

HEALTH FIT & SPORT
A VOTRE SERVICE DEPUIS 1995

APPAREILS CARDIO

Tapis de course, vélos et elliptiques.
Une gamme pour les espaces de fitness.

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ITEM	SPECFICATION
FAST ™	• Real-time automatic speed control techology • Speed adjusts automatically based on user's motion and without any buttons being pressed
SPEED	0.1 ~ 21 KPH / 0.06 ~ 13.05 MPH
MOTOR	AC 5.0HP
INCLINE	0 ~ 15%
RUNNING SURFACE	530 mm x 1,560 mm / 20.9" x 61.4"
ROLLERS	100 mm / 3.9" commercial grade precision crowned steel rollers
POWER	110/120 VAC, 220/230 VAC, 50/60 HZ, 2,200 W
DIMENSIONS	2,230(L) x 990(W) x 1,610(H) mm / 87.8" x 39.0" x 63.4"
WEIGHT	225 kg / 496 lb
HEART RATE MONITORING	Polar Touch Heart Rate / Heart Rate Telemetry
DISPLAY	Built - in 17" LCD Touch Screen
COMMUNICATION	• Full menus controlled by Touch Screen • Primary button for Start / Stop, Emergency, Hold / Resume • Side button for Speed & Incline
MOTOR CONTROL	Sensorless Vector Control System
ENTERTAINMENT	• Built-in 17" Large LCD for TV, Gaming and Workout Program • TV tuner, Composite input, S-Video input, Stereo speaker • 2 USB connectivity, MP 3 / WMV/DivX supported, AUX input • Motivation Game, Built-in Mutual Trainer™,Goal-oriented Exercise • Stereo Headphone Jack, Wireless Audio (Optional)
TV FEATURES	• TV control : Touch Screen • TV contents and workout data display • Available Tuner Systems : NTSC,PAL,SECAM
MAX.USER WEIGHT	180 kg / 397lb
ADDITIONAL FUNCTIONS	• 8 point absorber • Automatic stop function by detecting user's motion and position • Large handrail with soft grips • Double-sided deck (Lubrication free) • Low step-up height : 257mm / 10.1"



Training Character



Training with virtual Trainer


Exercising result information Data


Auto speed control Game

ITEM	SPECFICATION
FAST ™	• Real-time automatic speed control techology • Speed adjusts automatically based on user's motion and without any buttons being pressed
SPEED	0.5 ~ 20 KPH / 0.31 ~ 12.43 MPH
MOTOR	AC 5.0HP(Treadmill Duty)
INCLINE	0 ~ 16%
RUNNING SURFACE	510 mm x 1,650 mm/ 20.0" x 64.9"
ROLLERS	100 mm / 3.9" commercial grade precision crowned steel rollers
POWER	110/120 VAC, 220/230 VAC, 50/60 HZ, 2,200 W
DIMENSIONS	2,275(L) x 969(W) x 1,650(H) mm /89.5" x 38.1" x 64.9"
WEIGHT	230 kg / 507 lb
HEART RATE MONITORING	Polar Touch Heart Rate / Heart Rate Telemetry(Optional)
DISPLAY	Built - in 18.5" LCD Touch Screen
COMMUNICATION	• Full menus controlled by Touch Screen • Primary button for Start/Stop, Emergency, Hold/Resume • Side button for Speed & Incline
MOTOR CONTROL	Sensorless Vector Control System
ENTERTAINMENT	• Built-in 18.5" Large LCD for TV, Gaming and Workout Program • TV tuner, Composite input, S-Video input, Stereo speaker • 2 USB connectivity, MP3/WMV/DivX supported, AUX input • Motivation Game, Built-in Mutual Trainer ™,Goal-oriented Exercise • Stereo Headphone Jack, Wireless Audio (Optional)
TV FEATURES	• TV control : Touch Screen • TV contents and workout data display • Available Tuner Systems : NTSC, PAL, SECAM, DVB-T
MAX.USER WEIGHT	180 kg / 397lb
ADDITIONAL FUNCTIONS	• 8 point absorber • Automatic stop function by detecting user's motion and position • Large handrail with soft grips • Double-sided deck (Lubrication free) • Low step-up height : 257mm / 10.1"

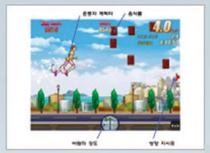


Training Character



Training with virtual Trainer


Exercising result information Data


Auto speed control Game

HF71A TREADMILL



ITEM	SPECFICATION
FAST ™	• Real-time automatic speed control techology • Speed adjusts automatically based on user's motion and without any buttons being pressed
SPEED	0.1 ~ 21 KPH / 0.06 ~ 13.05 MPH
MOTOR	AC 4.5HP
INCLINE	0 ~ 15%
RUNNING SURFACE	510 mm x 1,540 mm/ 20.0" x 60.6"
ROLLERS	100 mm / 3.9" commercial grade precision crowned steel rollers
POWER	110/120 VAC, 220/230 VAC, 50/60 HZ, 2,200 W
DIMENSIONS	2,150(L) x 925(W) x 1,480(H) mm /86.4" x 36.4" x 58.3"
WEIGHT	200 kg / 441 lb
HEART RATE MONITORING	Polar Touch Heart Rate / Heart Rate Telemetry(Optional)
DISPLAY	Built - in 17" LCD Touch Screen
COMMUNICATION	• Full menus controlled by Touch Screen • Membrane key buttons for Start/Stop, Emergency, Manual/Auto
MOTOR CONTROL	Sensorless Vector Control System
ENTERTAINMENT	• Built-in 17" Large LCD for TV, Gaming and Workout Program • TV tuner, Composite input, S-Video input, Stereo speaker • USB connectivity, MP3/WMV/DivX supported, AUX input • Motivation Game, Built-in Mutual Trainer™,Goal-oriented Exercise
TV FEATURES	• TV control : Touch Screen • TV contents and workout data display • Available Tuner Systems : NTSC,PAL,SECAM
MAX.USER WEIGHT	180 kg / 397lb
ADDITIONAL FUNCTIONS	• 6 point absorber • Automatic stop function by detecting user's motion and position

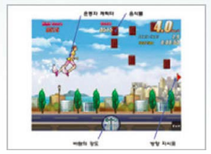


Training Character



Training with virtual Trainer


Exercising result information Data



Auto speed control Game





	HF00S	HF700
SPEED	0.5~20 Km/H (0.1Km/H Increment)	
ELEVATION RANGE	0 ~16%	
MOTOR	AC 3.0HP(Treadmill Duty)	
DRIVE CONTROL	• AC Inverter/ Sinusoidal PWM Control • Stall Prevention / Overheat Prevention • Output phase error overload protection due to overcurrent, overvoltage, ground faults etc. • Built-in the program of treadmill only	
RUNNING BELT SIZE(mm)	510(W) X 1650(L)	
DIMENSION(mm)	969(W) × 2275(L) × 1650(H)	
WEIGHT	225kg	230kg
ROLLERS	(Front, Rear) 100mm	
DISPLAY	Dotmatrix, FND, LED	18.5" LED, FND, LED
DISPLAY DETAILS	Time, Distance, Speed, Calorie, Heart Rate, Elevation Range	
WORKOUT PROGRAM	Peak(3kinds), Ramp(3kinds), Interval(3kinds), Irregular(3kinds), incline mode(3kinds)	
PERSONALIZED WORKOUT SETTING PROGRAM	Time, Calorie, Distance Setting	
ADMINISTRATOR MODE	Error, Total distance record, Time limit setting	
HEART RATE SYSTEM	Built in Touch Heart Rate System	
MAX. USER WEIGHT	180kg	
POWER	AC 220/230V, 50/60Hz	
FEATURES	• Display the completion rate(%) in LED graph when setting of goal (Time, Distance). • Motor room dust cover / Active Cushioning / Anti-static walking belt • Reduction of vibration and noise by using the motor for vibration-absorbing type. • Urethane handrail • Aluminum body frame • USB video support	
WARRANTY	1year	
SAFE CERTIFICATE	CE	
OPTION	• Anti-static system, Auto tension • Built-in Wireless Polar Heart Rate Receiver	



	HF600S	HF600T
SPEED	0.5~20 Km/H (0.1Km/H Increment)	
ELEVATION RANGE	0 ~16%	
MOTOR	AC 3.0HP(Treadmill Duty)	
DRIVE CONTROL	• AC Inverter/ Sinusoidal PWM Control • Stall Prevention / Overheat Prevention • Output phase error overload protection due to overcurrent, overvoltage, ground faults etc. • Built-in the prigram of treadmill only	
RUNNING BELT SIZE(mm)	510(W) X 1650(L)	
DIMENSION(mm)	969(W) × 2300(L) × 1650(H)	
WEIGHT	225kg	230kg
ROLLERS	(Front, Rear) 100mm	
DISPLAY	Dotmatrix, FND, LED	18.5" LED, FND, LED
DISPLAY DETAILS	Time, Distance, Speed, Calorie, Heart Rate, Elevation Range	
WORKOUT PROGRAM	Peak(3kinds), Ramp(3kinds), Interval(3kinds), Irregular(3kinds), incline mode(3kinds)	
PERSONALIZED WORKOUT SETTING PROGRAM	Time, Calorie, Distance Setting	
ADMINISTRATOR MODE	Error, Total distance record, Time limit setting	
HEART RATE SYSTEM	Built in Touch Heart Rate System	
MAX. USER WEIGHT	180kg	
POWER	AC 220/230V, 50/60Hz	
FEATURES	• Display the completion rate(%) in LED graph when setting of goal (Time, Distance). • Motor room dust cover / Active Cushioning / Anti-static walking belt • Reduction of vibration and noise by using the motor for vibration-absorbing type. • Urethane handrail • USB video support	
WARRANTY	1year	
SAFE CERTIFICATE	CE	
OPTION	• Anti-static system, Auto tension • Built-in Wireless Polar Heart Rate Receiver	



	HF500S	HF500T
SPEED	0.5~20 Km/H (0.1Km/H Increment)	
ELEVATION RANGE	0 ~16%	
MOTOR	AC 3.0HP(Treadmill Duty)	
DRIVE CONTROL	• AC Inverter/ Sinusoidal PWM Control • Stall Prevention / Overheat Prevention • Output phase error overload protection due to overcurrent, overvoltage, ground faults etc. • Built-in the program of treadmill only	
RUNNING BELT SIZE(mm)	510(W) X 1650(L)	
DIMENSION(mm)	920(W) × 2150(L) × 1480(H)	
WEIGHT	190kg	195kg
ROLLERS	(Front, Rear) 100mm	
DISPLAY	4 FND, LED	17" LCD, FND, LED
DISPLAY DETAILS	Time, Distance, Speed, Calorie, Heart Rate, Elevation Range	
WORKOUT PROGRAM	Peak, Twin Peak, Ramp, Progressive, Interval, Interval 2, Peak 2 Ramp 2 Course	
PERSONALIZED WORKOUT SETTING PROGRAM	Time, Distance Setting	
ADMINISTRATOR MODE	Error, Total distance record, Time limit setting	
HEART RATE SYSTEM	Built in Touch Heart Rate System	
MAX. USER WEIGHT	180kg	
POWER	AC 220/230V, 50/60Hz	
FEATURES	• Display the completion rate(%) in LED graph when setting of goal (Time, Distance). • Motor room dust cover / Active Cushioning / Anti-static walking belt. • Reduction of vibration and noise by using the motor for vibration-absorbing type.	
WARRANTY	1year	
SAFE CERTIFICATE	CE	
OPTION	• Anti-static system, Auto tension • Built-in Wireless Polar Heart Rate Receiver	

Elliptical Series





	HH500S	HH500T
LOAD LEVEL	30 steps	
GENERATOR	Self-Powered Generator type	
DIMENSION(mm)	650(W) x 2050(L) x 1800(H)	
WEIGHT	100kg	105kg
DISPLAY	FND, LED	12.1"LCD, FND, LED
DIMENSION(mm)	Time, Distance, Speed, Calorie, Heart rate, Power, Exercise resistance level	
WORKOUT PROGRAM (12 KINDS BUILT-IN)	PEAK(3kinds), RAMP(3kinds), INTERVAL(3kinds), IRREGULAR(3kinds), USER MODE	PEAK(3kinds), RAMP(3kinds), INTERVAL(3kinds), IRREGULAR(3kinds)
HRC PROGRAM (5 KINDS BUILT-IN)	HILL, INTERVAL_1, INTERVAL_2, CARDIO, FAT BURN	
PERSONALIZED WORKOUT SETTING PROGRAM	Time, Calorie, Distance setting	
HEART RATE SYSTEM	Built-in Touch Heart Rate System	
MAX. USER WEIGHT	150kg	
POWER	Self-Powered Generator	Self-Powered Generator LCD monitor : AC 220/230V, 50/60Hz
OTHER FEATURES	Cool Down, LED Graph	USB, Cool Down
SAFE CERTIFICATE	CE	
WARRANTY	1year	
OPTION	Wireless Polar Heart Rate Receiver	

Cycle Series



	HH700T	HH700S
LOAD LEVEL	30 steps	
GENERATOR	Self-Powered Generator type	
DIMENSION(mm)	650(W) x 1220(L) x 1500(H)	
WEIGHT	45kg	50kg
SEAT HEIGHT ADJUSTMENT	200mm adjustment possible (Absorber)	
DISPLAY	FND, LED	12.1"LCD, FND, LED
DIMENSION(mm)	Time, Distance, Speed, Calorie, Heart rate, Power, Exercise resistance level	
WORKOUT PROGRAM (12 KINDS BUILT-IN)	PEAK(3kinds), RAMP(3kinds), INTERVAL(3kinds), IRREGULAR(3kinds), USER MODE	PEAK(3kinds), RAMP(3kinds), INTERVAL(3kinds), IRREGULAR(3kinds)
HRC PROGRAM (5 KINDS BUILT-IN)	HILL, INTERVAL_1, INTERVAL_2, CARDIO, FAT BURN	
PERSONALIZED WORKOUT SETTING PROGRAM	Time, Calorie, Distance setting	
HEART RATE SYSTEM	Built-in Touch Heart Rate System	
MAX. USER WEIGHT	150kg	
POWER	Self-Powered Generator	Self-Powered Generator **LCD** monitor : AC 220/230V, 50/60Hz
OTHER FEATURES	Cool Down, LED Graph	USB, Cool Down
SAFE CERTIFICATE	CE	
WARRANTY	1year	
OPTION	Wireless Polar Heart Rate Receiver	

FF500S RECUMBENT BIKE

FF500T RECUMBENT BIKE



	FF500S	FF500T
LOAD LEVEL	30 steps	
GENERATOR	Self-Powered Generator type	
DIMENSION(mm)	650(W) x 1450(L) x 1400(H)	
WEIGHT	70kg	75kg
SEAT HEIGHT ADJUSTMENT	23 steep possible	
DISPLAY	FND, LED	12.1"LCD, FND, LED
DIMENSION(mm)	Time, Distance, Speed, Calorie, Heart rate, Power, Exercise resistance level	
WORKOUT PROGRAM (12 KINDS BUILT-IN)	PEAK(3kinds), RAMP(3kinds), INTERVAL(3kinds), IRREGULAR(3kinds), USER MODE	PEAK(3kinds), RAMP(3kinds), INTERVAL(3kinds), IRREGULAR(3kinds)
HRC PROGRAM (5 KINDS BUILT-IN)	HILL, INTERVAL_1, INTERVAL_2, CARDIO, FAT BURN	
PERSONALIZED WORKOUT SETTING PROGRAM	Time, Calorie, Distance setting	
HEART RATE SYSTEM	Built-in Touch Heart Rate System	
MAX. USER WEIGHT	150kg	
POWER	Self-Powered Generator	Self-Powered Generator LCD monitor : AC 220/230V, 50/60Hz
OTHER FEATURES	Cool Down, LED Graph	USB, Cool Down
SAFE CERTIFICATE	CE	
WARRANTY	1year	
OPTION	Wireless Polar Heart Rate Receiver	

THE SMART WAY BEGINS

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