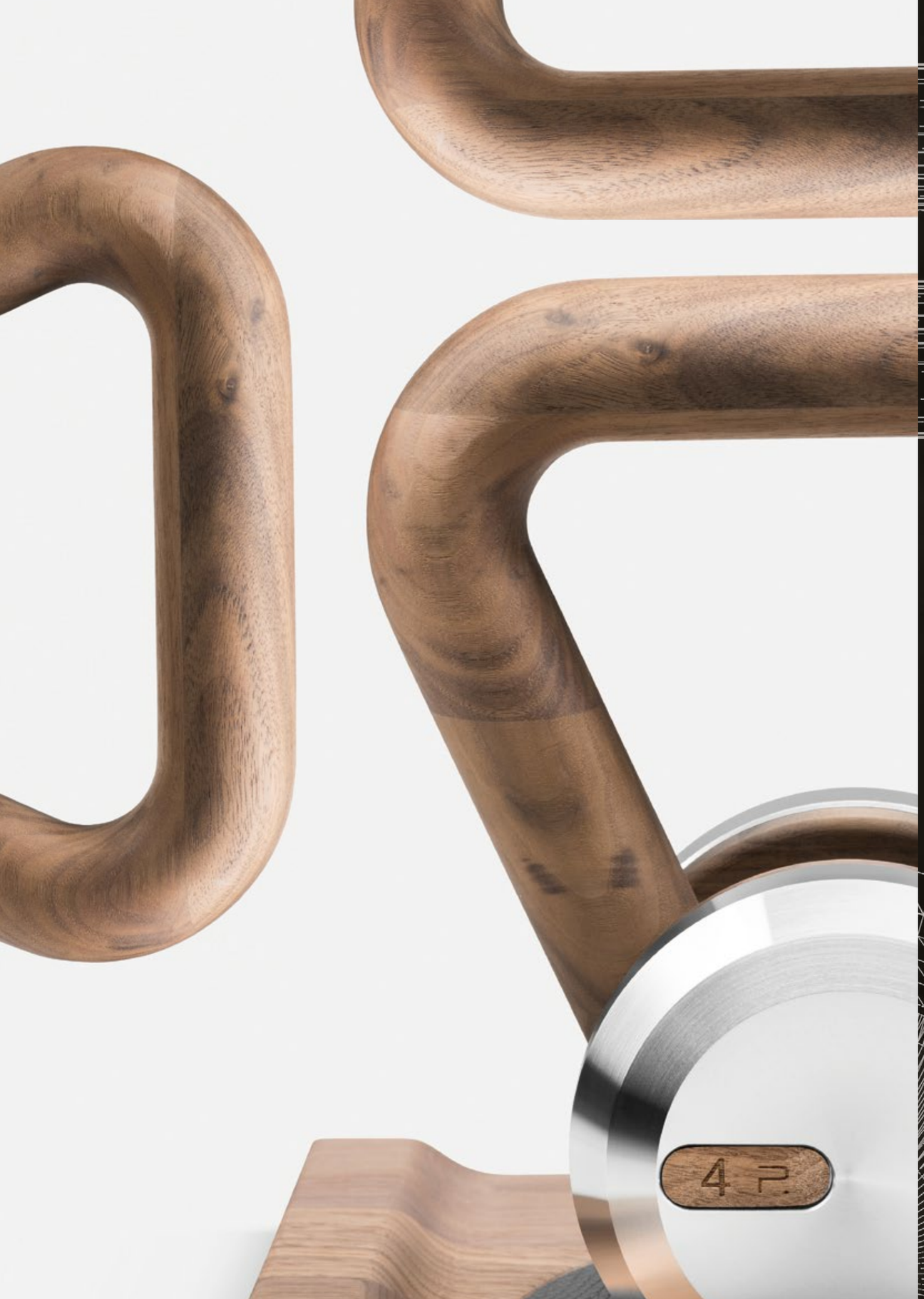
ATTENTION TO EVERY DETAIL











LOVA™

KETTLEBELLS

The true evolution of modern solutions for home gym & the hotel industry.



LOVA™
LUXURY KETTLEBELLS

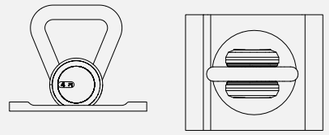
A handmade set in American walnut and stainless steel. Careful design and craftsmanship combine practical use with a distinctive form. Each element is finished by hand. The LOVA set is available with horizontal or vertical stands, or as individual kettlebells.

American oiled walnut wood provides a good grip and gives pleasure to touch. This type of wood exhibits antibacterial properties and, in combination with stainless steel creates a harmonious system of health and nature. This is very important when using these luxurious accessories in special conditions. COLMIA™ is dedicated for the private use as well as for personal trainers and gyms.



LOVA™
Individual kettlebells with a wooden stand

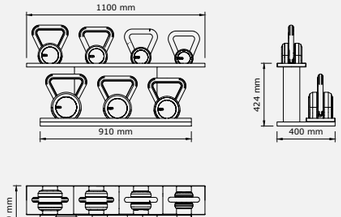
Place your kettlebells on a solid wooden stand lined with genuine leather. Individual kettlebells are available in different weights (size depends on the weight).





LOVA™
Set

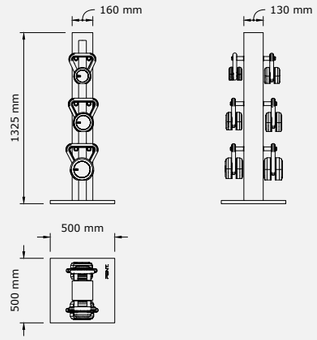
A set consisting of a horizontal stand and kettlebells weighing:
4 kg | 6 kg | 8kg | 10 kg | 12 kg | 16 kg | 20kg





LOVA™
VERTICAL Set

A set consisting of a vertical stand and kettlebells weighing:
4 kg | 8 kg | 10 kg |
12 kg | 16 kg | 20kg





MOXA™

BALLS

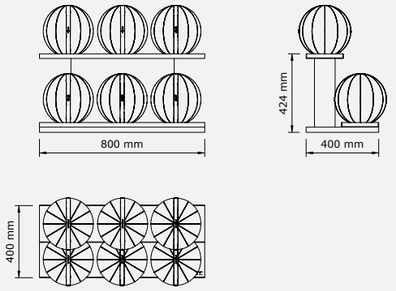
Designed with special attention to detail and a strong focus on quality workmanship.





MOXA™ Set

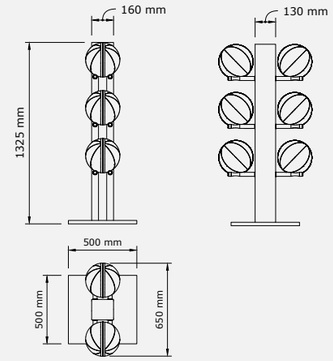
A set consisting of a horizontal rack and leather balls weighing:
4 kg | 8 kg | 12 kg |
16 kg | 20 kg | 24 kg





MOXA™ VERTICAL Set

A set consisting of
a vertical rack and
leather balls weighing:
4 kg | 8 kg | 12 kg |
16 kg | 20 kg | 24 kg



MOXA™
LUXURY BALLS

Handmade from natural walnut wood, stainless steel and genuine leather.
Its excellent and prestigious design has a wide, practical application.
This product is our collection of a wonderful equipment for exceptional customers.

Weighted balls are available in sets (horizontal or vertical) and as individual pieces.
Each ball has the same diameter- 25 cm.

ATTENTION TO EVERY DETAIL



LESNA™

BARBELL SET

A barbell set is one-of-a-kind exercise equipment you can't do without in any serious gym.



LESNA™
LUXURY BARBELL SET

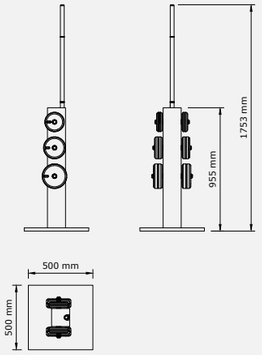
A handmade weight set with a bar made of the best luxury materials. The stylish and simple form of the stand is perfectly matched to the available weights. Both LESNA™ and BYSTRA™ perfectly complement our entire collection. As always, in all our products, it is entirely made of the best materials and with attention to every detail.

Hours of handmade work make the sets refined in every aspect, delighting everyone who has the opportunity to see it with their own eyes. They are ideal for a home or a hotel gym.



LESNA™ Set

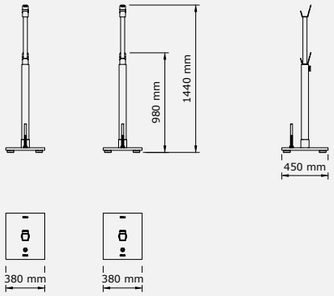
A set consisting of a stand,
a barbell and weights:
4 kg x 2 | 8 kg x 2 | 12 kg x 2





BYSTRA™ Set

Press Bench Rack can be purchased
with or without the weights
4 kg x 2 | 8 kg x 2 | 12 kg x 2



ATTENTION TO EVERY DETAIL







BANKA™

LUXURY FITNESS BENCH

You might have never seen
an exercise bench like this.



BANKA™

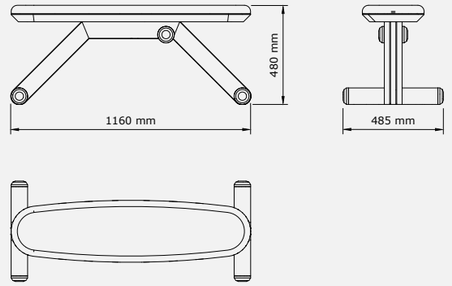
LUXURY FITNESS BENCH

Handmade from wood, stainless steel and natural leather. The best materials combined with the strong attention to detail make this simple exercise equipment breathtaking for anyone who is looking for a practical function with beauty and prestige for a home or a hotel gym.



BANKA™
Basic

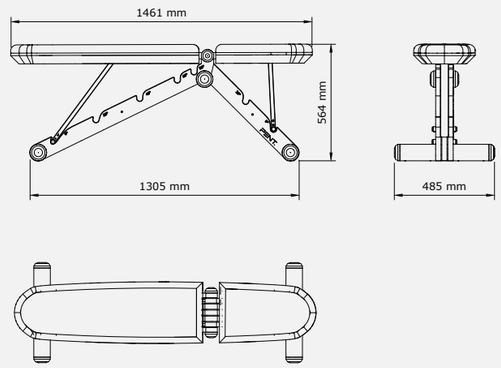
The stable and simple form of the exercise bench stands out with its quality and craftsmanship.





BANKA™
Advance

Wooden adjustable bench is constructed conscientiously to provide the comfort we expect, both fitting your body and weight lifting needs.







More than fitness.

DISCOVER OUR PROJECTS : WWW.PENTFITNESS.COM

SCALA™

WALL BAR

Power to make big things happen in a home gym.

SCALA™

LUXURY WALL BAR

The pattern of the ladder, referring to roots, contains a feature of weighted and removable rungs.
After removing them we obtain a stylish so-called weighted „fitness bar" that is ultra soft to the touch.

The available weights range from 2 - 6 kg. To make the wall bar even more versatile, the ladder has flexible bands that can be easily attached to the bars and the ladder.
Additionally, you can also attach TRX bands (not provided).

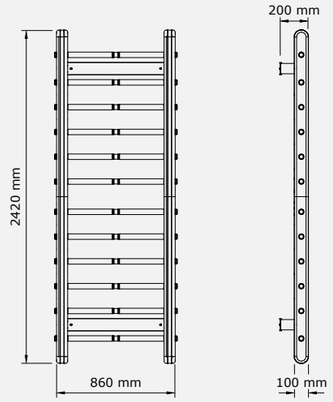




SCALA™ Basic

Luxury wall bar for exercise.
The set includes a wall-mounted frame with rungs.

Height: 242 cm

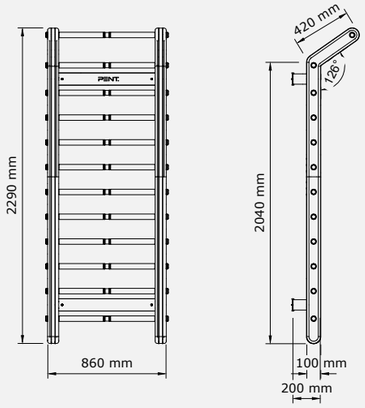




SCALA™ Advance Plus

The wall bar, in addition that its pattern refers to roots, combines functionality with a nature-inspired design.

Height: 229 cm



RAXA™

BOXING BAGS

Proven reliability in the most extreme conditions in home, residential or hotel gym.



RAXA™

LUXURY BOXING BAGS

Add style to your gym with this amazing genuine leather bag. It's not only beautiful to look at, it sustains heavy beating too.

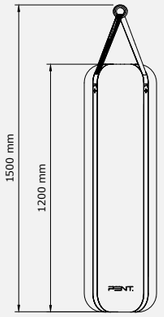
It is handmade using finest materials by dedicated craftsmen in order to make an elegant, yet practical product.

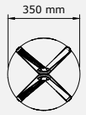


RAXA™

RAXA boxing bags are made for demanding home, residential and hotel gyms.

Weight: about 40 kg



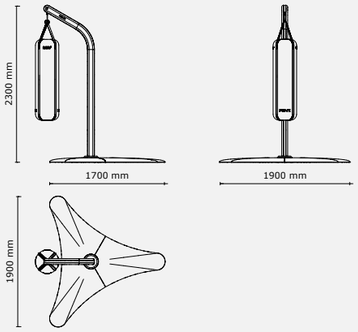




RAXA™ Stand

Designed as a luxury free-standing stand, it delivers perfect stability, architectural strength, and a sculptural aesthetic that elevates any training space

*boxing bag not included





Boxing gloves for RAXA™

Genuine-leather boxing gloves combine quality and practicality. Handcrafted finish. Available sizes: S, M and L.

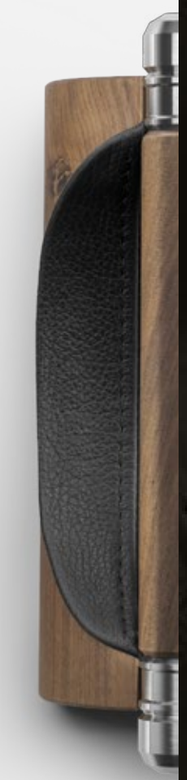












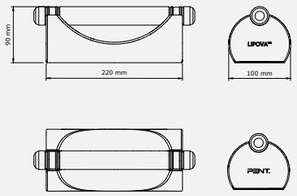
ACCESSORIES

Upgrade your fitness gear with PENT. Luxury fitness accessories.



LIPOVA™

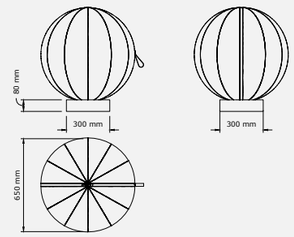
Push-ups are one of the basic weight training. LIPOVA™ luxury push-up bars are an excellent way to get the most out of this exercise.
Dimensions: 22 x 10 x 9 cm





MESNA™

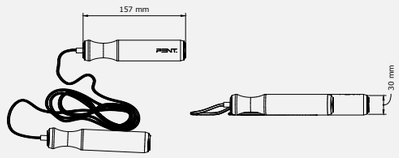
Exercise Sitting Ball is actually exercise equipment that can help strengthen muscles, increase balance and improve flexibility, coordination and posture.
MESNA & Rest & Ball pump
Diameter: 65 cm





SIENNA™

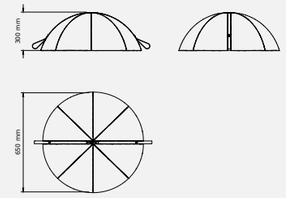
One of the most fundamental fitness accessories. Simple, yet necessary. Make your fitness goals on your own terms.
Length: 275 cm





TRESNA™

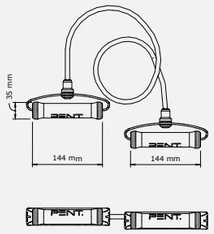
Luxury Balance Trainer covered with genuine leather is the perfect tool for the combined balance and strength training. Designed to develop flexibility, stability and core strength with challenging cardio workouts.
Base diameter: 65 cm
Height: 35 cm





RESA™

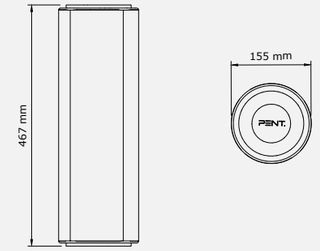
Luxury elastic band with versatile resistance and integrated wooden grips for the highest comfort of the user. It allows to carry out strength, endurance and general development training.
Length: 65 cm





ROLA™

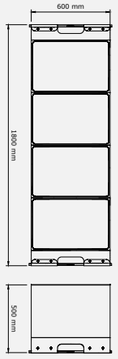
Luxury soft roller covered with genuine leather for self-myofascial release in which pressure is applied to certain body parts to relieve pain.
Length: 45 cm
Diameter: 15 cm





MATA™
Large

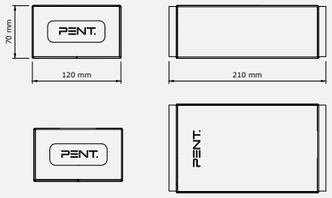
Luxury handmade leather fitness mat. It will help prevent pains in your back when you're lying down or doing cat stretches.
Dimensions: 180 x 60 cm





KOHA™

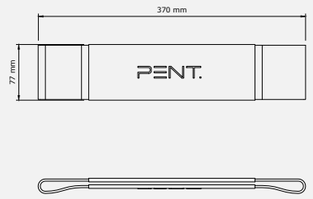
Luxury Yoga Block. Classic, natural wood construction, clad in natural leather gives you durability and security during workout.
Dimensions: 12 x 21 x 7 cm



GUMA™



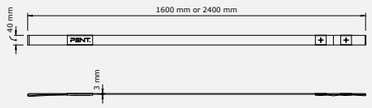
Flexible bands can be used for stretching, flexibility and mobility. They come in 3 different resistance levels (Light, Medium, Power) to train different muscle groups and allow for progression. Types of stretch: easy, medium, hard
Length: 75 cm



PASA™



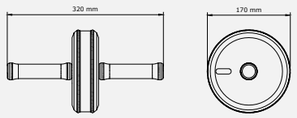
The leather yoga belt facilitates or intensifies stretching exercises, provides more reach as an „extension" of the arms and allows you to stay in the stretched position longer.
Available length:
160 cm or 240 cm



TWISTA™



Luxury Ab Roller,
a masterpiece crafted
from natural wood,
premium steel
and genuine leather.



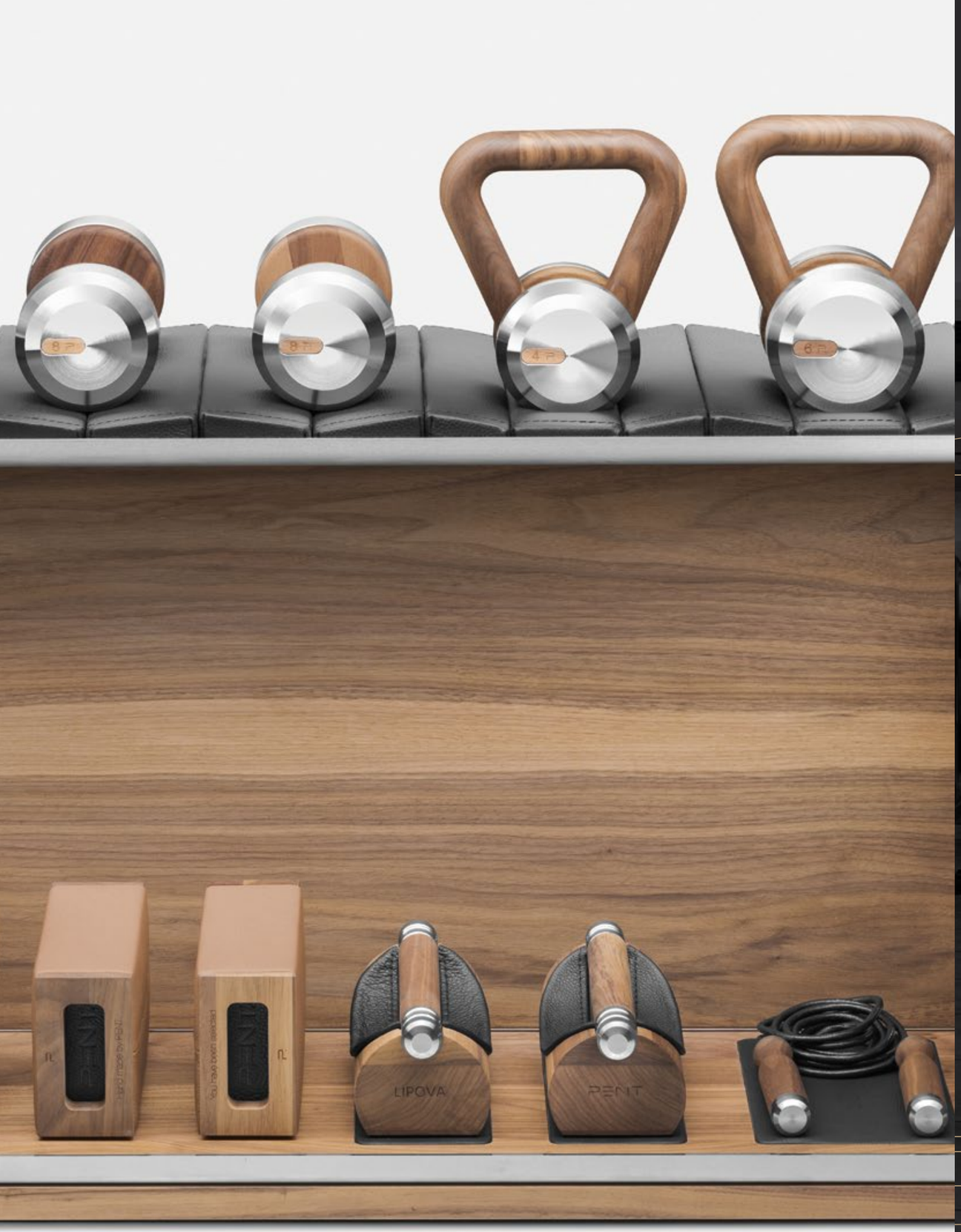
ATTENTION TO EVERY DETAIL





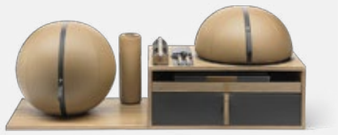






MULTI SET

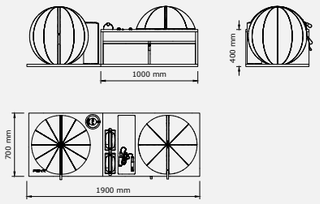
Complementary set of dumbbells, kettlebells, exercise mat and essential fitness accessories.



RACKA™

Beautiful rack with accessories.

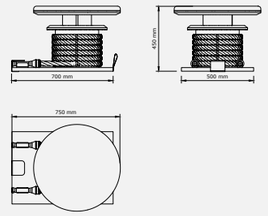
RACKA ™ includes:
TRESNA™ Balance Ball: 1 pc
SIENNA™ Skipping Rope: 1 pc
MATA™ Exercise Fitness Mat : 1 pc
LIPOVA™ Push Up Bars: 1 pc
ROLA™ Stretching Roller : 1 pc
MESNA™ Exercise Sitting Ball : 1 pc





LINA™

The LINA™ fitness rope is ideal
for strength and endurance training.
Finished in natural leather and wood,
it provides optimal conditions for
a comfortable workout.

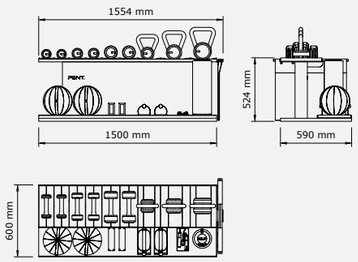




COMBO™ Ana

Created as a complete set
for the most demanding people.

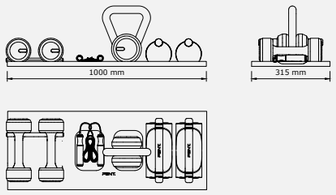
COMBO™ Ana includes:
COLMIA™ Dumbbells (pairs):
4 kg / 6 kg / 8 kg
LOVA™ Kettlebells: 4 kg / 6 kg / 8 kg
MOXA™ Weighted Ball: 4 kg / 8 kg
SIENNA™ Skipping Rope: 1 pc
MATA™ Exercise Fitness Mat: 1 pc
LIPOVA™ Push Up Bars: 1 set
KOHA™ Yoga Block: 2 pcs
ROLA™ Stretching Roller: 1 pc





DEHA™

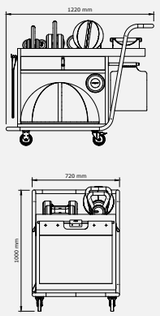
A practical "take-away" fitness set.
COLMIA dumbbells (2-8kg),
LOVA kettlebells (4-8kg),
LIPOVA push-ups bars and SIENNA
skipping rope will fit perfectly on
a small wooden stand in specially
carved forms. This is an excellent
solution for hotels that want to offer
their guests the opportunity to perform
simple workouts right in the room.



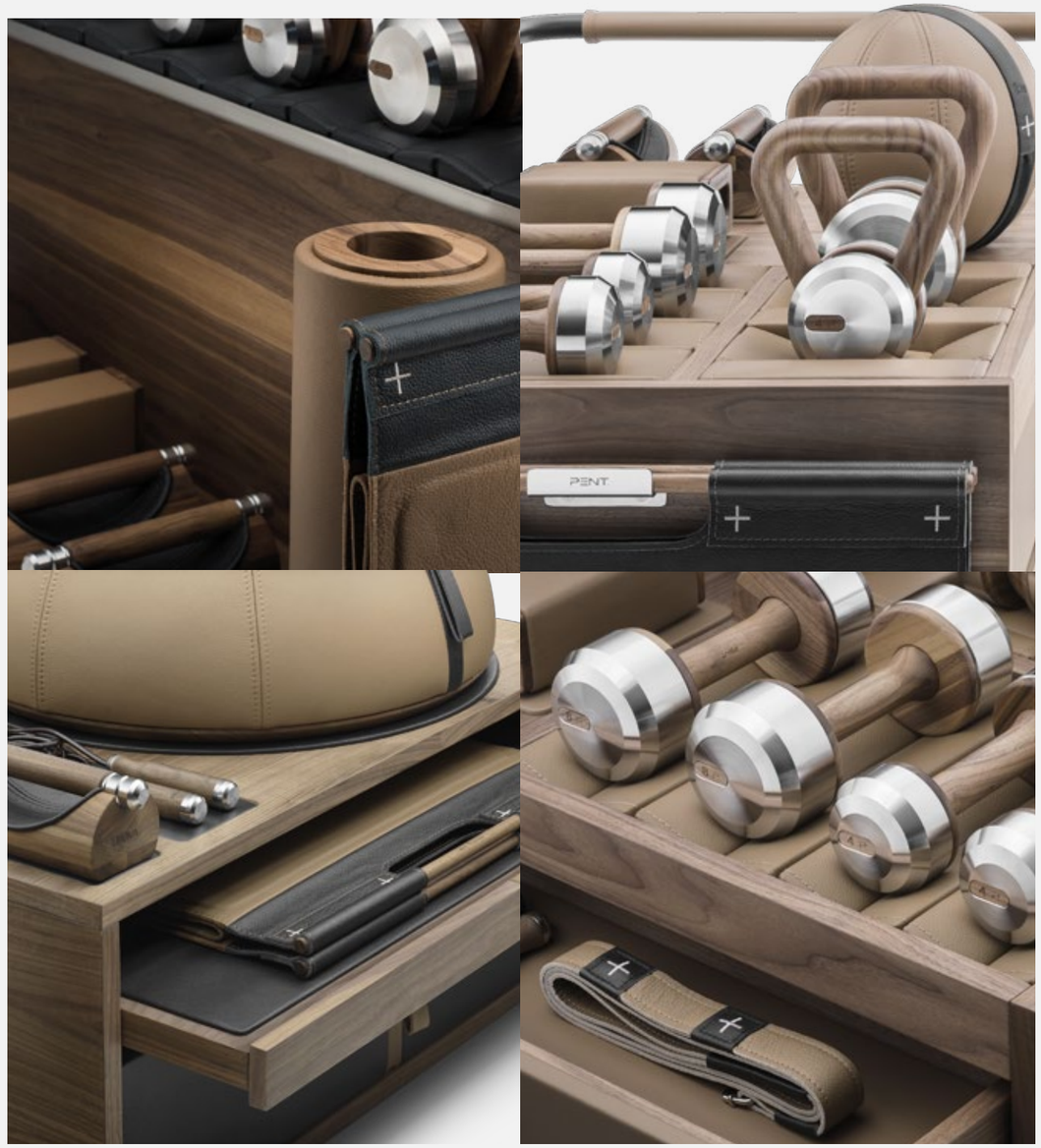


SOPHIA™ Mobile Gym Kit

SOPHIA™ includes:
COLMIA™ Dumbbells: 4 kg x 2 | 8 kg x 2
LOVA™ Kettlebells: 4 kg | 8 kg
TRESNA™ Balance Ball: 1 pc
MOXA™ Weighted Ball: 1 pc 8kg
SIENNA™ Skipping Rope : 1 pc
MATA™ Exercise Fitness Mat: 1 pc
LIPOVA™ Push Up Bars: 1 set
KOHA™ Yoga Block: 1 pc
ROLA™ Stretching Roller: 1 pc



ATTENTION TO EVERY DETAIL







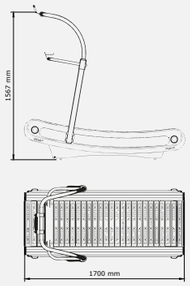
CARDIO MACHINES

This collection features three sophisticated pieces: a stationary bike, a treadmill, and a rowing ergometer.



IRENA™

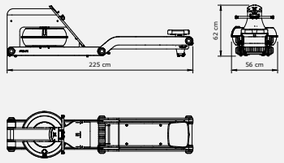
IRENA™ features a curved running surface, which helps engage more muscle groups and enhances the overall effectiveness of your cardio workouts. With this innovative design, IRENA™ operates silently and without the need for electricity.





VISLA™

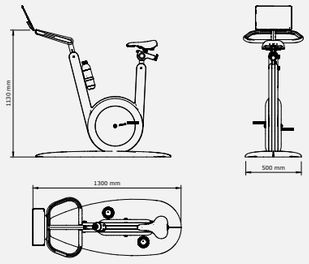
VISLA™ features a manual rowing mechanism that engages multiple muscle groups, enhancing the overall effectiveness of your rowing workouts. VISLA™ operates silently, providing a serene exercise environment; without the need for electricity, you have full control over the intensity of your workouts, catering to various fitness levels and settings.





HANIA™

A masterpiece of craftsmanship and design, perfect for those who seek the finest in fitness equipment. Handcrafted by skilled artisans, HANIA™ combines form and function with the use of the highest quality materials, making it an exquisite addition to any home gym, hotel fitness center, or yacht.
The equipment does not contain any accessories.



ATTENTION TO EVERY DETAIL







REDESIGN 2026



IRENA™

IRENA™ is designed with a curved running deck that naturally activates a broader range of muscles, delivering a more dynamic and efficient cardio experience.
Its self-powered system ensures smooth, quiet operation without relying on electricity.
Works just as exceptionally as before — now with an even more refined look.
The refined silhouette and material choices reflect the visual language of our 2026 collection, where performance meets contemporary design.



VISLA™

VISLA™ utilizes a fully manual rowing system to support full-body engagement and adaptable training intensity. The near-silent operation creates a calm, focused workout atmosphere, while the electricity-free design allows VISLA™ to perform effortlessly across different environments and user levels. Its updated form follows the aesthetic direction of our 2026 collection, combining precision engineering with a renewed design language.
The same outstanding performance as before, now enhanced by a refined new design.

NEW PRODUCTS 2026



ALESSIA™

ALESSIA™ is a brand-new flat electric treadmill engineered for precise, controlled running and walking workouts. Its reliable motor system provides smooth speed transitions and consistent performance across varying intensities.
With a clean, modern silhouette and carefully selected materials, ALESSIA™ embodies the design language of the 2026 Cardio Collection, combining technical efficiency with elevated aesthetics.



ORBITA™

ORBITA™ is a brand-new elliptical trainer designed to deliver smooth, low-impact cardio while engaging the entire body. Its fluid motion supports natural movement patterns, enhancing endurance and coordination with every session. The quiet, electrically powered system ensures a refined workout experience, while the contemporary design is fully aligned with the aesthetic of the 2026 Cardio Collection.

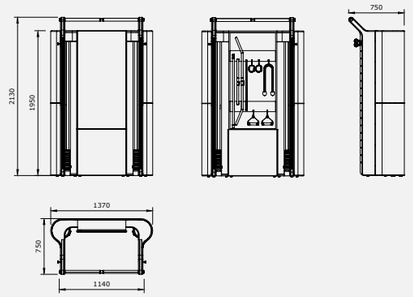




ROMA™ Cable Machine

Designed for those who seek more than performance, ROMA™ is a bold statement in craftsmanship, elegance, and individuality. Hand-finished from premium materials — including stainless steel, genuine leather, and fine wood — this masterpiece transforms any gym into a curated interior.

With a compact footprint and fully functional biomechanics, ROMA™ supports a complete strength training routine while remaining a visual icon.



ROMA™ included:

1. Pilates bar
2. Revolving Straight Bar
3. Lat Pull-Down Bar
4. Handles Extensions
5. Leg Straps
6. Triceps Rope
7. Stirrup Handles

ATTENTION TO EVERY DETAIL



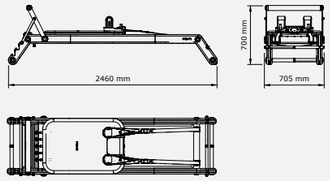


PILATES



JOANA™
Luxury Pilates Reformer

A series of springs at the bottom
of the carriage provides resistance,
challenges your balance,
and promotes mind-body awareness.





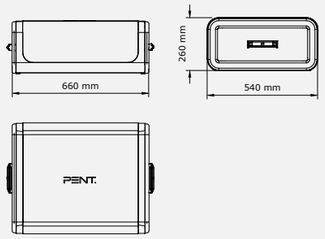
JOANA™
Luxury Pilates Reformer / Set

PILATES REFORMER SET refined Pilates set composed
of a precision-crafted reformer, a full-grain natural leather
mat, spine corrector and a matching Pilates box.



BASA™
Reformer Box

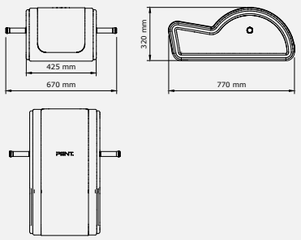
An excellent accessory that
significantly expands the range
of training possibilities, both
on the reformer and the mat.





SPINA™
Spine Corrector

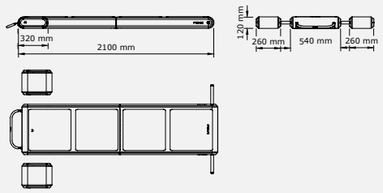
A versatile tool designed for exercises
that enhance and strengthen the torso,
shoulders, back, and legs while helping
to correct or restore the spine's
natural alignment.





KORA™
Pilates Matt

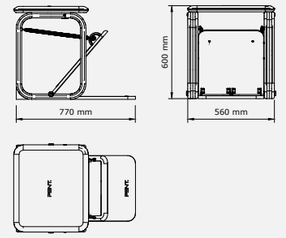
A strengthening and lengthening
form of exercise that focuses
on your core muscles while also
training your arms and legs.





WOONDA™
Wunda Chair

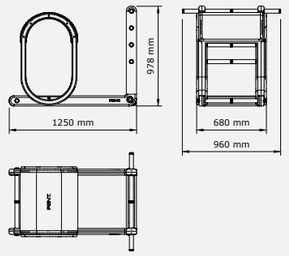
A unique chair with classic
design and size, offering
the widest range of resistance
for any single-pedal chair.





BARLA™
Pilates Barrel

Dedicated for exercises
improving body flexibility
and mobility and strengthening
muscles.





BARA™
Pilates Bar

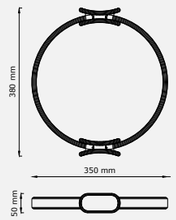
Facilitates different muscle
groups, challenges your strength
and flexibility while promoting
controlled movements.





CIRCA™
Pilates Ring

A lightweight, compact,
and portable Pilates resistance ring,
ideal for home use and studio training.



MATERIAUX ET FINITIONS

Bois naturel, metal et cuir veritable

